

# Woods Point Newsletter

May 2022



# Resident & Representative Meeting Minutes

A Resident & Representative Meeting was held on the 5<sup>th</sup> of May. A summary of those minutes follows:

**Accreditation** – The 3 year accreditation is due. It was expected to occur sometime in March 2022, however, with the recent COVID-19 outbreak at that time, was temporarily postponed. It is expected to occur sometime in the next 6 months and will be held over 3 days. These visits are unannounced.

**Influenza Vaccines** – Denis Medical Centre have been completed and currently awaiting confirmation from Yarra Medical Centre as to their dates. All residents will be advised of the dates when known.

**COVID-19 Outbreak** – Marita Seamer acknowledged everyone on their compliance and efforts during this challenging time. Whilst it was stressful, the staff did an amazing job to keep everyone safe.

All Visitors to the facility are to undergo Rapid Antigen Testing (RAT) prior to entry and can only visit in the rooms. All visitors must always wear a N95 mask during the visit.

Residents can leave the facility but are reminded to practice social distancing, wear a mask, and hand hygiene when doing so.

Residents present thanked all the staff for their efforts in managing the outbreak so effectively. Residents were well cared for, kept safe and communicated with during the outbreak.

**Meals** – All Residents present acknowledged the efforts of the Kitchen Staff in the provision of a wide variety and quality of meals served.

Overall all residents were very satisfied with the level of care provided them.

Resident and Representatives meeting is scheduled monthly.

The meetings are held on the **first Thursday of the month at 10.30 in the main dining room**. All residents are invited to attend these meetings.

A decorative border of tropical leaves in shades of purple, pink, and green surrounds the central text. The leaves include palm fronds and monstera leaves.

# May 2022 Birthdays

1 <sup>st</sup>	Pamela Connell
4 <sup>th</sup>	Des Jones
9 <sup>th</sup>	Wanda Drake Margaret Preer
12 <sup>th</sup>	David Star
18 <sup>th</sup>	Beryl Kirby
22 <sup>nd</sup>	Shirley Cartwright



# The Footy is back!



28 Residents are participating in this year's footy tipping competition.



After Round 4 we have a close competition going on with 6 residents in a tussle and only 2 points separating them.



24 Eddie Harris



23 Stan McGann

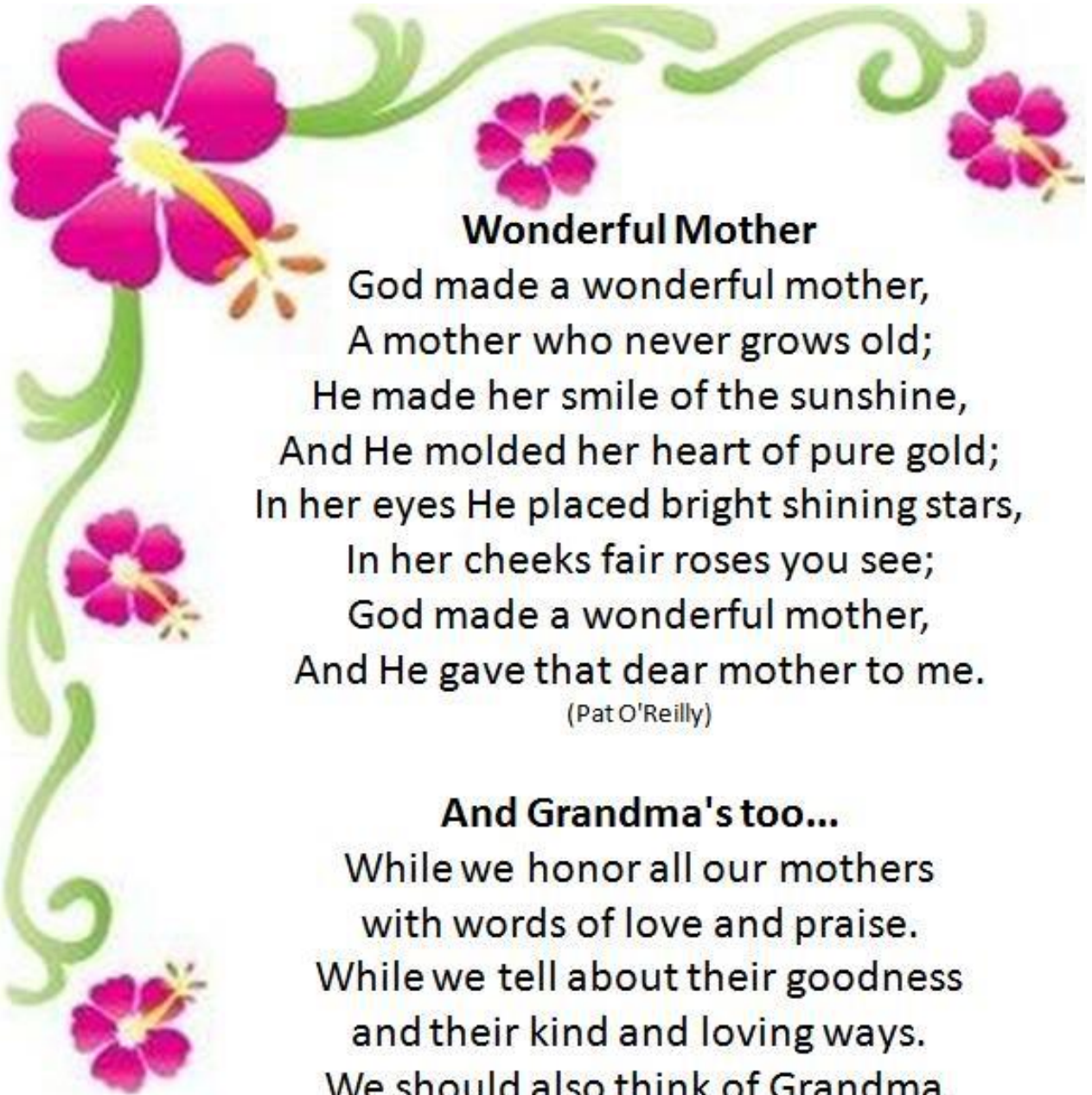
22 Bev Francis, Wanda Drake, Harold Wignell and Brian Bennett.



