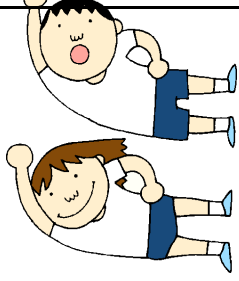









MON	TUES	WED	THUR	FRI	SAT	SUN
						
<b>6</b> 9.30-Exercise. 10.30-Hangman. 11.00-Frank/Jenny. 11.30-Word Challenge. 1.30-Quiz. 2.30-UKS Music. 3.30-Trivia.	<b>7</b> 9.30-Exercise. 10.00-Catholic Church. 10.30-Carpet Bowls. 1.30-Chats. 2.00-BINGO	<b>8</b> 9.30-Exercise. 10.30-Craft. 1.30Trivia. 2.00-Anglican Church 3.00-MONTHLY BIRTHDAY 4.00-Catologue Game.	<b>9</b> 9.30-Exercise 10.30-Bobs. 1.45-Scenic Drive. <b>3.30-Quiz.</b>	<b>10</b> 9.30-Exercise. 10.00-Men's Shed. 11.15-Word Challenge 1.45-Kiosk/Quiz.. 2.15-Meet the Kids. 3.00-HAPPY HOUR	<b>11</b> MOVIE DAY	<b>12</b> MOTHERS DAY 
<b>13</b> 9.30-Exercise. 10.30-Hangman. 11.00-Frank/Jenny. 11.30-Word Game. 1.30-Trivia 3.15-Quiz.	<b>14</b> 9.30-Exercise. 10.00-Catholic Church. 10.30-Carpet Bowls. 1.30-Chats. 2.00-BINGO	<b>15</b> 9.30-Exercise. 10.30-Craft. 1.30-Board Game. 2.00-Anglican Church 3.15-Trivia	<b>16</b> 9.30-Exercise. 10.30-Bobs. 11.00-Uniting Church 1.45-Scenic Drive. 3.30-Trivia	<b>17</b> 9.30-Exercise. 10.00-Men's Shed. 11.15-Word Challenge 1.45-Kiosk/Quiz.. 2.15-Meet the Kids. 3.00-HAPPY HOUR	<b>18</b> MOVIE DAY	<b>19</b> ACTIVITY WING 5
<b>20</b> 9.30-Exercise. 10.30-Hangman. 11.00-Frank/Jenny. 11.30-Dicussion. 1.30-Trivia 3.15-Quix	<b>21</b> 9.30-Exercise. 10.00-Catholic Church. 10.30-Carpet Bowls. 1.30-Chats. 2.00-BINGO	<b>22</b> 9.30-Exercise. 10.30-Craft. 2.00-Borina Singers. 2.00-Anglican Church 3.30-Trivia.	<b>23</b> 9.30-Exercise. 10.00-Sadie's Fashion. 1.30-Mini Golf. 3.30-Reminisce	<b>24</b> 9.30-Exercise. 10.00-Men's Shed. 11.15-Word Challenge 1.45-Kiosk/Quiz.. 2.15-Meet the Kids. 3.00-HAPPY HOUR	<b>25</b> MOVIE DAY	<b>26</b> ACTIVITY WING 5
<b>27</b> 9.30-Exercise. 10.30-Board Game. 11.00-Frank/Jenny. 11.30-Hangman 1.30-Quiz. 3.15-Trivia	<b>28</b> 9.30-Exercise. 10.00-Catholic Church. 10.30-Carpet Bowls. 1.30-Chats. 2.00-BINGO	<b>29</b> 9.30-Exercise. 10.30-Craft. 1.45-Scenic Drive. 2.00Anglican Church. 3.30-Word Game.	<b>30</b> 9.30-Exercise. 10.30-Bobs. 1.45-Scenic Drive. 3.30-Trivia	<b>31</b> 9.30-Exercise. 10.00-Men's Shed. 11.15-Word Challenge 1.45-Kiosk/Quiz.. 2.15-Meet the Kids. 3.00-HAPPY HOUR	Mothers' Day 	   

# What’s the Point



Welcome to the May Edition of;  
 “What’s the Point”  
 The Woods Point Aged Care  
 Residents/Representatives Monthly  
 Newsletter





## Residents meeting summary:

### Minutes of the April meeting:

**Menu/Food :** Plans for a new menu to be implemented and trialled in the next 2 weeks. Many new dishes will be trialled. Discussion with many residents with regards to looking for savoury of a night time.

