

What's The Point?

July
2016

This month Woods Point had a couple of visits from the Kinda Kids. They performed a song and dance with all sorts of wonderful movements.

We then enjoyed a story together, the children interacted with the story enraptured by every word. After our story much to everyone's surprise we had a visit from Pete the Pirate. Pete came along just to make sure all the children were being good.



Pete handed out bags of sweets to all as well as a treasure map for them to colour in, and of course when you colour in the treasure map then you can use it to find the treasure.

It was a wonderful morning with both children and residents having a lovely time.

More pictures inside



Tegan's Enchanted Beauty Waxing

Tegan's next visit will be
Tuesday 9th August.
If you don't already have an
appointment please see
reception.

Hair Appointments

Mondays, Wednesdays
and Thursdays

Appointments can be
made directly with

Kylie or by leaving your
name with reception.

"Happy Hour" is now being held on
Saturday Afternoons at 3pm in the
main lounge.

Come along and listen to some music,
enjoy a sherry, beer, wine, shandy
or a soft drink & have a chat with the
other residents!



Resident and Representatives meetings are held
monthly.

The meetings are held on the first Thursday of the
month at 10.30 in the main dining room.

All residents and their family representatives are invited
to attend these meetings.

Thursday
7th July



Podiatrist Visit
July 4th and 25th



Queens Birthday Afternoon Tea

The residents at Woods Point will use any excuse to have a special afternoon tea and in June they decided that celebrating the Queens Birthday



was a good enough excuse as any.

It was High Tea for the residents with lots of yummy little cakes, lamingtons and slices being washed down with cups of tea and coffee.

So the question is... "When is the next special celebration?"

Special Celebrations

Our second eldest resident, Edna Etchells celebrated her 103rd birthday on June 1st.

Edna was surrounded by family and friends on the day, who all joined her for afternoon tea at Woods Point. Edna had already been spoilt with a special gathering of all her family a few days

earlier. But at 103 we say you can't have too much celebration. Congratulations Edna.



Resident Graham and his wife Judith recently celebrated their 60th wedding anniversary.



Both Graham and Judy were pleasantly surprised to receive a delivery, from their children, of chocolates for them to enjoy together. Congratulations on your special anniversary.

Kinder visits cont.



Don't share your bug.....

We are urging families and friends to be mindful that the frail and elderly can be more susceptible to viral infections; and influenza for the elderly can have dire consequences. It is crucial that people think twice before visiting relatives in a residential care environment if you have a cold or flu.

People may feel obliged to visit elderly family members, but if there is a chance that you will share anything, other than a hug, we request that you stay at home and send your well wishes instead.

Flu is spread person to person through coughing or sneezing.

These simple precautions will ensure your loved ones are not unnecessarily exposed to any form of influenza:

- Cover your nose and mouth when coughing or sneezing
- Use a disposable tissue rather than a handkerchief (which could store the virus)
- Put tissues in the nearest bin, not in your pocket or handbag
- Turn away from other people
- Take responsibility for young family members' hygiene (remind children to cover their mouth and nose)
- Wash your hands or use an alcohol hand rub when you enter an aged care facility and as soon as you can after coughing/sneezing.



Happy Birthday



Kevin McCarthy 5th
Nancy Beswick 7th
Jean Worrell 7th
Amy Hayman 8th
Ken White 9th
Nan Burke 12th
Ruther Miller 13th
Brian Hicks 13th
Joan Fisher 21st
Jeane Knights 22nd
Mary Hamm 22nd
Joan Parish 22nd
Doreen Overell 23rd



Surveys

We will soon be sending out the annual Residents Survey and Resident's Representative Survey.

We encourage everyone to take the time to read, complete and return these surveys as it's one of the best ways for your voice/s to be heard.

The feedback, whether it be good, bad or indifferent, is read, collated and acted upon to ensure that Woods Point is providing our residents with the best service possible. And whilst we know that we cannot please all of the people all of the time our aim is to please as many of you as often as possible.

2016 Footy Tipping

The lead has changed in the footy tipping, but the names have really only shuffled around, still at the top of the board is Don O'Rafferty on 86, one ahead of Don is Tim Crossin and Dennis Bailey on 87 and current leader is Ernie Ryan on 88.

It's a close run race at this stage and with only 2 points separating 1st and 3rd it's still anyone's game.

It took until round 11 for anyone to pick nine correct winners and with the jackpot sitting on \$44 it would have been a nice little payout; except that 5 people picked nine correct in that round.

Keep tipping!

