

Bentley Wood Newsletter

Woods Point - Yarrawonga

February 2004



Resident & Representative Meeting Minutes - Yarrawonga

A Resident & Representative Meeting was held on the 4th of January 2024. A summary of those minutes follows:

Facility Improvements - Mural for the Dining Room – Painting to commence shortly.

Airconditioning – Dining Room: Airconditioning company attended and the fan has been directed upwards. Staff will set at 24C during service, however, will be cooled prior. Residents advised happy to wear warmer clothing if feeling cool.

Grant from Eva May Foundation: The facility has been provided with a further grant to be made available for improvements in the facility. Residents were asked for suggestions ie: equipment/furnishings/or other improvements they may like to see. Activities staff will follow up in two weeks.

Carpet replacement in some lounge sections – due to the continual staining of the carpet, vinyl planks will be installed in high traffic areas of the lounge. Reminder to residents that outdoor scooters are **not** to be driven indoors.

Cushions – Have been purchased and are stored under the eaves for use outdoors.

Meals – Some issues raised this month with regards to some of the dishes served ie: lasagne and Chow Mein. Catering Manager informed of concerns.

Denture Labelling – Denture labelling is offered at admission. It is recommended that residents consider labelling as unlabelled dentures are usually unable to be located if lost or misplaced.

Plant Watering – Laurence M has taken on the responsibility of watering the pot plants. Other residents were asked not to water as they are currently being overwatered.

Activities – Staff looking into the suggestion of an outing by residents on the Paddle steamer. Date and details will be advertised when sorted.

COVID-19 – Staff and visitors are still required to RAT test prior to working/visiting. All visitors are also required to sign in before entering. Residents will be provided with the opportunity to update COVID vaccinations on site if requested.

2023 Christmas Party – A huge success with residents and family very complimentary about the food and enjoyment of the afternoon.

Resident and Representatives meeting is scheduled monthly.

The meetings are held on the **first Thursday of the month at 10.30 in the main dining room**. All residents and representatives are invited to attend these meetings.



February 2024

3rd Phyllis Fahey

7th Carmel Dowling

15th Jenny Stuttard

18th Olive Ryan

19th Lois Worrell

21st Raymond Everitt

26th Florence Mathieson – Will be 106!!

Shrove Tuesday “Pancake Day”

What is Shrove Tuesday/Pancake Day?

Shrove Tuesday, often referred to as Pancake Day, is a Christian tradition that marks the day before the start of Lent. It's a day of preparation and feasting before the 40-day period of fasting and reflection leading up to Easter. On this day, many people indulge in pancakes as a way to use up rich and indulgent ingredients like eggs, milk, and sugar before the fasting period begins.



When is Shrove Tuesday/Pancake Day?

Shrove Tuesday falls on the Tuesday before Ash Wednesday, which varies from year to year. *In 2024, Shrove Tuesday will be celebrated on February 20th.* The date changes each year based on the date of Easter, which is determined by the lunar calendar.

How to Celebrate Shrove Tuesday/Pancake Day

There are various ways to celebrate Shrove Tuesday/Pancake Day and at Woods Point our activities staff will be sure to have some activities planned and we will share some photographs with you next month.

The most popular tradition to celebrate is the making and enjoying pancakes. Here's how you can celebrate this delicious holiday:

- **Pancake Breakfast:** Start your day with a hearty pancake breakfast. You can make traditional thin crepe-style pancakes or fluffy American-style pancakes, depending on your preference.
- **Pancake Toppings:** Get creative with your pancake toppings. Classic choices include maple syrup, fresh fruit, whipped cream, and chocolate chips. Some also enjoy savory pancakes with ingredients like cheese and bacon.
- **Pancake Parties:** Host a pancake party or potluck with friends and family. Everyone can bring their favorite pancake toppings, and you can have a pancake cook-off to see who makes the best stack!
- **Charity Pancake Races:** In some regions, you might find charity pancake races where participants race while flipping pancakes in a frying pan. It's a fun and quirky tradition!
- **Attend Church Services:** Many churches hold special services and pancake breakfasts on Shrove Tuesday as a way for the community to come together before the solemnity of Lent.

History of Shrove Tuesday/Pancake Day

The name “Shrove Tuesday” comes from the word “shrive,” which means to confess one’s sins and receive absolution from a priest. It’s a day for Christians to prepare their hearts and souls for the penitential season of Lent. The tradition of making pancakes on this day is believed to have originated in medieval England as a way to use up ingredients like eggs, milk, and sugar before Lenten fasting began.

Today, Shrove Tuesday has become a secular celebration enjoyed by people of all backgrounds, with a primary focus on the joy of pancake indulgence.

