



# **Residents meeting summary June :**

Menu/Food : Sandy – Catering Manager / Chef in attendance.

Discussed menu has been set for next month and will be on trial for 2 months. Please provide feedback. Afternoon tea for mother's day on Tuesday was enjoyed by all – thank you to kitchen staff for their efforts

**Covid 19 Updates**: There is a directive to commence a blitz on testing RACF residents and staff. We will notify staff and residents when this will begin.

Covid smart app – please download the app to support what we are all trying to achieve – minimize the risk to staff and residents

Message sent to all representatives: Bentley Wood are continuing to allow visitors pre-arranged Monday to Friday with restrictions.

As there is no reception staff on weekends we cannot allow visitors on weekends – unless approved by the DON/DDON prior and on compassionate grounds only.

As from 1/5/2020 – the Government has advised prior to any visit, you must show evidence that you have had the 2020 Influenza vaccine. This will need to be shown every time you visit so keep it handy. If you have not had the influenza vaccination then you are not permitted access.

**New activities** New garden area between – Wing 1 and 2. Thank you to staff for their efforts and Bunning's for the donations. Staff have been sitting in this area for lunch which encourages residents to access this area and join in the new space.

**Men's retreat**— has been set up at Woods Point. This is a welcomed addition to the activity program for the men. Page 3

**Thank you to all staff**: Staff are running kiosk, shopping for residents, doing extra jobs for residents, which all residents appreciate.

**Craft group**: Encourage all residents to participate in craft group on a Wednesday morning. Great activity for those to sit, socialise and be creative. Thank you to Cam for the cake decorating.

During this challenging time of the Covid Pandemic:

The phone calls and requests from representatives have increased significantly and whilst we are allowing visitors with restrictions, families are still calling regularly for updates when they have seen or spoken to the resident recently.

If any resident is unwell the representative will be informed of any concerns.

Weekends are very difficult for staff to take phone calls as there is no reception staff on weekends.

Please encourage representatives to call the residents direct or during business hours. Monday to Friday from 9am to 5pm

The next resident rep meeting will be held Thursday 4th June @10.30 in the main low care lounge.

Everyone is most welcome to discuss any ideas suggestions or complaints .

#### A Message From Director of Nursing

June 2020 - This month I thought it was appropriate to provide you information with regards to the <u>Industry Code for Visiting Residential</u> <u>Aged Care Homes During COVID 19</u>.

('The Code') came into effect on 13 May 2020.

It is designed to create a uniform approach to receiving visitors across the aged care industry. It provides guidance on how aged care homes can take a proportionate approach to keeping residents safe against COVID-19.

The Code was developed by a group of aged care peak bodies and consumer advocacy organisations. A number of aged care providers, including church-based providers and not-for-profits, were part of the development process, which took into account input from residents, representatives and staff

The Code is not a law. It was not issued by government or the Aged Care Quality and Safety Commission; it was issued by organisations within the industry and is described as "an agreed industry approach."

The Code commenced on 13 May 2020. The Code says, "This industry code will be adopted during the period of COVID-19, after which usual practices will return."

The Code is flexible and acknowledges that some of its principles will not apply in the event of an outbreak, when providers will have to bring in stricter controls.

The Code applies to residential aged providers, residents and visitors

The Code contains 13 principles and outlines the rights and responsibilities of providers, residents, and visitors.

#### Those principles are:

- Providers will facilitate visits between residents and visitors that meet the *Charter* of Aged Care Rights and State/ Territory COVID-19 regulations.
- Visits can occur in a variety of ways and must include additional ways to connect provided by facilities, including technology or window visits.
- 3. Homes will be able to regulate the overall number of visits they have as to minimise COVID-19 entering the facility.
- Resident's wishes and preferences will be at the heart of visitor decisions in regards to who visits them.
- 5. Existing aged care related legislation and regulation still apply during the pandemic.
- 6. No visitors may enter or attend a nursing home while they feel unwell or have cold or flu-like symptoms, and visitors must adhere to the provider's infection control policies and have an up to date flu vaccination.
- 7. Some residents may require longer visits if residents who are dying, residents who have a regular visitor that assists with meals or essential behaviour support, or if the visit is from family or friends that have travelled a long distance to see a resident.
- All other visitors may visit for a short duration and depending on the provider, may experience different procedures like booking systems or designated visit areas.

