

# **WOODS POINT NEWSLETTER**

FEBRUARY 2021



**HELLO  
FEBRUARY**



## Resident & Representative Meeting Minutes January 2021

### ***Menu/ Food***

- ◇ Complaint regarding food discussed. Many residents disagreed with the complaint– all welcome to contribute feedback regarding food. Feedback has been provided to kitchen.

### ***COVID update***

- ◇ Please refer to the next page for more details regarding visitors.

### ***Christmas day***

- ◇ Thank you to all residents and staff for Christmas day– it was fabulous

### ***Respect & courtesy***

- ◇ Residents need to be respectful of all residents. We understand you may not like everyone, however please do not make rude or disrespectful comments about other residents. This is their home and every resident deserves to live in a safe and secure environment without negative comments made by others.



Resident and Representatives meeting is scheduled monthly.

The meetings are held on the **first Thursday of the month at 10.30 in the main dining room**. All residents & representatives are invited to attend these meetings.

# Monthly Reminders

## Visitors

The visiting situation at Woods Point is constantly evolving. We continue to monitor outbreaks and restrict visitors from these areas. We understand that all families and residents want to see each other but for the safety of all sometimes difficult decisions have to be made. We respectfully ask for your patience and understanding in this difficult time.

Bookings are available Monday to Friday during business hours. Please contact reception to make a booking. If you have any questions with regard to visiting, please arrange to speak to reception staff Marita or Sam. We ask that you adhere to social distancing, keep your mask on and practice hand hygiene. Your cooperation is appreciated.

**REDUCING THE RISKS FOR OLDER AUSTRALIANS**

Coronavirus (COVID-19)

Help protect those most at risk of Coronavirus.

- Limited access to aged care facilities apply.
- Check in with elderly neighbours.

**TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.**

Advice regarding **Coronavirus (COVID-19)** will change regularly. Keep up to date. Visit [health.gov.au](https://health.gov.au)

HELP STOP THE SPREAD AND STAY HEALTHY

Australian Government

## DON Article:

### **What is Consumer Directed Care:**

Consumer Directed Care refers to self directed healthcare in which the consumer is afforded the right to full autonomy in all decision making related to that care. Historically, these care decisions would be made by the care team; however Consumer Directed Care (CDC) empowers the consumer by aiming to enable them to play an active role in their care decisions.

In CDC, the care team's role is to help identify and provide any assistance needed to enable the consumer to make their own decision about their care.

The care team may contribute their professional expertise or recommendation; however, the final say ultimately is the consumers.

The consumer also has the right to accept and delegate as much, or as little of their care decision as they wish.

### **Principles of Consumer Directed Care:**

Consumer choice and control

Rights.

Respectful and balance partnerships

Participation

Wellness and reablement

Transparency.



The Consumer Directed care model has been mandated for home care packages in Australia, however there is currently no specific date for residential aged care providers to implement consumer directed care.

However the accreditation standards: Standard 1 states:

I am treated with dignity and respect, and can maintain my identity.

I can make in-  
about my care  
live the life I

This requirement  
making decision  
having those de-  
is an essential  
consumer.



formed choices  
and services and  
choose.

recognises that  
about life and  
cisions respected  
right of each

This principle means as much as possible that decisions are made by consumers themselves and is fully supported by Bentley Wood Aged Care.

Monthly Consumer of the day reviews are conducted with consumer/ representative consultation to assess and determine the current agreed care needs.

All assessments conducted ask the resident their preference for care, meals, activities which are translated to an individualised care plan.

Monthly consumer meetings are conducted; surveys are conducted to obtain feedback from consumers as well as access to improvement forms for suggestions, complaints and compliments.

The Charter of rights is signed on admission and practiced throughout everyday care.

If you have any concerns you would like to discuss with regards to your care and services, please speak to a staff member and we will endeavour to address your concern.

Marita Seamer - Director of Nursing

## Cat Therapy

Staff member Georgia Crofts brought in her beautiful cat Theo during the month of January for cat therapy. All residents thoroughly enjoyed their cuddle. Thank you Georgia!





**We look  
forward to more  
pet therapy  
throughout the year!**

## February Birthdays

John McColl— 1st

Jenny Stuttard— 15th

Unis Boak— 17th

Margaret Norrish— 18th

Colin Brines— 24th

Jean Mathieson— 26th

Brian Hooper— 27th



Management and staff would like to  
express their sympathies to the  
Representatives on the passing of :



*Mervyn Simpson*

*Ron Pepyat*

*Brian Layton*

GOULBURN & OVENS FEBRUARY 2021						
MON	TUES	WED	THUR	FRI	SAT	SUN
1 9.30-Exercise 10.30-Bobs 1.45-Scenic Drive 3.15-Trivia	2 9.30-Exercise 10.30-Carpet Bowls 2.00-BINGO	3 9.30-Exercise 10.30-Craft 1.45-Scenic Drive 2.00-Anglican Church 3.30-1.1-Time	4 9.30-Exercise 10.30-Res/Rep/Meeting 11.30 Short Quiz. 2.00- BINGO	5 9.30 Exercise 10.10-Men's Re-treat 11.15-Word Chall 1.30-Kiosk/Quiz 3.00-HAPPY HOUR	6 Afternoon Movie	7 NO ACTIVITY STAFF
8 9.30-Exercise 10.30-Word Game 1.45-Scenic Drive 3.15-Quiz	9 9.30-Exercise 10.30-Carpet Bowls 2.00-BINGO	10 9.30-Exercise 10.30-Hangman 2.00-Anglican Church 3.00-Monthly Birthday	11 9.30-Exercise 10.30-Bobs 11.30-Board Game 2.00-BINGO	12 9.30 Exercise 10.10-Men's Re-treat 11.15-Word Chall 1.30-Kiosk/Quiz 3.00-HAPPY HOUR	13 Afternoon Movie	14 VALENTINES DAY 2.00-Col Watson Singing Entertainment.
15 9.30-Exercise 10.30-Bobs 11.30-Quoits 1.30-Nails/Hands	16 9.30-Exercise 10.30-Carpet Bowls 2.00-BINGO	17 ST Patrick's Day 9.30-Exercise 10.30-Craft 2.00-AnglicanChurch 3.00-Word Game	18 9.30-Exercise 10.30-Quoits 11.30-Word Game 2.00-BINGO	19 9.30-Exercise 10.10-Men's Re-treat 11.15-Word Chall 1.30-Kiosk/Quiz 3.00-HAPPY HOUR	20 Afternoon Movie	21 NO ACTIVITY STAFF
22 9.30-Exercise 10.30-Bobs 11.30-Quoits 1.30-Nails/Hands	23 9.30-Exercise 10.30-Carpet Bowls 2.00-BINGO	24 9.30-Exercise 10.30-Craft 2.00-AnglicanChurch 3.00 Word Game.	25 9.30-Exercise 10.30-Bobs 11.30-Quoits 2.00-BINGO	26 9.30-Exercise 10.10-Men's Re-treat 11.15-Word Game 1.30-Kiosk/Quiz 3.00-HAPPY HOUR	27 Afternoon Movie	28 PROGRAM SUBJECT TO CHANGE.