# WOODS POINT NEWSLETTER APRIL 2021



# HAPPY EASTER FROM WOODSPOINT



#### Resident & Representative Meeting Minutes MARCH 2021

*Menu/ Food:* Enjoyed the sausage rolls and salmon patties. Have been enjoying the evening meals the past week.

**COVID update:** Wherever possible, the resident should be engaged in the discussions and decision to have a vaccine, in line with supported decision-making principles.

#### Weekends We all hope that you have a wonderful Easter



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Resident and Representatives meeting is scheduled monthly.

The meetings are held on the **first Thursday of the month at 10.30 in the main dining room**. All residents & representatives are invited to attend these meetings.



Visiting update there are no limits on the purpose of visits, the number of visitor s, or the length of the visit to care facilities. No visitors to commu nal areas.

To resident's rooms only and only visit your relative Declaration i s still required upon entry. This will be set up at the front where y ou can fill out yourself without needing staff.

Exclud-

ed from visiting including people who have COVID symptoms, clo se contacts and people who are required to isolate.

Do not visit if you are unwell with anything!

All visitors MUST still wear face masks. Visitors please: Enter, sign in and fill out declaration, do your own temperature, go straight to room and then leave again.

You are not allowed to wander throughout facility.

Thank you for your cooperation.

We must continue to work together to keep our resident safe fro m illness and infections' - there are no limits on the purpose of visits, the number of visitors, or the length of the visit to care facilities. No visitors to communal areas. To resident's rooms only and only visit your relative

# Monthly Reminders



We host 'Happy Hour' in the main lounge every Friday at 3pm. We invite all to come and socialise, enjoy your beverage of choice and some music.

### Swinburne University wellbeing for Older adults:

National Telehealth Counselling and support service available for aged care residents and their families. Free of charge:

Refer yourself or others today

swin.edu.au/telehealth counselling.



## Hair Salon Appointments

Mondays, Wednesdays & Thursdays appointments can be made directly with Kylle or by leaving your name with reception

# Free Eye Checks

Sandra Heaney Optometry will be here Thursday April 8th for eye checks. This is a fantastic service coming to our facility. This is a free service for our residents as it will be bulk billed.



please see reception if you would like to attend—each appointment will be approx. 30—45mins.

This has been postponed date to be advised

## Rita joined in carpet bowls for the first time as staff found a



set of smaller balls for her to use.

She sent the balls down the green, even hitting the jack and at the end of the session, she came in fourth. Congrats to Rita on a job well done.



Brian Bennet enjoys doing jigsaws, and loves the challenge of 1000 pieces a day.





# 2021 RESIDENTS' FOOTBALL TIPPING COMPETITION



- THE 2021 AFL SEASON STARTS ON THURSDAY 18<sup>TH</sup> MARCH 2021
- There are 9 Games per Round and there are 23 Rounds in the Season
- ENTRY FEE IS \$20-00 PER RESIDENT (that's the same as last year).
- ENTRY FEE IS TO BE PAID TO ACTIVITIES STAFF OR TO THE GIRLS AT RECEPTION ON OR BEFORE FRIDAY 12<sup>TH</sup> MARCH 2021).
- Each Tipster will be given a Fixture showing all games for the 2021 Season.
- Each week's Tips or Selections are to be marked on your Fixture by crossing out the names of the teams you think will LOSE for that Round. For example, if you wanted to pick Richmond to win the first game in Round 1 you would mark your Fixture like this:

#### Richmond vs <u>Carlton</u>

- Tips for each Round are to be given to Activities Staff or put in the Footy Tipping Box in the Main Lounge <u>BY 3:00PM ON THE DAY OF THE 1<sup>ST</sup> GAME OF EACH ROUND</u>. This means, **Tips for Round 1 are to be "in" by 3:00PM on** THURSDAY 18/03/2021.
- If your Tips are not in by the 3:00PM deadline, you will be given the <u>AWAY</u> teams (i.e. the SECOND listed teams) for that Round.

Weekly Prize

- There will be a Weekly Prize of \$4.00
- The Weekly Prize will be paid to anyone who picks 9 winners for the round, or it will be split if 2 or more tipsters pick 9 winners.
- If nobody picks 9 winners, the Weekly Prize will Jackpot.

