

WHAT'S THE POINT

MARCH 2020

Welcome to the March Edition of;
“What’s the Point”
Woods Point Aged Care
Residents/Representatives Monthly
Newsletter



Residents meeting summary:

Minutes of the February meeting:

Meals – Menu: Birthday breakfast will commence in February in which you will receive an invitation to attend birthday breakfast for the month of your birthday.

It will be hosted in Wing 5 – bacon, eggs, tomatoes, mushrooms, etc. Weekly special breakfast will also recommence .

Fire Drills: Residents would like a fire drill, which will be conducted in the next few weeks.

Staff are trained on what to do in the event of a fire but we will also conduct a mock evacuation and fire drill for residents.

Denis Medical Clinic: There will be some correspondence with information about charging residents for out of clinical consultations sent out with billing.

Consent will need to be completed and returned to front reception.

Football tipping: Commenced and we are now collecting to join in the competition.

Phones: Dect phones are for staff use only for emergencies and call bells. All residents require their own phone for calls

Next resident/representative meeting will be held in the main lounge on Thursday 5th March @10.30





2020 RESIDENTS' FOOT- BALL TIPPING COMPETITION



The 2020 AFL Season starts on THURSDAY 19th March 2020

There are 9 Games per Round and there are 23 Rounds in the Season

Entry Fee is \$20-00 per resident (that's the same as last year). **Entry Fee is to be paid to ACTIVITIES STAFF on or before FRIDAY 13TH MARCH 2020).**

Each Tipster will be given a Fixture showing all games for the 2020 Season.

Each week's Tips or Selections are to be marked on your Fixture by crossing out the names of the teams you think will LOSE for that Round.

For example, if you wanted to pick Carlton to win the first game in Round 1 you would mark your Fixture like this:

Richmond vs Carlton

Tips for each Round are to be given to Activities Staff or put in the Footy Tipping Box near the TV in the Main Lounge

BY 3:00PM ON THE DAY OF THE 1ST GAME OF EACH ROUND.

Tips for Round 1 are to be "in" by 3:00PM on THURSDAY 19TH March 2020.

If your Tips are not in by the 3:00PM deadline, you will be given the **AWAY** teams (i.e. the SECOND listed teams) for that Round.

Weekly Prize

There will be a Weekly Prize of \$4.00

The Weekly Prize will be paid to anyone who picks 9 winners for the round, or it will be split if 2 tipsters pick 9 winners.

If more than 2 tipsters pick 9 winners in a Round the Weekly Prize will Jackpot to the next Round.

If nobody picks 9 winners, the Weekly Prize will Jackpot.

End of Season Prize

First Prize: 50% of the Net Prize Pool (after deducting any Weekly Jackpot payouts)

– paid to the Tipster (or equally split between all Tipsters) with the highest number of Correct Tips for the Season.

Second Prize: 30% of the Net Prize Pool (after deducting any Weekly Jackpot payouts) – paid to the Tipster (or equally split between all Tipsters) with the 2nd highest number of Correct Tips for the Season.

Third Prize: 20% of the Net Prize Pool (after deducting any Weekly Jackpot payouts) – paid to the Tipster (or equally split between all Tipsters) with the 3rd highest number of Correct Tips for the Season.

GOOD LUCK



Seniors Day Lunch



Residents this month attended the free lunch for seniors at the RSL Club in Mulwala.



Pictured are:

Bob Goldsworthy, Joan Oliver, Patricia Smith, Ruth and Edwin Harris, Rod Zass, Phyllis Novotny, Peter Hann, Bill Curtis, Volunteer Sue and Roderick McPhee.

All enjoyed the afternoon out. Thank you to the RSL club.



Laundry:

Women's work is never done—ladies at Woods Point help the laundry staff with the folding of serviettes and linen.

Thank you for all your efforts—it is greatly appreciated.



Management and staff would like to express their sympathies to the Representatives on the passing of:

- *Gemma Zammit*
- *Ian Currie*
- *Terry White*
- *Gemma Zammit*

May they Rest in Peace.



What is Consumer Directed Care:

Consumer Directed Care refers to self directed healthcare in which the consumer is afforded the right to full autonomy in all decision making related to that care. Historically, these care decisions would be made by the care team; however Consumer Directed Care (CDC) empowers the consumer by aiming to enable them to play an active role in their care decisions.

