

WOODS POINT NEWSLETTER

DECEMBER 2020



This month, I thought I would provide you with an update on visiting our facilities in the new Covid 19 – ‘normal’.

Visits are now allowed at all Victorian residential aged care facilities.

However, there are still measures in place to prevent the spread of coronavirus (COVID-19) in an aged care facility.

Please be aware that individual facilities may implement additional safety measures regarding visitations.

Bookings will still be required.

From 23 November 2020, there are no restrictions on visits to residential aged care facilities. However, to keep visits safe, there are some general rules you must follow.

Visitors must:

wear a fitted face mask (this includes anyone aged 12 and older) AT ALL TIMES DURING THE VISIT.

visit only the resident and follow instructions from staff regarding what areas of the facility you can access



keep at least 1.5 metres away from everyone at the facility, including the resident, while visiting

follow staff instructions to prevent crowding and ensure physical distancing.

wash or sanitise your hands regularly and as directed by staff. Visitors are encouraged to have an up-to-date influenza vaccination.

Declarations

All visitors must make a declaration that they:

do not have any coronavirus symptoms

are not a close contact of someone who has coronavirus

are not currently required to quarantine or isolate.

You must not visit the facility if you:

are unwell or have even the mildest symptoms of coronavirus such as:

fever or temperature over 37.5 degrees

loss or change in sense of smell or taste, chills or sweats,
cough, sore throat, shortness of breath, and/or runny nose
have coronavirus and you are currently required to isolate
have been in close contact with someone who has coronavirus
within the last 14 days and you are currently required to quaran-
tine
have been tested for coronavirus and have not yet received your
result

arrived in Australia from overseas in the last 14 days.

What if I can't visit in person?

Aged care facilities must take reasonable steps to help residents use alternative contact methods to communicate with people who cannot visit them, like phone and video calls. Skype, face time and phone calls are still facilitated at our facilities

Areas with higher restrictions

If there is an active coronavirus outbreak in the area or in the facility itself, there might be stricter rules based on public health advice. This is hard for residents and families, but it helps keep everyone safe.

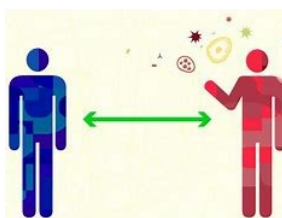
Residents can leave facilities

Under current restriction levels, residents can leave their facilities for any reason, provided they comply with [current restrictions](https://www.coronavirus.vic.gov.au/) <<https://www.coronavirus.vic.gov.au/>> in Victoria.

When residents leave the facility, they should be reminded of the current restrictions and public health advice, including:

physical distancing (maintaining 1.5m distance from others)

wearing a fitted face
when you cannot
outdoors. This
with you at all times.



mask when indoors, and
maintain 1.5m distance
means carrying a mask

observing limits on pri-
vate and public gather-
ings

vate and public gather-

not seeing or visit people who are unwell

not visiting people who are in quarantine or isolation.

Returning to the facility

Residents will be screened upon their return to their facility, for example by having their temperature checked, just like any other person entering the facility.

Assistance for residents and visitors

Facilities are re-residents' physical wellbeing prevention and residents and limit (COVID-19).



quired to take into account cal, emotional and psychological when implementing infection control measures to protect the spread of coronavirus

In the first instance, concerns should be raised with the management of the facility. We will continue to provide flexibility for all visitors and residents and ask you to remain patient and communicate any concerns you have with management.

For aged care services, operating in a 'COVID normal' world means remaining alert and ready, exercising constant vigilance in relation to infection prevention and control measures that is now part of our everyday routines.

We thank you for your patience during this very challenging year and ask you to please stay away if unwell with any illness as the vulnerability to residents is so high.

We hope for a more relaxed 2021 and wish you all a very happy and safe festive season.

Marita Seamer

Director of Nursing

KIOSK

Remember Friday after lunch is kiosk time – residents can purchase any items from kiosk from 1pm to 3pm. If there are any particular items you would like, please let activity staff know so they can source for you to purchase.

