



WOODS POINT NEWSLETTER

FEBRUARY 2022



**HELLO
FEBRUARY**

This month we will highlight Standard 4: Services and supports for daily living

Consumer outcome:

I get the services and supports for daily living that are important for my health and well-being and that enable me to do the things I want to do.

Organisation statement:

The organisation provides safe and effective services and supports for daily living that optimise the consumer's independence, health, well-being and quality of life. Meaning of - services and supports for daily living: Services and supports for daily living include, but are not limited to, food services, domestic assistance, recreational and social activities.

A consumer might have some challenges in their health and abilities, but they still have goals they want to achieve. They also have roles that have meaning, and they want to manage their day-to-day life and live as well as they can.

Services and supports for range of options that aim to independently as possible



daily living cover a wide support consumers live as and enjoy life.

Services and supports for daily living include:

- Domestic help, such as cleaning, laundry
- Food services, including meals, food advice, delivery & preparation
- Services to encourage and support consumers to take part in social activities they are interested in, including community life.

Delivering services and supports to improve a consumer's well-being and quality of life requires a consumer-centred approach.

This means treating the consumer as a whole person and considering their physical and mental health, and spiritual, emotional and social life.

Their relationships, attitudes, cultural values and the influences of those around them, including family and community are all important.

Socially including consumers isn't just about giving them opportunities to join in on activities that the organisation provides. It's also about making sure that consumers feel socially connected, can have relationships they choose, have control over their lives, have privacy and are able to contribute.

The care and services at Bentley Wood are delivered in a way that enables a person's needs to be met. This includes making sure that enough time is allocated to allow staff to provide care and treatment in accordance with the person's assessed needs and preferences.



Bentley Wood has policies and procedures in place that support staff to deliver care and treatment in accordance with the requirements detailed in the care and services plan.



Bentley Wood staff undertake regular assessments and consumers/ representatives are involved in discussions and decisions about their day-to-day care during care assessment, care planning and care evaluation. If you would like to discuss your care plan see a staff member at any time.



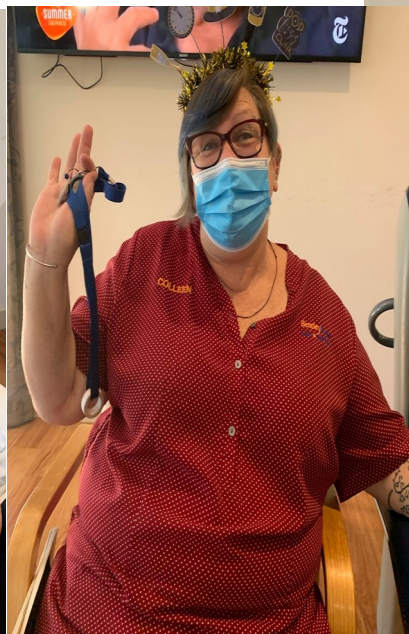
Bentley Wood is required to provide services and supports in line with the consumer's assessed needs, goals and preferences, and any care and services plan, or service agreement in place with the consumer.

We may not directly provide all the services and supports that are important to the consumer's well-being; however we can assist the consumer to access other services or supports, including those that the wider community may provide.

If there are any services and supports that you would like to be reviewed and offered, please ask the staff.



It was a quite New Years Eve this year with Residents having photos taken and watching a movie Moulin Rouge



Monthly Reminders



Resident and Representatives meeting is scheduled monthly. The meetings are held on the **first Thursday of the month at 10.30 in the main dining room**. All residents are invited to attend these meetings.

WOODS POINT HAPPY HOUR!

FRIDAY FROM 3PM

We host 'Happy Hour' in the main lounge every Friday at 3pm. We invite all Residents to come and socialise, enjoy your beverage of choice and some music.



HAIR SALON APPOINTMENTS

WEDNESDAY & THURSDAYS APPOINTMENTS CAN BE MADE DIRECTLY WITH KYLIE OR BY LEAVING YOUR NAME WITH RECEPTION





*. HAPPY .
Valentine's
Day*

**What is the true meaning of Valentine's Day?
February 14th**

It originated as a **Christian feast day** honouring **one or two early Christian martyrs** named **Saint Valentine** and, through later folk traditions, has become a significant cultural, religious, and commercial celebration of romance and love in many regions of the world.