Good luck everyone with your tips for the remainder of the competition!



# Happy Mother's Day



## Wonderful Mother

God made a wonderful mother,  
A mother who never grows old;  
He made her smile of the sunshine,  
And He molded her heart of pure gold;  
In her eyes He placed bright shining stars,  
In her cheeks fair roses you see;  
God made a wonderful mother,  
And He gave that dear mother to me.

(Pat O'Reilly)

## And Grandma's too...

While we honor all our mothers  
with words of love and praise.  
While we tell about their goodness  
and their kind and loving ways.  
We should also think of Grandma,  
she's a mother too, you see....  
For she mothered my dear mother  
as my mother mothers me.

Author Unknown

## Information for CVS auspices on the older person's COVID-19 support line.

As members of the Community Visitors Scheme supporting older Australians at this time, we thought it was important to share with you one of the resources available to you and your care recipients **if they are feeling worried or distressed about COVID-19.**

A new Older Person's COVID-19 Support Line has been set up to provide information and support, and to check on the wellbeing of older Australians during the period of social distancing measures in response to the COVID-19 pandemic. Council on the Ageing (COTA) Australia, National Seniors Australia, Dementia Australia, and the Older Person's Advocacy Network (OPAN) are delivering this service with support from the Australian Government.

Many of you have asked how you can support older Australians outside the Aged Care System; this support line will be a great resource for you. The service includes outbound calls to home care recipients and receives inbound calls to provide contact, reassurance, and practical advice on COVID-19 resources. As the service is provided by community groups, they will also assist with connecting these older Australians to services that maximise social engagement and wellbeing whilst at home.

Your care recipients may wish to call the Support Line, 1800 171 866, if they:

- Would like to talk with someone about what COVID-19 means for them or a loved one
- Are caring for someone and need some information or a listening ear about what COVID-19 means for their circumstances
- Are worried about what COVID-19 means for their usual aged care service
- Are worried about a friend or family member living with dementia
- Are unable to access information on the internet and would like up-to-date advice.

This phone service is designed as a short-term wellness check and COVID-19 advice service and is not designed to replace the ongoing relationships built through the Community Visitors Scheme.

The Support Line staff have information about the CVS scheme and know how to recognise who may benefit from the scheme and will refer to the relevant CVS state network.

# Anzac Day

## The Ode

They shall grow not old,  
As we that are left grow old;  
Age shall not weary them,  
Nor the years condemn;  
At the going down of the sun  
And in the morning

**WE WILL REMEMBER THEM.**



©K-5TeacherResources.com





Courtesy of the Yarrowonga Chronicle



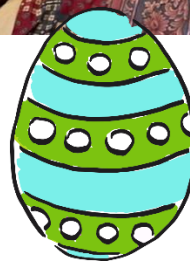
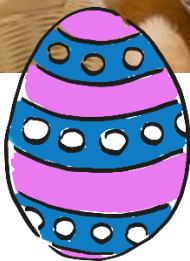
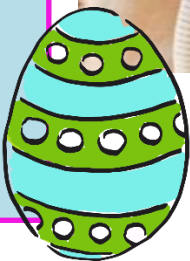
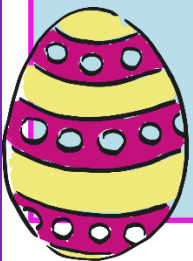
On Thursday 21<sup>st</sup> of April our Residents and staff as participated in an Anzac Day Service conducted by members of our local RSL. Woods Point resident Des Jones laid the Anzac Day Wreath in memory of our fallen Soldiers. We were fortunate to also have the reporter from the Yarrowonga Chronicle who took some of these pictures.