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**9.** Residents must be able to continue receiving letters, parcels and gifts, non-perishable food, and communication devices that have been sent to them at their home. Providers must pass on these items to residents in whatever manner suits the home's infection control procedures.

10. If there is a suspect or actual outbreak of COVID-19 or a suspected/known case of COVID-19 within a home, there will be increased visitor restrictions implemented which may include exclusion of visitors.

- 11. When there are no active coronavirus outbreaks in a facility, residents may use public spaces within the home as well as outdoor spaces. Residents must keep to the social distancing measures and COVID guidelines.
- **12.** Residents must be able to continue accessing medical and related services they require, and facilities need to make sure these appointments are maintained.
- **13.** Providers can vary their COVID-19 response as risks change within their surrounding community.

# **VISITOR RESPONSIBILITIES:**

Not visit the home if they are unwell or displaying any cold/flu or COVID-19 symptoms Respond truthfully to COVID-19 screening questions asked by the home's staff Follow the home's visitation requirements including:

adhering to the home's booking system

• meeting vaccination requirements and providing up to date evidence of vaccination

- practising social distancing requirements
- practising hand hygiene and cough/sneeze etiquette.

Bentley Wood has been flexible in their approach to ensure consumers and their representatives are maintaining contact with each other.

Bentley Wood are continuing to allow visitors pre-arranged Monday to Friday with restrictions.

As there is no reception staff on weekends we cannot allow visitors on weekends – unless approved by the DON/DDON prior and on compassionate grounds only.

Visits are not allowed in residents rooms other than special circumstances. An area has been set up for visits to occur.

All visits must be pre booked to allow us time and space to ensure we are maintaining social distancing and infection control practices PLEASE adhere to social distancing at all times – it is for the protection of residents and staff.

If you have any concerns or questions please do not hesitate to contact the Director of Nursing and Deputy Director of Nursing.

Thank you

Marita Seamer



High tea was also a great success. A huge thank you to Sandy and the team and a huge thank you to Mal for the beautiful cake



# Happy Mother's Day

With Mother's Day celebrated a bit different this year our Residents started a beautiful



Happy Mother's De BREAKFAST

Eggs Benedict

LUNCH

breakfast of Eggs Benedict , Blue Grenadier for lunch and lovely

fruit salad.

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Mother's day gifts given to Unis Boak who kindly shared chocolates with everyone in Wing 5.

Gifts of flowers and chocolates were greatly received by many of the mothers at Woods Point. There were over 60 deliveries of flowers and gifts. Many smiles were seen on the day.



#### WMMAX'S STHEEP BONNT

# Gardening Time

Dolly and Julie planting Iris bulbs kindly donated by Tom, outside the main lounge. Wing 5—Shirley and Ian also planted some boxes with bulbs, whilst Unis getting the bulbs ready for



planting.





If gardening is not for you, there is always a game of cards with Shirley on the go!



## Letters Received

Letters from Marg Westgarth granddaughter were greatly received to a few of our ladies. Please feel free to write or even send a card with a few words as the residents enjoy receiving correspondence and get a kick when reading them.



# Wing 3 Residents enjoying a touch of a sunny May day



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June	e Birthday's
Eileen Keatley	1st
Norma Edis	4th
Bob Burke	8th
Joyce Duus	13th -100 Years Young
Carmel Levett	13th
Brian Bennett	15th
Camellia Black	ley 19th
Mary Hann	19th
Patricia Smith	19th
Sheila Abnett	23rd
Brian Cooper	24th
Janet Drinnan	28th
Allan Hargreav	es 29th

Joy Duus 100th celebration will be held on the 12th June at 2.30pm in the main lounge – all residents welcome

## **MAY'S BIRTHDAY CELEBRATIONS**

May monthly birthdays were celebrated with 10 birthdays for month. Residents joined in to help celebrate with cake the kitchen made and a cuppa. Residents could be heard singing birthday wishes throughout the facility.



A special 90th birthday for Beryl Kirby this month.

Des Jones celebrating his birthday with a few of the men









## **EXERCISE**

Morning exercise has a new team member Kim - our physiotherapist, who puts the residents through their morning exercises/paces. Residents can sit in chairs or stand, participating with Kim as they go through all the movements such as exercise and stretching. Kim movement class is from Monday to Friday in the main lounge at 9.30am. Come along and join in!



