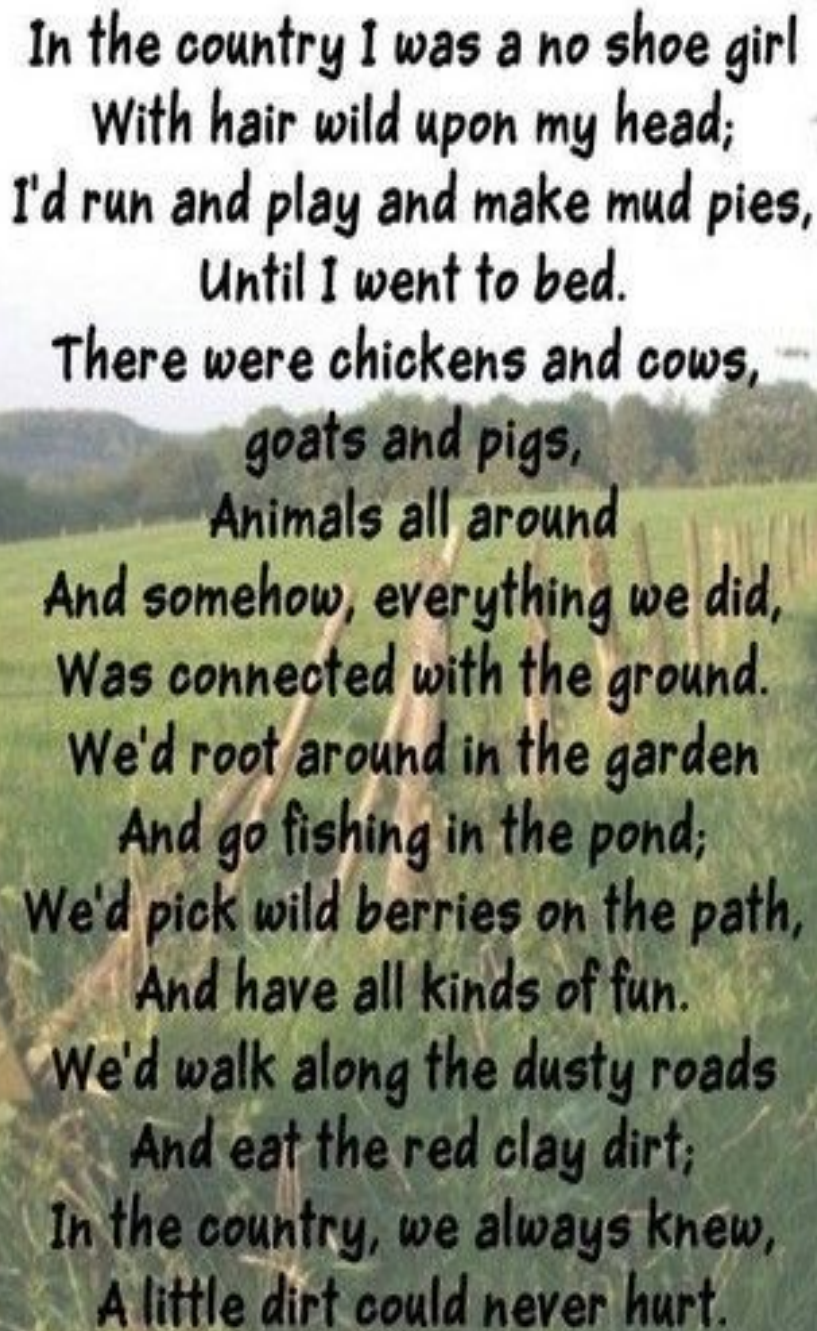


# WHAT'S THE POINT

**JULY 2018**



In the country I was a no shoe girl  
With hair wild upon my head;  
I'd run and play and make mud pies,  
Until I went to bed.  
There were chickens and cows,  
goats and pigs,  
Animals all around  
And somehow, everything we did,  
Was connected with the ground.  
We'd root around in the garden  
And go fishing in the pond;  
We'd pick wild berries on the path,  
And have all kinds of fun.  
We'd walk along the dusty roads  
And eat the red clay dirt;  
In the country, we always knew,  
A little dirt could never hurt.

