



What's The Point?

January 2013

“Another year over, The new one just begun....”

So go the words to a John Lennon song. And how quickly did 2013 sneak up on us?

At Woods Point Aged Care 2012 had lots of significant events.

January saw the installation of our new veggie gardens.

Myrt celebrated her 100th

birthday in February. Yarrawonga experienced extensive flooding at the end of February and start of March. In April we began our “Wrap with Love” knitting project and our flag pole was installed in the front car park.

May was a very sad month as we said goodbye to our friend and colleague John Wheeler. John having passed away very suddenly on the 14th.

In June we helped celebrate the Queens Diamond Jubilee with a visit from the “Queen” (also know as Alice Reid). July and August saw the beginning and the completion of our new feature fountain and pond garden in the front of the building. In the month of September we began our Child Sponsorship Initiative and we welcomed our new Physiotherapist, Lyndon Hart. The annual Spring Dance was held in October and in November Woods Point implemented the very important Heat Wave Policy (more info on page 12).

But December was our biggest month of all with our 2 day accreditation visit. Please turn the page for the outcome of this visit. ➡



Dear Residents and Representatives: January 2013

We did it!! After a grueling 2 days on 18th and 19th December, and lots of probing, questioning and stress (on our parts mostly!) we were found to be compliant in all **44 out of 44** Aged Care Accreditation standards!

This result comes as a huge relief and affirmation of something we always knew – we do provide a Quality service to **you**, the Resident.

The 4 accreditors reviewed all aspects of Woods Point and the report is available in the Low care lounge room for anyone to read.

Some of the comments made by the accreditors were:

“Outstanding facility and we would recommend Woods Point to their parents”.

“We would move in tomorrow”.

“There is a lovely friendly atmosphere in the facility and it was enjoyable to be a part of”.

“Residents and staff interviewed were familiar with the complaints process and felt confident in raising issues directly with management”.

“Documentation showed the linking of resident’s needs, preferences and feedback to continuous improvement activities”.

Observations indicated staff interact with residents/representatives in a supportive and consultative manner”.

“Residents/representatives expressed satisfaction with the way in which staff communicate with them in relation to clinical and personal care.”

“Documentation such as professional qualification, assessments of skills and education records demonstrated staff have the knowledge and skills to carry out their duties in relation to the provision of care including specialised care”.

Although you may not have been directly involved, I would like to acknowledge all the staff, residents and representatives for the hard work and commitment to Woods Point. The accreditors commented how our systems were excellent the communication both informally and formally was very robust and effective, and the documentation very impressive.

We will not get it right all the time but we are always striving to ensure residents needs and preferences are met whilst balancing the legislation required, red tape and many idiosyncrasies.

If we do not get it right please let us know by completing an improvement form, speaking to the staff or arranging to meet with myself to discuss any concerns or suggestions.



We are an amazing team and this recent audit is testament to that. It is nice to be acknowledged for the hard work!!!!!!

The information provided in the report gives me a clear indication that we will receive the maximum period of Accreditation, which is **3 years**. Well done everyone, and thank you to all our wonderful residents for their supportive and encouraging words!

Finally to all the staff that go that “extra mile” for residents or their families – it’s you who really make a difference to the residents lives here.

Marita Seamer
Director of Nursing

Pain Relief

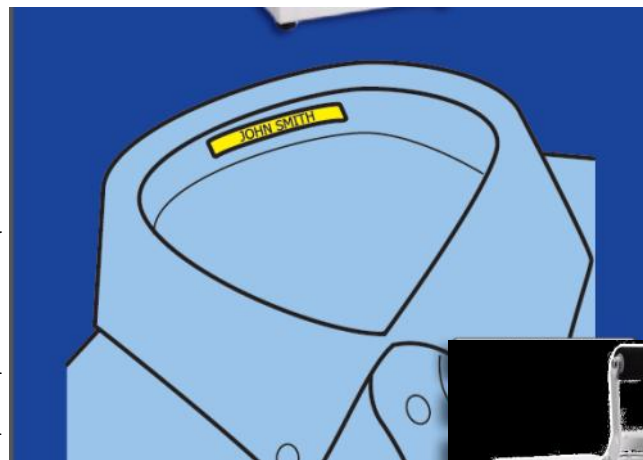


Residents are able to purchase their own hot/cold gel packs. Staff will warm the packs in water when needed for use as a hot pack on painful areas.

