

# What's The Point?

April  
2015

## **Bentley Wood at the Yarrawonga Mulwala Lifestyle and Leisure Show!**

This annual event was held on Sunday March 22nd and a wonderful variety of staff volunteered their time to man the stand for the day.

This was a great opportunity to promote the facility and to entice volunteers to come along and be part of the Woods Point team.

Woods Point values the assistance that we get from all of our volunteers and we know that the residents enjoy and appreciate the time and effort that our many volunteers give to us.

With so many frail residents it is becoming more difficult for staff to provide all residents with individualised time and a wide range of activities within or outside the facility.



Volunteers play an important role to assist us to provide an increased range of opportunities for residents' enjoyment of life.

*"Happy Hour" is now  
being held in the Main  
Dining Room every  
Friday at 3pm.*

*Come along and listen  
to*



*some  
music,  
enjoy a  
sherry,  
beer,  
wine,  
shandy*

*or a soft drink & have  
a chat with the other  
residents!*

## Hair Appointments

Mondays, Wednesdays  
and Thursdays

Appointments can be made  
directly with

Kylie or by leaving your  
name with reception.

Resident and Representatives  
meetings are held monthly.

The meetings are held on the  
first Thursday of  
the month at  
10.30 in the main  
dining room.



All residents and their family representatives are  
invited to attend these meetings.

Thursday April 2nd

Podiatrist  
Visit  
April  
20th

## Tegan's Enchanted Beauty Waxing

Tegan's next visit will be  
Friday 17th April

If you don't already have an  
appointment please see  
reception.



## 100th Birthday Celebrations

Woods Point was very happy to help Anne Forrester celebrate her 100th Birthday recently.

An afternoon tea was held in honour of the occasion and Anne was surrounded by family and friends as well as the residents and staff.

Anne's children Allan, Brian, Kevin and Helen were all in attendance and a couple of grandchildren and great grandchildren were able to make it to the event which was held on Monday March 16th. Anne had received masses of flowers from many well wishers and was fortunate enough

to have many family visit her on the weekend prior to the celebration.

Originally Anne had told her daughter Helen that she didn't want a fuss, but we couldn't let



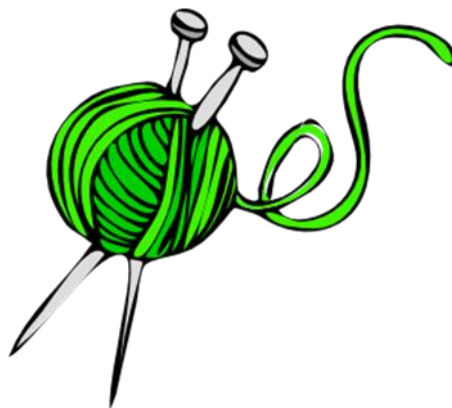
such a momentous occasion pass without marking it with a fitting celebration.

Happy 100th Birthday Anne.

## Knitted Squares

Knitted Squares for the  
“WRAP WITH LOVE FOUNDATION”

Residents of Woods Point have decided once again to participate in the 2015 WRAP WITH LOVE Knitting Project by knitting squares for hand-crafted blankets to help warm up some of the more needy people of our world.



**Family and friends** you can help with donations of 8 ply Wool or Yarn and/or 4.00 mm (No. 8) needles. Or if you'd like to assist by knitting some squares yourself, please take a Pattern from the Project Box. Once enough completed squares are collected they are stitched together and sent off to the foundation.

## Church Services

CATHOLIC - Tuesday 9:45  
in High Care top lounge,  
weekly

ANGLICAN -Monday 2:00  
in High Care top lounge,  
weekly

UNITED – Thursday 11:00  
in chapel, Wing 1  
lounge 4<sup>th</sup> week of the  
month.

Everyone is welcome to attend whichever service you choose.

You can go to all or none of them.

This is your own personal preference.



## Games Club

Activity staff are looking for anyone wishing to get together for card games or table games. Either throughout the day or in the evening - please see activity staff

There may be a number of you who would like to join in and don't know who to ask.

