

WHAT'S THE POINT

HAPPY HALLOWEEN

OCTOBER 2019

Welcome to the OCTOBER Edition of
“What’s the Point” The Woods Point
Aged Care Residents/Representatives
Monthly Newsletter.

Resident & Representative



Meeting Minutes

September 2019



Menu/Food ~

There has been some suggestions for more biscuits for afternoon, fruit cake, muffins, less cold cake, more scones, pikelets.



Resident survey

98.5% Satisfaction. Thank you to all who contributed. A good response rate ensures confidence that the results reflect the majority

New Standards and what this means for you

Aged Care Quality and Safety Commission have made available video online.

Link:

www.agedcarequality.gov.au/resources/standards-consumer-video



Aged Care Employee Day

Staff at Woods Point enjoyed sweet treats, flowers, and a very special Thank you card signed by many Residents.

Thank you to Noel for helping many Residents sign the card. Very much appreciated.

Thank you from Aged Care Employees at Woods Point

Footy Tipping Results

1st - Don O'Rafferty

Equal 2nd:

Kath Jenkins, Bill Curtis and Richard King

Well done to all that participated and a huge thank you to Gavin for organising



Next Meeting 10th October at 10:30

October Birthdays

Joan Oliver 1st

Beverly Orr 9th

Harold Wignall 15th

Joeseph Tierney 22nd

Shirley Chamberlain 23rd

Management and staff would like to express
their sympathies to the
Representatives of the passing of:

Esme Stamp
Tony Milton

May they Rest in Peace

Gone But Not Forgotten, Forever In Our Hearts







2019 RESIDENTS' FOOTBALL TIPPING COMPETITION

The winner and placegetters in the 2019 Resident's Football Tipping Competition were announced during Happy Hour on the Friday after the last round of Home and Away Games, but time precluded us from printing the results in the August Newsletter ... so for those not present during Happy Hour here the details:

TOTAL PRIZE POOL (i.e.32 Tipsters @ \$20 each) :	\$640-00	
LESS Weekly \$4 Jackpots paid out during the season :	\$96-00	
Equals NET PRIZE POOL at Seasons End:	\$544-00	
NET PRIZE POOL PAID OUT AS FOLLOWS:		
FIRST PRIZE (i.e. 50% of NET PRIZE POOL		
Won by DON O'RAFFERTY with 129 correct tips		\$272-00
SECOND PRIZE (i.e. 30% of NET PRIZE POOL)	\$163-00	
and THIRD PRIZE (i.e. 20% of NET PRIZE POOL)	\$109-00	
SHARED EQUALLY BETWEEN:		
KATH JENKINS with 127 correct tips		\$90-50
BILL CURTIS with 127 correct tips		\$90-50
and VAL & RICHARD KING with 127 correct tips		\$90-50
Balance paid to Richard King after drawing straws		\$0-50
		\$ 544-00

**CONGRATULATIONS TO THE WINNERS AND GOOD LUCK FOR
EVERYONE IN SEASON 2020**

- **Introducing Bradels the Rooster**

Bradels is taking good care of the girls, rounding them up and protecting them, job well done Bradels. The girls are now laying eggs again.





The Resident's Corner

Betty Jones enjoying a visit with grand children Lili and Liam. Betty was so proud of little Liam cuddling into her arms, while Lili was watching by her side. Our residents enjoy family visits especially from the littlest ones..





With the weather warming up what a better way to spend it then with a BBQ lunch.

A huge thank you to Bob and Joe for the BBQ, a day enjoyed by those who attended



The new Aged Care Quality Standards are contained in the Quality of Care Amendment Principles 2018. Assessment and monitoring against these new Standards has commenced from 1 July 2019.

Each standard says what you, the consumer, can expect.

Your aged care provider has to meet an “outcome” for you and they have to demonstrate how they are meeting that outcome.

There are eight standards, and each one is about an aspect of care that contributes to your safety, health and well being.

We will provide details of 2 standards each month so you have a full understanding of the changes.

The graphic shows which part of your care these standards relate to, or you can see the list below:

Consumer dignity and choice

Ongoing assessment and planning with consumers

Personal care and clinical care

Services and supports for daily living

Organisation’s service environment

Feedback and complaints

Human resources

Organisational governance



Standard 6: Human Resources:

Consumer outcome:

I get quality care and services when I need them from people who are knowledgeable, capable and caring.

Organisation statement:

The organisation has a workforce that is sufficient, and is skilled and qualified, to provide safe, respectful and quality care and services.

Requirements:

The organisation demonstrates the following:

The workforce is planned to enable, and the number and mix of members of the workforce deployed enables, the delivery and management of safe and quality care and services.

Workforce interactions with consumers are kind, caring and respectful of each consumer's identity, culture and diversity;

The workforce is competent and the members of the workforce have the qualifications and knowledge to effectively perform their roles;

The workforce is recruited, trained, equipped and supported to deliver the outcomes required by these standards;

Regular assessment, the performance of force.



monitoring and review of each member of the work-

Standard 8 – Organisational governance

Consumer outcome:

I am confident the organisation is well run. I can partner in improving the delivery of care and services.

Organisation statement:

The organisation's governing body is accountable for the delivery of safe and quality care and services.

