

WOODS POINT NEWSLETTER

MAY 2021





Resident & Representative Meeting Minutes April 2021

Menu/ Food: Meat loaf - back on the menu. Most agreed they enjoyed this however please serve sliced a bit thinner than thick slices.

Roast meat and silverside - please slice meat thinly

Baked beans - not enough served - please increase portion sizes of baked beans

Items brought into facility: Residents and Representatives are provided the information, at admission in Resident Information Booklet and offer of labels, about ensuring all items are labelled, and that facility cannot take responsibility for unlabelled items.

Visitors & Masks: Please ensure your visitors at all times wear a mask whilst visiting inside the facility. Can only visit in resident room or the small sitting rooms. Not allowed to be in the large communal areas.

Covid Vaccines: Will be happening in May dates to be advised and flu vax to follow after required waiting time.



Resident and Representatives meeting is scheduled monthly. The meetings are held on the **first Thursday of the month at 10.30 in the main dining room**. Next meeting will be 7th January 2021. All residents & representatives are invited to attend these meetings.

Monthly Reminders

WOODS POINT HAPPY HOUR!

FRIDAY FROM 3PM

We host 'Happy Hour' in the main lounge every Friday at 3pm. We invite all to come and socialise, enjoy your beverage of choice and some music.



Hair Salon Appointments

Wednesday & Thursdays appointments can be made directly with Kylie or by leaving your name with reception

May Birthdays

Des Jones ~ 4th

Marie Suckling ~ 7th

Wanda Drake ~ 9th

Margaret Preer ~ 9th

David Starr ~ 12th

Beryl Kirby ~ 18th

Alfred Stadward ~ 21st

Shirley Cartwright ~ 22nd



EASTER RAFFLE WINNERS

Alf Stadward

Joan Condick

Ellen Dwyer

David Starr

Kath Jenkins

Sherril Sayers



This month, I thought I would revisit the term consumer directed care.

Consumer directed care is a way of thinking and doing things that sees the people using health and social services as equal partners in planning, developing and monitoring care to make sure it meets their needs.

The underlying philosophy is the same: it is about doing things with people, rather than 'to' them.

A person's care experience is influenced by the way they are treated as a person, and by the way they are treated for their condition. The ultimate goal of our health system is to deliver high-quality care that is safe, of value and to provide an ideal experience for patients, their carers and family.

Person-centred care is widely recognised as a foundation to safe, high-quality healthcare. It is care that is respectful of, and responsive to, the preferences, needs and values of the individual patient. It involves seeking out, and understanding what is important to the patient, fostering trust, establishing mutual respect and working together to share decisions and plan care.

Key dimensions of person-centred care include respect, emotional support, physical comfort, information and communication, continuity and transition, care coordination, involvement of representatives/family, and access to care.

Consumer Directed Care is an approach to the planning and management of care which allows *consumers* and carers more power



To influence the design and delivery of their *services*, and allows them to exercise a greater degree of choice in what *services* are delivered.

At Bentley Wood to ensure consumers are provided with care according to their needs and wants, consultation and communication



is key to facilitate consumer directed care.

Day to day conversations, consultations and reviews occur to ensure your needs and wishes are met. These discussions assist with the formulation of a care plan that is directed by you.

Monthly consumer of the day reviews also occur with a comprehensive assessment and evaluation of your care needs and this is a great opportunity for you or your representative family member to discuss care needs and changes you would like to see implemented.

Monthly consumer meetings are conducted; surveys are conducted to obtain feedback from consumers as well as access to improvement forms for suggestions, complaints and compliments.