We will increase the products in December so you can purchase some gifts you may need for Christmas for family members. Please provide any details of items you would like purchased.



Resident & Representative Meeting Minutes November 2020

Covid pandemic is not over! We need to continue to maintain the vigilance we have over the past 6 months.

Flexibility has been offered recently for residents to go out and visit families locally. If at any stage you feel restricted, limited with access to family – please see Marita or Sam to discuss your concerns.

Residents Christmas Party planned for 3rd December from 2.30pm to 4.30pm. Afternoon tea with entertainment will be provided

Christmas card making/writing afternoon with a photo of you sent to your families for Christmas

Suggestion to have a Christmas raffle as we have had no raffles this year. Donations kindly accepted. Raffle will be set up in next 2 weeks

Resident and Representatives meeting is scheduled monthly. The meetings are held on the **first Thursday of the month at 10.30 in the main lounge room.**



Stuck for ideas for Christmas Presents

How about a few of these as Stocking Fillers

MENS AFTERSHAVE

LADIES PERFUME

BOX OF CHOCOLATES

PERSONALIZED MUG

HAMPER OF TREATS

REPRESENTATIVE SURVEY 2020

99% Satisfaction rate. FANTASTIC RESULT!

Response:

**There is always a Registered Nurse in charge on duty 24 hours per day, and is available to answer any of your concerns. During business hours you can make an appointment with the Director of Nursing and Deputy Director of Nursing to discuss any issues not resolved. Please continue to ask until you receive the information you are looking for as the staff are always willing to answer any questions and if they do not know the answer refer to management.*

**Resident meetings are held monthly. After the pandemic and when it is safe to do so – Representatives will continue to be welcome to attend as usual.*

**Please ask Catering and Care staff to forward any complaints about cold or luke-warm food to the chef on duty at the time. We are more likely to be able to address the issue if we can investigate at the time. The investigation may highlight service issues that can be improved upon. Please always tell staff as everyone is committed to providing high levels of satisfaction related to meals.*

Food Waste audits are conducted routinely, and there have been no systemic issues identified. Management responds to feedback from Residents, including for anything discussed at monthly Resident meetings. 'Food' is a Standing Agenda item for the Resident meetings so attendees are always prompted to offer opinions about the food.

**Woods Point COVID Safe plan has been in place throughout most of 2020, and will continue to adhere to the safety strategies according to all Government Departments that have input. Woods Point adheres to directives relating to Statutory Declarations that each individual is required to complete when visiting and working, Temperature checks, Hand hygiene, and Distancing.*

Everything we do – We do to keep Residents safe.

Conclusion:

*There was a response rate of **42%** which is a higher rate than previous years and provides increased confidence that the survey reflects the views of the majority of Representatives, and the satisfaction rate of **99%** indicates that the vast majority of needs are met.*

Satisfaction rates are high, however Woods Point will continue trying to address any identified areas for improvement if at all possible. We hope that the information in this evaluation has helped with any noted concerns or comments.

We receive great feedback about staff, care and service from residents, representatives and visitors – and thank you again for the wonderful comments, and the great result of this survey.

We do endeavour to please, and we work to deliver care and service of a high standard. Results of the survey will be passed on to staff to let them know of the appreciation for their hard work and great attitude.

Please continue to speak with Woods Point staff about any reasonable concern you may have – Your input is welcomed – and we will endeavour to address any reasonable concern if at all possible. Representatives are encouraged to maintain continuous communication with staff with regards to residents care.

The newsletter is available on our website: www.bentleywoodpl.com.au

**Thank You to Everyone who
Participated in the Survey**

REFLECTIONS CEREMONY

Each year we host a reflection ceremony to reflect and remember the residents we have lost over the past 12 months.

The reflection ceremony will be hosted on the 11th December at 2pm in the main lounge.

We encourage residents to attend to help us remember and place a leaf with the deceased residents name on the tree of eternity.



The 2020 Melbourne Cup has been run and won, as have our annual Woods Point Melbourne Cup Sweeps.

This year we sold enough entries to conduct 5 separate Sweeps and the results are as follows. Congratulations to everyone lucky enough to pick up a bit of extra pocket money.