The packs will be named and kept in resident rooms to ensure they are always available when needed. The packs last for quite a long time but not forever, and may need to be replaced eventually.

Clothing Labels

A reminder to make sure that all items of clothing and belongings are clearly named. Staff always make numerous attempts to find the owner of unlabelled items, however very often it is not possible.



If you purchase new clothes, please hand them to staff and request that they be labeled immediately. Staff will alert you when you run out of labels and more can be purchased. In the interim a special Laundry Marker should be used to clearly label the items of clothing so that they don't get misplaced.



Our clothing labels are applied using a special machine which ensures that they will not come off and we recommend that all clothes are labeled in this way.

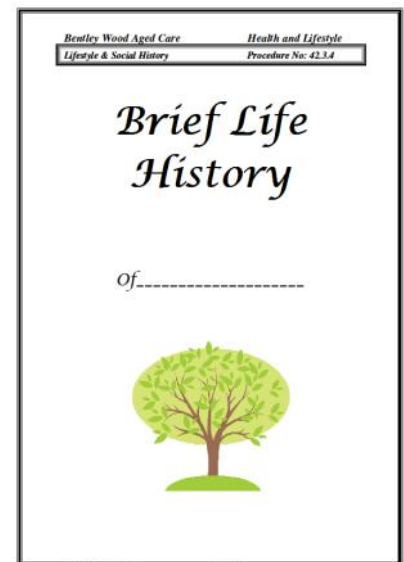
From recent Infection Control checks: Nail manicure equipment, makeup, combs & brushes and razors cannot be shared – and all residents are required to have their own.

Brief Life History

Following a review of the Diversional Therapy program and the current information we collect for every resident as part of the social profile, we have developed a new document called 'Brief Life History'.

This information will enable Woods Point staff to find out more about the resident so we can better target the activities to the residents likes and dislikes as well as understand more about some of the behaviours exhibited when managing residents with cognitive impairment.

If you would take the time to complete the document and return to Woods Point this would be of great assistance to further enhance the current Diversional therapy program.



Christmas Shopping

Once again our residents were out in force to do their Christmas shopping before the big day. There is always that last minute gift that you need.

Whatever the reason or even if there is no reason it is still good to get out into the shops and have a good look around. There were lots of specials and some very happy residents who returned to Woods Point a little bit poorer but a carrying a whole lot of gifts.



Sponsor a Child Initiative

Volunteers who would like to write to our sponsor children please speak to administration staff about this.

World Vision

Samnang Ouy

Samnang was born on the 14th of December, 2004 and lives in Cambodia with his father, 2 brothers and 4 sisters.

Cambodia, as a country, suffered greatly due to civil war during the early 1970's. And in the late 70's under the communist Khmer Rouge, Cambodia became a 'closed' country.



The country was rescued by a United Nations-sponsored peace treaty signed in 1991. Since then it has been a slow road to recovery for this small nation.

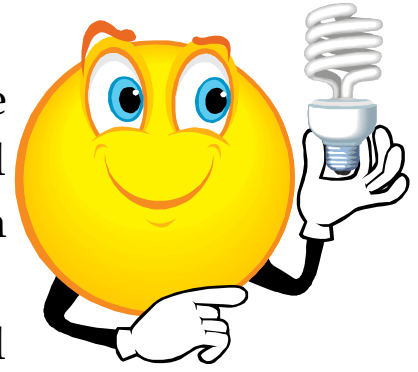
The tropical climate means that rainfall varies and the result can be periodic droughts or floods. The community where Samnang lives lacks clean, safe drinking water. There is a lack of trained teachers and the long distances travelled and high cost of education means many children are unable to complete their schooling.

The mainly agricultural community relies heavily on their export crops, fishing and forestry. Samnang will face health issues such as tuberculosis and malaria, our sponsorship will help to improve the basic healthcare system for Samnang and his community as well improvements to the education system not only for the children but by providing training to the farmers to increase food production.

