



Welcome to the November Edition of
" On the Grapevine "

The Myrtleford Lodge Residents
& Representatives Monthly Newsletter

Welcome November

New month, new chapter, new page & new wishes.

May the month give you courage, strength, confidence,
patience, self-love & inner peace.

May everyday in November fill your days with hope, love,
sunshine & energy, let there be joy, fun & laughter.

Unknown author.

Myrtleford Lodge visiting Update:

The Care Facilities Directions will change from 6pm Friday 29 October 2021. Key changes will include:

- Visits will no longer be limited to specified reasons
- Each resident is allowed up to five visitors per day
- Visits by prospective residents are allowed
- Visitors are not required to be vaccinated while it is strongly encouraged and recommended

Where visitors are not fully vaccinated, all visits should occur either outdoors or in the resident's own room(s). Unvaccinated visitors should not remain in common areas.

The Directions continue to retain requirements that support safe visits including excluding people who are unwell, requirements to wear masks, check in and make a declaration.

These changes reflect the advice from the Australian Health Protection Principal Committee about the importance of visits for the health and wellbeing of aged care residents and the need for restrictions in aged care to be eased.

Please refrain from calling Myrtleford Lodge over the weekend as staff are providing care and do not have administration staff to manage phone calls. Dect phones are used for call bells and emergencies only.

The Registered Nurse will call you in the event of a change in clinical status.

Please ensure all representatives are aware of visitations at Myrtleford Lodge

Thankyou,

Marita Seamer, Director of Nursing

Farewell

Myrtleford Lodge Residents held a surprise farewell morning tea for Amanda Graham who is changing career paths to take up a role in Wangaratta as an educator to nursing students commencing on their career paths.

Pictured is Amanda with Director, Brian Fitzpatrick who spoke on behalf of the Residents in wishing Amanda all the best, we will miss Amanda, she has always provided such care and compassion over her thirteen years at Myrtleford Lodge and leaves with all of our support and best wishes as she transitions into her new role, no doubt she will pop in to say hello from time to time as she was very dear to us all.

The Residents presented Amanda with a beautiful potted plant as a memento of her time at Myrtleford Lodge and shared a beautiful morning tea in her honour.



Special Events Calendar

1st November ~ Melbourne cup sweeps

2nd November ~ Melbourne cup day Public Holiday

3rd November ~ Country drive

4th November ~ Oaks day afternoon tea

5th November ~ Smoothie cafe opens

8th November ~ Mystery morning

9th November ~ Market Day at Myrtleford Lodge

~ Residents/ Representatives meeting 11.30am

10th November ~ Country drive

11th November ~ Remembrance Day



12th November ~ Happy Hour

17th November ~ Country Drive

Residents are always welcome and encouraged to join any of the activities listed daily for their enjoyment.

Additional activities including, exercises, ball games, gardening, bowls, movies and much more are listed on the whiteboards daily, should you have any ideas, we would love to hear them, please come along to the next meeting to share your ideas.

Activities at Myrtleford Lodge

Gippsland Physiotherapy Group provide Physiotherapy services to Myrtleford Lodge as part of the pain management program.

Recently we welcomed Kevin Sevilla as part of their team, Kevin has eased into his role within the facility, he is a very happy engaging young man and the residents are delighted with both his professionalism and caring nature.



Kevin visits Myrtleford Lodge 4 days per week, Monday through to Thursday, as part of the program, Kevin encourages group and individual exercises, often these exercises are held outdoors to take advantage of the sunshine and for some fresh air.

Pictured is Kevin with Judy Wayth coming back from a walk outside.

We hope that Kevin feels welcome and part of our team at Myrtleford Lodge.

Activities at Myrtleford Lodge



Myrtleford Lodge Residents enjoyed a lunch outing to the local Savoy Club where they enjoyed lunch out on the newly refurbished balcony followed by a bus trip through Beechworth and Stanley before returning for a late afternoon tea at the lodge.