In CDC, the care team's role is to help identify and provide any assistance needed to enable the consumer to make their own decision about their care. The care team may contribute their professional expertise or recommendation; however, the final say ultimately is the consumers.

The consumer also has the right to accept and delegate as much, or as little of their care decision as they wish.

Principles of Consumer Directed Care:

1. Consumer choice and control
2. Rights.
3. Respectful and balance partnerships
4. Participation
5. Wellness and reablement
6. Transparency.



The Consumer Directed care model has been mandated for home care packages in Australia, however there is currently no specific date for residential aged care providers to implement consumer directed care.

However the accreditation standards: Standard 1 states:

I am treated
can maintain
formed choices
and live the life



with dignity and respect, and
my identity. I can make in-
about my care and services
I choose.

This requirement recognises that making decision about life and having those decisions respected is an essential right of each consumer. This principle means as much as possible that decisions are made by consumers themselves and is fully supported by Bentley Wood Aged Care. Monthly Consumer of the day reviews are conducted with consumer/representative consultation to assess and determine the current agreed care needs. All assessments conducted ask the resident their preference for care, meals, activities which are translated to an individualised care plan.

Monthly consumer meetings are conducted; surveys are conducted to obtain feedback from consumers as well as access to improvement forms for suggestions, complaints and compliments. The Charter of rights is signed on admission and practiced throughout everyday care.

If you have any concerns you would like to discuss with regards to your care and services, please speak to a staff member and we will endeavour to address your concern.

Marita Seamer - Director of Nursing

Community Visitors enrich the lives of residents making them feel valued and connected with in their local community through regular visits.

CVS Volunteers

- Engage with those who do not have regular contact with friends or family
- Enhance the lives of aging members of our community through regular visits
- Connect with those who are socially isolated and lonely
- Visit and befriend someone in need

Who Can Be A CVS Volunteer?

Our program seeks a diverse range of volunteers, of all genders, cultural backgrounds, ages and abilities who enjoy connecting with older members of the community. CVS volunteers must be over 18 years of age.

Who can access CVS?

The CVS is available to recipients of Australian Government subsidised residential aged care services or Home Care Packages.

How is the visit spent?

Time can be spent in a variety of ways such as having a cuppa, a chat or even a walk or outing together.



Alpine

Moira

Benalla

Murrindindi

Greater Shepparton

Strathbogie

Indigo

Wangaratta

Mansfield

Wodonga

**For more information please contact CVS on 1300 843 236
or 57 210200**

Pick up /Drop off Zone:

Our Residents Representatives are also reminded to please use the front portico as a drop off/pick up zone only as on a number of instances we have had emergency service vehicles and our Residents Bus having to park elsewhere.

Visitors car parking is available in the car park as you enter the facility grounds We thankyou for your cooperation.

Newsletters and Calendars of events:

Newsletters and Calendars of daily events are distributed throughout the facility however if you would like to receive the Newsletter by email, please advise Administration Staff of your email address or alternatively send an email to;

reception@bentleywoodpl.com.au

and we will happily add you to our contacts list., alternatively the Newsletter can be viewed on our Website;

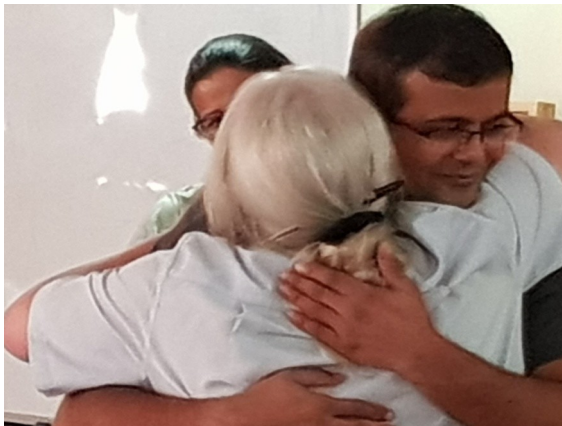
www.bentleywoodpl.com.au

Harshill and Abha Last Day

On Friday 21st February we all farewelled a very special couple, our on site Physiotherapist Harshill & his beautiful wife Abha and their baby Ziya who are relocating to Melbourne. Harshill has been with us for 5 years and Abha—12 months. They will be missed by us all.