Courtesy of the Yarrowonga Chronicle



# Happy Easter



STOOD  
MISS

PAwalkRK

M1llion

arrest  
you're

WALKING  
ICE

STAND  
ICU

MIN B UTES  
MIN A UTES  
MIN UTES  
MIN C UTES  
MIN K UTES

— SHIP

JACK

Ban ana





H  
I  
L  
L

Frequency

# Answers to word quiz

1. Misunderstood
2. Walk in the Park
3. One in a Million
4. You're Under Arrest
5. Walking on thin ice.
6. I see you understand
7. Back on 5 minutes
8. Spaceship
9. Jack in the box
10. Banana Split
11. Downhill
12. High Frequency

# GOULBURN & OVENS MAY 2022

MON	TUES	WED	THUR	FRI	SAT	SUN
<p>30</p> <p>9.30-Exercise 10.30-Golf Putting 1.45-Scenic Drive 3.15-Afternoon Tea</p>	<p>31</p> <p>10.00-Exercise <b>10.00-Catholic Church</b> 10.30-Carpet Bowls 2.00-BINGO</p>	 <p>4</p> <p>9.30-Exercise 10.30-Golf <b>2.00-Anglican Church</b> 2.30-Men's Retreat</p>	 <p>5</p> <p>10.00-Exercise <b>10.45- Resident Rep/Meeting</b> 11.15-Quick Quiz 2.00-BINGO</p>	 <p>6</p> <p>9.30-Exercise 10.30-Word Challenge 1.30-Quiz/Trivia 1.30-Kiosk <b>2.30-HAPPY HOUR</b></p>	<p>NO ACTIVITY STAFF</p>	<p>1</p> <p>NO ACTIVITY STAFF</p>
<p>2</p> <p>9.30-Exercise 10.30-Garden Walks 1.30-Shopping 3.15-Trivia</p>	<p>3</p> <p>10.00-Exercise <b>10.00-Catholic Church</b> 10.30-Carpet Bowls 2.00-BINGO</p>	<p>4</p> <p>9.30-Exercise 10.30-Golf <b>2.00-Anglican Church</b> 2.30-Men's Retreat</p>	<p>5</p> <p>10.00-Exercise <b>10.45- Resident Rep/Meeting</b> 11.15-Quick Quiz 2.00-BINGO</p>	<p>6</p> <p>9.30-Exercise 10.30-Word Challenge 1.30-Quiz/Trivia 1.30-Kiosk <b>2.30-HAPPY HOUR</b></p>	<p>7</p> <p>NO ACTIVITY STAFF</p>	<p>8</p> 
<p>9</p> <p>9.30-Exercise 10.30-Bobs <b>2.00-Col Watson Sing Along</b> 3.15-Afternoon Tea</p>	<p>10</p> <p>10.00-Exercise <b>10.00-Catholic Church</b> 10.30-Carpet Bowls 2.00-BINGO</p>	<p>11</p> <p>9.30-Exercise 10.30-Golf <b>2.00-Anglican Church</b> <b>3.00-Monthly Birthday</b></p>	<p>12</p> <p>10.00-Exercise 10.30-Quoits 2.00-BINGO</p>	<p>13</p> <p>9.30-Exercise 10.30-Word Challenge 1.30-Quiz/Trivia 1.30-Kiosk <b>2.30-HAPPY HOUR</b></p>	<p>14</p> <p>NO ACTIVITY STAFF</p>	<p>15</p> <p>NO ACTIVITY STAFF</p>
<p>16</p> <p>9.30-Exercise 10.30-Scenic Drive 1.45-Word Challenge 3.15-Trivia</p>	<p>17</p> <p>10.00-Exercise <b>10.00-Catholic Church</b> 10.30-Carpet Bowls 2.00-BINGO</p>	<p>18</p> <p>9.30-Exercise 10.30-News/Views 1.30-Trivia <b>2.00-Anglican Church</b> 3.15-Quiz</p>	<p>19</p> <p>10.00-Exercise 10.30-Bobs <b>11.00-Uniting Church</b> 2.00-BINGO</p>	<p>20</p> <p>9.30-Exercise 10.30-Word Challenge 1.30-Quiz/Trivia 1.30-Kiosk <b>2.30-HAPPY HOUR</b></p>	<p>21</p> <p>NO ACTIVITY STAFF</p>	<p>22</p> <p>NO ACTIVITY STAFF</p>
<p>23</p> <p>9.30-Exercise 10.30-Hands/Nails 11.30-Quick Quiz 2.00-Movie</p>	<p>24</p> <p>10.00-Exercise <b>10.00-Catholic Church</b> 10.30-Carpet Bowls 2.00-BINGO</p>	<p>25</p> <p>9.30-Exercise 10.30-Scenic Drive 1.30-Word Challenge <b>2.00-Anglican Church</b> 3.15-Trivia</p>	<p>26</p> <p>10.00-Exercise 10.30-Board Games 2.00-BINGO</p>	<p>27</p> <p>9.30-Exercise 10.30-Word Challenge 1.30-Quiz/Trivia 1.30-Kiosk <b>2.30-HAPPY HOUR</b></p>	<p>28</p> <p>NO ACTIVITY STAFF</p>	<p>29</p> <p><b>PROGRAM SUBJECT TO CHANGE.</b></p>