Activities at Myrtleford Lodge



The 2021 footy tipping competition held an afternoon tea to present the trophy to this years winner, Sheila Kennedy.

Shiela is pictured with staff member Hugh Clasby who had a beautiful perpetual trophy made in memory of Wendy Cant who passed away during

the season, Wendy was a very big Tigers fan, she also assisted with the collating of the weekly score sheets. Sheila is also pictured below with all of the participants who eagerly look forward to the 2022 season. Congratulations Sheila.



Activities at Myrtleford Lodge



We would all like to say a very big Thankyou to Isabel Robertson who tends to all of the flowers at the lodge ensuring that they are always looking their best.

Local gardener Barb Raynor very regularly drops off fresh bunches of flowers from her beautiful garden for us to share and enjoy which we are also very thankful for, they certainly brighten our home.



As part of Seniors week, Alpine Shire in conjunction with several local businesses provided seniors across the shire takeaway lunches, Residents were treated to Burgers and fries from Burgerville in

Myrtleford which was picked up and taken to the Mudgegonga hall where they enjoyed a beautiful afternoon.



Activities at Myrtleford Lodge



Well it wasn't Easter so i am not sure as to why, but a very large rabbit visited Myrtleford Lodge recently, Olga was happy to enjoy a cuddle along as was Isobel and Teresina,

we aren't sure who the staff member is hiding though, does anyone know?



November Birthdays

Judith Johnson ~ 13th November

Maria Degrazia ~ 16th November

Jennifer Seewitz ~ 19th November

George Croft ~ 19th November



Myrtleford Lodge Residents and Staff wish you all a very Happy Birthday, may you enjoy your special day.

Myrtleford Lodge Residents enjoy a Birthday Breakfast together with all Residents celebrating birthdays during the month.

The November Breakfast will be held on Wednesday 10th November.

Pictured is Pat Wait who enjoyed birthday celebrations in October.



Activities at Myrtleford Lodge



Francesca Cannizzaro and Shirley Mitchell also enjoyed birthday celebrations with an afternoon tea shared with friends.



*In Loving Memory of,
Dorothy Cook*

28/01/1944 ~ 10/10/2021

&

Eva Meier

30/09/1937 ~ 20/10/2021

*Myrtleford Lodge Residents and Staff send sincere
condolences to both families and their friends.*

They will be remembered with much love by us all.

May they rest in eternal peace.



Dementia awareness Information:

<https://neverlonelyconnections.com.au/wp-content/uploads/2021/09/Ten-Top-Helpful-Hints-for-dementia-and-Alzheimers-from-Never-Lonely-Connections.pdf>

Myrtleford Lodge have printed off the Helpful Hints flyer for Residents, Visitors and Staff to access, from the front foyer Information Board.

Improvement Forms:

Do you have an idea for Improvement, a suggestion or a complaint; forms are available from the front reception area, should you require assistance, please ask a staff member to assist you.

Newsletters and Calendars of events:

Newsletters and Calendars of daily events are distributed throughout the facility, however if you would like to receive the Newsletter by email, please advise Administration Staff of your email address or alternatively send an email to;

admin@myrtlefordlodge.com.au

and we will happily add you to our contacts list, alternatively the Newsletter can be viewed on our Website;