End of Season Prizes

- First Prize: 50% of the Net Prize Pool (after deducting any Weekly Jackpot payouts)
   paid to the Tipster (or equally split between all Tipsters) with the highest number of Correct Tips for the Season.
- Second Prize: 30% of the Net Prize Pool (after deducting any Weekly Jackpot payouts) paid to the Tipster (or equally split between all Tipsters) with the 2<sup>nd</sup> highest number of Correct Tips for the Season.
- Third Prize: 20% of the Net Prize Pool (after deducting any Weekly Jackpot payouts)

   paid to the Tipster (or equally split between all Tipsters) with the 3<sup>rd</sup> highest
   number of Correct Tips for the Season

PLEASE NOTE: If the 2021 AFL

#### 2021 RESIDENTS' FOOTY TIPPING COMPETITION

Covid-19 restrictions last year meant we were unable to conduct the usual Woods Point Residents Footy Tipping Competition.

But, with restrictions eased in 2021, the AFL Season is up and running as is our 2021 Competition. However if the 2021 AFL Season is adversely impacted by Covid-19 restrictions, this year's competition may have to be cancelled. If that happens, all entry fees will be refunded.

This year 32 keen resident tipsters have entered the competition, giving us an initial prize pool of \$640-00. Any \$4-00 Weekly Jackpot wins will reduce that figure accordingly.

As this article goes to print, two AFL rounds have been played and Bill Large leads the field with 15 correct tips, hotly pursued by four others - Cam Blackley, Lorraine Magill, Betty Hutchinson and Helen Gaulke - each on 14. Lorraine Magill also became the first tipster clever enough to pick 9 winners. Lorraine did this in Round 2 and collected the \$8.00 Jackpot for her effort.

Weekly tipping results will be displayed for all to see on the progressive score sheet on the notice board in the Main Lounge.



When an incident occurs at Bentley Wood the following analysis is undertaken:

- What, how and why did the incident occur?
- What can be done to reduce the risk of reoccurrence?
- Strategies to prevent further incidents explored and implemented.

• Open disclosure with resident and representative. Open disclosure is the open discussion that an aged care provider has with consumers when something goes wrong that has harmed or had the potential to cause harm to a consumer.

What could be learnt from this?

This evidence will be required for the new SIRS program and our systems are in place to report to SIRS program.

A Fact sheet is located at front reception for consumers and representatives titled 'What is the SIRS?' or you can download from www.agedcarequality.gov.au

If you have any questions, please do not hesitate to contact staff at Bentley Wood.

https://www.agedcarequality.gov.au/sirs

Marita Seamer Director of Nursing



#### REMINDER THAT ALL ITEMS BROUGHT IN TO FACILITY MUST BE LABELLED

Residents and Representatives are provided the information, at

admission in Resident Information Booklet and offer of labels, about

ensuring all items are labelled, and that facility cannot take

responsibility for unlabelled items.

Staff spend time to check all areas for lost items but it is very difficult to

find unlabelled items of any sort.

Unlabelled clothing is kept for 6 weeks, during which time staff try to

find the unsuccessful discarded.



owner, but if the items are



Management and staff would like to express their sympathies to the Representatives on the passing of :



John McCollGeorge HepburnDenis DowlingKevin Chandler

# CONGRATULATIONS TO OUR WINNER OF THE COLOUR IN COMPETITION BETTY JONES





# This month we are sharing information regarding the new scheme introduced by the Aged Care Quality and Safety Commission

# Serious Incident Response Scheme – SIRS

The Serious Incident Response Scheme (SIRS) is a new initiative to help prevent and reduce incidents of abuse and neglect in residential aged care services.

SIRS sets new arrangements for approved providers of residential aged care to manage and take reasonable action to prevent incidents with a focus on the safety, health, wellbeing and quality of life of aged care consumers.

Approved providers will be required to have in place an effective incident management system and to use this to continuously improve the management and prevention of incidents.

Under SIRS, approved providers will be required to report a broader range of incidents to the Commission than previous arrangements.

Incidents must be reported within set timeframes depending on the level of impact to the care recipient.

The SIRS aims to:

 strengthen aged care systems to reduce the risk of abuse and neglect

 build providers' skills so they can better respond to serious incidents • enable providers to review incident information to drive improvements in quality and safety

• reduce the likelihood of preventable incidents from reoccurring

ensure people receiving aged care have the support they need.

