

# **WHAT'S THE POINT**

**DECEMBER 2017**

Welcome to the December Edition of;  
“What’s the Point”

The Woods Point Aged Care  
Residents/Representatives Monthly  
Newsletter

**MERRY CHRISTMAS  
& SAFE HOLIDAYS  
FROM  
ALL THE STAFF  
AT  
WOODS POINT  
AGED CARE.**



## Residents meeting summary:

### Minutes of the November meeting:

**Thank you to kitchen staff :** A number of residents would like kitchen to be congratulated on their efforts with the meals.

**Red box:** To be placed in reception for donations for the garden

**DVD night :** To be programmed in the activity calendar each month. Look out for the date in the calendar and white board.

**Head phones and TV:** Would like the tv sound with head phones plugged in to work via head phones and TV

**Ironing clothes :** Limited service is provided however if any resident would like ironing to be done can contact the number placed in the lounge for ironing to be done. Residents can also access the resident laundry for ironing

**Tables relocating :** Please ensure the discussion is held in private with the resident prior to relocating any resident

**Leaving facility after hours unaccompanied :** Unreasonable for any resident to leave the facility after hours and expect staff to collect late at night. Reminder to all residents to sign in and out of facility if leaving the facility. This is for safety and security in the event of an emergency

**Doors locked at 7pm :** For the safety of residents and staff. If residents would like to go outside after 7pm they can call the buzzer to be given access to re enter the building

**Bowls :** Twilight bowls will commence in January

**Call bell activation/broken sensor mat :** This has been checked by maintenance and replaced the call bell which is now working. Reminder to staff at next staff meeting re call bells and sensor mats to ensure working at the commencement of each shift and to respond promptly.

*Next resident/representative meeting will be held in the main lounge on Thursday 7th December @10.45*



# *Woods Point Aged Care Resident Christmas Party 2017*

*Join us in the main  
lounge for our  
Xmas celebrations*

*On Friday  
1st December 2017*

*Between 1.30pm and 3  
pm*

*Visitors \$10 per adult,  
children free*







The Yarrawonga/Mulwala RSL club sub branch again organised the remembrance day service at Woods Point Aged Care.

Students from Sacred Heart Primary School also attended the service performing songs.

Remembrance Day in Australia is dedicated to Australians who died as a result of war, particularly from World War 1 onwards. A minute silence is dedicated to the deceased in respect for soldiers who died fighting to protect our nation.

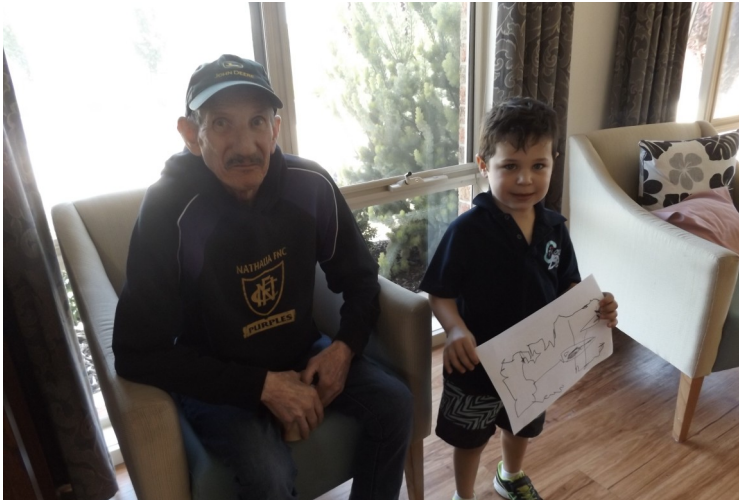
Remembrance day is annually observed on November 11<sup>th</sup>, many Australians stop what they are doing at exactly 11am in their local times each year to dedicate a minute of silence.





## Country Buddy's

The children from Country Buddy's now come and visit our residents in Wing 5 every Tuesday with lots of smiles.



The children bring their drawings in and even come dressed up on occasions to perform.



## 2017 MELBOURNE CUP

Once again the Melbourne Cup proved to be very popular with Woods Point residents and staff.

Residents and staff purchased 161 entries in the annual Melbourne Cup Sweep, thus enabling us to conduct 7 separate sweeps (one more than last year).

Prior to the actual race – several residents joined in a mock “Race Meeting” on the floor of the Main Lounge.

