

WHAT'S THE POINT

MARCH 2018

Welcome to the March Edition of;
“What’s the Point”

The Woods Point Aged Care
Residents/Representatives Monthly
Newsletter



Residents meeting summary:

Minutes of the February meeting:

Meals – Menu: Too much mousse desserts – Lauren will review menu and reduce number served.

Serviettes for afternoon tea: Paper napkins to be left on side board to use for afternoon tea

Loud televisions: Will speak to the residents that have the television too loud to purchase cordless headphones

Afternoon tea: Often the cake is served too cold. Can it be removed from the cool room and served at room temperature

Football tipping: Will be advertised in next month for resident participation. \$20 for the season

All staff: Residents would like it noted:

Thank you to all the staff for their efforts and work ethic. Truly appreciated and more so when short staffed.

Marita discussed – staffing numbers, replacement of shifts, sick leave and balancing rosters and resident numbers at all times to ensure adequate staff to meet residents needs. We are currently increasing staff numbers due to the increase in resident numbers.

Next resident/representative meeting will be held in the main lounge on Thursday 1st March @10.45





2018 RESIDENTS FOOTBALL TIPPING COMPETITION



The 2018 AFL Season starts on THURSDAY 22ND March 2018

There are 9 Games per Round and there are 23 Rounds in the Season

Entry Fee is \$20-00 per resident (the same as last year)

Entry Fee is to be paid to Activities Staff (Heather, Kerry, Lili, Lorraine or Gavin) on or before FRIDAY 16TH MARCH 2018).

Each Tipster will be given a Fixture showing all games for the 2018 Season. Each week's Tips or Selections are to be marked on your Fixture by crossing out the names of the teams you think will LOSE for that Round.

For example, if you wanted to pick Richmond to win the first game in Round 1 you would mark your Fixture like this:

Richmond V Carlton .

Tips for each Round are to be given to Activities Staff or put in the Footy Tipping Box on top of the piano **BY 3:00PM ON THE DAY OF THE 1ST GAME OF EACH ROUND.**

This means, **Tips for Round 1 are to be "in" by 3:00PM on THURSDAY 22/03/2018.**

If your Tips are not in by the 3:00PM deadline, you will be given the **AWAY** teams (i.e. the SECOND listed teams) for that Round.

Weekly Prize

There will be a Weekly Prize of \$4.00 which will jackpot each week until somebody picks ALL of the winners in a single round.

The Weekly Prize Jackpot will be paid to anyone who picks ALL OF THE WINNERS for a single round, or it will be split if 2 tipsters pick ALL OF THE WINNERS.

If more than 2 tipsters pick ALL OF THE WINNERS in a Round, the Weekly Prize will continue to Jackpot.

If nobody picks ALL OF THE WINNERS, the Weekly Prize will continue to Jackpot.

End of Season Prize

First Prize: 50% of the Net Prize Pool (after deducting any Weekly Jackpot payouts)

– paid to the Tipster (or equally split between all Tipsters) with the highest number of Correct Tips for the Season.

Second Prize: 30% of the Net Prize Pool (after deducting any Weekly Jackpot payouts) – paid to the Tipster (or equally split between all Tipsters) with the 2nd highest number of Correct Tips for the Season.

Third Prize: 20% of the Net Prize Pool (after deducting any Weekly Jackpot payouts) – paid to the Tipster (or equally split between all Tipsters) with the 3rd highest number of Correct Tips for the Season.

GOOD LUCK

SCENIC DRIVES

Scenic Drives for an hour or so around Yarrawonga/Mulwala and environs – and sometimes a little further afield – have become a popular feature on the Monthly Activities Programme for quite a while. The Woods Point Bus comfortably seats 12 (including the driver) and on most occasions it is fully booked out. One of the special features which most residents have come to appreciate and relish is a visit to McDonalds Yarrawonga for a delicious Soft Serve Ice Cream on the way back home.



If you would like to join in the fun, keep your eye on the Daily Notice Board in the Main Lounge and ask one of the Activities Staff to reserve you a seat – but get in early because there are only 11 seats available

Activities/ Entertainment

Laundry:

Women's work is never done, our ladies at Woods Point help the laundry with the folding of the serviettes during the day, which are neatly placed on the tables for the residents to use for their meals.