Occupational Health and Safety

This month we will continue on the same theme as last month by providing you with more information on one of the Accreditation Standards Woods Point is always striving to continually improve.

Occupational Health and Safety 4.5 is one of the 44 Accreditation Standards assessed by the Accreditation Agency.

The expected outcome of 4.5 OH&S requires that:

Management is actively working to provide a safe working environment that

meets regulatory requirements.

Management needs to demonstrate it is working to provide a safe working environment that meets regulatory requirements.

Management can demonstrate that its practices and actions to provide a safe working environment are effective.

Staff are made aware of and can demonstrate they observe safe practices.

Staff are made aware of, and have input into the homes occupational health and safety system.



Real risks faced by workers in aged care facilities every day. So what are the obligations and responsibilities at Woods Point:

The OHS Act in each State and Territory places what is called a general duty of care on any employer and their employees. Employers are responsible not only for the safety of their employees, but also for the safety of other people in the workplace. In an aged care facility, this would include residents, visitors, medical professionals, and contractors who spend time on the worksite.

Codes of Practice provide

Occupational Health and Safety

practical guidance for the handling of issues. There are a varied number of codes of practice in each State and territory covering things like injury management, hazardous substances and manual handling.

Accreditation Standards expressly relate to OHS and require compliance with all relevant legislation. Service providers have obligations under the Aged Care Act 1997 as approved providers. Where they do not comply with the accreditation Standards, sanctions can be applied by Commonwealth authorities.

Some of the ways we ensure

Woods Point is a safe environment is as listed:

- ▽ Regular Occupational Health and Safety meeting with staff consultation.
- ▽ Risk assessments conducted regularly to identify and minimise risk.
- ▽ Occupational Health and Safety Training scheduled on education calendar
- ▽ Regular inspection checklists conducted. To identify potential and actual hazards related to the physical environment
- ▽ Occupational Health and Safety training is included in the staff orientation program and an-

nual compulsory training.

- ▽ Mandatory training for all staff includes:
- ▽ Fire & Emergency procedures
- ▽ Occupational Health & Safety / Incident reporting
- ▽ Elder abuse
- ▽ Infection control
- ▽ Manual handling
- ▽ Bullying and Harassment
- ▽ Basic life support
- ▽ All incidents and injuries are reported using the incident reporting process. All incidents are logged onto a database for analysis.



Occupational Health and Safety

- ▼ Comprehensive Preventative and essential services maintenance program in place.



- ▼ A comprehensive range of Occupational Health and Safety policies and proce-

dures in place to guide staff. This assists in the home maintaining a safe working environment for staff and meets all relevant regulatory requirements.

- ▼ Woods Point has a minimal lift policy in place. Specialised transfer equipment is available.
- ▼ Risk assessments for all residents who smoke at facility.
- ▼ Training is provided to staff by the supplier or physiotherapist and new staff are trained.
- ▼ Chemicals are safely and securely stored. MSDS are located in chemical storage areas and training is

provided.

- ▼ There are appropriate waste management process in place, including sharps and infectious waste disposal.

Performance is evaluated through the annual occupational health and safety audit, spot checks, observation of practice, incident reports and staff feedback.

Outcomes are reported through the Quality/OH&S committee and feed in to the plan for continuous improvement.

Marita Seamer
Director of Nursing

Walker Safety

Please remember that we keep each other safe by ensuring we don't contribute to risks.

Dining rooms are busy areas at mealtimes with many staff and residents moving about. Please remember that staff must remove 4 wheel walkers from around dining tables as they are a risk to other residents and to staff.

Staff will return the 4 wheel walker to you from its safe place after the meal. Thank you for your consideration-



Food Survey

A recent survey was conducted with 87% of respondents stating they had not met their Representatives from the Menu Planning Committee.

These Representatives are: Joy Duus, Pat Murray, Edna Gamble and Shirley Martin.

79% of respondents indicated satisfaction with variety offered.

92% indicated satisfaction with amount offered.

Temperature of food
67% satisfaction with food temperature. However a number of comments indicated that food when served at table, or on tray, could be warmer.

In Memory



It's been a very sad month for staff and residents here at Woods Point with a number of residents passing away.

We extend our deepest condolences to the families of Marie Ludeman, Noel Allen, Merle Conway, Jack Harbrow, John Grant, Margaret Lord, Dennis Bell, Lorna Saunders and Frank Elliott who have all passed away during this time.

Laughter is the Best Medicine

An old priest lay dying in a Canberra Hospital. He had served the people of Manuka, in the nation's capital, for many years.

He motioned for the nurse to come near.

