# Buona festa della Mamma

Happy Mothør's

Dau

## Sunday May 10th

Mother's Day is a celebration honouring the mother of the family, as well as motherhood, maternal bonds, and the influence of mothers in society

#### Welcome to the May Edition of 'On the Grapevine"

### The Myrtleford Lodge Residents and Representatives Monthly Newsletter.

#### May 2020 Update.

In the context of the COVID-19 pandemic, the community is looking for reassurance that older people receiving aged care will be well looked after and will be kept safe.

Bentley Wood staff are working hard to ensure all consumers care needs including emotional support is being maintained.

Many residents and representatives are very supportive of our actions and we thank you for your positive feedback – understanding our focus is to keep consumers and staff safe from Covid 19 and Influenza.

Bentley Wood has been flexible in their approach to ensure consumers and their representatives are maintaining contact with each other.

Bentley Wood are continuing to allow visitors pre-arranged Monday to Friday with restrictions.

As there are no reception staff on weekends we cannot allow visitors on weekends – unless approved by the DON/DDON prior and on compassionate grounds only.

Visits are not allowed in special circumstances. for visits to occur.

.All visits must be pre and space to ensure we distancing and infection

PLEASE adhere to social

is for the protection of residents and staff.



residents rooms other than An area has been set up

booked to allow us time are maintaining social control practices

distancing at all times - it

As from 1/5/2020 – prior to any visit, you must show evidence that you have had the 2020 Influenza vaccine. This will need to be shown every time you visit so keep it handy. If you have not had the influenza vaccination then you are not allowed to visit Myrtleford Lodge.

Immunisation is required for all our contractors before access is allowed.

The Aged Care Quality and Safety Commission's current regulatory focus includes:

- Continuing to closely manage complaints about aged care services including those related to COVID-19, and escalating matters for regulatory action based on risk.
- Contacting all aged care approved providers by telephone to monitor their preparation for a COVID-19 outbreak and manage visitor restrictions in line with the Communicable Diseases Network of Australia (CDNA) infection control guidelines and the Australian Health Protection Principal Committee (AHPPC) advice on visits to vulnerable groups including residential aged care services.

•Conducting an online survey of all aged care residential and home care services, asking them key questions about their preparedness for COVID-19 based on the CDNA and AHPPC guidelines;

- Conducting roundtables with provider and consumer representatives to share information about issues and brainstorm solutions;
- Developing resources and tools to assist aged care service providers in responding to the COVID-19 outbreak including posters and letter templates; developing an approach to directly engage with consumers about their experience of the quality of care and services they are receiving including the impact of the current COVID-19 pandemic

These provisions are important for protecting residents and staff and reducing the risk of transmission of COVID-19.

Bentley Wood will continue to receive regular updates and ensure compliance with all government guidelines.

If you have any concerns, please contact Nursing or Deputy Director of Nursing.

Thank you for your cooperation during times.

Marita Seamer - Director of Nursing



the Director of

these challenging

#### Activities at Myrtleford Lodge

Autumn has certainly arrived bringing with it cool nights and mornings along with some good rainfall recently. On the warmest days afternoon tea can still be enjoyed in one of the courtyards as we all enjoy watching the seasonal change in our gardens.



Myrtleford Lodge held an ANZAC service to remember and honour our service men and women. Pictured is Pat Wait who assisted to make the wreath's, also pictured are Residents observing a minutes silence below the flag pole.



#### Lest we forget

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#### Activities at Myrtleford Lodge



The Queen's Birthday was celebrated at Myrtleford Lodge with High Tea and an informative chat about all things Queen Elizabeth 11. The queen's crown was also in attendance, with our ladies looking just beautiful, they were all queen for a day.



On several cold afternoons that we have experienced recently our activities moved to indoors and what better way to spend a cold afternoon than gathering with friends, roasting chestnuts to enjoy with a glass of wine and listening to some beautiful music. A number of residents enjoyed passing on to Diversional Therapy Staff the age old tradition of cooking chestnuts to perfection, an activity that was very much enjoyed with requests for another batch to be roasted soon.







Mr Whippy came to Myrtleford Lodge; remember the icecream van that enticed us all to come running when we heard the music?, well that's what

h r t t t

happened at Myrtleford Lodge recently when the music started and the Mr Whippy "trolley" arrived and took orders for some very delicious looking treats.

