WHAT'S THE POINT

FEBRUARY 2018

Welcome to the February Edition of; "What's the Point" The Woods Point Aged Care Residents/Representatives Monthly Newsletter



Residents meeting summary:

Minutes of the January meeting:

Toast : Will put the toaster back in place for residents to cook at their leisure. Be mindful of smoke alarms and overcooking of toast.

Fridge in residents room: Is permitted. Is tagged and tested 2 yearly and the residents responsibility

Garden – near dining room : Would like this to be improved as

currently not very appealing. Could this be replanted. Maintenance will improve the area.

Thank you to all staff: For all your efforts and commitment to the residents.

Smokers : Please be respectful of the non smokers. Dispose of butts in the receptacles provided not on the ground. Please close the doors to Wing 4 when smoking.

Gardens: Thank you to Joe and Don. For out of pocket expenses, please see Marita for reimbursement.

Movie – on activity plan: Did not happen last month. To be placed on the calendar for an evening or weekend afternoon

Falls Prevention: Falls Prevention tips x 7

Keep Active,

Look After your Feet,

Have medications reviewed for problems,

Keep environment safe,

Improve balance and mobility,

Look after your health,

Look after your eyes.

Oxygen In use : Reminders to staff and Residents to avoid using hairdryers, hairspray, spray deodorant, electric razors when oxygen in use - and no smoking.

Next resident/representative meeting will be held in the main lounge on Thursday 1st February @10.45 Each month we are profiling some of the expected outcomes of the Accreditation Standards. This month we focus on Expected Outcome

STANDARD 3.10: RESIDENT SECURITY OF TENURE AND RESPONSBILITIES

This expected outcome requires that:

Residents have secure tenure within the residential care home, and understand their rights and responsibilities.

This information is provided to clarify Security of Tenure responsibilities of Aged Care facilities:

Under the legislative provisions for security of tenure, a provider may only ask a resident to leave if:

the aged care service can no longer provide accommodation and care suitable • for the resident, having regard to the resident's long-term assessed needs, and the provider has not agreed to provide the care that the resident presently.



- the resident no longer needs the care provided through the aged care service, as assessed by an Aged Care Assessment Team (ACAT).
- the resident has not paid any agreed fee to the provider within 42 days after the due date, for a reason within the resident's control
- the resident has intentionally caused serious damage to the aged care service, or serious injury to the provider, an employee of the aged care service, or to another resident
- the resident is away from the aged care service for a continuous period of at • least seven days for a reason other than permitted by the Act or an emergency. Social leave is permitted.

The provider must give written notice if the resident is required to leave the service and must give the notice to the resident or his or her representative at least 14 days before the resident is to leave.

Four steps—asking a resident to leave

There are four steps that the provider must follow in asking a resident to leave.

Step 1—providing written notice

The written notice from the approved provider must include:

- the decision
- reasons for the decision
- when the resident is to leave (which must be at least 14 days after the notice is given);
- the resident's rights about leaving, including his/her access to complaints resolution mechanisms; independent complaints processes; and 1 or more representatives of an advocacy service.

Step 2 – considering suitable alternative accommodation

The approved provider should discuss with the resident whether they wish to find their own alternate accommodation. However, ultimately it is the approved provider's responsibility to ensure that accommodation is available for the resident, before the resident can be required to leave.

The suitability of the alternate accommodation is linked to the assessment of the resident's long-term care needs—for example, a service that provided only low level care would not be suitable alternate accommodation for a resident who was assessed as requiring a high level of care.

The alternate accommodation does not necessarily have to be the preferred accommodation of the resident who is being asked to leave. However, the alternate accommodation does have to be available and able to provide care which is suitable to meet the needs of the resident. Some alternate accommodation may not be considered suitable, such as a service where there are sanctions in place or a service that is a great distance from the existing service. The resident must be able to afford the suitable alternate accommodation—for example, an extra service facility may not be appropriate for a concessional resident.

Hospital is not considered to be suitable alternate accommodation.

