

# What's the Point

Welcome to the April Edition of;  
“What's the Point”  
The Woods Point Aged Care  
Residents/Representatives Monthly  
Newsletter



## Residents meeting summary:

### Minutes of the March meeting:

**Oxygen audit:** If you use oxygen – Hair dryers and electrical razors are not to be used.

Flammable aerosols sprays a (hair spray, and deodorant) are not to be used when oxygen is in use.

**Programs :** Will be printed in black and white and provided to residents that wish to have one. The program is displayed around facility and on the whiteboard every day.

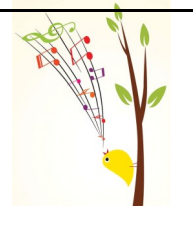


**Cigarette butts:** Reminder to dispose of cigarette butts at all times appropriately. NOT on the ground!

Next Resident/ Representative meeting to held:  
Thursday 4th April 2019

### **New face around Woods Point—Steve Vooght— Nurse Practitioner**

Woods Point is delighted to announce the employment of a Nurse Practitioner—Mr Steve Vooght. Steve will attend 1 day per week. Steve's role will be to support staff in managing general geriatric conditions such as falls, medications, depression, behaviour management strategies and any other health conditions. If you would like to discuss anything regarding your health, please speak to the RN's and we will refer you to Steve.

There is no charge for this service and Steve takes the time to listen to you!

MON	TUES	WED	THUR	FRI	SAT	SUN
<b>1</b> 9.30-Exercise. 10.30-Hangman. 11.00-Frank/Jenny. 1.30-Shopping. 3.00-Quiz.	<b>2</b> 9.30-Exercise. <b>10.00-Catholic Church.</b> 10.30-Carpet Bowls. 1.30-Chats. <b>2.00-BINGO.</b>	<b>3</b> 9.30-Exercise. <b>10.45-SCHOOL KIDS</b> 1.30-Whiteboard Games <b>2.00-Anglican Church.</b> 3.30-Quiz.	<b>4</b> 9.30-Exercise. <b>10.30-R/Rep Meeting.</b> 11.30-Quick Quiz. 1.45-Scenic Drive. 3.30-Word Game.	<b>5</b> 9.30-Exercise. 10.00-Men's Shed. 11.15-Word Challenge. 1.45-Kiosk/Quiz. 2.30-Story Reading. <b>3.00-HAPPY HOUR.</b>	<b>6</b> ACTIVITY WING 5 ALLWEL-COME	<b>7</b> ACTIVITY WING 5 ALLWEL-COME
<b>8</b> 9.30-Activity Wing5 11.00-Frank/Jenny 1.30-Board Games 3.15-Trivia	<b>9</b> <b>9.30-Exercise.</b> 10.00-Catholic Church. 10.30-Carpet Bowls. 1.30-Chats. <b>2.00-BINGO</b>	<b>10</b> 9.30-Activity in Wing 5 12.30-Pub Lunch 3.00-Trivia /Quiz.	<b>11</b> <b>9.30-Exercise.</b> 10.30-Bean Bag Throw. 1.45-Trivia. 3.30-Hangman.	<b>12</b> 9.30-Exercise. 10.00-Men's Shed. 11.15-Word Challenge. 1.45-Kiosk/Quiz. 2.30-Story Reading. 3.00-HAPPY HOUR.	<b>13</b> ACTIVITY WING 5 ALLWEL-COME	<b>14</b> ACTIVITY WING 5 ALLWEL-COME
<b>15</b> 9.30-Activity in wing 5 <b>11.00-Frank/Jenny</b> 1.30-Bobs. 3.15-Quiz.	<b>16</b> 9.30-Exercise. <b>10.00-Catholic Church.</b> 10.30-Carpet Bowls. 1.30-Chats. <b>2.00-BINGO</b>	<b>17</b> ACTIVITY IN WING 5 <b>2.00-BOARD GAMES</b> <b>3.00 MONTHLY BIRTHDAY</b>	<b>18</b> 9.30-Exercise. 10.30-Bobs. 11.00-Uniting Church. 1.30-Trivia. 3.15-Quiz	<b>19</b> <b>GOOD FRIDAY</b> 9.30-Activites Wing 5 1.30 Board Games. 3.00-Happy Hour	<b>20</b> <b>EASTER</b> ACTIVITY WING 5	<b>21</b> <b>EASTER</b> ACTIVITY WING 5
<b>22</b> <b>EASTER</b> 9.30-Activities in wing 5 1.30-Board Games. 3.15-Trivia	<b>23</b> 9.30-Exercise. <b>10.00 -Catholic Church.</b> 10.30-Carpet Bowls <b>2.00 ANZAC SERVICE</b>	<b>24</b> <b>9.30-Exercise</b> 10.30-Bean Bag Throw 1.45-Scenic Drive. 3.30-Trivia Quiz.	<b>25</b> <b>ANZAC DAY</b> ACTIVITY WING 5 ALL WELCOME	<b>26</b> 9.30-Exercise. 10.00-Men's Shed. 11.15-Word Challenge. 1.45-Kiosk/Quiz. 2.45-Meet the Kids. <b>3.00-HAPPY HOUR.</b>	<b>27</b> 	<b>28</b> 
<b>29</b> <b>9.30-Exercise</b> 10.30-Hangman. 11.00-Frank/Jenny. 1.30-Trivia. 3.15-Quiz.	<b>30</b> 9.30-Exercise. 10.00. Church-Catholic 10.30-Carpet Bowls 1.30-Chats. 2.00-BINGO					