Myrtleford Lodge took delivery of some fresh Stanley apples that were very quickly made into delicious apple pies by this group of ladies, the pies were thoroughly enjoyed for dessert



and were just delicious.

Prior to ANZAC day, our very enthusiastic cooking group also produced some delicious Anzac biscuits that were then enjoyed for afternoon tea.





#### **ON THE GRAPEVINE**



#### May Birthdays

2nd May ~ Kathleen Evans 4th May ~ Irma Peruzzo 8th May ~ Brian Jordan 10th May ~ Gwyneth Millar 15th May ~ Gwyneth Millar 15th May ~ Morris Gaylard 17th May ~ Judith Wayth 30th May ~ Judith Wayth 31st May ~ Valerie Dawson 31st May ~ Margaret Oakley



Myrtleford Lodge Residents and Staff wish you all a very Happy Birthday, may you enjoy your special day.

Don Cunnington, Don Arnold and Rosina Perri all



Pictured are just two of our families who have taken advantage of the beautiful autumn sunshine and have booked a time to visit loved ones adhering to strict social distancing guidelines.



Morrie Gaylard and June Shepherd enjoying a sunny afternoon together. Jim and Lynn King recently celebrated a Wedding Anniversary.

Vera Traini was pictured displaying some of her knitting, she



has been kept very busy knitting blankets for her family.



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#### Activities at Myrtleford Lodge

Easter was celebrated at Myrtleford Lodge with the customary



Hot Cross Buns and Easter Eggs, staff and residents ensured that the tradition of an Easter hunt continued with a garden hunt for eggs enjoyed in what was very beautiful autumn weather.

Thankyou to Jackie Espejo who ensured that she brought a





smile to everyone's face.

Outdoor activities continue to be very much enjoyed, on many occasions morning and afternoon teas are held in one of the sunny courtyards, bringing everyone outside to enjoy the sunshine.

It's been wonderful to watch our families staying connected

during these challenging times, both Ivan Jelinic and Fran Bailey are just two of the residents to have enjoyed the wonders of Skype during this past month.



#### Fran's

daughter Julie who often entertains us with her classical voice ,delighted everyone by putting on a concert via skype.

Residents also continue to receive deliveries of some very heart

warming gifts from friends and families, Audrey Busst received a posy of roses and a staff members daughters, Indi and Sienna lovingly

made the most beautiful cards for everyone to enjoy.

Thankyou



#### Special events Calendar

1st May ~ Happy Hour

6th May ~ Italian themed day with cooking and pizza night

#### 10th May ~ Mothers Day

"Mothers hold their children's hands for a short while, but their hearts forever"



11th May ~ Chair Dancing

12th May ~ Residents and Representatives Meeting

12th May ~ International Nurses Day

International Nurses Day is an international day observed around the world on 12 May of each year, to mark the contributions that nurses make to society.

13th May ~ Birthday Breakfast gathering

25th May ~ Gather around the Fire Pit.

28th May ~ Pamper afternoon.

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Resident's are encouraged to read the daily activities board located in the dining room and the B Wing lounge, daily activities include, exercises, cooking, board games, gardening, garden walks, movies, bingo and much more.

Ideas for additional activities are always most welcome, you can either bring your ideas to the monthly meeting or discuss with one of the staff.

#### Medicare/Pension/DVA cards;

Should you receive a new card,, either pension, Medicare or DVA please ask Administration to take a copy so that we can update our system and advise our Allied Health professionals.

#### Suggestions, Complaints, Improvement forms;

Residents /Resident Representatives are reminded that we welcome your thoughts and feedback. Improvement forms are available for Residents from the front entrance area, please ask a Staff member to assist you if needed, alternatively we are happy to receive an email regarding any feedback from any of our families and Representatives.

#### admin@myrtlefordlodge.com.au

The Director of Nursing and Deputy Director of Nursing have an open door policy for Residents and Representatives to discuss any areas of concerns that you may have, please don't hesitate to ask to speak to either Marita or Amanda.

#### Monthly Newsletters:

When producing the monthly newsletter, it's lovely to look back on the past month and the many activities that have been enjoyed at Myrtleford Lodge, this past month it has certainly been a hive of activity, we hope that you enjoy looking back on the photos displayed throughout the Newsletter.

Wíshíng you all a very Happy Mothers Day. Buona festa della Mamma