Step 3—assessing the resident's long-term needs

Where the resident is asked to leave because the aged care service can no longer provide accommodation and care suitable for the resident's long-term assessed needs, and the provider has not agreed to provide the care that the resident presently needs, the long-term needs of the resident must be assessed by:

- an ACAT
- or at least two medical or other health practitioners who meet the following criteria
- one must be care service must be comthe resident.



independent of the provider and the aged and chosen by the resident and both petent to assess the aged care needs of

After such an assessment, if those conducting the assessment consider that the present accommodation and care cannot continue to meet the care needs of the resident, then the process associated with requiring the resident to leave must be undertaken.

Step 4-when the resident is no longer required to leave

If the decision requiring the resident to leave was based on their behaviour, and since giving the original notice to leave, the approved provider has agreed with the resident that the resident should stay because their behaviour has changed, then the approved provider should give the resident a notice stating that they are no longer required to leave.

Security of place within the residential service—moving residents

It is important that residents feel secure in their room or bed within an aged care service. Accordingly, a resident can only be moved to another bed or room in the following circumstances:

- if the resident asks to be moved
- if the resident agrees to move, after being fully consulted and without any pressure
- if the move is necessary on genuine medical grounds as assessed by an ACAT or at least two medical or other health practitioners one of whom is independent of the provider and the aged care service and chosen by the resident
- both of whom are competent to assess the aged care needs of the resident
- if the place occupied by the resident becomes an extra service place and the resident elects not to pay the extra service fee
- if the move is necessary because repairs or improvements to the aged care service need to be carried out and the resident has the right to return to the bed or room, if it continues to exist as a bedroom for residents, once the repairs or improvements are completed.
- Whilst we are very reluctant to ask residents to move rooms on some occasions this may be unavoidable. If you have any questions about security of tenure please see Marita.
- All residents need to feel safe and secure at Woods Point Aged Care and only under extreme circumstances are residents asked to leave.
- Since the opening of Woods Point, there has been no need to ask any resident to leave the facility, so you can be rest assured you security of tenure is safe at Woods Point Aged Care.

Marita Seamer Director of Nursing

Poliday Night

When residents are on social leave can you please advise the staff on shift and complete the social leave book located at each care station. Your cooperation is appreciated and ensures the safety for all our residents.

Friendly reminder

February Birthdays

Margaret Crockett < 1st 90 Years John McColl < 1st Marie Rich < 13th Kevin Robertson < 13th Jenny Stuttard < 15th Bonnie Green < 25th



Management and staff would like to express their sympathies to the Representatives on the passing of :

Betty SilvesterErnie RyanBill CondickRuby McCarthyMay they Rest in Peace.

Watt's Bundalong Cafe



One of our resident's favourite cafe's is the Bundalong cafe. With resident's enjoying home made treats and exceptional friendly service.



Blog of Watt's Bundalong Cafe

The cafe's friendly staff are always smiling and welcoming, adding to a fantastic and memorable cafe experience.

Conveniently set along the Murray

Valley Hwy, Watts In Bundalong Cafe provides just the tonic for travellers to this wonderful & popular water sports township.



House made delights cater for everyone's appetite with hearty brekkies and lunch meals or a relaxing dessert complimented with the best coffee in the region.



Anniversary and Birthday celebrations







This month we all celebrated a special day in Wing 5. It was Nancy Holders 90th birthday, but Nancy and her husband were also celebrating their 59th Wedding anniversary on the same day. It was a lovely afternoon celebration,

Nancy had special friends visit her for her birthday/ anniversary day and all the residents in Wing 5 shared her



celebration by singing Happy Birthday and helping to eat the cake. Here's to Nancy & Eric,

hope there is many more to come.



Special Events on the February Calendar 1st February ~ Resident Representative meeting 2nd February ~ Happy hour with Frank & Jenny 8th February ~ Bus to Belmore 9th February ~ Happy hour 14th February ~ Lake Walks & Monthly Birthdays 15th February ~ Bus to Belmore 12th February ~ Happy Hour 16th February ~ Happy hour with Frank & Jenny 19th February ~ Bundalong Tavern 22nd February ~ Marg & Dominic Singing. 23rd February ~ Happy Hour 26th February ~ Bakery 28th February ~ Special Breaky

Daily exercises, Room visits, card games, knitting, gardening, garden walks, bus drives, entertainment and many more activities are included on the daily calendar displayed in the dining room. If you have any ideas for activities, come along to the Residents/ Representatives meetings and share your ideas, we would love to hear them.