– this does leave us short which is disappointing for us all. However on these occasions the Registered Nurse, Deputy Director of Nursing, Director of Nursing and activity staff all work together to ensure the resident's needs are met. I will be discussing staff numbers at the next Resident / Representative meeting and happy for any feedback regarding this.

We are always overwhelmed by the positive feedback received from residents and families with regards to the care and services that are provided by the staff. However if you have a concern about a staff members performance or an issue that you would like clarified or discussed confidentially please do not hesitate to contact me. This enables residents to feel assured that issues are identified with the aim of improving. If we do not know we cannot do anything about your concern.

If at any time you have any questions please do not hesitate to contact me at any time.

Marita Seamer  
Director of Nursing



APRIL 2019



The Easter Bunny is a folkloric figure and symbol of Easter, depicted as a rabbit bringing Easter eggs. Originating among German Lutherans, the "Easter Hare" originally played the role of a judge, evaluating whether children were good or disobedient in behavior at the start of the season of Eastertide.



**Easter eggs**, also called **Paschal eggs**, are decorated eggs that are usually used as gifts on the occasion of Easter. As such, Easter eggs are common during the season of Eastertide (Easter season). The oldest tradition is to use dyed and painted chicken eggs, but a modern custom is to substitute chocolate eggs wrapped in colored foil, hand-carved wooden eggs, or plastic eggs filled with confectionery such as chocolate. However, real eggs continue to be used in Central and Eastern European tradition. Although eggs, in general, were a traditional symbol of fertility and rebirth,<sup>[2]</sup> in Christianity, for the celebration of Eastertide, Easter eggs symbolize the empty tomb of Jesus, from which Jesus resurrected. In addition, one ancient tradition was the staining of Easter eggs with the colour red "in memory of the blood of Christ, shed as at that time of his crucifixion." This custom of the Easter egg can be traced to early Christians of Mesopotamia, and from there it spread into Russia and Siberia through the Orthodox Churches, and later into Europe through the Catholic and Protestant Churches. This Christian use of eggs may have been influenced by practices in "pre-dynastic period in Egypt, as well as amid the early cultures of Mesopotamia and Crete".

#### Easter Calendar

April 19 - Good Friday  
April 21 - Easter Sunday  
April 22 - Easter Monday





## Anzac Day

Is a national day of remembrance in Australia and New Zealand that broadly commemorates all Australians and New Zealanders "who served and died in all wars, conflicts, and peace-keeping operations" and "the contribution and suffering of all those who have served". Observed on 25 April each year, Anzac Day was originally devised to honour the members of the Australian and New Zealand Army Corps (ANZAC) who served in the Gallipoli Campaign, their first engagement in the Great War (1914–1918).



