

# WHAT'S THE POINT

**APRIL 2018**

Welcome to the April Edition of;  
“What’s the Point”

The Woods Point Aged Care  
Residents/Representatives Monthly  
Newsletter



## Residents meeting summary:

### Minutes of the March meeting:

**Residents are happy to assist:** Residents will assist when they feel up to it but not to be told by others that they must assist. It is the residents choice at all times how much assistance they provide.

**Newspapers:** Will be delivered after breakfast

**Fire drills:** Will be held over the next few months to ensure residents know what to do in an emergency.

**Residents orders for meals:** To be raised with kitchen to ensure what is ordered is delivered.

**Myrtleford – Yarrawonga visit for bowls and early dinner :** Marita to discuss with Myrtleford to determine interest and then set date.

**Library – books :** Looking for residents to work with staff and sort out book case. Please see activity staff if interested in participating

**Falls policy:** If a resident has an unwitnessed fall – an incident form is completed. Observations are taken for 24 hours as per policy and this is to ensure the resident does not deteriorate in the first 24 hours following a fall. Residents reported they feel safe knowing this policy is adhered to

**Security of residents rooms :** If residents would like a key to their room please see reception

**Wing 5 residents :** Not aware resident meeting is held monthly. Activity staff will ensure it is on the program and written on the activity board on the day it is scheduled

**Scenic drives :** If a resident is not going on the scenic drives and would like to go – please see activity staff to be added to the list. Available for all residents and is to be shared amongst all residents.

*Next resident/representative meeting will be held in the main lounge on Thursday 5th April @10.45*



# St Patrick's day craft

## Irish Humour

Doolan brought himself a jigsaw puzzle 20 pieces. It took him a month to put the pieces together correctly. He thought this was terrific but his mate O'Reilly said what's the big deal ? Doolan replied well on the box it said 4 to 6 years.



*Our residents gearing up for St Pats day, very busy painting and decorating.*

# St Patrick's day shenanigans



St Patricks day resident joined in with the theme day dressing in green. The kitchen staff whipped up green muffins which the residents enjoyed over a cuppa





# St Patrick's day shenanigans





## 2018 RESIDENTS FOOTBALL TIPPING COMPETITION



The 2018 AFL Football Season is underway – so too is the 2018 Woods Point Residents' Football Tipping Competition. This year we have 35 keen residents playing – each one striving to pick up a fair share of the \$700 Prize Pool and hoping to see their name added to the Woods Point Football Tipping Perpetual Trophy which sits in pride of place on top of the piano in the Main Lounge.

As we write this Newsletter, Round 1 of the AFL Season 2018 has already been played over the final weekend in March, and – as shown on the Footy Tipping Scoreboard on the wall just outside the Physiotherapy Room – the leading tipsters at the completion of Round 1 are: Dennis Bailey, Don O'Rafferty, Violet Dowsey and Ernie Ives with 8 winners each; closely followed by 5 others on 7. But the big question remains ... will these front-runners still be leading at the end of Round 23? ... Of course, only time will tell.

In the meantime, we wish each Tipster the very best of luck for season 2018.

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### Anzac Day Service



Yarrawonga– Mulwala  
RSL Sub-branch  
Anzac Service  
Held at Woods Point  
Date: 24th April  
Time: 2pm  
Where: Main Lounge





## Activities/ Entertainment

### Monthly entertainment:



The residents enjoy listening to the very talented musicians that come and perform for them on a regular basis.

Pictured above is Jackie Lee. Jackie comes on the first Wednesday of the month to entertain our residents.



## Telephone

Please be advised that Woods Point requires residents to use their own telephones for making and receiving all calls. We suggest a cordless, a mobile or a phone where a message can be left in the event the resident is not in their room.

The DECT phones that are used by the staff are for call bells, emergency care and communication between staff and are not available to be used for residents personal telephone calls.

We want to ensure resident safety at all times by ensuring the DECT phones are available for staff use at all times.

Once your phone has been installed please advise reception of the number so that we can pass it on to any callers.



Vision Australia has a number of phones available for purchase directly from them; including phones for vision and hearing impaired, cordless phones and mobile phones. Contact Vision Australia on 1300 84 74 66 or visit their website to view their available products [www.visionaustralia.org.au](http://www.visionaustralia.org.au)



## Easter



The children from Sacred Heart made a special visit to Woods Point to bring our residents some Easter cards that they had prepared for them.