<< *CHECK did Kerry Flanagan take any photos?* >>

Then, after watching the big race on the TV all present joined in a special Melbourne Cup “Happy Hour” to celebrate the occasion.

The lucky prize-winners in the Melbourne Cup Sweeps are detailed below:

Sweep No.	1 <sup>st</sup> Prize \$24-00 won by:	2 <sup>nd</sup> Prize \$16-00 won by:	3 <sup>rd</sup> Prize \$8-00 won by:
1	Kerry Flanagan	Joan Condick	Ernie Ives
2	Gwen Stevenson (c/- Col)	Jenny Hammond (Staff)	Lyn Rainsford
3	Ruby McCarthy	Betty Silvester	Joan Cussen
4	Emma Severn (Staff)	Joy Duus	Jean Knights
5	Rod Zass	Jean Knights	Des Miller
6	Carol Tytler (Staff)	Keith Green (c/- Bonnie)	Joe Tierney
7	Peter Lawrence	Noel Pallot	Debbie Clements (Staff)



## Melbourne Cup day photo's





# Outings/Entertainment

## Bundalong Cafe



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## Orbost Secondary College

Our treat for this month was a visit from the Orbost Secondary College Choir. This turned out to be a

complete instrumental choir, with 30 students eager to entertain our residents. They arrived early afternoon after travelling for approximately 5 hours to be here. The students set up their own equipment with military precision, very efficient, then proceeded to entertain our residents. Music was a variety from old to more modern, which our residents enjoyed. The members of the choir then enjoyed afternoon tea with our residents. Thank you to the Orbost Secondary College Choir for their visit.



*December BIRTHDAYS:*

*Des miller > 1st*

*Shirley Poll > 2nd*

*Ron Duncan > 10th*

*Pat Murray > 15th*

*Doreen Pallot > 16th*

*Sid Fry > 18th*

*Anne Leatham > 23rd*



*Management and staff would like to express  
their sympathies to the Representatives on  
the passing of:*

- . Albert Reeves*
  - . Jenny O'Day*
  - . James Gray*
  - . Donald Tillbook*
- May they Rest in Peace.*





Each month we are profiling some of the expected outcomes of the Accreditation Standards. This month we focus on Expected Outcome:

### ***STANDARD 2.5 – SPECIALISED NURSING CARE NEEDS***

This expected outcome requires that:

***Residents specialised nursing care needs are identified and met by appropriately qualified nursing staff.***

The home ensures that residents' specialised nursing care needs are identified and that assessment, care planning and review are undertaken by appropriately qualified and skilled nursing staff.

The home is staffed by a Registered Nurse - 24 hours per day.

The home accesses the following specialised nursing care consultants:

- Wound consultants
- Palliative care team
- Aged psychiatry assessment service
- Continence care nurses
- Aged care assessment service
- Diabetic Educator



The home currently supports residents with the following specialised nursing care needs:

- Wounds
- Catheters and stomas
- Dietary supplements
- Diabetes
- Mental health illness

- Continence management issues
- Complex care needs
- Oxygen therapy
- Palliative care
- Infection control and management of infections.



In addition to monitoring strategies specialised nursing care is also supported by the following process:

- Completion of assessments as documented by the Registered Nurse.
- The Registered Nurse documents care plan changes and consults with residents or representatives and specialist consultants in response to changing needs.
- The Registered reviews specialised nursing care management of residents.
- The Registered Nurse activates new referrals/reviews as required.
- Weekly medical clinics are coordinated by a Registered Nurse.
- Residents and representatives provide feedback regarding their satisfaction with the specialised nursing care provided through surveys and Resident of the Day consultation.
- There are many assessments, referrals and consultations held by the Registered Nurse with many specialists.
- This information is included when decisions about care and treatment options are being considered. You will be made aware of these consultations and options, however if you would like further information please speak to the Registered Nurse.