Maintenance

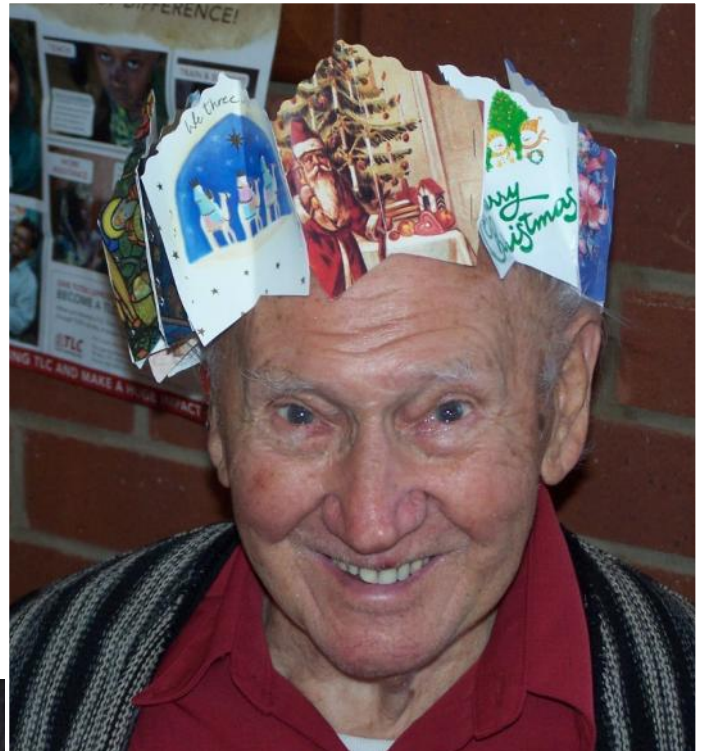
If you have any maintenance requests please let the care staff know so it can be documented in the maintenance request book which Shaun checks every day.

This way we can ensure it is documented and followed up in a timely manner



Christmas Party.

This was the last event on the Friendlies calendar for the year and it was fantastic. With entertainment by the Ecumenical Choir singing all the favorite Christmas carols that everyone remembers. Residents were singing along and having a jolly time.



The Friendlies ladies provided handmade hats especially for the occasion and one of the ladies had baked her now famous Christmas cake to be shared around the residents on the day. It was a very merry Christmas that was had by all who attended.

Mulwala Bakery

It's always a very popular trip to the Mulwala Bakery and the most recent one was no exception.

The array of cakes must have been cooked especially for us on this particular day as all the residents managed to find their very favorite cake. There were also lots of plum puddings and Christmas cakes.

Just a reminder to residents to check the calendar each month and let activities staff know if you want to be included in a particular outing.

Christmas Hamper Raffle

This year's Christmas Hampers Raffle was drawn on Friday 21st December. A large number of expectant residents excitedly watched as Volunteer Wendy began selecting the six lucky tickets from our barrel.

The first ticket to be drawn was for the major Hamper and the lucky winner was Daisy Plunkett's daughter, Anne Nagle. Unfortunately neither Anne nor Daisy were present at the time .

Five more tickets were drawn out and the lucky hamper winners were:

2nd Prize Hamper – Wendy Reilly (staff)

3rd Prize Hamper – Mel Russell (staff)

4th Prize Hamper – Tom Ryan (resident)

5th Prize Hamper – Jemma Adkins, (resident Grahame Luke's grand-daughter)

6th Prize Hamper – Marg Jones (resident)

Hearty congratulations go to each of our lucky winners, and thanks to everyone else who bought a ticket.

Eyes Down!



That's the call at the start of any Bingo game and these photo's show that our residents certainly do this during the weekly bingo sessions.

Bingo is one of our most well attended activities at Woods Point and the numbers are increasing each week.

The week before Christmas, volunteer Lorraine had organized special



prizes and added a Christmas theme by proving every participant with a bon-bon.



Xmas Party

The annual Woods Point Aged Care Resident Christmas party was held on the evening of December 13th. The residents and their 70 or so guests were entertained by some of the students from Sacred Heart Primary School.



With the enthusiastic students performing some traditional and not so traditional carols, including the much loved Aussie version of Jingle Bells, the audience clapped and sang along. A visit from 'Santa' proved to be popular with young and old alike as he distributed bags of lollies to all the children and sent messages of Christmas cheer to all.



The audience was then treated to a high energy dance performance by brother and sister duo Molly and Lewis Ferguson. Their skills were condensed into our small dance area and still the routine amazed all. Molly completed the performance with a more peaceful ballet piece which was stunningly beautiful to watch.

Resident John Grant made a speech on behalf of the residents whereby he welcomed the guests for the evening and thanked the management and staff for their fantastic care throughout the year. The regular staff/resident pantomime had everyone in stitches after enlisting some family members to step into the roles of the reindeers in the story of Rudolph the Red Nosed Reindeer.