FAREWELL FROM JO

**HUBBY AND I HAVE MADE THE DISCISSION
TO RETURN BACK TO MY HOME TOWN IN
QLD TO BE WITH MY FAMILY IN EARLY MARCH.**



**I HAVE THROUGHLY ENJOYED MY TIME AT
WOODSPOINT GETTING TO KNOW ONE AND ALL AND
YOUR FAMILIES TOO,
THANKYOU FOR THE LAUGHS, THE TEARS AND ALL
THE GOOD TIMES
GOOD BYE AND GOD BLESS!**



FEBRUARY 2022

JOAN CLAYTON 2ND

JOHN LODGE 3RD

JENNY STUTTARD 15TH

MARGARET NORRISH 18TH

OLIVE RYAN 18TH

LOIS WORRELL 19TH

JEAN MATHIESON 26TH

104 YEARS YOUNG

Verse of the Month

Life has taught me I am not always in control. Life is full of experiences, lessons, heartbreak, and pain. But, it has also shown me love, beauty, possibility, and new beginnings. Embrace it all. It makes us who we are, and after every storm comes a clear sky.



Management and staff would like to express their sympathies to the Representatives on the passing of:



Rod Berry
Joan Davis

GOULBURN & OVENS February 2022

MON	TUES	WED	THUR	FRI	SAT	SUN
<p>1</p>  <p>9.30-Exercises. 10.00-Catholic Church 10.30-Carpet Bowls 2.00-Bingo.</p>	<p>1</p> <p>9.30-Exercises. 10.00-Catholic Church 10.30-Carpet Bowls 2.00-Bingo.</p>	<p>2</p> <p>9.30-Exercise 10.30-Mini Golf 1.30-Quiz 2.00-Anglican Church 2.00-John Porter Sing along</p>	<p>3</p> <p>9.30-Exercises. 10.30-Res/Rep Meeting 11.15-Quick Quiz 2.00-Bingo</p>	<p>4</p> <p>9.30-Exercises. 10.45-Word Challenge 1.30-Kiosk/Quiz. 2.30-Happy Hour.</p>	<p>5</p> <p>NO ACTIVITY STAFF</p>	<p>6</p> <p>NO ACTIVITY STAFF</p>
<p>7</p> <p>9.30-Exercises 10.30-Scenic Drive 1.45 Movie</p>	<p>8</p> <p>9.30-Exercises. 10.00-Catholic Church 10.30-Carpet Bowls 2.00-Bingo</p>	<p>9</p> <p>9.30-Exercise 10.30-Mini Golf 1.30-Quiz 2.00-Anglican Church 3.00-Monthly Birthday</p>	<p>10</p> <p>9.30-Exercise 10.45--Scenic Drive 2.00-Bingo</p>	<p>11</p> <p>9.30-Exercises. 10.45-Word Challenge 1.30-Kiosk/Quiz. 2.30-Happy Hour.</p>	<p>12</p> <p>NO ACTIVITY STAFF</p>	<p>13</p> <p>NO ACTIVITY STAFF</p>
<p>14 VALENTINES DAY</p> <p>9.30-Exercise 10.30-Mini Golf 1.30-Table Games 3.15-Quick Quiz</p>	<p>15</p> <p>9.30-Exercises. 10.00-Catholic Church 10.30-Carpet Bowls 2.00-Bingo.</p>	<p>16</p> <p>9.30-Exercise 10.30-Mini Golf 2.00-Anglican Church 1.30-Word Game 3.15-Quiz</p>	<p>17</p> <p>9.30-Exercise 10.30-Bobs 1.30-Board Games 2.00-Unting Church 2.00-Bingo</p>	<p>18</p> <p>9.30-Exercises. 10.45-Word Challenge 1.30-Kiosk/Quiz. 2.30-Happy Hour.</p>	<p>19</p> <p>NO ACTIVITY STAFF</p>	<p>20</p> <p>NO ACTIVITY STAFF</p>
<p>29</p> <p>9.30-Exercise 10.30-Scenic Drive 1.30-Reading Local News</p>	<p>22</p> <p>9.30-Exercises. 10.00-Catholic Church 10.30-Carpet Bowls 2.00-Bingo.</p>	<p>23</p> <p>9.30-Exercise 10.30-Reading /News 2.00-Anglican Church 1.45-Scenic Drive 3.15-Quiz</p>	<p>24</p> <p>9.30-Exercise 10.30-Scenic Drive 2.00-Bingo</p>	<p>25</p> <p>9.30-Exercises. 10.45-Word Challenge 1.30-Kiosk/Quiz. 2.30-Happy Hour.</p>	<p>26</p> <p>NO ACTIVITY STAFF</p>	<p>27</p> <p>NO ACTIVITY STAFF</p>
<p>28</p> <p>9.30-Exercise 10.30-Mini Golf 1.30-Board Games 3.15-Hangman</p>					<p>NO ACTIVITY STAFF</p>	<p>PROGRAM SUBJECT TO CHANGE.</p>