

WHAT'S THE POINT

JANUARY 2018

Welcome to the January Edition of;
“What’s the Point”

The Woods Point Aged Care
Residents/Representatives Monthly
Newsletter



Residents meeting summary:

Minutes of the December meeting:

Christmas Party: Residents would like to thank the staff for; entertainment, finger food, external entertainment.

Doors locked at 5.30pm: Door is also locked for safety to prevent strangers from entering the building. Residents are reminded to press the button on the front door if wanting to gain access once door is locked.

Electric scooters: Current residents are using scooters to access outside, not just for going around the building. Current residents are also driving carefully and considering others, are happy to be told if they are creating any issues for others.

All residents are asked to report any concerns.

Resident smokers: Numerous complaints regarding the smokers sitting just outside the Wing 4 lounge. Often the door is left ajar. All smokers must move away from the door.

Men's shed: Resident's would like to pass on their appreciation to the men's shed for supplying Woods Point with additional garden seating

Flowers: Resident's would like to pass on their appreciation to all those who provide Woods Point with fresh flowers

Clocks missing: Wing 2 and Wing 4 top lounge. Will source missing clock and replace batteries in other.

Handling of cups: Could all staff be mindful not to put their thumb or fingers into cups when passing to resident's

Hot weather :Reminder to have at least 8 drinks per day, easy to become unwell in hot weather. You may not feel thirsty with the air conditioning. Please drink plenty to stay well.

Christmas lunch: Residents will have a traditional Christmas lunch. We are unable to cater for additional guests on Christmas Day.

Families are invited to pack a picnic if they would like to join residents for lunch.

2017 The Year that was at Woods Point:

2017 has been a very busy year for us all at Woods Point Aged Care with many residents coming and going, both Respite and Permanent Care Residents.

Here is a summary for 2017:



We have seen new residents, a mixture of both respite and permanent residents admitted to Woods Point for varying lengths of stay.

63% of our residents are female.

Currently the average age of residents is 85 years old

22 new staff have commenced as part of our team in 2017

We currently employ 131 staff at Woods Point.

We have received 943 documented incidents.

We have received 94 documented improvements and suggestions

We have reviewed and updated over 157 policies and procedures.

We have completed over 69 audits on a full range of areas.

We have completed 35 quality activity reports.

We have received and fixed hundreds of maintenance requisitions.



Resident survey: satisfaction rate of 97% - which identifies a strong indication that the organisation is meeting the vast majority of needs. Thank you for all the lovely comments about the staff. The staff do a fantastic job with every resident and work very hard to meet individual need. We applaud the staff for their efforts and nice to see residents acknowledge their efforts also.

Resident / Representative survey: satisfaction rate of 97% - outstanding result. Every resident at Woods Point is treated with respect and according to the Charter of Care Recipients' Rights and Responsibilities displayed throughout the facility. The staff ensures the care provided is according to best practice and this is evidenced through our accreditation history, the overwhelming positive results of the resident and resident

representative survey and the formal and informal discussions held with all key stakeholders.

Staff survey: 96% satisfaction. A fabulous result. Comments such as 'over the past 12 months we have received amazing feedback from prospective families and external services about Woods Point and the care services we provide. It's nice to know that your workplace is held in such regard by surrounding communities'.

Staff commitment to Woods Point for 5 years or longer has been 47 in total and 21 staff members have achieved 10 years of service.

We have dished up countless meals to residents, visitors and staff from our kitchen, with all meals being prepared on site under the guidance from our visiting Dietitian.

We have celebrated all of the resident's birthdays during the year.

I would like to thank all the staff for their tireless work, humour, commitment to the residents and professionalism in the care and services they deliver. I know all the residents appreciate your efforts.



We face many challenges every day and celebrate many occasions and although we may not get it right all the time, every effort is made to ensure the residents at Woods Point are secure, happy and respected.

We thank all our external services such as hairdresser, volunteers, medical staff, allied health staff and contractors.

I would also like to thank the residents, representatives, volunteers, staff and visitors for the hard work and commitment to making Woods Point what it is.

We look forward to a successful and happy 2018 and wish you all the best for the coming year. May we continue to face the successes and challenges together at Woods Point.

Marita Seamer - Director of Nursing

Outings/Entertainment

Norm Price visits again:

We have been very lucky this month to have Norm Price visit us with his wonderful musical entertainment. Norm provided a lot of old favourites for the residents to sing along with, plus some newer ones that everyone enjoyed.



We are hoping that Norm will visit us in the new year as his music is very much loved by all.



Jackie Lee Visits:

We had a visit from Jackie Lee this month. Jackie is always welcomed with open arms, she always brings with her good music and a little bit of fun thrown in, just to make sure everyone is happy. Jackie plays a lot of old favourite songs, plus also putting her own slant on the country music that she loves





Resident Christmas Party.



This year's Christmas Party was held in the lounge, with

our beautiful big Christmas tree. The ladies from the Ecumenical Choir provided the most beautiful collection of Christmas Carols for our residents, with them



singing along. A resident group from our daily exercise activity performed a demonstration of some of their exercises. This was to show everyone how wonderful they are, and also to

show that they don't just sit down all day – very good performance. It was then time for the staff to do their skit, which



went off well, with lots of laughter and giggles around the crowd. Finally it was a visit from Santa. Looking a lot slimmer this year, he tells me that he has been jogging with his rein-deers to get fit for Christmas Eve.