As in past years the evening was completed with a slideshow of all images from the past 12 months.

Woods Point would like to thank Sacred Heart Primary School teachers, students and their parents. Paul Healey and Molly and Lewis Ferguson for their contribution to making this annual event another huge success



For the safety of all of our residents

Woods Point Aged Care has implemented a heat wave policy. This policy will mean that in the event of the temperature reaching 32°C the facility will restrict access of all exit doors to prevent any resident leaving the facility unaccompanied.

The policy is available at Woods Point if you would like a copy.

Staff must implement the Heat Wave Management Plan (22.7.1).

The signage will be placed on all external doors to alert residents and visitors when the policy has been implemented.

Restricted Exit

Woods Point Aged Care
Heat Wave Policy
has been implemented.
Please seek assistance
from a staff member



Stanley Hilton 1st

Mary Crook 2nd

Ada Rudd 6th

Jennifer Dalton 17th

Ann Rendell 20th

Jill Carter 20th

Marj Kelly 25th

Shirley Evans 29th

Ian Miller 29th

Direct Debit

Woods Point suggest that all residents have direct debit payments set up for such frequent accounts as Telstra, Pharmacy and Newsagents. We remind families that it is not always convenient for residents to get to Belmore Street to pay their individual accounts nor is it easy for them to get to the bank to access their cash. We have found that some residents do become distressed if they feel they are not able to pay their accounts on time.

And with the introduction of our Heat Wave Policy (see page 12) residents are not able to leave the facility unaccompanied once the outside temperature exceeds 32 degrees.

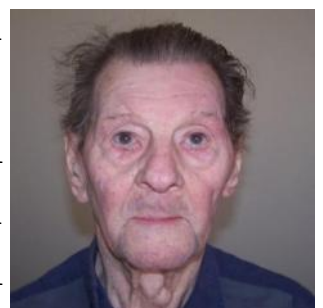
Woods Point policy is that staff and volunteers are not allowed to accompany residents to the bank as this could place them in a compromised position.

We have a very efficient Pocket Money system which is set up and managed by the administration staff and we recommend that all residents utilize this facility.



Woods Point were saddened by the passing of Marj Middleton at the end of November and in December we said farewell another much loved resident in Sue Hood. Marj had been a resident at for over five years and Sue for almost four years. Both ladies were always actively involved in the activities that occurred here at Woods Point and will be sadly missed.

We also said farewell to Mihail Glavan who had moved in recently with his wife Maria.



Sympathies are extended to the Middleton, Hood and Glavan families.

On the 16th January 2013, John and Clare Grant will celebrate their 70th Wedding Anniversary. They were married on this date in 1943 at St John's Church of England, Toorak Road, Toorak whilst John was on leave from the army during the 1939-45 world war. The reception was held at 9 Darling Point, Toorak.



After the war ended John was involved with the flour milling firm of Grant & Wilson, situated in McNally Street, close to the railway yards. This business was sold to Bunge in 1971 and he retired at the tender age of 51. Their first home, a little old weatherboard place called "It'll do" was on the corner of Dunlop and Duffield Streets, where they lived for 4 years before moving to a brand new home built by the Oakley Brothers at 43 McNally Street, but subsequently moved to another new home at 18 Irvine Parade and have lived on the lake front since 1972, directly opposite the services Club – a beautiful site.

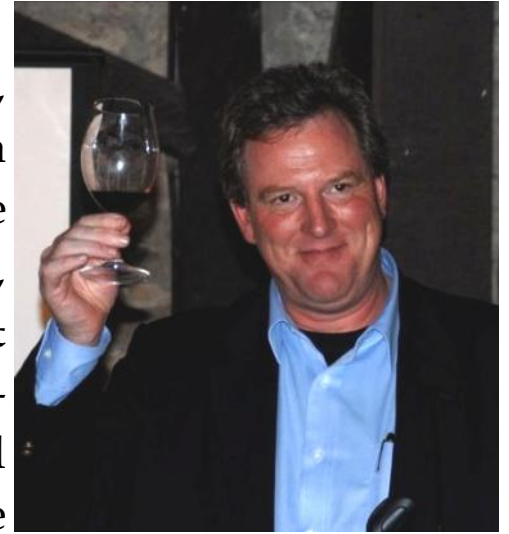
John and Clare have 3 children; David the eldest son was born in 1945 and was five months old when he met his father. David and his wife Rosslyn have now retired after a life working in the accountancy profession. Formerly a school teacher in Yarrawonga, Rosslyn holds a Bachelor of Arts and a Bachelor of Science and is an Accountant and a Chartered Accountant. They have returned to Yarrawonga and are great company for Clare, helping her to maintain the Irvine Parade home.