Lawn Bowls:

Each week Indoor bowls is played by the residents with Joanne leading the competition. Residents all try and hit the jack to gain the highest score of each game. At times it can be quite competitive. So if you are interested in playing a friendly game of carpet bowls come along and join in the main lounge.

Tuesdays at 10.30am.



Activities/ Entertainment

WONDERFUL “OLD WORLD” ENTERTAINMENT

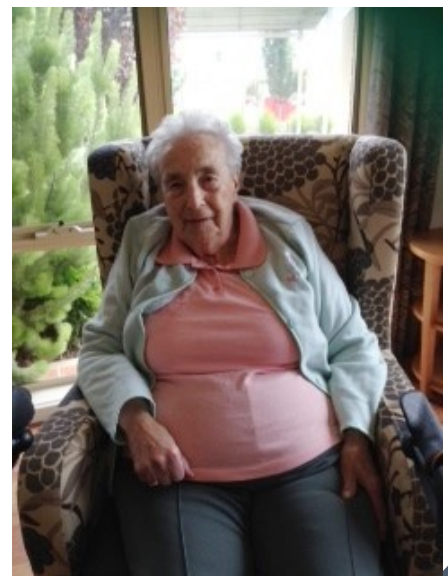
On Wednesday 15th February a large number of Woods Point residents were treated to another magnificent performance by a local quartet of amateur entertainers affectionately known to us as “The Old Foggies”.

As shown in the accompanying photos, many of our residents joined in by singing along as the quartet performed numerous ‘everlasting songs from yesteryear’. Residents also enjoyed happily laughing at a number of jokes sprinkled throughout the performance.



We are very pleased to announce that “The Old Foggies” quartet of Alan, Ron, Tony and Bruce have decided to become a regular feature of the activities at Woods Point by visiting and performing at 10:30AM on the Second Wednesday of Every Month. They have also advised they are undecided as to what to call

themselves, so if you have any suggestions you think may be a little more flattering than “The Old Foggies” please make your ideas known to members of the Activities Staff and we will pass them on.



Activities/ Entertainment



Happy Hour Wing 5:

Our residents in Wing 5 now enjoy Happy Hour each Friday afternoon at 3.00pm. As you can see they are enjoying their drinks while listening to their requested music.



Today we had a sing along with Frank Sinatra. It is a lovely way to end the week off, and everyone who attended did enjoy themselves.

Morning Ball Games:

Every morning residents enjoy their exercises thanks to the help and support of our Physiotherapist Harshill



Advance Care Planning

Allow your family and friends to know your wishes

Start2Talk. A guide to planning ahead, including resource kits and information. www.start2talk.org.au

Information sheets x 4 from Alzheimers Australia.

Who will speak for you if you can't?

When you need to make a decision for someone...

Can they decide for themselves?

Supporting a person to make their own decisions.

Also added to information packs provided before admission.

www.advancecareplanning.org.au

www.dementia.org.au

Dementia Australia in VIC

Parkville office: 03 9815 7800

Hawthorn office: (03) 9815 7800

Albury office: 1800 100 500

Bairnsdale office: 1800 100 500

Ballarat office: 1800 100 500

Bendigo office: 1800 100 500

Cowes office: 1800 100 500

Drouin office: 1800 100 500

Newtown office: 1800 100 500

Mildura office: 1800 100 500

Shepparton office: 1800 100 500

Warrnambool office: 1800 100 500

National Dementia Helpline

Call 1800 100 500

Resources and Information at

www.dementia.org.au

[What is dementia?](#)

[Dementia statistics](#)

[Memory loss](#)

[Behaviour](#)

[Frequently asked questions](#)

[How can I find out more?](#)

[Diagnosing dementia](#)

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Newsletter article – March 2018

Each month we are profiling some of the expected outcomes of the Accreditation Standards. This month we focus on Expected Outcome:

4.8 Catering, cleaning and laundry services

The expected outcome of 4.8 requires that

Hospitality services are provided in a way that enhances residents'

quality of life and the staff's working environment.

The focus of this expected outcome is 'results for residents' and staff and as follows:

- Hospitality services are provided in a manner which is friendly and generous toward residents.
- Residents/ Representative confirm the effectiveness of the home's hospitality services in meeting their needs and preferences.
- Management demonstrates its hospitality services are provided in a way that enhances Residents' quality of life and the working environment of staff.

