# WHAT'S THE POINT

# **JUNE 2018**

# Winter Okie Howe

On a bright winter day right after it snowed I'm off on my skis up the Old Mountain Road I'll rest on a log at the top of the hill And sit still a while- all quiet and still

The woods are so lovely- the snow is so deep The whole world around me is soundly asleep I listen and look and there's not a sound Just the wonder of winter- it's here all around

The sturdy old oak trees and the birches so white The maples and beeches-the shadows and light I'm part of it all in my own quiet way Just looking and loving each bright winter day

My winter wings are my cross country skis I'll fly or I'll light wherever I please How lucky I am- I'm alive and so well And winter's my season, I guess you can tell.

Winter, Okie Howe, written 1996, 80 years old

## Residents meeting summary:

#### Minutes of the May meeting:

**Testing and tagging electrical equipment:** Will be capped at \$10 every 2 years. Accounts have been amended.

**Vitamin D:** Has been removed from the account – however an audit on those that are prescribed Vitamin D will be conducted and if you are administered 3 monthly Vitamin D – you will be charged \$3 per quarter.

#### Fire and Evacuation Drills: Commencing soon.

Please follow staff instructions. Some drills will include evacuation practice – others will not, and you can continue on with what you are doing.

**Supper**: Low care supper is served in the lounge area for all residents to come and enjoy. Supper will be taken to residents that are acutely unwell only.

**Thank you:** Thank you to all the staff for the care and attention provided to residents during the transition into aged care and ongoing support. Very much appreciated. Would like all staff to be acknowledged

**Fish** :Poor history of fish dying. Tank has been cleaned with all equipment discarded. To start again!

#### Myrtleford – Yarrawonga visit for bowls and early dinner :

Tuesday 5<sup>th</sup> June at 10.30 - please see activity staff if interested in going.

**New wheelchair access bus purchased** : Residents have the option of participating in outings, and improves the variety of lifestyle options available

Next resident/representative meeting will be held in the main lounge on Thursday 7th June @10.45 From 'Resident Information Booklet' (p17) received by all at admission

#### **Opportunity to Improve and Complaints**

Management and staff are committed to providing the best care and service to the

residents. To assist us to ensure our systems are working well residents and visitors are encouraged to complete an Improvement Form when they identify an area in which we can improve. An Improvement form is included in this booklet with further copies at reception and care stations. Improvement forms can be used for suggestions, compliments or complaints.

Completed Improvement Forms can be posted to the manager or placed in the suggestion box located in lounge room and Wing 5 reception area

The Director of Nursing is available during office hours if you wish to discuss any concerns.

If residents/representatives would prefer to speak to someone independent of the facility the following services are available. Brochures about these services are available at front

reception

#### The Aged Care Complaints Commissioner

This is a free service for anyone to raise a concern about the quality of Australian Government funded aged care services

Tollfree: 1800 550 552

Address: GPO Box 9848

(Your capital city and state/territory)

Online complaints form:

<u>https://www.agedcarecomplaints.gov.au/raising-a-complaint/lodge-a-complaint/</u>

#### Elder Rights Advocacy (Victoria)

This is a free and confidential service promoting the rights of people receiving aged care services

Telephone: (03) 9602 3066 Tollfree: 1800 700 600

Email: era@era.asn.au

If you would like a copy of our *Complaints Management Procedure* or more information please contact the Director of Nursing



# **Oxygen Safety**

To maintain oxygen safety please do not use spray deodorant, hairspray, hairdryers or electric razors while oxygen is in use. Please do not lay clothing or linen on top of oxygen equipment.

No smoking within 1.5 metres of oxygen!



# <u>Supper</u>

Supper Trolleys will be available near Wing 1 care station, and Wing 4 care station from 7.45PM to 8PM each evening.

A staff member will be with the trolley at the time.

Residents are encouraged to have

supper – a chat and a cuppa  $\odot$ 

The aim is to encourage Residents to walk to lounges, have a cuppa and chat, and to maintain your independence.

Please consider that care staff are not able to attend every resident room to remind you about supper.

### Mothers day raffle

Our lucky winners of our Mothers day raffle were won by Joan & Joan. We hope all our special lady's in our life had a very happy Mother's day.







### **Blumes Fashion**

Blumes fashion arrived at Woods point with their winter stock for the residents to buy!



#### <u>Bocce</u>



Bocce was an important element in the social life of Griffith's Italian settlers prior to World War II. Work was hard and money was scarce, but a game of bocce could be set up almost anywhere.



Residents enjoyed learning the game of Bocce with a spot of gardening while awaiting their turn.



# <u>Kiosk</u>

Every Friday in the dining room Kiosk is set up. All funds raised go towards something special for the residents at Woods Point.