"Yes father?" said the nurse.

"I would really like to see Malcolm Turnbull and Bill Shorten before I die," whispered the priest.

"I will see what I can do" said the nurse.

The nurse sent the request to parliament house and waited for a response.

Soon an answer came back; Both Malcolm Turnbull and Bill Shorten would be delighted to visit the priest.

As they were driven to the hospital in Malcolm's new BMW, Turnbull commented to Shorten, "I don't know why this old priest wants to see us, but it certainly will help our images and may even help our election prospects."

Shorten agreed it was probably a good thing.

When they arrived at the priest's room the priest took Turnbull's hand in his right hand and Shorten's hand in his left hand.

There was silence and a look of serenity on the old priest's face.

Finally Shorten spoke "Father of all people you could have chosen, why did

you chose us to be with you at this time when your end is so near?"

The old priest slowly replied "I have always tried to pattern my life and behavior after our Lord and Saviour Jesus Christ."

"Amen" said Turnbull.

"Amen" replied Shorten.

The old priest continued, "Jesus Christ our Saviour died between two lying, thieves, and I wanted to do the same."



Goulburn & Ovens

July 2016

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 9.45 Men's Shed 11.00 Word Challenge 1.45 Kiosk & Quiz 2.00 Bobs 3.00 Story Reading	2 1.45 Quiz 3.00 Footy Game Happy Hour	3 1.45 Remember When 3.00 Hangman
4 9.45 Exercises 10.30 Memory Cards 11.30 Noodle Balloon 1.45 Scrabble 2.00 Anglican Church	5 9.45 Exercises 10.00 Catholic Church 10.30 Carpet Bowls 1.45 Rich Glen 3.00 Quiz/Reminisce	6 9.45 Exercises 10.30 Country Music with Adrian Pawar 2.00 Bingo	7 9.45 Exercises 10.30 Resident Meeting 11.00 Bobs 1.45 Scenic Drive 3.00 Word Games/Quiz	8 9.45 Men's Shed 11.00 Word Challenge 1.45 Kiosk & Quiz 2.00 Sacred Heart Kids 3.00 Story Reading	9 1.45 Reading 3.00 Footy Game Happy Hour	10 1.45 Bobs 3.30 Reading
11 9.45 Exercises 10.30 Quiz 11.30 Reminiscence 1.45 Scrabble 2.00 Anglican Church	12 9.45 Exercises 10.00 Catholic Church 10.30 Carpet Bowls 1.45 Scenic Drive 3.30 Quiz	13 9.45 Exercises 10.30 Bobs 1.45 Activity Meeting 2.30 Bingo	14 9.45 Exercises 10.30 Scrabble 1.45 Word Games/Quiz 3.00 Monthly Birthday	15 9.45 Men's Shed 11.00 Word Challenge 1.45 Kiosk & Quiz 2.00 Sacred Heart Kids 3.00 Word Games/Quiz	16 1.45 Bobs 3.00 Footy Game Happy Hour	17 1.45 Bobs 3.00 1 on 1 Chats Wing 2 lounge
18 Morning Melodies Christmas in July 2.00 Anglican Church 2.30 Quiz 3.30 Short Stories	19 9.45 Exercises 10.00 Catholic Church 10.30 Carpet Bowls 1.45 Scrabble 3.30 Quiz	20 9.45 Exercises 10.30 Bobs 1.45 Redshift	21 9.45 Exercises 10.30 Scrabble 11.00 Uniting Church 1.45 Scenic Drive 3.00 Story Reading	22 9.45 Men's Shed 11.00 Word Challenge 1.45 Kiosk & Quiz 2.00 Sacred Heart Kids 3.00 Word Games/Quiz	23 1.45 Reminiscence 3.00 Footy Game Happy Hour	24 1.45 Bingo 3.00 1 on 1 activities
25 9.45 Exercises 10.30 Memory Cards 1.45 Scrabble 2.00 Anglican Church	26 9.45 Exercises 10.00 Catholic Church 10.30 Carpet Bowls 1.45 Op Shopping 3.30 Quiz	27 9.45 Exercises 11.00 Bobs 2.00 Bingo	28 9.45 Exercises 10.30 Scrabble 1.45 Scenic Drive 3.00 Word Games/Quiz	29 9.45 Men's Shed 11.00 Word Challenge 1.45 Kiosk & Quiz 2.00 Sacred Heart Kids 3.00 Story Reading	30 1.45 Memory Cards 3.00 Footy Game Happy Hour	31 1.45 Quiz 3.00 Dice Trivia