2020 MELBOURNE CUP SWEEP RESULTS

Results: 1st Twilight Payment; 2nd Tiger Moth; 3rd Prince Of Aran

Sweep No.	1 st Prize \$24-00 Won By:	2 nd Prize \$16-00 Won By:	3 rd Prize \$8-00 Won By:
1	Phyllis Novotny	Unis Boak	Noel Pallot
2	Cam Blackley	Ruth Harris	Beryl Kirby
3	Colleen Young	John Ryder	Dolly Cassidy
4	Rose Lister	Margaret Preer	Unis Boak
5	Dorothy Loudon	Phyllis Novotny	Ron Matthews

LADIES OAKS DAY

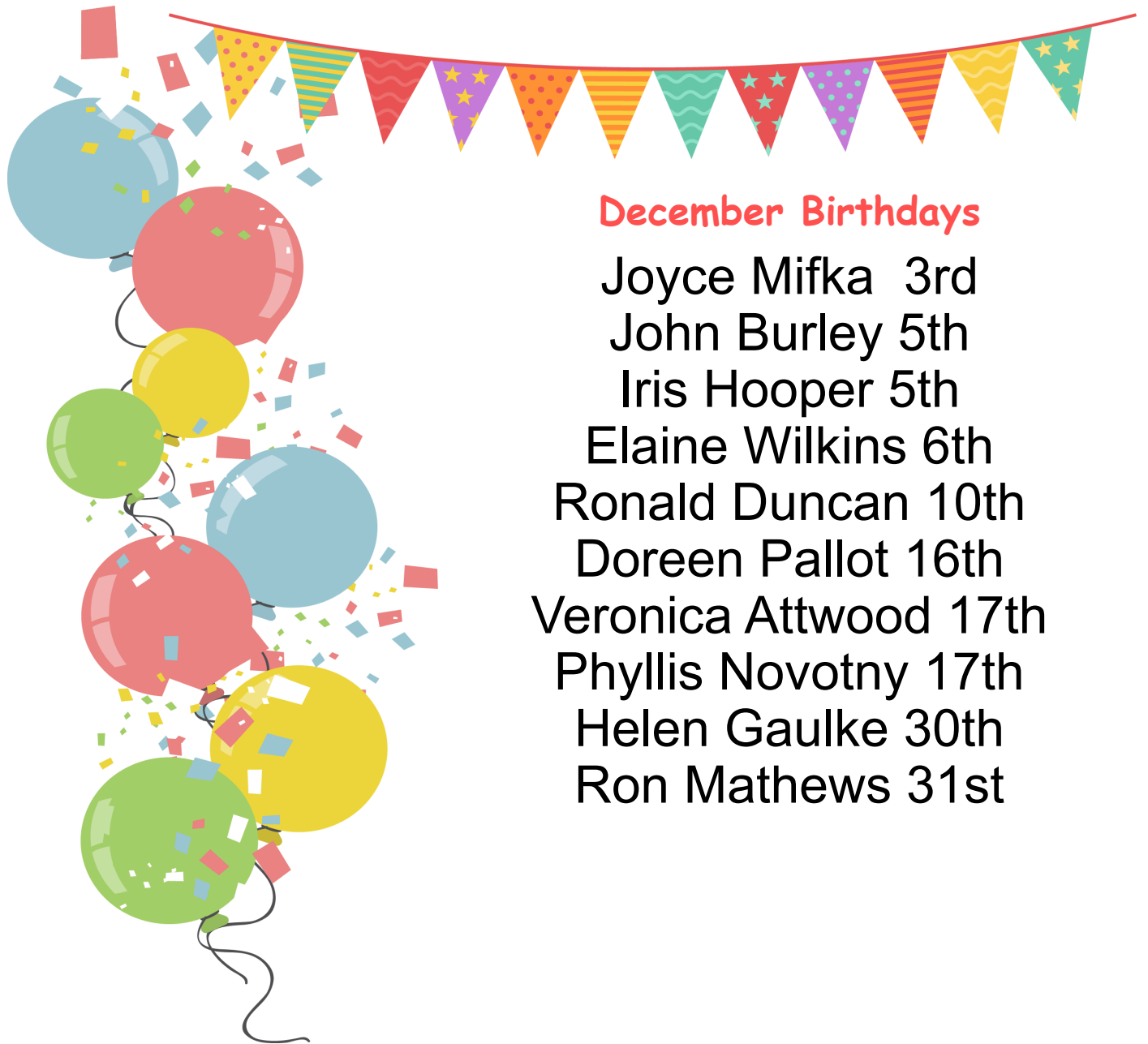
The Room is set and the ladies are getting ready for Oaks Day



