

Remembrance Day

11 NOVEMBER

In Flanders Fields

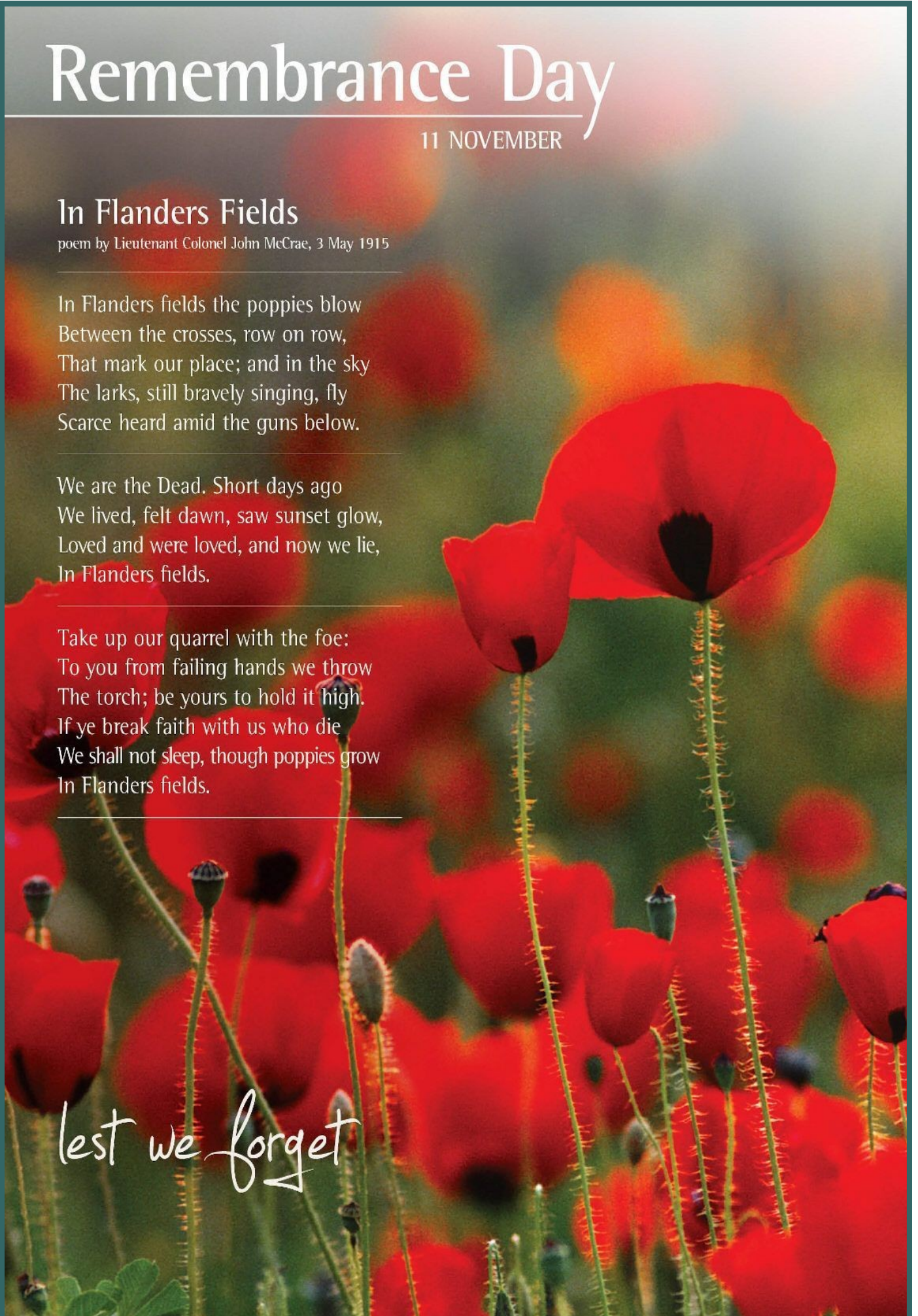
poem by Lieutenant Colonel John McCrae, 3 May 1915

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie,
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.

lest we forget





Welcome to the November Edition of;
"On the Grapevine"



The Myrtleford Lodge Residents and Representatives
Monthly Newsletter.

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November 2020: This month we will discuss:
Standard 4 – Services and supports for daily living

Consumer outcome

I get the services and supports for daily living that are important for my health and well-being and that enable me to do the things I want to do.

Organisation statement

The organisation provides safe and effective services and supports for daily living that optimise the consumer's independence, health, well-being and quality of life.

Meaning of - services and supports for daily living:

Services and supports for daily living include, but are not limited to, food services, domestic assistance, home maintenance, transport and recreational and social activities.

A consumer might have some challenges in their health and abilities, but they still have goals they want to achieve. They also have roles that have meaning, and they want to manage their day-to-day life and live as well as they can. Services and supports for daily living cover a wide range of options that aim to support consumers live as independently as possible and enjoy life.

Services and supports for daily living include:

- Domestic help, such as cleaning, laundry, gardening and home maintenance services

- Food services, including meals, food advice, delivery & preparation
- Services to encourage and support consumers to take part in social and other activities they are interested in, including community life.