Residents have also been very creative in getting ready for the Easter celebrations with making beautiful decorations to brighten up the facility.



### Easter raffle

Easter raffle was drawn during bowls.

Winners were:

- Violet Dowsey,
- Ray Lewin,
- Don O'Rafferty,
- Jo Bradshaw.

**Congratulations to the winners.**



## Newsletter article - April 2018

Each month we are profiling some of the expected outcomes of the Accreditation Standards. This month we focus on Expected Outcome:

### 3.9 Choice and Decision Making

**Each resident (or his or her representative) participates in decisions about the services the resident receives and is enabled to exercise choice and control over his or her lifestyle while not infringing on the rights or other people.**

*The focus of this expected outcome is 'results for residents'*

*Results:*

*Management demonstrates that residents' decisions and choices to have control over their lifestyle have been recognised and respected.*

*Residents / representatives confirm their participation in decisions about services they receive and that they are able to exercise choice and control appropriate to their needs and preferences.*



Resident's individual choices and decisions are actively encouraged and supported by management and staff.

Below are some examples of how this is achieved:

- One to one discussions, resident /representative forums and monthly 'resident of the day' care plan reviews are in place to ensure the home provides residents and represen-



information to make decisions and have input into the resident's care and treatment.

The evaluation is made to see if any changes to the care plan are required. The evaluation and any changes are made in consultation with the resident and/or their representative.

- Choice of medical and allied health services where possible however due to the location sometimes choices are limited.
- Residents have access to forums and surveys to discuss care provision, menu planning and lifestyle activities as well as all aspects of their care and service provision.



Resident / family meetings are conducted on the

1<sup>st</sup> Thursday of every month at  
10.45am.

All residents and their family members and representatives are welcome to attend this meeting.

The purpose of meetings is to provide an opportunity for residents and their family members / representatives to comment on matters relating to the facility and be involved in decision making about the operation of the facility.

Management and staff are committed to providing the best care options and service to the residents.

To assist us to ensure our systems are working well residents and visitors are encouraged to complete an Improvement Form when they identify an area in which we can improve.

An Improvement form is located in the low care lounge room and high care station as well as can be obtained from reception. Improvement forms can be used for suggestions, compliments or complaints.

Completed Improvement Forms can be posted to the Director of Nursing or placed in the suggestion box located in Wing 3, 5 and low care sitting room.

The Director of Nursing and Deputy Director of Nursing are available during office hours if you wish to discuss any concerns.

Marita Seamer

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*Management and staff would like to  
express their sympathies to the  
Representatives on the passing of:*

*Sid Fry*

*Norma Woods*

*Lorraine Elliot*

*Brian Williamson*

*Gwen Crook*

*Marie Rich*

*Joan Cussen*

*Bruce Overell*

*May they Rest in Peace.*







April Birthday's

**Joan Anderson < 3rd**

*90 years young*

**Kathleen Jenkins < 7th**

*90 years young*

**Ricky Buller < 10th**

**Ray Brewer < 12th**

**Valda Becroft < 18th**

**Colin Silvester < 21st**

**Pat Rowe < 30th**

**March birthday celebrations**



**HAPPY  
BIRTHDAY**

## Special Events on the April Calendar

1st April ~ Easter Sunday

2nd April ~ Easter Monday

4th April ~ Pioneer Museum Mulwala

5th April ~ Resident Representative meeting

6th April ~ Happy Hour with Frank & Jenny sing-a-long

11th April ~ Old Fogies & Monthly birthdays

12th April ~ Bus to Belmore street

13th April ~ Happy Hour

18th April ~ Chocolate Factory Corowa

19th April ~ Tungamah Silo's

20th April ~ Happy Hour with Frank & Jenny sing-a-long

24th April ~ Anzac Ceremony

25th April ~ Anzac day

26th April ~ Bus to Belmore street

27th April ~ Happy Hour

Daily exercises, Room visits, card games, knitting, gardening, garden walks, bus drives, entertainment and many more activities are included on the daily calendar displayed in the dining room.

If you have any ideas for activities, come along to the Residents/ Representatives meetings and share your ideas, we would love to hear them.