Requirements:

The organisation demonstrates the following: Consumers are engaged in the development, delivery and evaluation of care and services and are supported in that engagement;

The organisation's governing body promotes a culture of safe, inclusive and quality care and services and is accountable for their delivery;

Effective organisation wide governance systems relating to the following:

(i) information management;

(ii) continuous improvement;

(iii) financial governance;

(iv) workforce governance, including the assignment of clear responsibilities and accountabilities;

(v) regulatory compliance;

(vi) feedback and complaints;



Effective risk management systems and practices, including but not limited to the following:

(i) managing high impact or high prevalence risks associated with the care of consumers;

(ii) identifying and responding to abuse and neglect of consumers;

(iii) supporting consumers to live the best life they can;

Where clinical care is provided—a clinical governance framework, including but not limited to the following:

(i) antimicrobial stewardship;

(ii) minimising the use of restraint;

(iii) open disclosure.

The Following ideas may help improve eating and food enjoyment for people with dementia.

- Food should look and smell appealing. Even having the smell of food cooking may do the trick. Include coffee percolating, bread baking in a bread maker or dinner cooking in a slow cooker.
- Food may taste bland to people with dementia. Stronger flavours and extra salt or sugar may increase meal appeal, even putting sugar on savoury food.
- Involving the person being cared for in food preparation and table setting may increase their food interest in eating.
- To help avoid confusion serve one course at a time.
- Be flexible with meals and meal times. So a hearty breakfast would make sense.
- If the meal is rejected, a nutritious snack is a good alternative and nutritious drinks are always a good standby.
- Serve food that is easy to manage. Sandwiches or finger foods meals may be the easiest. Toasted sandwiches are also an easy meal
- A total of six to eight cups daily is recommended.
- Meal time should be a social occasion whenever possible. People with dementia often eat better in company as they can observe and copy others

Mirrors at Corridor Corners



Corridors are very wide to accommodate staff and residents. There are too many areas to install mirrors at all corridor corners.

Reminder to residents and staff to keep to left when walking around facility, and a steady pace. Please don't rush.

GOULBURN & OVENS

OCTOBER 2019

MON	TUES	WED	THUR	FRI	SAT	SUN
PROGRAMS SUBJECT TO CHANGE	1 9.30-Exercise. 10.00- Catholic Church 10.30-Carpet Bowls. 1.45 -BINGO	2 9.30-Exercise. 10.30-CRAFT. 2.00-Anglican Church 1.30-Bobs, 3.15-TRIVIA. QUIZ	3 9.30-Exercise. 10.30-Word Challenge. 1.45-SHOPPING. 3.15-Trivia	4 9.30-Exercise. 10.00-Men's Shed. 11.15-Word Challenge. 1.45-Kiosk/Quiz. 2.30-Story&Reminiscing 3.00-HAPPY HOUR.	5 MOVIES & ICE CREAM	6 MOVIES & ICE CREAM
7 9.30-Exercise. 10.30-Word Challenge. 11.00-Frank/Jenny. 11.30-Hangman. 1.30-Trivia. 3.15Quiz.	8 9.30-Exercise. 10.00- Catholic Church 10.30-Carpet Bowls. 1.45 -BINGO	9 9.30-Exercise 10.30-CRAFT. 1.30-Bobs. 2.00-Anglican Church 3.00-Monthly Birthday....	10 9.30-Exercise. 10.30-Res /Rep/Meeting 1.45-Bobs. 3.15-TRIVIA.	11 9.30-Exercise. 10.00-Men's Shed. 11.15-Word Challenge 1.30-Kiosk/Kids/Quiz. 3.00-HAPPY HOUR.	12 MOVIES & ICE CREAM	13 MOVIES & ICE CREAM
14 9.30-Exercise. 10.30-Hangman. 11.00-Frank/Jenny. 11.30-Words 1.30-Bobs 3.00-Trivia/Quiz.	15 9.30-Exercise. 10.00- Catholic Church 10.30-Carpet Bowls. 1.45 -BINGO	16 9.30-Exercise. 10.30-CRAFT. 2.00-Anglican Church 3.15-TRIVIA QUIZ	17 9.30-Exercise. 10.30-Bobs. 11.00-Uniting Church. 2.00-Byramine Homestead. 3.30-Quiz.	18 9.30-Exercise. 10.00-Men's Shed. 11.15-Word Challenge 1.30-Kiosk/Kids/Quiz. 3.00-HAPPY HOUR.	19 MOVIES & ICE CREAM	20 MOVIES & ICE CREAM
21 9.30-Exercise. 10.30-Word Challenge. 11.00-Frank/Jenny. 1.30-Bobs. 3.15-Trivia.	22 9.30-Exercise. 10.00- Catholic Church 10.30-Carpet Bowls. 1.45 -BINGO	23 9.30-Exercise. 10.30-Golf Putting. 1.30-Walking Group. 2.00-Anglican Church. 3.00-TRIVIA/QUIZ.	24 9.30-Exercise. 10.00-SADIES FASH-ION 1.45-Bobs. 3.15-Trivia.	25 9.30-Exercise. 10.00-Men's Shed. 11.15-Word Challenge 1.30-Kiosk/Kids/Quiz. 3.00-HAPPY HOUR.	26 MOVIES & ICE CREAM	27 MOVIES & ICE CREAM
28 9.30-Exercise. 10.30-Word Challenge 11.00-Frank/Jenny. 11.30-Hangman. 1.30Quiz 3.15Trivia.	29 9.30-Exercise. 10.00- Catholic Church 10.30-Carpet Bowls. 1.45 -BINGO	30 9.30-Exercise 10.30-CRAFT. 1.45-Ray Porter Musical Entertainer. 2.00-Anglican Church. 3.15 Trivia.	31 9.30-Exercise. 10.30- Halloween Activities Trivia/Quiz/ Questions			