The SIRS has 2 key components:

• Incident management obligations

# Compulsory reporting obligations. Incident management obligations

The SIRS requires every residential aged care service to have in place an effective incident management system – a set of protocols, processes, and standard operating procedures that staff are trained to use. This means adopting a systematic approach to minimise the risk of and respond to, incidents that occur in a residential care setting. An incident management system is vital in supporting residential age care services to effectively manage risks to their consumers, visitors and staff.

## **Compulsory reporting obligations**

In addition to managing all incidents, approved providers will be required to report serious incidents involving aged care consumers

	SUN	4 EASTER SUNDAY NOACTIVITY STAFF	11 NO ACTIVITY STAFF	18 NO ACTIVITY STAFF	V 25 NO ACTIVITY STAFF	PROGRAM SUBJECT TO CHANGE.
GOULBURN & OVENS APRIL 2021	SAT	3 EASTER SATURDAY Afternoon Movie	10 Saturday Afternoon Movie	17 Satur- day Afternoon Movie	24 Saturday Afternoon Movie	Saturday Afternoon Movie
	FRI	2 GOOD FRIDAY 1.30-Kiosk & Quiz. 3.00-Happy Hour.	<ul> <li>9 9.30-Exercise</li> <li>10.00-Men's Retreat</li> <li>11.15 Word Challeng</li> <li>1.30-Kiosk &amp; Quiz</li> <li>3.00-Happy Hour.</li> </ul>	16 9.30-Exercise 10.00-Men's Retreat 11.15 Word Challeng 1.30-Kiosk & Quiz 3.00-Happy Hour.	23 9.30-Exercise 10.00-Men's Retreat 11.15 Word Challeng 1.30-Kiosk & Quiz 3.00-Happy Hour.	30 9.30-Exercise 10.00-Men's Retreat 11.15 Word Challeng 1.30-Kiosk & Quiz 3.00-Happy Hour.
	THUR	9.30-Exercise 10.30-Res/Rep/ 11.30-Quiz 2.00-BINGO	8 9.30-Exercise 10.30-Quoits. 1.30-Chats. 2.00-BINGO.	15 9.30-Exercise 10.30-Lake Walks. 2.00-BINGO.	22 9.30-Exercise 10.30-Bobs. <u>2.00-RSL ANZAC</u> <u>CEREMONY</u> 3.30-What am I ?	20 9.30-Exercise 10.30-Hangman. 1.30-Garden Walks. 2.00-BINGO
	WED		7 9.30-Exercise 10.30-Craft 2.00-Anglican Church 2.00- FreedomBusOut- ing.	15 9.30-Exercise 10.30-Craft 2.00-Anglican Church 2.00-Col Watson 3.00-Monthly Birth- day	21 9.30-Exercise 9.30-Craft 2.00-Anglican Church 2.00-Scenic Drive 3.30-Reminiscence.	28 9.30-Exercise 10.30-Craft 2.00-Anglican Church 2.00-John Porte
	TUES		6 9.30-Exercise 10.00-Catholic Church 10.30-Carpet Bowls 1.30-Garden Walks 2.00-BINGO	<ul> <li>14 9.30-Exercise</li> <li>10.00-Catholic</li> <li>Church.</li> <li>10.30-Carpet Bowls</li> <li>1.30-Garden Walks</li> <li>2.00-BINGO</li> </ul>	20 9.30-Exercise 10.00-Catholic Church. 10.30-Carpet Bowls 1.30-Garden Walks 2.00-BINGO	27 9.30-Exercise 10.00-Catholic CChurch. 10.30-Carpet Bowls 1.30-Garden Walks 2.00-BINGO
	NOM		5 EASTER MONDAY 1.30-Easter Quiz. 3.00-Reminiscence Ice Creams.	12 9.30-Exercise 10.30-Bobs. 2.00-Col Watson 3.30-Hands & Nails.	19 9.30-Exercise 10.30-Quoits. 1.30-Bobs. 2.30-Hangman. 3.30-Hands & Nails.	26 9.30-Exercise 10.30-Quoits 1.30-Scenic Drive. 3.30- Reminis- cence