www.bentleywoodpl.com.au

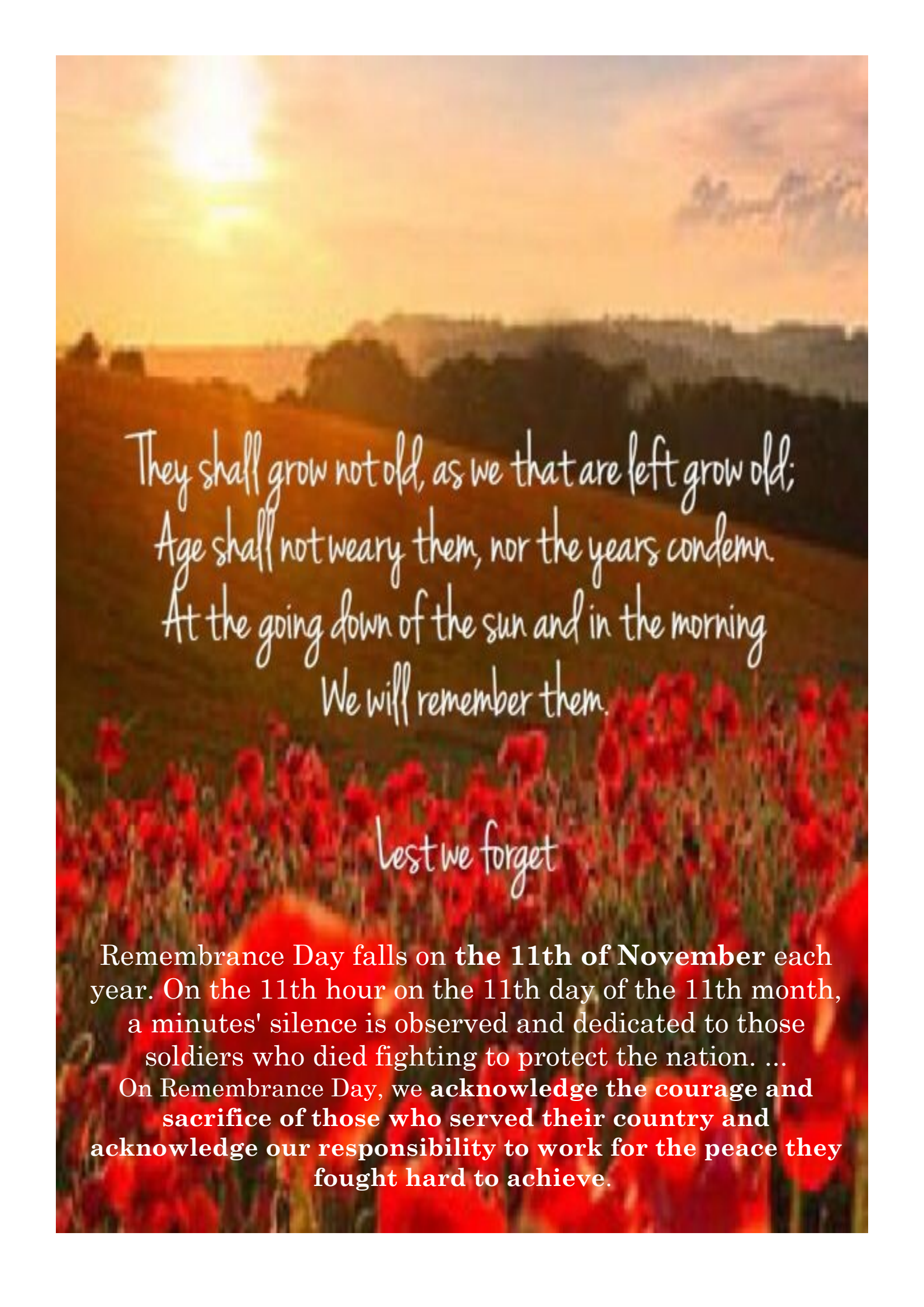


Bentley Wood Aged Care acknowledges the Traditional Custodians of the land and pays respect to Elders both past and present.



Bentley Wood Aged Care acknowledges and respects the diversity of our community and our consumers



A sunset over a field of red poppies. The sun is low on the horizon, casting a warm, golden glow over the scene. The poppies are in the foreground, and the background shows a line of trees under a hazy sky.

They shall grow not old, as we that are left grow old;
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning
We will remember them.

Lest we forget

Remembrance Day falls on the **11th of November** each year. On the 11th hour on the 11th day of the 11th month, a minutes' silence is observed and dedicated to those soldiers who died fighting to protect the nation. ...

On Remembrance Day, we **acknowledge the courage and sacrifice of those who served their country and acknowledge our responsibility to work for the peace they fought hard to achieve.**