



hello
MAY

*Welcome to the May edition of
“ On the Grapevine “
The Myrtleford Lodge Residents &
Representatives Monthly Newsletter.*



Newsletters and Calendars of daily events are distributed throughout the facility however if you would like to receive the Newsletter by email, please advise Administration Staff of your email address or alternatively send an email to;

admin@myrtlefordlodge.com.au

and we will happily add you to our contacts list., alternatively the Newsletter can be viewed on our Website;

www.bentleywoodpl.com.au



Bentley Wood Aged Care acknowledges the Traditional Custodians of the land and pays respect to Elders both past and present.



Bentley Wood Aged Care acknowledges and respects the diversity of our community and our consumers.



Australian Government

Covid-19

Vaccinations

COVID-19 Winter vaccine dose for residents of aged care facilities

Information current as at 30 March 2022

Staying up to date with the recommended COVID-19 vaccinations will continue to protect you from the risk of serious illness, hospitalisation or death from COVID-19. This is particularly important as we approach the winter season.

The expert Australian Technical Advisory Group on Immunisation (ATAGI) recommends an **additional COVID-19 booster before winter** for residents in aged care facilities. COVID-19 vaccinations are free, safe and effective.

Why do I need a COVID-19 Winter vaccine dose?

Because vaccinations become less effective over time, the recommended COVID-19 Winter vaccine dose will bolster your immunity for optimal protection over the winter season.

When will I be able to receive my COVID-19 Winter vaccine dose?

From 4 April 2022, you can receive your COVID-19 Winter vaccine dose from **4 months** after your initial booster dose.

Can I have my COVID-19 Winter vaccine dose at a shorter interval than 4 months?

If required, ATAGI advise it is safe to receive your winter vaccine dose at a shorter interval, but no less than 3 months after your initial booster.

Where can I get my COVID-19 Winter vaccine dose?

Your facility will now be planning its COVID-19 Winter Dose vaccination clinic to be held on-site for residents.

Your facility's COVID-19 Winter Dose vaccination clinic will be delivered by:

- a primary care provider such as a visiting GP or pharmacist,
- an aged care provider approved to administer COVID-19 vaccines, or
- a Commonwealth in-reach clinic.

As part of the preparation, your facility staff will discuss the benefits of the winter vaccine dose with you, advise you on the timing of vaccination clinics and seek your consent to be vaccinated.

Do I have to wait for the scheduled clinic at my facility to get my COVID-19 Winter vaccine dose?

It is important to know that you can ask your facility to arrange for a visiting GP or pharmacist to administer your COVID-19 Winter vaccine dose as soon as you are eligible – you do not need to wait for a scheduled clinic at your facility. You can also visit your GP or local pharmacy for your vaccination.

Is a COVID-19 Winter vaccine dose the same as a booster dose?

No. A COVID-19 Winter vaccine dose is **in addition** to the recommended booster dose (which can be three or more months after completing a primary course of a COVID-19 vaccine).

ATAGI recommends the additional COVID-19 Winter vaccine dose to people who have received their booster dose and who are particularly vulnerable to severe illness from COVID-19:

- people living in residential aged and disability care accommodation
- people aged 65 years and older
- people aged 16 years and older who are severely immunocompromised, and
- Aboriginal and Torres Strait Islander people aged 50 years and over.
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Can I get a COVID-19 Winter vaccine dose and annual flu vaccination at the same time?

It is anticipated this winter Australia will see an increase in respiratory viruses such as influenza, as well as in COVID-19 cases.

In addition to the COVID-19 Winter vaccine dose, it is recommended that you receive your annual flu vaccination. Under the National Immunisation Program, people aged over 65 can receive the flu vaccination for free.

In some cases, you may also be able to receive your annual flu vaccination on the same day as your COVID-19 Winter vaccination.

ATAGI advises that it is safe to receive both vaccines at the same time. Ask your facility if this can be arranged for you.

If you have any concerns, please talk to your doctor or other health professional about the benefits and risks of vaccination.

You can also call the COVID-19 Helpline on 1800 020 080 (select option 3) for any questions about vaccination.

Can I get the Winter vaccine dose if I had COVID-19 recently?

The additional winter booster dose can be given from 4 months or longer after a person has received their first booster dose, or from 4 months after a confirmed SARS-CoV-2 infection, if infection occurred since the person's first COVID-19 booster dose.

I am severely immunocompromised and have received three doses and a booster. Should I still get the additional COVID-19 Winter vaccine dose?

Yes, it is recommended. Immunocompromised people who have received three primary doses and a booster of a COVID-19 vaccine will be able to receive a Winter vaccine dose in line with ATAGI's recommended interval – 4 months after the initial booster (and no less than 3 months after the initial booster).

