# WOODS POINT NEWSLETTER

# DECEMBER 2021

1



Bentley Wood Aged Care – Woods Point and Myrtleford Lodge will be undertaking their 3-year unannounced accreditation in the next few months.

Information has been placed in previous newsletters and is displayed throughout the facility of how you can be involved.

We will provide an update on 2 standards each month, so you are fully aware of what is required to ensure your needs are met.

Each standard says what you, the consumer, can expect. Your aged care provider has to meet an "outcome" for you and they have to demonstrate how they are meeting that outcome.

There are eight standards, and each one is about an aspect of care that contributes to your safety, health and well being.

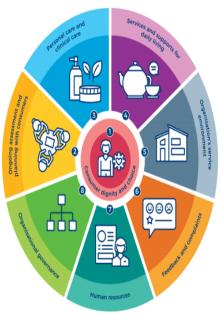
The graphic shows which part of your care these standards relate to, or you can see the list below:

Consumer dignity and choice Ongoing assessment and planning with consumers Personal care and clinical care Services and supports for daily living Organisation's service environment Feedback and complaints Human resources Organisational governance

### Standard 1: Consumer dignity and choice:

#### **Consumer outcome:**

I am treated with dignity and respect, and can maintain my identity. I can make informed choices about my care and services, and live the life I choose.



Organisation statement:

The organisation:

(a) Has a culture of inclusion and respect for consumers;

(b) Supports consumers to exercise choice and independence; and

(c) Respects consumers' privacy.

Requirements:

The organisation demonstrates the following:

(a) Each consumer is treated with dignity and respect, with their identity, culture and diversity valued.

(b) Care and services are culturally safe.

(c) Each consumer is supported to exercise choice and independence, including to:

i) Make decisions about their own care and the way care and services are delivered; and

ii) Make decisions about when family, friends, carers or others should be involved in their care; and

iii) Communicate their decisions; and

iv) Make connections with others and maintain relationships of choice, including intimate relationships.

(d) Each consumer is supported to take risks to enable them to live the best life they can.

(e) Information provided to each consumer is current, accurate and timely, and communicated in a way that is clear, easy to understand and enables them to exercise choice.

(f) Each consumer's privacy is respected and personal information kept confidential.

Standard 2 - Ongoing assessment and planning with consumers

Customer care: I am a partner in ongoing assessment and planning that helps me get the care and services I need for my health and well being.

Organisation statement: The organisation undertakes initial and ongoing assessment and planning for care and services in partnership with the consumer. Assessment and planning has a focus on optimizing health and well being in accordance with the consumer's needs, goals and preferences.

Requirements:

The organisation demonstrates the following:

(a) assessment and planning, including consideration of risks to the consumer's health and well being, informs the delivery of safe and effective care and services; (b) assessment and planning identifies and addresses the consumer's current needs, goals and preferences, including

advance care planning and end of life planning if the consumer wishes

(c) assessment and planning: (i) is based on ongoing partnership with the consumer and others that the consumer wishes to involve in assessment, planning and review of the consumer's care and services; and (ii) includes other organisations, and individuals and providers of other care and services, that are involved in the care of the consumer; (d) the outcomes of assessment and planning are effectively communicated to the consumer and documented in a care and services plan that is readily available to the consumer, and where care and services are provided; (e) care and services are reviewed regularly for effectiveness, and when circumstances change or when incidents impact on the needs, goals or preferences of the consumer.

If you have any questions with regards to the new standards or how we achieve these standards please speak to staff for clarification.

Bentley Wood - Yarrawonga and Myrtleford will continue to strive to meet residents/consumers needs. We rely on effective communication with you and your representative to ensure these needs and wants are met.

Marita Seamer - Director of Nursing

Reference: https://www.agedcarequality.gov.au

# **BOOSTER SHOTS FOR COVID 19**

From 8 November 2021, the Australian Government will roll out a national COVID-19 vaccine booster program for residential aged care.

Residents and workers who completed their second dose of a COVID-19 vaccine at least six months ago will be eligible to receive a booster dose.

Eligible residents and workers will be offered a booster through the local GP clinics or Commonwealth in reach clinics.

We will be facilitating the vaccinations for all residents.

If you have any questions please do not hesitate to contact the facility

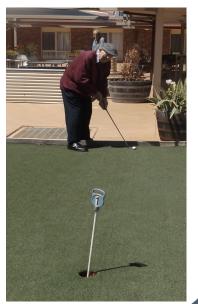
Warm regards Marita Seamer Ph: 0357443400





Golf Tournament at Woods Point While the sun was shining the golf clubs came out with on lookers cheering the players to see who can get a hole in one.







Page 7













The 2021 Melbourne Cup has been run and won, as have our annual Woods Point Melbourne Cup Sweeps.

This year we sold enough entries to conduct 4 separate Sweeps and the results are as follows. Congratulations to everyone lucky enough to pick up a bit of extra pocket money.

# 2021 MELBOURNE CUP SWEEP RESULTS

Results: 1st Very Elegant; 2nd Incentivise; 3rd Spanish Mission

1 <sup>st</sup> Prize \$27-00 Won By:	2 <sup>nd</sup> Prize \$16-00 Won By:	3 <sup>rd</sup> Prize \$11-00 Won By:
Joyce Bavage	Narelle Parker	Phylis Cooper
Helen Gaulke	Doreen Pallot	Olive Ryan
Noel Pallot	Harold Wignell	Helen Gaulke
Colleen Young	Stan Lesley	Colleen Young
	Won By: Joyce Bavage Helen Gaulke Noel Pallot	Won By:Won By:Joyce BavageNarelle ParkerHelen GaulkeDoreen PallotNoel PallotHarold Wignell





Girls just having a bit of fun dressing up for the Residents on Melbourne Cup Day, lots of fun with food and the race on the big screen.