A cake was supplied by Harshill and Abha for all residents to enjoy which they certainly did.

We wish them every success and hope they come back to visit us all!






MARCH BIRTHDAYS

Pat Crothers	1st
Peter Hann	3rd
Don O'Rafferty	3rd
Kaye Haebich	6th
Jean Morgan	6th
William Fitton	7th
Pam Gibbons	13th
Norman Looby	13th
Ernie Ives	14th
Malcolm Stewart	14th
Phyllis Landers	20th
Coral Robinson	20th
Bill Curtis	26th
Heinz Baytala	29th

**Birthday Breakfast will be hosted in Wing 5 activity room
for all the March birthday residents on:
18th March**

30 9.30-Exercise 10.30-Frank/Jenny 1.30-Golf Putting. 3.30-BoardGame.	31 9.30-Exercise 10.00-Catholic Church 10.30-Carpet Bowls 2.00-BINGO								1 NO ACTIVITY STAFF
2 9.30-Exercise 10.30-Frank/Jenny 1.30-Word Game 1.30-Quiz 3.15-Trivia	3 9.30-Exercise 10.00-Catholic Church 10.30-Carpet Bowls 2.00-BINGO	4 9.30-Exercise 10.30-Craft/Quiz 1.30-Trivia Dice 2.00-Ang. Church 3.30-Bean Bag Toss.	5 9.30-Exercise 10.30-Golf Putting 2.00-BINGO	6 9.30-Exercise 10.00-Men's Shed 11.15-Word Challenge 1.30-Kiosk/Quiz/Kids 3.00-Happy Hour		7 MOVIES ICECREAM Wing 1 Lounge After Lunch	8 NO ACTIVITY STAFF		
9 9.30-Exercise 10.30-Frank/Jenny 11.30-Word Game 1.30-Trivia 3.15-Bridge Book	10 9.30-Exercise 10.00-Catholic Church 10.30-Carpet Bowls 2.00-BINGO	11 9.30-Exercise 10.30-Piano Lady 1.30-Table Games 2.00-Angl. church 3.00-Monthly Biday	12 9.30-Exercise 10.30-Trivia 2.00-BINGO	13 9.30-Exercise 10.00-Men's Shed 11.15-Word Challenge 1.30-Kiosk/Quiz/Kids 3.00-Happy Hour		14 MOVIES ICECREAM Wing 1 Lounge After Lunch	15 NO ACTIVITY STAFF		
16 9.30-Exercise 10.30-Frank/Jenny 11.30-Board Game 1.30-Quiz 3.15-Bridge Book	17 9.30-Exercise 10.00-Catholic Church 10.30-Carpet Bowls 2.00-The Young 1 3.15 -ST. PAT's QUIZ	18 8.30-Special Breaky 9.30-Exercise 10.30-Hangman 1.30-Golf Putting 2.00-Angl. Church 3.15-Mem. Cards	19 9.30-Exercise 10.30-Bobs 11.00-Uniting Church 2.00-BINGO	20 9.30-Exercise 10.00-Men's Shed 11.15-Word Challenge 1.30-Kiosk/Quiz/Kids 3.00-Happy Hour		21 MOVIES ICECREAM Wing 1 Lounge After Lunch	22 NO ACTIVITY STAFF		
23 9.30-Exercise 10.30-Frank&Jenny 11.30-Bobs 1.30-Quiz 3.15-Trivia	24 9.30-Exercise 10.00-Catholic Church 10.30-Carpet Bowls 2.00-BINGO	25 9.30-Exercise 10.30-Piano Lady 1.30-Beach Bag Throw 2.00-Anglican Church 3.15-The Bridge	26 9.30-Exercise 10.30-Bean Bag Toss 2.00-BINGO	27 9.30-Exercise 10.00-Men's Shed 11.15-Word Challenge 1.30-Kiosk/Quiz/Kids 3.00-Happy Hour	28 MOVIES ICECREAM Wing 1 Lounge After Lunch	29 PRO- GRAM SUBJECT TO CHANGE			



LEPRECHAUNS



The leprechauns are marching.



They're marching down the hall.

They're marching on the ceiling.

They're marching on the wall.



They're marching two by two.



And now it's four by four.

They say you cannot see them.

Look out! Here comes some more.