From poem "Double Life" - Reflections of a Mississippi Magnolia  
Patricia Neely-Dorsey © 2008

## Residents meeting summary:

### Minutes of the June meeting:

**Myrtleford visit :** Thank you to Heather, Catherine, Leah and Myrtleford Lodge staff for their efforts. A great day enjoyed by all.

**Menu/Food:** Lemon pie – superb, fish pie – more fish in it please, 1 resident – less pumpkin, Caramel mousse - delicious

**Supper :** Supper Trolleys will be available near Wing 1 care station, and Wing 4 care station. Residents are encouraged to have a chat and cuppa. The aim is to encourage Residents to meet with others, and to maintain independence.

**Oxygen Safety :** To maintain oxygen safety please do not use spray deodorant, hairspray, hairdryers or electric razors while oxygen is in use. Please do not lay clothing or linen on top of oxygen equipment. No smoking within 1.5 metres of oxygen equipment at anytime.

**Lost items of clothing:** If a resident receives an item that is not their own, or they have lost an item of clothing - approach environmental services staff (in pink shirts).

**UTI's – Urinary tract infections for May:** Significant increase with 13 for the month of May. Important to consume 1.5 litres at least of fluids per day to assist with prevention of UTI's, even in the cold weather when we do not feel like drinking water.

**Offer from local gym to supply some equipment:** Gym equipment suitable for residents needs and as discussed with Harshill – physio-therapist to be set up at Woods Point. Some residents expressed interest so will arrange for gym instructor to visit and discuss plan.

**Thank you to Shaun and Wayne – maintenance for cleaning out fountain:** Appreciated by residents

**Rain gauge:** Joe or Don will place the amount of rain on the weather board if we ever receive rain!

**Thank you to Joe and Valda's daughter Cheryl for efforts with fish tank.**

*Next resident/representative meeting will be held in the main lounge on Thursday 5th July @10.45*

### **Trip to Myrtleford Lodge**

Before the weather became too cold we took a trip to Myrtleford Lodge, just to pop in and say hello – also stay for lunch. One resident from Myrtleford Mary Zamperoni knew Joan Anderson from Woods Point —they went to primary school together—many years ago!! They both rekindled a lovely friendship as had lost contact years ago. It was fabulous to see them recognize each other again!

The trip was enjoyable—nothing like going on a drive on a lovely sunny morning. When we arrived at Myrtleford Lodge we received a warm welcome from staff and residents. After having a little look around the facility, we were treated to a delicious lunch which everyone did enjoy.

Activities for the afternoon included a great quiz, which had everyone competing. At 2.30pm we were getting ready for the long trip home. It was a treat of a day out which everyone thoroughly enjoyed. A big thank you to Myrtleford Lodge and staff for providing us such a great day.





## Trip to Myrtleford Lodge





## Hats & Dolls



How many dolls did you have as a child? This doll pictured with Jenny is over 60 years old.

Jenny enjoyed telling her story about the dolls she had.



Wilbur always wore a hat to the races. Wilbur said he always had only a little bet with the bookies because usually the horses he picked ran last.

## New Residents of Woods Point



Please meet our new residents Ginger & Betty.

Our chook house was kindly funded by Eve and Karen's craft group, thank you for their ongoing fundraising efforts.

We are hoping that come spring, Betty and Ginger will take to their nests and provide some new additions.



Did you know a normal size chicken egg takes 21 days to hatch?

Our chooks are located outside the activities room in wing 5.

If anyone would like to meet Betty and Ginger, please follow the path along wing 5 and you will find them.

Once they have settled in, Betty and Ginger will be allowed out of their house to free range during the day.







## Queen's Visit

The Queen celebrated her birthday on June 11 and while passing through

Yarrowonga she dropped in to say hello to wing 5 residents. Making sure to give her famous royal wave to all.

---



## Wing 5

Each day in Wing 5 we participate in daily ball games and exercises to stay active.

This was a very special day for us to have our resident Bev join in with the ball games and lead the group. This wonderful picture shows Bev pushing the ball to other residents so they could gently kick it back to her. Keep up the good work Bev.



## Entertainment Photos in July





## **July is de clutter month:**

### **Attention Residents and Representatives:**

We require your assistance to help de-clutter residents rooms.

Some of our residents (not all) have excessive amounts of items in their rooms.