Woods Point Catering Manager – Lauren and the catering staff are always willing to discuss menu requests.

The daily menu is noted on menu board in high and low care dining areas, and a 5 weekly menu is displayed on the notice board near kitchen.

Residents who are able to choose their lunch and tea are asked for their lunch and teatime choices each day.

Some of the areas we consider when developing menus is the assessment and consultation regarding residents' individual dietary and health care needs including when changes in these needs occur.

The staff access specialists including dietitians and speech pathologists to ensure adequate nutrition and hydration is maintained.

The integrity, texture, consistency and amount of food, as well as hydration needs of each resident are monitored to ensure all dietary needs are met.

Care staff develop a care plan for each and every resident with identification of individual needs and preferences (for meals, drinks, oral and dental care) including the use of aids and cultural preferences. This information is provided to the kitchen to ensure residents receive meals as assessed and required.

Comments and complaints in relation to food services are encouraged and we value your input to ensure we meet your needs. Lauren and the kitchen staff are only too happy to provide you with your requests, however there is 120 Residents to please 365 days per week 3 times a day and it is not always possible however we will continue to work on suggestions and improvements.

Satisfaction with the level and manner in which meals are provided in accordance with residents' specific needs including in relation to cultural needs, nutritional requirements, presentation, temperature, variety of menu, choice of meal, sufficiency of quantities, and access to drinks as well as staff assistance is what we are always striving for.

Cleaning and Laundry Services:

Cleaning and Laundry services are also an important service we provide and understand that sometimes there are items not returned to the correct location. We are always striving to improve this service and appreciate your cooperation by having all clothing labeled clearly.

Woods Point staff is proactive in providing a safe and comfortable, clean physical environment with improvements being made in consultation with residents, representatives and staff.

We strive for Residents to be happy with the cleaning (both internal and external) and laundry services. We want you to be satisfied with internal temperatures, odour, noise levels, and the ability to personalize your living environment.

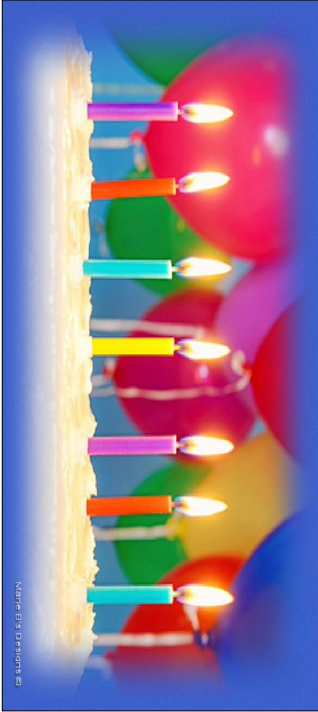
If you have any concerns about the catering, laundry or cleaning services please ensure you speak to a staff member or complete an improvement form.

If it is not written we cannot rectify your concerns.

Thank you

Marita Seamer

MARCH BIRTHDAYS



Don O'rafferty < 3rd
Denis Ryan < 7th
Ernie Ives < 14th
Ron Phillips < 17th
Coral Robinson < 20th
Bill Curtis < 26th
Heinz Baytala < 29th



Management and staff would like to express their sympathies to the Representatives on the passing of:

- *Annie Bellinger*
- *Graeme Webster*
- *Bonnie Green*
- *Ruth Miller*
- *Drene Tierney*

May they Rest in Peace.



Special Events on the March Calendar

1st March ~ Bus to Belmore
1st March ~ Resident Meeting
1st March ~ Scenic Drive
2nd March ~ Meet the Kids
2nd March ~ Happy Hour
3rd March ~ Movie
8th March ~ Bakery
9th March ~ Meet the Kids
9th March ~ Happy Hour
10th March ~ Movie
12th March ~ Rich Glen
14th March ~ Monthly Birthdays.
15th March ~ Scenic Drive
16th March ~ Meet the Kids
16th March ~ Happy Hour
17th March ~ St Patricks Day Movie
22nd March ~ Marg & Dominic Singalong
23rd March ~ Meet the Kids
23rd March ~ Happy Hour
24th March ~ Movie
26th March ~ Koonamoo Strawberry Farm
28th March ~ Bundalong Cafe
29th March ~ Scenic Drive
29th March ~ Happy Hour