Request for finger food night – 1 night per month – corn of the cob, chicken wings, quiche, sausage rolls, party pies, fish fingers etc. Will be incorporated 1 day per month. Suggestion to have specials day – 1 per month – seasonal menu item that is not on the menu as a special meal – will be included on menu.

**4WW :** Please be mindful where you park your walker. A few incidents of falls and skin tears from 4ww being in the way of others

**Missing clothing:** Please check through your wardrobe before seeing laundry about missing clothes. Often time is wasted as residents complain an item is missing and when the room is searched it is found in the residents room

**Valuables and money in rooms :** Woods Point cannot take responsibility for valuables and money that goes missing from your room. There is a petty cash system at reception for you to store cash safely and lockable drawers are available for you to store valuables in.

**Residential aged care commission :** Interesting there has been less complaint than the Royal commission thought there would be. This is evidence that many aged care facilities do offer care and services to the standard expected. We are proud of the service we deliver and encourage residents/representatives to continue to communicate any concerns or suggestions. If we do not know we cannot fix!

**Aged Care Quality and Safety commission :** Unannounced spot visit conducted on 19/3/2019 – Clinical care was the focus. No issues identified.

Next Resident/ Representative meeting to held:  
Thursday 2nd May 2019

Management and staff would like to express  
their sympathies to the  
Representatives of the passing of:

. **William Talbot**

May they Rest in Peace



**May Birthdays**  
We would like to wish the following residents  
a very happy birthday!

- Selma Oates - May 1
- Edward Kirby - May 5
- Joan Webster - May 6
- Marie Suckling - May 7
- Margaret Preer - May 9
- Mary Phillips - May 9
- Valetta King - May 14
- Alan Atkinson - May 16
- Joan Jewell - May 17
- Jacqueline Roddy - May 18
- Douglas Chamberlain - May 22
- Shirley Cartwright - May 22
- Beverley Williams - May 24



## WOODS POINT RESIDENTS' FOOTY TIPPING COMPETITION

Picking winners in the 2019 AFL Season is proving to be somewhat difficult for most – including the so-called “experts” in the media.

But such is not the case for Bob Ward and Margaret Preer. Bob Ward managed to tip all 9 Winners in Round 6, thus earning himself the first Weekly Jackpot payout of \$24-00 (i.e. \$4 per week over the first 6 rounds).

Margaret Preer is also doing well. Margaret – our leading tipster after 6 Rounds – has picked 34 winners (averaging just over 5 correct tips per round). Close behind Margaret in equal second place are: Jean Morgan, Betty Hutchinson and Ernie Ives – each with 32 winners. Six other tipsters – each on 31 – they are in hot pursuit.

The season is still young with 17 more rounds to be played. so there is plenty of time for our other tipsters to mount a challenge and pick up the honours at season's end.



**GOOD TIPPING EVERYBODY**



## Call Bell Audit

**2645 total call bells activated in the 7 days**

**Low care** for the 7 days reviewed identified 32.6% of total call bells activated.

12.4% were one resident of total calls and 38% all low care calls.

2 low care rooms activated - 14% all low care calls

**Wing 5** - 27.3% call bells activated

**Wing 3** - 40.1% call bells activated.

92.3% call bells answered within 0-10 minutes – fantastic response time



## Winners of the Easter Raffle 2019



1st Prize Patty Smith



2nd Prize Esme Stamp



3<sup>rd</sup> Kath Jenkins



4<sup>th</sup> Frank Churchill

**Congratulations to all the winners. ENJOY**

# Happy Mother's Day

**A Mother's love is something  
that no one can explain,  
It is made of deep devotion  
and of sacrifice and pain...  
It is endless and unselfish  
And enduring come what may  
For nothing can destroy it  
or take that love away...  
It is patient and forgiving  
when all others are forsaking,  
And it never fails or falters  
even though the heart is breaking...  
It believes beyond believing  
when the world around condemns,  
And it glows with all the beauty  
of the rarest, brightest gems...  
It is far beyond defining,  
it defies all explanation,  
And it still remains a secret  
like the mysteries of creation...  
A many splendored miracle  
man cannot understand  
And another wondrous evidence  
of God's tender guiding hand.**

Based on data, vaccinated individuals were 68% less likely to present to a general practitioner (GP) and 58% less likely to be hospitalised due to influenza, when compared to unvaccinated individuals.

With the flu season upon us it is a timely reminder for all residents, representative and visitors to be reminded of Bentley Wood's policy.