Resident Christmas Party



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Bonnie Green got into the spirit of Christmas, by wearing her hat while relaxing in the lounge.

Outings/Entertainment

Old Fogies:

We had a visit from the “Old Fogies” this month. They came to Wing 5 which was lovely for the residents there. The music was very much appreciated by all, some even got involved with the fun. Here we have Bev singing along with the band.



Thankyou

Lorraine would like to thank all residents who supported bingo throughout the year 2017. Bingo will continue in January 2018 on Tuesdays at 2.00pm.

Any residents who would like to join in on a game of bingo just come along and have some fun.



Christmas Raffle winners:



- Jean Knight

- Lynette

Lindner



REFLECTIONS CEREMONY 2017

On December 14th a Reflections Ceremony was conducted in the Main Lounge to honour and reflect upon each of the 49 Woods Point Residents (listed below) who passed away during the past 12 months.

Marita Seamer opened proceedings by welcoming the 40 plus residents who had chosen to attend, and inviting any who wished to do so, to come forward and personally pin a leaf on our Reflections Tree.

A meditative poem entitled "Miss Me But Let Me Go" was then read by Gavin Borwick, after which Marita spoke warmly and wistfully about each past resident, while Gavin pinned their personalised leaves on our Reflections Tree.

The tree (depicted below) will be displayed in the Dining Room for the next 12 months.

Miss Me But Let Me Go

*When I come to the end of the road
And the sun has set for me,
I want no rites in a gloom-filled room;
Why cry for a soul set free?*

*Miss me a little - but not too long
And not with your head bowed low.
Remember the love that we once
s h a r e d .
Miss me - but let me go.*

*For this is a journey that we all must
t a k e
And each must go alone.
It's all a part of the Master's plan,
A step on the road to home.*

*When you are lonely and sick of heart,
Go to the friends we know
And bury your sorrows in doing good
d e e d s .
Miss me - but let me go.*



Woods Point Honour Roll 2017

Ginnette Ibrom, Edna Gamble, Carl Martin, Doreen Overell, Kathleen Johnson, Jillian Sambrooks, Amy Hayman, Alison Andrews, John Randall, Peter Christie, Fred Collins, Enid Lonie, Ian Miller, Monica Ivers, Mick Barnett, Ernie Polak, Ann Rendell, Pat Sullivan, Loris Fixter, Faye Douglas, Brian Hicks, Graeme Lamson, Alan Lack, Pat Piper, Ron Hayes, Robert Meyers, Aileen Baxter, Len McQualter, Helen Henry, Reginald Crook, Michael Wood, Harry Fynmore, Tim Crossin, Mary Zass, John Quinn, Shirley Edwards, Margaret Francis, Doris Bell, Nancy Wheeler, Bob Nevin, Betty Aldous, Keith Phalp, Dorothy Yeoman, Dorothy Hocking, Keith Hanson, Albert Reeves, Jenny O'Day, James Gray, Don Tillbrook

January Birthday's

Jean Curtis > 1st

Dolly Oliver & Gwen Crook > 2nd

Lorraine Elliot > 6th

Betty Silvester > 9th

Dolly Cassidy > 12th

Denis Bailey > 13th

Rod Berry > 14th 70 years young

Noel Pallot > 19th

Lorne Scoble > 22nd

Alan Foster > 25th

Colin Stevenson > 26th

Ian Quarrell & Eileen Currie > 27th

Shirley Evans > 29th



Management and staff would like to express their sympathies to the Representatives on the passing of:

Jenny Dalton

May they Rest in Peace.



Heat Wave Policy

Studies have shown that heatwaves may be responsible for more deaths than other natural hazards experienced in Victoria.

The heat health threshold is the temperature where illness and death increases once the temperature is exceeded.

Facility locks down when temperature exceeds 32C per policy, which reflects best practice safety from studies.

Exit doors are locked to ensure safety is monitored.

Special Visit:

last visit of the year from the school children...they arrived bearing Xmas cards and singing songs, all extremely excited about Xmas.



Later on the same day we were treated to the musical delight of David Evans. He played a melody of beautiful music, one and all enjoyed a fantastic singalong, Xmas carolls being a big hit. We look forward to seeing our school children and David in the New Year.



Special Events on the January Calendar

1st January ~ New Years Day
3rd January ~ Jackie Lee
4th January ~ Resident Representative meeting
5th January ~ Happy Hour
8th January ~ Shopping
10th January ~ Lake Walks
12th January ~ Happy Hour
15th January ~ Opp Shopping
17th January ~ Monthly Birthdays
18th January ~ Bus to Belmore.
19th January ~ Happy Hour
22nd January ~ Lake Walks.
24th January ~ Scenic Drive
25th January ~ Happy Hour
26th January ~ Australia Day

Movie Night every Thursday night

Daily exercises, Room visits, card games, knitting, gardening, garden walks, bus drives, entertainment and many more activities are included on the daily calendar displayed in the dining room. If you have any ideas for activities, come along to the Residents/ Representatives meetings and share your ideas, we would love to hear them.