### Wood's Point Anzac Service

Yarrawonga– Mulwala

RSL Sub-branch

Anzac Service

Held at Woods Point

Date: 24th April

Time: 2pm

Where: Main Lounge

Sacred Heart Choir to perform at the service.

*Lest we  
forget"*

- Feedback
- Surveys
- Exit questionnaires

The home is staffed by a Registered Nurse at all times .

Human resources policies and procedures guide the recruitment



and orientation processes and monitor compliance with legislation, regulations and professional guidelines.

The comprehensive education program includes a wide variety of opportunities for skill development and enhancement. Staff appraisal are completed with a senior staff member

at 6 months from commencement and then annually.

Management is committed to supporting staff who wish to progress through the organisation. The performance appraisal process allows staff to identify strengths, opportunities for improvement and plans for professional development. Management utilizes this process to provide performance feedback, encouragement and support and to discuss individual plans for future skill development and direction.

We hear that staff report they are short staffed – this is not actually a correct statement and our staffing numbers are in line with best practice in the industry. When the roster is completed all shifts are full, however there are some occasions when staff take planned or unplanned personal leave which is sometimes unavoidable. We do our best to fill these shifts, however when there are a number of staff that fail to attend their contracted shifts -

## Newsletter article – April 2019

Each month we are profiling some of the expected outcomes of the Accreditation Standards. This month we focus on Expected Outcome:

### 1.6 Human Resource Management

**Human Resource Management requires that:**

***There is appropriately skilled and qualified staff sufficient to ensure the services with the standards.***

Woods Point ensures that appropriate numbers of skilled staff are available to provide quality care and services to residents by analysing:

- Current and projected occupancy rates
- Resident ACFI classification
- Residents' specialised care needs
- Hospitality service needs
- Maintenance service needs

A staffing plan is developed according to ACFI care levels and occupancy which determines effective full time positions, appropriate number and skills mix required to provide care and service for current residents, and to meet the strategic and operational plans.



Human resources management also identifies opportunities to improve through:

- Human resources audits
- Review of professional guidelines and best practice
- Care and service audit outcomes
- Incidents
- Complaints
- Observation of practice

## 2019 RESIDENTS' FOOTBALL TIPPING COMPETITION

The 2019 AFL Season has begun, as has the Woods Point Residents' Football Tipping Competition.

This year we have 31 entrants which gives us an Initial Prize Pool of \$620-00. That amount - less any \$4-00 Weekly Jackpot Prizes paid out during the season - will be split at season's end and awarded as follows:

- 50% First Prize to the person or persons picking the greatest number of winners;
- 30% Second Prize for the second highest aggregate, and
- 20% Third Prize for the third highest.

A Football Tipping Scoreboard showing weekly results has been mounted on the notice board outside Harshil's office. This will be updated on the morning after the final game of each round.

**Good Luck and Happy Tipping to all entrants.**







## Clothing Labels:

Staff are not able to ensure the return of laundered clothing if not labelled.

See Reception or Laundry staff to ar-



range for your clothing items to be labelled. New clothing items should be sent directly to the laundry so they can be labelled immediately.

Unlabelled clothing is placed in Lost Property, displayed for resident perusal, and discarded after a month.

Please ensure every item in your wardrobe is labelled.



Day Light Savings end  
this Sunday April 7th.  
Turn your clocks back  
1 hour!

## Sacred Heart



The Sacred Heart children visit Woods Point every Friday.

The children bring their work over to show the residents what they are working on at school.

The residents enjoy talking to the children and learning about the study's of today's learning.

The students also enjoy listening to the residents as they reminisce on their school day's and tell the kids all about their adventures.







## Meet our new chooks, Sam Dolly & Jackie,

They have come to live with us here at Woods Point. They have a new house – courtesy of Joanne who runs our weekly Kiosk, and new fencing provided by Sam's husband Mel.

The girls are settling in well, and have frequent visits inside to sit with the residents at Wing 5.

They are Peking Bantams, that have been hand raised, therefore very friendly.

One of the girls has already started to lay an egg every day.