Good personal health and hygiene habits prevent the virus from both spreading.

*In the event of an influenza outbreak unvaccinated staff, volunteers and visitors will not be permitted access to the facility. This is to maximise resident and staff protection.*

***The annual influenza  
the most successful  
protect against the***



***vaccination is  
measure used to  
flu.***

All residents and staff to have the influenza this vaccination has 2019.

are encouraged vaccination and commenced in

***If you have any questions about infection control measures  
please do not hesitate to speak to the care staff.***

Marita Seamer  
Director of Nursing



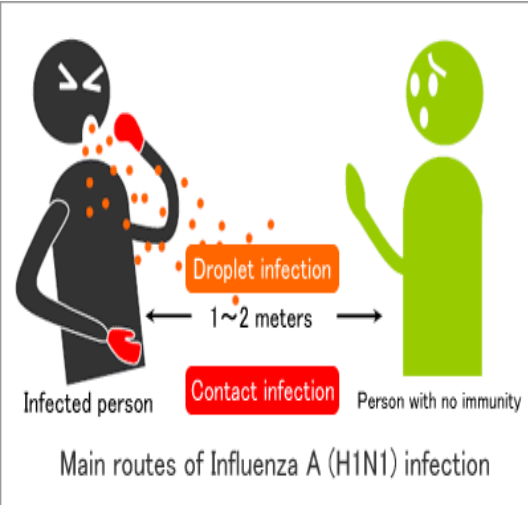
Implementing standard precautions and where required transmission-based precautions breaks the chain of infection and reduces the risk of residents developing a healthcare-associated infection.

Standard precautions include; hand hygiene, personal protective equipment, staff and resident health including a vaccination program, respiratory hygiene and cough etiquette, aseptic technique for procedures, management of blood and body substance spills, correct handling and disposing of sharps, correct handling of linen, waste management, pest control, environmental cleaning and a food safety program.

Infection rates are monitored daily and monthly statistical analysis occurs to identify trends and identified need to change work practices and or procedures by a designated infection control practitioner.

Outbreak control measures are implemented in a timely manner to minimise the spread of infection. Timely and appropriate communication of information to staff, residents, visitors and authorities is a key component of outbreak management.

In 2018, 10.84 million vaccine doses were distributed across Australia to prevent another flu season that saw more than 249,000 laboratory-confirmed cases of influenza last year. Vaccination is important for high-risk groups like the elderly, children, and people suffering from asthma, diabetes or heart diseases - and healthcare workers who are more exposed to the virus.



### Mobile voting poll

The electoral commission will set up a mobile voting poll at Woods Point on the 13th May. Residents will be given the opportunity to vote between 2 and 5 pm on this day.

They will be set up in the training room at the entrance of Wing 5.



Joan is cutting out cardboard Easter eggs in wing 5



Eileen getting into the Easter spirit while taking a little rest from her morning walk around the facility.

Ladies at craft group making Easter decorations.





## Anzac Celebrations



On Tuesday the 23rd of April  
We had the RSL sub branch with  
the children from sacred heart  
host our Anzac ceremony for our  
residents at Woods Point.



The residents, staff and family  
members enjoyed the service  
with the children performing  
for our residents and visitors.



## Newsletter article:

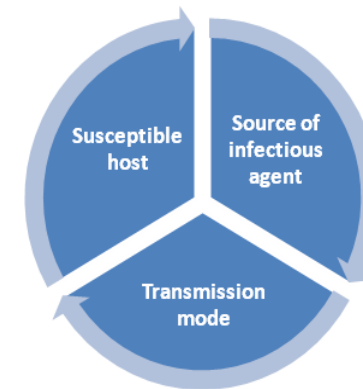
This month we focus on Expected Outcome –

### **4.7 – Infection Control**

**This expected outcome requires that there is: *An effective infection control program.***

The focus of this expected outcome is ‘results’ and ensures the following:

- Management demonstrates its infection control program (plans, procedures, practices, equipment) is effective in identifying and containing infection.
- Management has information on infection and/or other statistics about the effectiveness of its infection control program in identifying, containing and preventing infection.
- Staff practice is consistent with Australian government infection control guidelines.



As illustrated in the opposite diagram the Chain of Infection has three elements that are required for an infection to occur;

- Source of infectious agents (organisms, germs that can cause infection)
- Mode of transmission (a means of spreading)
- A susceptible host-the frail elderly are more susceptible.

**This is how we ensure the infection control program is managed effectively:**