Marita Seamer - Director of Nursing



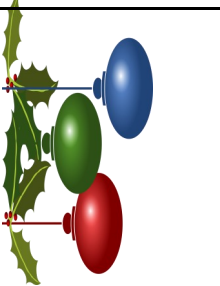


### Special Events on the December Calendar

- 1st December ~ Resident's Christmas party  
6th December ~ Sing-a-long with Jackie Lee  
7th December ~ Resident Representative meeting  
8th December ~ Happy hour with Frank & Jenny  
13th December ~ Sing-a-long "The Old Fogies  
& Norm Price concert  
Monthly Birthday celebrations  
14th December ~ Reflection Celebration  
15th December ~ Happy Hour  
18th December ~ Sacred Heart Christmas Visit  
20th December ~ Santa sing-a-long.  
21st December ~ Bus to Belmore  
22nd December ~ Happy hour with Frank & Jenny.  
25th December ~ Christmas Day  
26th December ~ Boxing Day  
27th December ~ Happy hour with Frank & Jenny  
27th November ~ Sing-a-long "The Old Fogies  
29th December ~ Happy Hour.

### **Movie Night every Thursday night**

Daily exercises, Room visits, card games, knitting, gardening, garden walks, bus drives, entertainment and many more activities are included on the daily calendar displayed in the dining room. If you have any ideas for activities, come along to the Residents/Representatives meetings and share your ideas, we would love to hear them.

Goulburn & Ovens December 2017						
MON	TUES	WED	THUR	FRI	SAT	SUN
			<b>MOVIE NIGHT EVERY THURSDAY NIGHT – 7.00pm</b>	9.30-Exercises 9.45-Men's Shed 11.15-Word Challenge 1.30-4.00-Residents Christmas Party	<b>NO ACTIVITY STAFF</b>	<b>NO ACTIVITY STAFF</b>
9.30-Exercises 10.30-Bobs 1.30-Christmas Craft. 2.30-Scenic Drive 3.30-Letter Game	9.30-Exercises 10.00-Catholic Mass 10.30-Carpet Bowls 2.00-Bingo	9.30-Exercises 10.30-Jackie Lee 1.30-Christmas Craft 2.00-Anglican Church	9.30-Exercises 10.30-Res/Rep Meeting 11.30-Quiz 1.45-Scenic Drive 3.30-Story Reading	9.30-Exercises <b>9.45-Men's Shed</b> 11.15-Word Challenge 1.45-Kiosk/Quiz 3.00-Happy Hour Frank & Jenny	<b>NO ACTIVITY STAFF</b>	<b>NO ACTIVITY STAFF</b>
9.30-Exercises 10.30-Bobs 1.30-Craft Group-Salt Dough 3.00-Trivia	9.30-Exercises <b>10.00-Catholic Church</b> 10.30-Carpet Bowls 2.00-Bingo	9.30-Exercises 10.30-Old Fogies 1.30-Norm Price 2.00-Anglican Church 3.00-Monthly Birthda	9.30-Exercises 10.30-Reflections Celebration 2.00-Christmas Craft 3.30-Quick Quiz	9.30-Exercises 9.45-Men's Shed 11.15-Word Challenge 1.45-Kiosk/Quiz 3.00-Happy Hour	<b>NO ACTIVITY STAFF</b>	<b>NO ACTIVITY STAFF</b>
9.30-Exercises 10.30-Sacred Heart Christmas Visit 1.30-Trivia Quiz 3.00-Remember When	9.30-Exercises 10.00-Catholic Church 10.30-Carpet Bowls 2.00-Bingo	9.30-Exercises 10.30-Santa singalong 1.30-Letter Game 2.00-Anglican Church 2.30-Christmas Craft 3.30-Reminiscence	9.30-Exercises 10.00-Bus to Belmore St 10.15- Scrabble 1.45-Scenic Drive 2.00-Uniting Church 3.30-Story Reading	9.30-Exercises 9.45-Men's Shed 11.15-Word Challenge 1.45-Kiosk/Quiz 2.15-Board Games 3.00-Happy Hour Frank & Jenny	<b>NO ACTIVITY STAFF</b>	<b>NO ACTIVITY STAFF</b>
<b>CHRISTMAS DAY</b>	<b>BOXING DAY</b>	9.30 Exercises <u>10.30 Old Fogies</u> 1.30-Letter Game 2.00-Anglican Church 2.30-Trivia Quiz 3.30-Reminiscence	9.30-Exercises 10.30-Bobs 1.30-Quoits 2.30-Bean Bag Throw 3.30-Trivia Quiz	9.30-Exercises 9.45-Men's Shed 11.15-Word Challenge 1.45-Kiosk 3.00-Happy Hour	<b>NO ACTIVITY STAFF</b>	<b>NO ACTIVITY STAFF</b>