# LADIES OAKS DAY

Wing 5 Ladies set for Oaks Day Celebrations with hair done and hair pieces on display





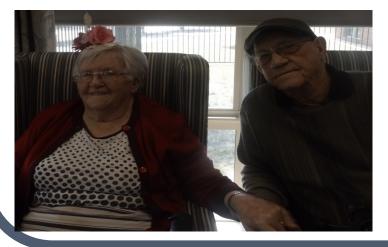














# Out and About in Yarrawonga

The trip around looking at the sites, then down to the Lake for some R n R and meet the local 4 legged fury friends and their owners



#### Page 12















### **RESIDENTS CHRISTMAS PARTY**

#### **THURSDAY 2nd DECEMBER 2021**

### LOW CARE & WING 3

### FINGER FOOD

#### BETWEEN

#### 2.30 PM - 4.00PM



# **REFLECTIONS CEREMOMY**

Each year we host a reflection ceremony to reflect and remember the residents we have lost over the past 12 months.

The reflection ceremony will be hosted on the 09<sup>th</sup> December at 2pm in the main lounge.

We encourage residents to attend to help us remember and place a leaf with the deceased residents name on the tree of eternity.

Management and staff would like to express their sympathies to the



William Large Joan Condick



# Verse of the Month

Never forget how far you've come. All the times you pushed on even when you felt you couldn't. All the mornings you got out of bed no matter how hard it was. All the times you wanted to give up but fought through another day. Never forget the strength you've gained along the way.

#### Page 15

Congratulations to Unis and Alec Boak on the 70 Year Wedding Anniversary





JOHN WAS VERY HAPPY TO BE SUNG TO FOR HIS BIRTHDAY THIS MONTH, THOROUGHLY ENJOYING THE MUSIC AND A GLASS OR TWO OF RED WINE



GOULBURN & OVENS D	December 2021					
MON	TUES	WED	THUR	FRI	SAT	SUN
		-	2	3	4	5
		930 Exercise	9.30-Exercise	9.30-Exercise	Saturday	ON
		10 Shopping	10.30-Res/Rep/Meeting	10.30-Board Game	Afternoon	ACTIVITY
		dening	1.30-ChristmasQuiz	1.30-Kiosk	Movie	STAFF
CIRIST MAS*TIME		A 00-Anglican Church	2.30- Christmas Party	2.30-Happy Hour		
		2.00-cuz/ Questions		Sing along		
		swers				
9	7	8	6	10	11	12
9.30-Exercise	9.30-Exercise	9.30-Exercise	9.30-Exercise	9.30-Exercise	Saturday	NO
10.30-Bobs	10.00-Catholic Church	10.30-Mini Golf	10.30-Word Game	10.30-News/Views	Afternoon	ACTIVITY
1.30-Quiots	10.30-Carpet Bowls	2.00-Anglican Church	2.00-Reflection	1.30-Kiosk	Movie	STAFF
	2.00-BINGO	3.00-Monthly Birthday	Ceremony.	2.30-Happy Hour		
				Sing along		
13	14	15	16	17 9.30-Exercise	18	19
9.30-Exercise	9.30-Exercise	9.30-Exercixe	9.30-Exercise	10.30-Mini Golf	Saturday	NO
10.30-Nails	<b>10.00-Catholic Church</b>	10.30-Mini Golf	10.30-Shopping	Word Game	Afternoon	ΑCTIVITY
11.30-Word Challenge	10.30-Carpet Bowls	1.30-Baking	2.00-Uniting Church	1.30-Kiosk	Movie	STAFF
1.30-Movie	2.00-BINGO	2.00-Anglican Church	2.00-BINGO	2.30-Happy Hour		
		3.00-Afternoon Tea		Sing along		
20 9.30-Exercise	21 9.30-Exercise	22 9.30-Exercise	23 9.30-Exercise	24 9.30-Exercise	25	26
10.30-Quiots	<b>10.00-Catholic Church</b>	10.30-Mini Golf	10.30-Bobs	10.30-News/Views	****	Q •
1.30-Col Watson	10.30-Carpet Bowls	11.00-Quiz	2.00-BINGO	1.30-Kiosk	*	СТІИІТҮ
Sing along	2.00-BINGO	2.00-Anglican Church		2.30-Happy Hour		STAFF
3.00-Afternoon Tea		1.30-Cooking		Sing along	Curistmas Day	
1.1 Time		With Emma				
					Saturday alternoon Movie	
27	28	29	30	31 9.30Exercise		
9.30-Exercise	9.30-Exercise	9.30-Exercise	9.30-Exercise	10.30-Word Chal-	W	PROGRAM
10.30-Scenic Drive	10.00-Catholic Church	10.30-Shopping	10.30-Bobs	lenge	That Harris	SUBJECT TO
1.30-1.1 Chats with	10.30-Carpet Bowls	1.30-Hangman	2.00-BINGO	1.30-Kiosk	***	CHANGE.
Residents	2.00-BINGO	2.00-Anglican Church		Happy Hour	Saturday After- noon Movie	
		2.30-Quiz		Happy New Year		