And far too many clothing items cluttering up their wardrobes.

Whilst we understand that condensing a family home into one small room is an emotional and challenging task we also have the safety of residents and staff as our priority at all times.

Excessive clutter can be a trip hazard for both the resident; who most likely is already unsteady on their feet and the staff members who attend to the residents needs.

Clutter also makes it difficult for our environmental services staff to clean the rooms adequately.

Another consideration for family members to keep in mind is that a clutter free environment can make things easier for residents who have memory impairment.

July is “no clutter month” and family help with this would be very much appreciated

# TREASURE ISLAND

Wednesday the 27th was a day of Pirates with Woods Point being transformed into a mysterious Treasure Island for the day.



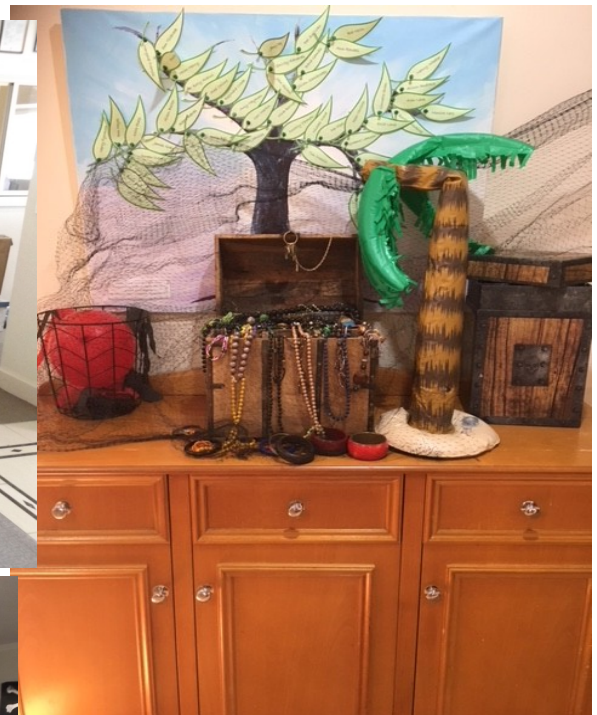
Residents were treated to a day of pirate games, buffet lunch and a day filled with laughter and amazing costumes.







Residents had a Treasure hunt that took them around the facility collecting tokens along there way.  
When they made it to the finish they were greeted with a chest full of Treasure chocolates.



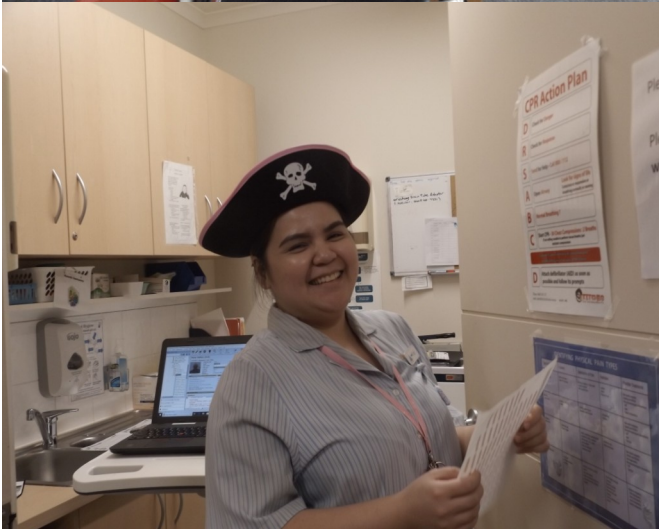




Residents had to pin the Parrot on the Pirate which became more challenging than first thought especially when they had to repeat the game, with many residents and staff getting very tongue tied.







Winners of the lucky plate:

Ray Brewer  
Frank Preston  
Ross Stone



**Happy Pirates Day!!!**

Hello again and I thought this month I would continue on the same theme as last month by providing you with more information on one of the Accreditation Standards Woods Point is always striving to continually improve.

Clinical Care is expected outcome 2.4 of the 44 Accreditation standards assessed by the Accreditation Agency and one which is a major focus that requires a consultative approach from residents and or representatives and staff.