Scenic Bus Tour

The trip around looking at the sites, then around to Naomi's place to raid her garden of the beautiful roses





December Birthdays

Joyce Mifka 3rd
John Burley 5th
Iris Hooper 5th
Elaine Wilkins 6th
Ronald Duncan 10th
Doreen Pallot 16th
Veronica Attwood 17th
Phyllis Novotny 17th
Helen Gaulke 30th
Ron Mathews 31st

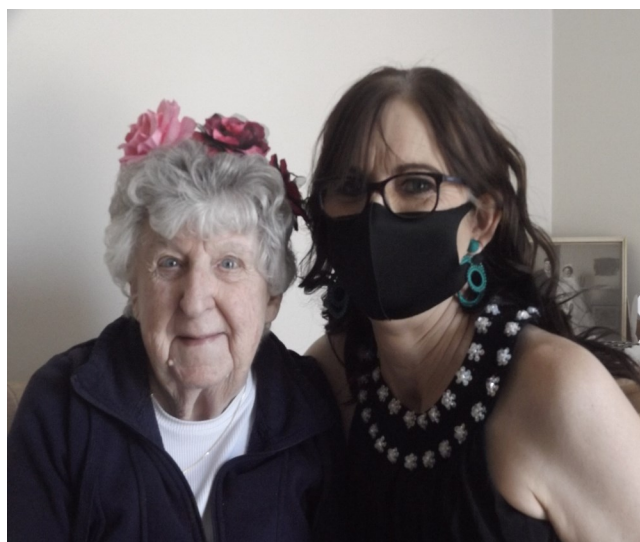
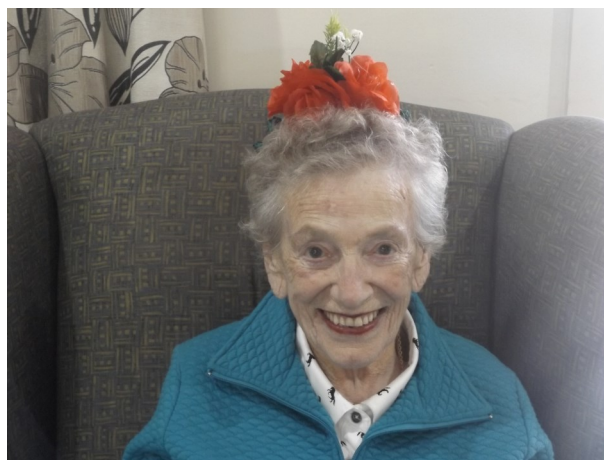
Management and staff would like to
express their sympathies to the
Representatives on the passing of:



Eddie Kirby



Ladies Day Oaks Day





WOODS POINT REMEMBRANCE DAY 2018









MELBOURNE CUP FASCINATOR PARADE



GOULBURN & OVENS December 2020

MON	TUES	WED	THUR	FRI	SAT	SUN
	<p>1</p> <p>9.30-Exercise</p> <p>10.30-Carpet Bowls</p> <p>2.00-BINGO</p>	<p>2</p> <p>9.30- Exercise</p> <p>10.30-CRAFT</p> <p>1.30-Scenic Drive</p> <p>3.00-Christmas Trivia/quiz</p>	<p>3</p> <p>9.30-Exercises.</p> <p>10.30-R/Rep Meeting</p> <p>11.30-Board Game.</p> <p>2.30-CHRISTMAS PARTY</p>	<p>4</p> <p>9.30-Exercise</p> <p>10.30-Men's Retreat</p> <p>11.15-Word Challenge</p> <p>1.30-Kiosk/Golf Putting</p> <p>3.00-HAPPY HOUR</p>	<p>5</p> <p>MOVIES</p> <p>ICECREAM</p>	<p>6</p> <p>NO</p> <p>ACTIVITY</p> <p>STAFF</p>
<p>7</p> <p>9.30-Exercise</p> <p>10.30-Word Challenge</p> <p>1.30-Garden Walk</p> <p>2.00-Discussion Group</p> <p>3.15-QUOITS</p>	<p>8</p> <p>9.30-Exercise</p> <p>10.30-Carpet Bowls</p> <p>2.00-BINGO</p>	<p>9</p> <p>9.30-Exercise</p> <p>10.30- Christmas Craft</p> <p>1.30-Words</p> <p>3.00-Monthly Birthday</p>	<p>10</p> <p>9.30-Exercise</p> <p>10.30-Scenic Drive</p> <p>11.30-QUOITS</p> <p>2.30-BINGO</p>	<p>11</p> <p>9.30-Exercise</p> <p>10.30-Men's Retreat</p> <p>11.15-Word Challenge</p> <p>1.30-Kiosk/Quiz</p> <p>2.00-Reflections Ceremony</p> <p>3.00-HAPPY HOUR</p>	<p>12</p> <p>MOVIES</p> <p>ICECREAM</p>	<p>13</p> <p>NO</p> <p>ACTIVITY</p> <p>STAFF</p>
<p>14</p> <p>9.30-Exercise</p> <p>10.30-Cooking Cup Cakes</p> <p>2.00-John Porter Entertainment.</p>	<p>15</p> <p>9.30-Exercise</p> <p>10.30-Carpet Bowls</p> <p>2.00-BINGO</p>	<p>16</p> <p>9.30-Exercise</p> <p>10.30-CRAFT</p> <p>1.30-Scenic Drive</p> <p>3.15-Word Challenge</p>	<p>17</p> <p>9.30-Exercise</p> <p>10.30-Scenic Drive</p> <p>11.30-Hangman</p> <p>Wing 2 Lounge</p> <p>2.00-BINGO</p>	<p>18</p> <p>9.30-Exercise</p> <p>10.30-Men's Retreat</p> <p>11.15-Word Challenge</p> <p>1.30-Kiosk/Quiz</p> <p>3.00-HAPPY HOUR</p>	<p>19</p> <p>MOVIES</p> <p>ICECREAM</p>	<p>20</p> <p>NO</p> <p>ACTIVITY</p> <p>STAFF</p>
<p>21</p> <p>9.30-Exercise</p> <p>10.30-Word Challenge</p> <p>1.30-Garden Walk</p> <p>2.00-Discussion Group</p> <p>3.15-Whats a Word</p>	<p>22</p> <p>9.30-Exercise</p> <p>10.30-Carpet Bowls</p> <p>2.00-BINGO</p>	<p>23</p> <p>9.30-Exercise</p> <p>10.30-Cook Slice</p> <p>1.30-Christmas Craft</p>	<p>24</p> <p>9.30-Exercise</p> <p>10.30-Scrabble</p> <p>1.30-Scenic Drive</p> <p>3.00-BINGO</p>	<p>25</p> <p>CHRISTMAS DAY</p> 	<p>26</p> <p>MOVIES</p> <p>ICE CREAM</p>	<p>27</p> <p>NO</p> <p>ACTIVITY</p> <p>STAFF</p>
<p>28</p> <p>BOXING DAY HOLIDAY</p>	<p>29</p> <p>9.30-Exercise</p> <p>10.30-Carpet Bowls</p> <p>2.00-BINGO</p>	<p>30</p> <p>9.30-Exercise</p> <p>10.30-Craft</p> <p>1.30-Scenic Drive</p> <p>3.15-Board Games</p>	<p>31</p> <p>9.30-Exercise</p> <p>10.30-Scenic Drive</p> <p>2.00-BINGO</p>			<p>PROGRAM</p> <p>SUBJECT TO</p> <p>CHANGE.</p>