Conclusion


Shrove Tuesday, known as Pancake Day in many parts of the world, is a delightful occasion to gather with loved ones, savour delicious pancakes, and embrace the spirit of celebration before the solemnity of Lent. Whether you’re flipping pancakes in a race or savouring a stack at home, Shrove Tuesday is a day to indulge in this tasty tradition.

Manicure Services

Woods Point Aged Care offers our residents the opportunity to have a manicure for a small fee of \$2:00. This fee can be paid out of the Resident’s own monies or billed to their account.

The small fee we charge, covers the cost of replacement products, sterilisation and or replacement of single use utensils as part of health and safety guidelines.





With
DEEPEST
SYMPATHY

Management and staff of Woods Point wish to express their sincerest condolences to family and friends of residents who have sadly passed.

Wanda Drake
Norman Whinray
Edith (Lily) Walters



Resident Activities

Given our Christmas Party was such a success and so many photos were taken, we thought we would include a few more pictures from the day.



Resident Activities

Just prior to Christmas we had the **Yarrowonga Mulwala Ecumenical Choir** pay a visit to Woods Point and to enjoyment of our Residents beautifully sung some Christmas Carols. We thank them sincerely for taking the time to visit.



Yarrowonga/Mulwala Gift Givers

With the support of the local community and businesses and their own group members, Amber and Daniel visited Woods Point and provided Christmas Gifts to our residents.

This group also provided cards and gifts to other Aged Care facilities in the Yarrowonga/Mulwala area.

What a fabulous and generous thing to do. On behalf of our residents
THANK YOU!








Birthday Celebrations

Residents celebrating Birthdays in January got together with fellow residents and enjoyed a combined birthday cake baked by our kitchen staff.



ACTIVITY PROGRAM FEBRUARY 2024

MON	TUES	WED	THUR	FRI	SAT	SUN
						
5 9.30-Exercises. 10.30-Scenic Drive. 2.00-1:1 visits/Walks. 3.00-History of the Bridge.	6 9.30-Exercises. 10.00-Catholic Church. 10.30-Mini Golf. 2.00-Bingo.	7 9.30-Exercises. 10.30-Bobs. 2.00-Anglican Church -Hands & Nails. 3.00-Afternoon Tea.	8 9.30-Exercises. 10.30-Res/Rep Meeting. 11.30-Quiz. 2.00-Bingo.	9 9.30-Exercises. 10.45-Word Challenge. 1.30-Kiosk. 2.30-Happy Hour.	10 2.00-Hangman. 3.00-Quiz.	11 2.00-Who Am I <u>2</u> . 3.00-Quiz.
12 9.30-Exercises. 10.30-Scenic Drive. 2.00-COL WATSON. 3.00-Afternoon Tea.	13 9.30-Exercises. 10.00-Catholic Church. 10.30-Mini Golf. 2.00-Bingo.	14 St.ValentinesDay. 9.30-Exercises. 10.30-Quoits. 2.00-Anglican Church 3.00-Afternoon Tea.	15 9.30-Exercises. 10.30-Whiteboard Games. 2.00-Bingo.	16 9.30-Exercises. 10.45-Word Challenge. 1.30-Kiosk. 2.30-Happy Hour.	17 2.00-Carpet Bowls. 3.00-Quiz.	18 2.00-Trivia. 3.00-Afternoon Tea.
19 9.30-Exercises. 10.30-Scenic Drive. 2.00-1:1 visits/Walks. 3.00-History of the Bridge.	20 9.30-Exercises. 10.00-Catholic Church. 10.30-Mini Golf. 2.00-Bingo.	21 9.00-Exercises. 10.30-Bobs. 2.00-Anglican Church. -Hands & Nails. 3.00-Monthly Birthday.	22 9.30-Exercises. 10.30-Hangman. 11.00-Uniting Church. 2.00-Bingo.	23 9.30-Exercises. 10.45-Word Challenge. 1.30-Kiosk. 2.30-Happy Hour.	24 2.00-Card Games. 3.00-Games.	25 2.00-Trivia. 3.00-Afternoon Tea.
26 9.30-Exercises. 10.30-Scenic Drive. 2.00-1:1 visits/Walks. 3.00-History of the Bridge.	27 9.30-Exercises. 10.00-Catholic Church. 10.30-Mini Golf. 2.00-Bingo.	28 9.30-Exercises. 10.30-Piano Lady 2.00-Anglican Church -Hands & Nails. 3.00-Afternoon Tea.	29 9.30-Exercises. 10.30-Bobs. 2.00-Bingo.		PROGRAM SUBJECT TO CHANGE.	