# In Loving memory of:

Jean Butler Jackie Roddy Thelma Dowie Rodney Muir Bev Williams

Woods Point Residents, Staff & Management extend sincere condolences to the families and friends. May they rest in eternal peace.

### Catching up on the Daily News

Kaye and Brian catching up on the daily news articles while it's a bit chilly outside.



# ARTS n CRAFTS

Busy bees making a scarecrow to keep all the newly planted bulbs safe from the birds. Thank you to all that assisted in making 'Stewie'









# WHAT'S THE WORKETHE POINT

## Meet Stewie our newest member to the facility



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#### WHAT'S THE

### WHAT'S THE POINT Page 18



# **Game of Air Tennis Anyone**



A quick game of air tennis with lots of laughter and cheering kept the residents active and competitive!





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Woods Point Supporting Cancer Council Biggest Morning Tea 29th May 2020 Funds raised—\$152.20—Thank you for your generous contribution.



MON	TUES	WED	THUR	FRI	SAT	SUN
1	2	ε	7	5	9	Z NO
9.30Exercise	8.30 SPECIAL BREAKY	9.30 -Exercise	9.30-Exercise	9.30-Exercise	MOVIES	ACIVITY
10.30-Bobs	9.30-Exercise	10.30-Quiz/Craft	10.30-Bobs	10.00-Men's Retreat		STAFF
1.30-Boards Games	10.30-Carpet Bowls	1.30-Trivia	2.00-Bingo	11.00-Word Challenge	ICECREAM	
2.30-Trivia	2.00-Bingo	2.30-Golf		1.30-Kiosk/Quiz		WING 5 ONLY
3.15-Quiz		3.30-Trivia Quiz.		2.30 -Story Reading		
				3.00-HAPPY HOUR		
8	6	10	11	12	13	14 NO
Queen's Birthday	8.30-SPECIAL BREAKY	9.30-Exercise.	9.30-Exercise	9.30-Exercise	MOVIES	ACIVITY
	9.30-Exercise	10.30-Craft	10.30-Singalong	10.00-Men's Retreat		STAFF
1.30-Queen Quiz	10.30-Carpet Bowls	1.30-Board Games.	2.00-Bingo	11.00-Word Challenge	ICECREAM	
Trivia	2.00-BINGO	3.00-MONTHLY		1.30-Kiosk/Quiz		WING 5 ONLY
3.00-AfternoonTea		BIRTHDAY		2.30-100 <sup>th</sup> BIRTHDAY		
				3.30-HAPPY HOUR		
15	16	21	18	19	20	21 NO
9.30-Exercise	8.30-SPECIAL BREAK	9.30-Exercise	9.30-Exercise	9.30-Exercise	MOVIES	ACIVITY
10.30-Bobs	9.30-Exercise	10.30-Craft	10.30-Gardening	10.00-Men's Retreat		STAFF
1.30-Garden Walks	10.30-Carpet Bowls	1.30-Trivia	2.00-Bingo	11.00-Word Challenge	ICECREAM	
2.30-Afternoon Tea	2.00-BINGO	3.15-Who am I		1.30-Kiosk/Quiz		WING 5 ONLY
				2.30-Story Reading		
				<b>3.00-HAPPY HOUR</b>		
22	23	24.	25	26	27	28 NO
9.30-Exercise	8.30-SPECIAL BREAKY	9.30-Exercises	9.30-Exercises	9.30-Exercise	MOVIES	ACIVITY
10.30-Find the Word	9.30-Exercise	10.30-Craft	10.30-Gardening	10.00-Men's Retreat		STAFF
1.30- Group Discus-	10.30-Carpet Bowls	1.30-Bean Bag Toss	2.00-Bingo	11.00-Word Challenge	ICECREAM	
sion	2.00-BINGO	3.30-Reading.		1.30-Kiosk/Quiz		WING 5 ONLY
3.30-Trivia Time				2.30-Story Reading		
				3.00-HAPPY HOUR		
29	30		PROGRAM			Control Institute - January 51
9.30-Exercise	8.30-SPECIAL BREAKY			U APPY		
10.30-Bobs	9.30-Exercise	and and	<b>SUBJECT TO</b>	Anone		
1.30-Quiz	10.30-Carpet Bowls	R				
3.15-Trivia	2.00-BINGO	Ri C	CHANGE			