Daughter Alison lives in Melbourne and completed her education as a boarder at Presbyterian Ladies College.



She works for a clothing firm – Duchamp, and is in charge of the ladies wear section. In addition she has her own brand – YUU – which is marketed through Duchamp, her main outlets being David Jones stores and top boutiques throughout Australia. She has recently purchased a home in Chiltern and will move there after retirement in a few years.



Youngest son John is in California, USA, where he is the Managing Director of a huge wine group called Berringer Wine Group, which is owned by Treasury Wines, which in turn is owned by Carlton & United Breweries. They purchased Southcorp Wines in addition to Berringer and must now be one of the biggest wine groups in the world.








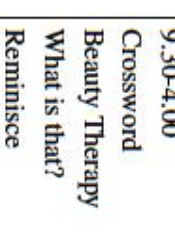
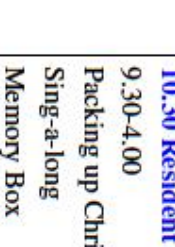
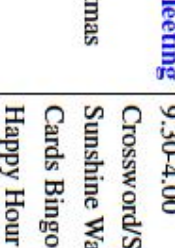

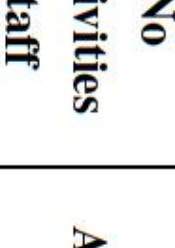



John Grant senior has lived at Woods Point Aged Care facility for over two years and is full of praise for the wonderful affection and care given by the staff of this facility,

which has become a home from home.

Clare will be 92 on the 5th of July 2013 and they are deeply grateful for the long life they have spent together. John will be 93 on the 14th of April this year and they are both in good health, looking forward to a few more years together before moving on and still very much in love.

Murray - January 2013

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						
	No Activities 	No Activities 	No Activities 	No Activities 	No Activities 	No Activities 
7 9.30-4.00 Crosswords Cards Bingo Cooking Afternoon Tea Reminisc	8 9.30 Catholic Church 9.30-4.00 Hairdresser Crosswords Table Ball Quiz	9 9.30-4.00 Crossword Beauty Therapy Memory Box Reminisc	9 9.30-4.00 Crosswords Cards Bingo Table Ball Reminisc	10 9.30 Men's Shed 9.30-4.00 Bobs Competition Craft Happy Hour	11 1.00-4.00 Table Ball Sing-along	12 1.00-4.00 Hand Massage Crosswords
14 9.30-4.00 Crosswords Bobs Competition Scenic Drive Stories	15 9.30 Catholic Church 9.30-4.00 Hairdresser Crosswords Card Bingo Story	16 9.30-4.00 Hairdresser Crossword Craft Beauty Therapy Memory Box	17 9.45 United Church 9.30-4.00 Crosswords Jigsaws / Collages Sunshine Walks	18 9.30 Men's Shed 9.30-4.00 Table Ball Craft Happy Hour	19 1.00-4.00 Hand Massage Movie	20 1.00-4.00 Hand Massage Musical
21 9.30-4.00 Crosswords Sunshine Therapy What's that time Cooking Reminiscing	22 9.30 Catholic Church 9.30-4.00 Hairdresser Crosswords Reminiscing Craft	23 Special Breaky 9.30-4.00 Crossword Beauty Therapy Lavender Therapy What is that?	24 9.30-4.00 Crosswords Shopping Cards Sunshine Walks Story	21 9.30 Men's Shed 9.30-4.00 Memory Box Craft Happy Hour	26 AUSTRALIA DAY* 1.00-4.00 Table Ball Sing-along	27 1.00-4.00 Craft Cards Movie
28 	29 9.30 Catholic Church 9.30-4.00 Hairdresser Crosswords Craft Story	30 9.30-4.00 Crossword Beauty Therapy Lavender Therapy What is that?	31 9.30-4.00 Crosswords Card Bingo Table Ball Sunshine Walks	*Please note Australia Day holiday is on Monday 28th January. 