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May's Birthstone

Emerald, the birthstone of May, carries the rich green color of Spring and radiates a beautiful vivid tone. They are considered to be a symbol of rebirth and love

TO MY MOTHER

For all the times you gently picked me up, When I fell down, For all the times you tied my shoes And tucked me into bed, Or needed something But put me first instead. For everything we shared, The dreams, the laughter, And the tears, I love you with a "Special Love" That deepens every year.

Lost property

There are a number of glasses and jewellery that have been handed into reception. If you are missing something please come to reception and have a look.

Falls Fact sheet is in the Low care lounge for all to read. *'I want to stay independent: Slips, trips and broken hips are not for me'*

> The next resident rep meeting will be held Thursday 4th May @10.30 in the main lounge.

Everyone is most welcome to attend. This is a great forum to discuss any ideas suggestions or complaints.

Expected outcome 1.3 Education and staff development

This expected outcome requires that:

Management and staff have appropriate knowledge and skills to perform their roles effectively.

The focus of this expected outcome is 'results'.

Management demonstrates management and staff have the knowledge and skills required for effective performance in relation to the Accreditation Standards, and in particular, in relation to management systems, staffing and organisational development.

To ensure Woods Point meets this standard this is some of the actions completed:

The Director of Nursing is the Education Coordinator and arranges a wide range of education sessions each year that covers clinical and non clinical topics for all staff. The education calendar is posted in the staff room and all staff are encouraged to attend at least 20 hours of training each year.

Staff complete the following training sessions every year which are mandatory for every staff member.

Manual handling Infection control Occupational Health and safety Bullying and Harassment Elder abuse Fire safety and evacuation.



All staff complete assessments of core clinical and non clinical competencies such as infection control, hand washing, wound management, medication administration and many others to ensure they have the knowledge and skills to carry out their roles. Training conducted at Woods Point in 2017 thus far:

- Fire training
- Staff orientation
- Manual handling
- Modified diets
- Ezy-as applicator
- Dishwasher training
- Bowel management
- Food safety
- RACF communiqué
- Hearing aids
- Dementia and behaviour management
- Infection control
- Chemical management
- Continence management

There are many more topics planned for the remainder of the year which will ensure the staff that provide care to the residents are well skilled to ensure best practice outcomes are achieved for all.

Many of our staff undertakes external training, including Certificate III and IV in Aged Care, Diploma of Nursing, Bachelor of Nursing, Certificate III in commercial cookery, management and administration training as well as clinical management and skills for the Registered Nurses.

Woods Point understands the importance of education which has the following benefits:

- Staff acquires new skills, increasing their contribution to the business and building their self-esteem.
- The training staff complete can take them into other positions within the organisation positions with better prospects.
- The staff are up skilled to do new and different tasks, which keeps them motivated and fresh.



We understand training our staff results in better customer service, better work safety practices which has a direct benefit to staff and residents.

We also understand that as a business we should never stand still and so nor should the development of our staff, who are the key asset in driving our busi-

ness forward and achieving great outcomes.



Regular <u>staff training</u> is essential in helping this ongoing skill development and this will always be a consideration at Woods Point worth investing in. We hope you all enjoy the benefits of having well educated and skilled staff caring for your every day clinical and care needs.

Marita Seamer Director of Nursing

National Volunteer Week

National Volunteer week is 8th - 14th May. Our volunteers are very special and do a wonderful job to help us out. To say thankyou to our volunteers we are holding a afternoon tea on Tuesday **9th** May at **3pm**. Please come along and share in a cuppa to show how much we appreciate all they do for us.

National Volunteer week is an annual celebration to acknowledge the generous contribution our nation's volunteers.

Volunteer week was established 1989 and is the largest celebration for our volunteers in Australia. Many woman & men generously give there time to others to help in many ways. This celebration is our way to say thankyou to those special people for all they do.

Anzac Day Service

Yarrawonga-Mulwala RSL Sub-Branch hosted the Anzac Service ceremony on the 21st April for our residents. We were joined by Sacred Heart children who lead us in the National Anthem.





Denis Bailey Pictured to the left Laying of the wreaths.



WHAT'S THE POINT

Pet Therapy

Wing 5 residents had a surprise today when a little Pomeranian dog came to visit only 5 years old. He had many cuddles from the residents, but Buddy enjoyed sitting in the chair with Helen, and settling in for the day with Helen and her husband.





Easter raffle winners

Easter baskets were full of goodies for our raffle, residents were sitting around with their tickets in hand.

1st Basket was won by- Payton Williams

2nd Basket was won by- Dolly Cassidy

3rd Basket was won by-Nancy Wheeler

4th Basket was won by-Charlie Hall 5th Basket was won by-Jean Knights.

Congratulations to all our winners, and enjoy your baskets.



In Loving memory of:

Ernie Polak Ann Rendell Pat Sullivan

Woods Point Residents, Staff & Management extend sincere condolences to the families and friends.

May they rest in eternal peace.

Bobs

Bobs is played at Woods Point with the residents each week in the main lounge, it can be quite competitive amongst the residents who try to get the highest score. Even staff will join in and try to bowl the highest score, against the residents. If you would like to join in with Bobs come along.



Carol RN staff - pictured above trying to get the highest score

Sid - Deep in concentration with his eye on the prize

Mulwala Bakery

This month the residents were treated to a lovely cuppa & cake at Mulwala Bakery.

Every month our residents go around to our local cafe's & bakery's to try their famous cakes accompanied by a cuppa.



May Birthday Eddie Kirby 5th Marie Suckling 7th Ruby McCarthy 9th Joan Jewell 17th Ernie Ryan 17th James Gray 18th Shirley Cartwright 22nd Colin Romeo 24th Ron Hayes 28th Alan Lack 30th

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10.30-Carpet Bowls.	wls.	10.30-Bobs.	11.15-Word Games.	1.45-Kiosk/Quiz	Wing 5	Wing 5
2.00-Jo McGrath	£	1.30- Quick Quiz.	1.45-Scenic Drive.	2.15-Meet the kids.		
Singers.		2.00-BINGO.	3.30-Story Reading.	3.00-HAPPY HOUR.		
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