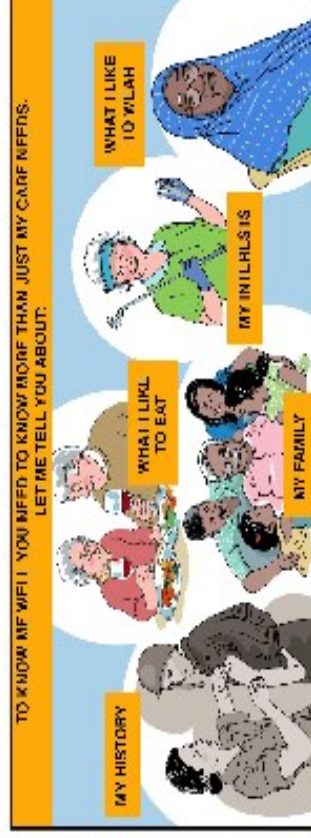
The Charter of rights is signed on admission and practiced throughout everyday care.

If you have any concerns you would like to discuss with regards to your care and services, please speak to a staff member and we will endeavour to address your concern. Please see flyer on next page for ideas on consumer directed care.

Marita Seamer

Director of Nursing

Person Centred Care - Know Me Well



BUNDALONG TAVERN FOR LUNCH











Are your details up to date, we have had a number of cards that are expired.

Please call reception to update your details.



Management and staff would like to
Express their sympathies to the
Representatives on the passing of:

Ron Duncan
Patricia Smith

GOULBURN & OVENS May 2021					
MON	TUES	WED	THUR	FRI	SAT
31 9.30-Exercises. 10.30-Quoits. 2.00-Col Watson. 3.30-Quick Quiz.	PROGRAM SUBJECT TO CHANGE.				1 Saturday Afternoon Movie 2 NO ACTIVITY STAFF
3 9.30-Exercises. 10.30-Bobs. 2.00-Col Watson. 3.30-Reminiscence.	4 9.30-Exercises. 10.00-Catholic Church 10.30-Carpet Bowls. 2.00-Bingo.	5 9.30-Exercise 10.30-Craft 2.00-Anglican Church	6 9.30-Exercises. 10.30-Res/Rep meeting. 11.30-Quick Quiz. 2.00-Bingo.	7 9.30-Exercise 10.00-Men's Retreat 11.15 Word Challenge 1.30-Kiosk & Quiz 3.00-Happy Hour & Singalong	8 Saturday Afternoon Movie 9 NO ACTIVITY STAFF
10 9.30-Exercises. 10.30-Quoits. 1.30-Bobs. 2.30-Hangman. 3.30-Hands & Nails.	11 9.30-Exercises. 10.00-Catholic Church 10.30-Carpet Bowls. 2.00-Bingo.	12 9.30-Exercise 10.30-Craft 2.00-Anglican Church 3.00-MONTHLY BIRTHDAY	13 9.30-Exercises. 10.30-Hangman 2.00-Ukulele Group. 3.30- Quick Quiz	14 9.30-Exercise 10.00-Men's Retreat 11.15 Word Challenge 1.30-Kiosk & Quiz 3.00-Happy Hour	15 Saturday Afternoon Movie 16 NO ACTIVITY STAFF
17 9.30-Exercises. 10.30-Quoits 1.30-Scenic Drive. 3.30- Reminiscence	18 9.30-Exercises. 10.00-Catholic Church 10.30-Carpet Bowls. 2.00-Bingo.	19 9.30-Exercise 10.30-Craft 2.00-Anglican Church 3.15	20 9.30- Exercise 10.30-Craft. 2.00-Bingo	21 9.30-Exercise 10.00-Men's Retreat 11.15 Word Challenge 1.30-Kiosk & Quiz 3.00-Happy Hour & Singalong	22 Saturday Afternoon Movie 23 NO ACTIVITY STAFF
24 9.30-Exercises. 1.30-Bobs. 2.30-Hangman. 3.30-Hands & Nails.	25 9.30-Exercise 10.00-Catholic Church 10.30-Carpet Bowls. 2.00-Bingo.	26 9.30-Exercise 10.30-Craft 2.00-JOHN PORTER 2.00-Anglican Church 3.00-Reminiscence	27 9.30-Exercise 10.30-Quoits 2.00-Bingo	28 9.30-Exercise 10.00-Men's Retreat 11.15 Word Challenge 1.30-Kiosk & Quiz 3.00-Happy Hour	29 Saturday Afternoon Movie 30 NO ACTIVITY STAFF