Joanne is our lovely Kiosk lady who stocks a wide variety of items, which

includes fresh fruit, biscuits, chocolates, lollies and much more!

If any resident would like something special from our Kiosk please see Jo on a Friday and she is more then happy to get it in for you the following week.

Woods Point would like to take this opportunity to thank Joanne for all her hard work with running our amazing Kiosk. To date Joanne has raised over \$700 which is a fantastic contribution of her time and efforts! All money raised has bought the fish tank and garden carts. Thank you Joanne—what a fabulous job!

# Morning Walks

Residents have been enjoying the morning sun shine with their daily walks followed by exercises with Harshil. Time to rest after the strenuous exercise!



# Entertainment Photos in May

















# Entertainment Photos in May





#### **Treasure Island**

On Wednesday 27th June Woods Point will be holding a Treasure Island day. With a day full of fun filled activities and lots of fun and colourful costumes.

The day will include:

- > Special Luncheon with a twist
- > Activities of the sea
- > Lucky plate prize
- > And Pirates galore

Come along and join in the fun

# Rich Glen







Rich Glen is a lovely place to visit, especially on a sunny Autumn day.

There are vegetable gardens, baby animals to see and a beautiful garden to enjoy.

This month the ladies visited Rich glen for lunch. The lunch delicious and enjoyed and all happy with their ordered meal. The staff are so welcoming and helpful. This together with the sunshine made for a lovely lunch outing.

where everything is made on our

#### June Birthday's

Eileen Keatley < 1st Violet Dowsey < 2nd Kathleen Kelly < 3rd June Lydford < 4th Norma Edis < 4th 90 years young Frances Huggins < 6th Joy Duus < 13th Brian Bennett < 15th Sheila Abnett < 23rd

Janet Drinnan < 28th



Management and staff would like to express their sympathies to the Representatives on the passing of :

Edna Gemmill Lillian Lewthwaite Doris Carter



May they Rest in Peace.



#### Dear all Residents and Representatives: May 2018

As you may or may not know we had an unannounced spot check from the Aged Care Standards and accreditation agency on 23th May 2018, and the focus was on all aspects of clinical care.

The 2 accreditors that visited reviewed the clinical care, human resource management and comments and complaints.

A copy when received will be tabled at the next resident meeting.

Some of the comments made by the accreditors were:

"Documentation showed the linking of resident's needs, preferences and feedback to continuous improvement activities".

Observations indicated staff interacts with residents/representatives in a supportive and consultative manner".

"Residents/representatives expressed satisfaction with the way in which staff communicate with them in relation to clinical and personal care.

"Documentation such as professional qualification, assessments of skills and education records demonstrated staff have the knowledge and skills to carry out their duties in relation to the provision of care including specialized care. The roster reflects the facility is well staffed. "Comments and complaints are actioned in a timely manner".

Although you may not have been directly involved, I would like to acknowledge all the staff, residents and representatives for the hard work and commitment to Woods Point. The accreditors commented how our systems were comprehensive, the communication both informally and formally was very robust and effective, and the documentation in care notes met the standards.

You may have noticed we have a number of new staff commencing at Woods Point and whilst we encourage new staff at all times I ask you to be patient with the staff whilst they are learning new skills, new policies and getting to know residents and families. Be assured during this transition phase of new staff, we conduct a comprehensive orientation program to ensure staff are provided education and support to learn the new skills to be able to best meet residents needs. This is a continuous process and we all appreciate your support during this time.

Well done everyone, and thank you to all our wonderful residents for their supportive and encouraging words!

Finally to all the staff that go that "extra mile" for residents or their families – it's you who really make a difference to the residents that live here. We are an amazing team and this recent audit is testament to that.

It is nice to be acknowledged for the hard work!!!

Marita Seamer Director of Nursing



# Special Events on the June Calendar

- 1st June ~ Happy hour
- 5th June ~ Myrtleford Lodge
- 7th June ~ Resi/Rep meeting
  - ~ Devenish Silos
- 8th June ~ Happy Hour with Frank & Jenny
- 11th June ~ Queen's Birthday
- 13th June ~ Monthly Birthday's
- 15th June ~ Happy hour
- 22nd June ~ Happy Hour with Frank & Jenny
- 27th June ~ Treasure Island
- 28th June ~ Sadie Fashion
- 29th June ~ Happy Hour

# Thursday Nights from 7-8pm there will be Bingo with Noel

Daily exercises, Room visits, card games, knitting, gardening, garden walks, bus drives, entertainment and many more activities are included on the daily calendar displayed in the dining room. If you have any ideas for activities, come along to the Residents/ Representatives meetings and share your ideas, we would love to hear them.