If we have the numbers a game will be set up at a pre-arranged time for the residents who would enjoy playing.

It could be – Poker, Uno, Solitaire, Cribbage, Black Jack, Gin rummy or even Go Fish for a bit of fun.

## ANZAC Day 2015

The Yarrawonga Mulwala RSL will be conducting the annual ANZAC day services at Woods Point Aged Care on Friday April 24th at 2pm.

This year ANZAC day holds special significance as it marks the 100th anniversary of the landing at Gallipoli.

As history shows the landing and ensuing eight month battle has been seen as the defining moment for Australian and New Zealand Troops.

There have been heated debates over the years in regards to the whys, how's and wherefores of this historical moment.

But what has never been denied by anyone is the courage, fortitude and resilience shown by the ANZAC's during this terrible time.

As we pause for our ANZAC service this year we may feel proud to be Australian and we may think of the 11,410 ANZACs who died during this battle.





## Meet the Kids

Woods Point residents were surprised when the year three and four students from Sacred Heart made their weekly visit on Friday



part of “Take a Stand Together” on what is the National Day of Action against Bullying and Violence.

The students, as always, were incredibly animated and very willing to show the residents

March 20th dressed in orange rather than their usual school uniforms.

The students explained that it was

the special activities that they had been completing as part of the “Take a Stand Together” project.

Perhaps next year, we can all dress in orange on this day to show our support too.



## Extension Update

The new building is shaping up very quickly.

With the first slab poured on March 3rd to the roof trusses going up on March 30th. At this stage we have 1 slab still to pour, but in the first section it's timber, timber, timber with wall frames and roof trusses being erected very quickly.







## Fun at Friendlies

Join Ruth and Joan (pictured) at Friendlies on the first Thursday of each month.

Friendlies is held in the Anglican Church hall and is always enjoyed by all who make the effort to attend.

## In Memory

Sadly John "Mac" McTaggart passed away in March.

Mac had joined us in February but quickly made an impact on all who came into contact with him. Condolences to the McTaggart family.



## April Birthdays

*Bob Nevin 4th*

*Edna Gamble 6th*

*Harry Fynmore 7th*

*Alison Andrews 8th*

*Dot Glasgow 11th*

*Carl Martin 13th*

*John Grant 14th*

*Marj Wales 16th*

*Bev Brooks 16th*

*Joyce Cameron 19th*

*Brian O'Connor 21st*



## Time for Fun!

Brian invited his mother over for dinner. During the course of the meal, Brian's mother couldn't help but notice how beautiful Brian's roommate, Jennifer, was. While watching the two interact, she started to wonder if there was more between Brian and Jennifer than met the eye.

Reading his mom's thoughts, Brian volunteered, 'I know what you must be thinking, but I assure you Jennifer and I are just roommates.'

About a week later, Jennifer came to Brian saying, 'Ever since your mother came to dinner, I've been unable to

find the beautiful silver gravy ladle. You don't suppose she took it, do you?' Brian said, 'Well, I doubt it, but I'll send her an e-mail just to be sure. So he sat down and wrote:

*Dear Mum, I'm not saying that you 'did' take the gravy ladle from the house, I'm not saying that you 'did not' take the gravy ladle. But the fact remains that it has been missing ever since you were here for dinner.  
Love, Brian*

Several days later, Brian received an email back from his mother that read:

*Dear Son, I'm not saying that you 'do' sleep with Jennifer, I'm not saying that you 'do not' sleep with Jennifer. But the fact remains that if Jennifer is sleeping in her own bed, she would have found the gravy ladle by now. Love, Mum*  
**Lesson of the Day - Never Lie to your Mum!**



**F o r g e t  
h e a l t h  
food, I'm at  
an age  
where I  
nee all the  
preserva-  
tives I can  
get!**





Birthday celebrations or school kids paying a visit. It doesn't matter what it is, it's all part of the fun of being a resident at Woods Point.