Safety of COVID-19 Winter vaccine dose

Common, mild side effects following a Winter vaccine dose may be like those some people may have experienced after their previous COVID-19 vaccinations. These include a headache or mild fever and generally do not last more than 24 hours.

If you have any concerns, please speak with your GP or other allied health professional.

Where can I get more information?

For more information visit the Department of Health website page for [residents in aged care](#) or call the COVID-19 Helpline on 1800 020 080 (select option 3 of for interpreting services select option 8).

Vaccination Clinic

Dr Simon Shute will be in attendance at Myrtleford Lodge on Friday 13th May to administer the 2nd Booster to eligible Residents from 9am.

Special Events Calendar

4th May ~ Country Drive

8th May ~ Mothers Day

10th May ~ Residents Meeting

Raffle to be drawn

11th May ~ Birthday Breakfast

12th May ~ An afternoon of pampering

13th May ~ Italian themed Happy hour (spritz o'clock)



Myrtleford La Fiera Festival

13th—15th May

Let's have fun the Italian way.

Myrtleford is once again holding the La Fiera festival showcasing the region and our heritage through authentic Italian food and local wines, there are many exciting events for residents and visitors to enjoy our beautiful Myrtleford township.

17th May ~ Country Drive

18th May ~ Cooking for the Biggest Morning Tea

19th May ~ Residents attending the Myrtleford Lodge
Biggest Morning Tea.

25th May ~ Country Drive.

Residents are welcome to attend the many and varied daily activities including, garden walks, board games, discussion groups, bingo, cooking etc, please refer to the daily activities board.

Everyone is welcome

May Birthdays

2nd May ~ Kathleen Evans

2nd May ~ Diana Findlay

4th May ~ Betty Dyson

4th May ~ Irma Peruzzo

13th May ~ Joan Murphy

17th May ~ Judith Wayth

30th May ~ Jill Weight

31st May ~ Margaret Oakley

Myrtleford Lodge Residents and Staff wish you all a very
Happy Birthday, may you enjoy your special day.



In loving memory of;

Denis Garoni

19/07/1930 ~ 04/04/2022

&

Nancy Binder

01/06/1930 ~ 14/04/2022

*Myrtleford Lodge Residents and Staff extend
sincere condolences to the families and friends of
both Denis and Nancy*

May they rest in eternal peace.



Activities at Myrtleford Lodge

Residents enjoyed the first of the Autumn/winter Fire Pit afternoons now that the weather has turned chilly. On this occasion toasting raisin bread as an afternoon treat was enjoyed by all with many Residents enjoying the experience of



toasting their own or toasting a treat for others to enjoy. Our Fire Pit afternoons are always a popular activity on the calendar, coming together to enjoy each others company. Pictured are just some of the many Residents who came along to the activity with some electing to stay in the comfort of the indoors.

Activities at Myrtleford Lodge

Indoor bowls is another activity that is always well attended, John Abbott and Bob Canning are pictured taking part in a game together.



Cooler weather always encourages our ladies to bring out the knitting needles and start their winter projects.



What better way to spend a wet afternoon than with friends, knitting and socialising.

From the Administration Desk

Residents Wheelchairs, scooters and Walking Frames:

The maintenance of Residents wheelchairs, scooters and walking frames remains the responsibility of the Resident / Representative. Staff at Myrtleford Lodge are able to provide contact numbers of suppliers for repairs.

Valuables and spending money (from the Consumer Handbook)

Consumers are discouraged from having valuables or large amounts of cash. We are not able to take responsibility for the loss of valuables or money despite all endeavours to maintain and promote a secure environment. If you or your family have valuables in your room you do so at your own risk.

Spending money (petty cash) for the purchase of small items or services such as hairdressing and outings can be managed by the Lifestyle Program staff.

Testing & Tagging:

Reminder to all of our Residents and Representatives; All electrical items are required to be tested and tagged prior to use, should you purchase a new electrical item, please ask staff to lodge a maintenance request for the item to be tested and tagged. Every twelve months as part of our preventative maintenance program, Maintenance staff will retest all items.

Medicare/Pension/DVA Cards:

Residents and Representatives are asked to please ask Administration Staff to take a copy of your card details so that we may be able to update our files as well as advise visiting Allied Health, Pharmacy and GP clinics of the changes.



a *Mother*
is like a **FLOWER**



each one
beautiful
and *unique.*



*To all of our special Mothers and Grandmothers
We wish you all a very Happy Mothers Day,
enjoy your special day
Sunday May 8th.*