## **The expected outcome of 2.4 – Clinical Care requires:**

*Residents receive appropriate clinical care.*

*What does this mean?*

What we are aiming to achieve is:

Management and staff demonstrate that residents receive the care that is appropriate to their needs and preferences.

Residents/representatives confirm the appropriateness of the care they receive according to their needs and preferences.

Woods Point aims to meet this outcome by completing the following:

**Undertaking an initial assessment and planning in relation to care and lifestyle, including but not limited to the following areas: clinical care, specialised nursing care; pain management; palliative care if required; skin care management; continence management; behavioural management; mobility and dexterity needs; sensory losses and sleep management; as well as lifestyle choices, including cultural preferences**

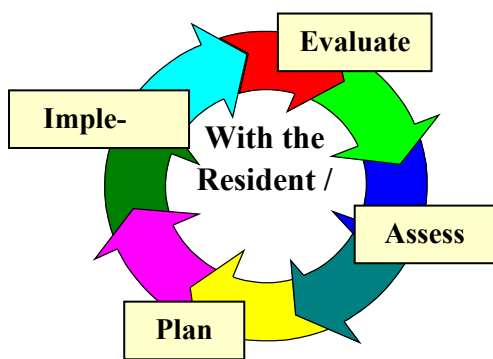




This initial assessment conducted for all residents forms the basis of a care plan and dictates the care required. As we know our needs change frequently and staff must be aware of these changes through clinical assessments, review of care plan, and resident of the day (ROD) reviews, as well as communication with residents, representatives and staff.

The ROD is completed monthly in which every aspect of your care needs are reviewed, changed if necessary and actioned accordingly by a number of staff and other health professionals.

A holistic, multi-disciplinary approach is taken to providing contemporary care in partnership with each resident or representative. An individual plan of care that promotes health and well being is formulated for each resident based on a comprehensive assessment. The plan is implemented and evaluated monthly or more frequently in response to the resident's changing health status.



The care plan identifies; individual resident needs/problems, a goal for each need/problem and strategies / interventions to meet the goals.

Goals should be realistic and wherever possible the resident should be involved in setting goals.

Strategies and interventions are implemented according to evidence based practice by staff with appropriate knowledge and skills; and according to their scope of practice and legislative requirements.

Residents have their needs and where possible preferences met by the most appropriate health professional such as, qualified nursing staff, doctor, dentist, dental technician, physiotherapist, speech pathologist, dietitian, occupational therapist, palliative care team, pharmacist, PGAT/DBMAS, geriatrician.

The residents right to access complimentary therapies is respected and supported within the legislative framework.

The types of documentation we use to formulate your individualised care plan are as follows:

- Assessments
- Care plans
- Progress notes
- Observation charts
- Incident forms / Improvement forms
- Consultation with residents and/or representatives
- Doctor / allied health assessments and
- Any other relevant correspondence or communications.

From all this documentation and communication with you we are striving to ensure you are satisfied with the level and manner in which care and services are provided across all areas of health and personal care, as well as your lifestyle choices.



By communicating with staff regularly, have your say at the resident/representatives meetings held monthly and using the suggestions, complaints and compliments box (located at front reception), we can ensure Woods Point delivers care and services that suit you as an individual.

If you would like to discuss anything about your clinical care provision please speak to a Registered Nurse who can assist with any questions you have.

Marita Seamer  
Director of Nursing





*Management and staff would like to  
express their sympathies to the  
Representatives on the passing of:*

- . Kevin Robinson*
- . Colin Stevenson*
- . Nan Burke*

*May they Rest in Peace.*



### Special Events on the July Calendar

5th July	~ Resident / Representative meeting
6th July	~ Happy Hour
11th July	~ Monthly birthdays
12th July	~ Strawberry farm
13th July	~ Happy Hour
16th July	~ Christmas in July at the Golf Club
19th July	~ Bus to Belmore
20th July	~ Old Fogies & Happy Hour
25th July	~ Pub Lunch
26th July	~ Mulwala Museum
27th July	~ Happy Hour
30th July	~ Lake Drive

Daily exercises, Room visits, card games, knitting, gardening, garden walks, bus drives, entertainment and many more activities are included on the daily calendar displayed in the dining room. If you have any ideas for activities, come along to the Residents/ Representatives meetings and share your ideas, we would love to hear them.