## Standard 3.10 Resident Security of Tenure and Responsibilities

This expected outcome requires that:

*Residents have secure tenure within the residential care home, and understand their rights and responsibilities.*

*This information is provided to clarify Security of Tenure responsibilities of Aged Care facilities:*

Under the legislative provisions for security of tenure, a provider may ask a resident to leave if:

- the aged care service is closing;
- the aged care service can no longer provide accommodation and care suitable for the resident, having regard to the resident's long-term assessed

needs, and the provider has not agreed to provide the care that the resident presently

- needs in cases where the resident's care needs have changed.
- the resident no longer needs the care provided through the aged care service, as assessed by an Aged Care Assessment Team (ACAT)
- the resident has not paid any agreed fee to the provider within 42 days after the due date, for a reason within the resident's control



- the resident has intentionally caused serious damage to the aged care service, or serious injury to the provider, an employee of the aged care service, or to another resident
- the resident is away from the aged care service for a continuous period of at least seven days for a reason other than permitted by the Act or an emergency.
- The provider must give written notice if the resident is required to leave the service and must give the notice to the resident or his or her representative at least 14 days before the resident is to leave.

## Standard 3.10 (continued)

### Four steps - asking a resident to leave

#### Step 1 - providing written notice

The written notice from the approved provider must include:

the decision

- reasons for the decision
- when the resident is to leave (which must be at least 14 days after the notice is given);
- the resident's rights about leaving, including his/her access to complaints resolution mechanisms; independent complaints processes; and 1 or more representatives of an advocacy service.

#### Step 2 – considering suitable alternative accommodation

The approved provider should discuss with the resident whether they wish to find their own alternate accommodation. However, ultimately it is the approved provider's responsibility to ensure that accommodation is available for the resident, before the resident can be required to leave.

The suitability of the alternate accommodation is linked to the assessment of the resident's long-term care needs—for example, a service that provided only low level care would not be suitable alternate accommo-

dation for a resident who was assessed as requiring a high level of care.

The alternate accommodation does not necessarily have to be the preferred accommodation of the resident who is being asked to leave. However, the alternate accommodation does have to be available and able to provide care which is suitable to meet the needs of the resident. Some alternate accommodation may not be considered suitable, such as a service where there are sanctions in place or a service that is a great distance from the existing service. The resident must be able to afford the suitable alternate



## Standard 3.10 (continued)

accommodation—for example, an extra service facility may not be appropriate for a concessional resident.

Hospital is not considered to be suitable alternate accommodation.

### **Step 3—assessing the resident's long-term needs**

Where the resident is asked to leave because the aged care service can no longer provide accommodation and care suitable for the resident's long-term assessed needs, and the provider has not agreed to provide the care that the resident presently needs, the long-term needs of the resident must be assessed by:

- an ACAT
- or at least two medical or other health practitioners who meet the following criteria
- one must be independent of the provider and the aged care service and chosen by the resident and both must be competent to assess the aged care needs of the resident.

After such an assessment, if those conducting the assessment consider that the present accommodation and care cannot continue to meet the care needs of the resident, then the process associated with requiring the resident to leave must be undertaken.

### **Step 4—when the resident is no longer required to leave**

If the decision requiring the resident to leave was based on their behaviour, and since giving the original notice to leave, the approved provider has agreed with the resident that the resident should stay because their behaviour has changed, then the approved provider should give the resident a notice stating that they are no longer required to leave.

Accordingly, a resident can only be moved to another bed or room in the following circumstances:

- if the resident asks to be

## Standard 3.10 (continued)

- moved
  - if the resident agrees to move, after being fully consulted and without any pressure
  - if the move is necessary on genuine medical grounds as assessed by an ACAT or at least two medical or other health practitioners one of whom is independent of the provider and the aged care service and chosen by the resident both of whom are competent to assess the aged care needs of the resident
  - if the place occupied by the resident becomes an extra service place and the resident elects not to pay the extra service fee
  - if the move is necessary because repairs or improvements to the aged care service need to be carried out and the resident has the right to return to the bed or room, if it continues to exist as a bedroom for residents, once the repairs or improvements are completed.
- Whilst we are very reluctant to ask residents to move rooms on some occasions this may be unavoidable. If you have any questions about security of tenure please see Marita.
- Marita Seamer  
Director of Nursing  
As per  
Residential Care Manual

## Vintage Cars



Sun Country Historic Vehicle and Machinery Club Inc have arranged a display of vintage cars specifically for our Woods Point residents and family members. The display will be held in the car part on Thursday April 16th from 10am.





Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Bob Nevin 4th Edna Gamble 6th Harry Fynmore 7th Alison Andrews 8th Dot Glasgow 11th 	Carl Martin 13th John Grant 14th Marj Wales 16th Bev Brooks 16th Joyce Cameron 19th Brian O'Connor 21st	1 10.00 Exercise 11.00 Bobs 1.30 Movie 2.00 Bingo	2 10.30 Resident Meeting 11.00 Golf Putting 1.30 Kiosk and Quiz 3.00 Happy Hour 7.00 Monthly Movie	3 Good Friday No Activities Staff 	4 Easter Saturday No Activities Staff 	5 Easter Sunday No Activities Staff 
6 Easter Monday No Activities Staff 	7 9.30 Catholic Church 10.15 Carpet Bowls 1.30 Movie 2.00 Fruit Market 3.00 Story Reading	8 8.00 Special Breaky 10.00 Exercise 10.30 Quiz 1.30 Movie 2.00 Afternoon Tea with Friends in Common	9 10.00 Exercise/Walks 11.00 Balloon Tennis 1.30 Movie 2.00 Café time 3.30 Quiz	10 9.45 Men's Shed 10.00 Exercises/Walks 11.00 Word Challenge 1.30 Kiosk and Quiz 3.00 Happy Hour	11 10.00 Exercises 11.00 Hangman 1.30 Movie	12 10.00 Walks 11.00 Remember When 1.30 Movie
13 10.00 Exercise/Walks 11.00 Parkinson Meeting 11.00 Quiz 1.30 Movie 2.00 Anglican Church 2.45 Balloon Tennis	14 9.30 Catholic Church 10.15 Carpet Bowls 1.30 Movie 1.30 Scenic Drive 3.00 Music Wing 2	15 10.00 Exercise 11.00 Bobs 2.30 April Birthdays 4.00 Hangman	16 10.00 Vintage and Classic Car Display 1.30 Redshift 3.30 Name Game	17 9.45 Men's Shed 10.00 Exercises/Walks 11.00 Word Challenge 1.30 Kiosk and Quiz 2.00 Meet the Kids 3.00 Happy Hour	18 10.00 Exercises 11.00 Bobs 1.30 Movie	19 10.00 Exercises 11.00 Story Time 1.30 Movie
20 10.00 Exercise/Walks 11.00 Bobs 1.30 Movie 2.00 Anglican Church 3.00 News and Views 3.00 Hangman	21 9.30 Catholic Church 10.15 Carpet Bowls 1.30 David Evans 3.30 Reminiscing	22 10.00 Exercise 10.30 Piano Lady 12.00 Chinese Lunch 1.45 Coffee & Specs 2.00 Bingo	23 10.00 Walks 11.00 Uniting Church 11.15 Balloon Tennis 2.00 Rich Glen Café 4.00 Reminiscing	24 9.45 Men's Shed 10.00 Exercises/Walks 11.00 Word Challenge 1.30 Kiosk and Quiz 2.00 ANZAC Service 3.00 Happy Hour	25 	26 10.00 Exercises 11.00 Stories 1.30 Movie
27 10.00 Exercise/Walks 11.00 Whiteboard Games 1.30 Movie 2.00 Anglican Church 2.30 Cooking	28 9.30 Catholic Church 10.15 Carpet Bowls 1.30 Movie 2.00 Fruit Market 3.45 Hangman	29 10.00 Exercise 11.00 Mini Golf 1.45 Coffee & Specs 2.00 Bingo	30 10.00 Exercise/Walks 11.00 Hangman 1.30 Movie 2.00 Paradise Queen 3.30 Quiz	No Activities Staff in attendance on ANZAC Day 25th April		