Volunteering,
training or
finding a job



Social Support
& new
friendships



Personal
Care



Shopping,
Money &
Budgeting



Cooking &
Cleaning



Accessing
Transport

Delivering services and supports to improve a consumer's well-being and quality of life requires a consumer-centred approach. This means treating the consumer as a whole person and considering their physical and mental health, and spiritual, emotional and social life. Their relationships, attitudes, cultural values and the influences of those around them, including family and community are all important.

Socially including consumers isn't just about giving them opportunities to join in on activities that the organisation provides. It's also about making sure that consumers feel socially connected, can have relationships they choose, have control over their lives, have privacy and are able to contribute.

The care and services at Bentley Wood are delivered in a way that enables a person's needs to be met.

This includes making sure that enough time is allocated to allow staff to provide care and treatment in accordance with the person's assessed needs and preferences.



Bentley Wood has policies and procedures in place that support staff to deliver care and treatment in accordance with the requirements detailed in the care and services plan.

Bentley Wood staff undertake regular assessments and consumers/representatives are involved in discussions and decisions about their day-to-day care during care assessment, care planning and care evaluation. If you would like to discuss your care plan see a staff member at any time.

Bentley Wood is required to provide services and supports in line with the consumer's assessed needs, goals and preferences, and any care and services plan, or service agreement in place with the consumer.

We may not directly provide all the services and supports that are important to the consumer's well-being; however we can assist the consumer to access other services or supports, including those that the wider community may provide.

If there are any services and supports that you would like to be reviewed and offered, please ask the staff or discuss with management.

Marita Seamer –

Director of Nursing

Warm weather

With the arrival of the warmer weather, Residents are reminded of the importance of ensuring you stay well hydrated during the coming warmer months.

When outdoors, hats and sunscreen are recommended.



Visitor restriction update:

Movement of visitors into and within the facility should be limited and physical distancing measures maintained. The following **Infection Prevention Control (IPC) precautions** should be implemented.

- Follow, and stay up to date with, relevant advice on outbreak management in high-risk settings and restrictions to visitors to Residential Care facilities (RCF)
- IPC precautions are implemented to protect staff and other residents, visiting restrictions may be relaxed in the context of end-of-life palliative care.
- We continue to encourage and facilitate phone or video calls, or visits with physical barrier (e.g. window, balcony or 'see-through' fence) between residents and their friends and family members to maintain social contact while visiting restrictions are in place.
- Ensure all visitors, including essential external providers and visitors:
 - Visit only one resident
 - Go directly to the resident's room or area designated by the RCF, and avoid shared areas.
 - Stay 1.5 metres from residents, if possible.
 - Use alcohol based hand rub or wash their hands before entering and on leaving the RCF and the resident's room.
 - Practise cough etiquette and respiratory hygiene.
 - If visiting a resident who is in isolation or quarantine, follow contact and droplet precautions, as directed by RCF staff.

Activities at Myrtleford Lodge



Our Italian theme week was very successful with everyone enjoying all of the activities during the week especially the beautiful Italian luncheon prepared so

lovingly by our lovely ladies who are part of our cooking group.



Osso Bucco followed by Tiramisu was very much enjoyed by all Residents.



Vera Traini showed her skills of traditional embroidery, making intricate lace collars, her work is just so intricate and beautiful.



Activities at Myrtleford Lodge



The Myrtleford Lodge pop up shop continues to be very popular with many items for sale each Tuesday morning, Diversional Therapy staff are happy to purchase additional supplies should you have any requests.

Happy Hour is an enjoyable get together on a Friday afternoon, everyone is welcome to attend to enjoy these



social gatherings, come along and enjoy the fun; dancing is optional!

Activities at Myrtleford Lodge



Pool anyone?, Hugh has settled into his new role providing some new and interesting activities on the monthly calendar. The game of pool was very much enjoyed, with the audience growing in numbers during the afternoon to witness a fierce competition. Banna was also in amongst the activity and jumps up to see where the ball has gone. Fun to be had for everyone.

Residents enjoy Physiotherapy visits moving to the outdoors when the weather is lovely. Yvonne Sutton, Pat Hogg and Jill Weight all enjoyed going for a walk with Beau from Flexout Physio, stopping to do some of their exercises under his guidance.



Activities at Myrtleford Lodge



Afternoon tea also moves to the outdoor courtyards when the weather permits us to. Nancy Binder was captured enjoying socializing and enjoying the sun.



Gwyneth Millar enjoyed a walk and visit with her daughter Kaye.

Activities at Myrtleford Lodge



An afternoon of pampering occurs on the calendar every two weeks with fingernails clipped and painted along with beautiful hand massages.



Two of our Residents, Lyn Hulley and Ingrid Lein caught up with each other over a delicious Chinese takeaway lunch.

Dutch pancakes were thoroughly enjoyed for afternoon tea recently, Clare and Mandy were kept very busy keeping up to the demand, they were delicious.



Activities at Myrtleford Lodge



On what was a perfect spring afternoon, Residents thoroughly enjoyed a garden tour to two local gardens, we thank Hugh & Alison and Rhonda for their kindness in opening up their gardens for us to explore.



Activities at Myrtleford Lodge



Social gatherings continue to be the most popular activity on the monthly calendar, it's so lovely to hear the laughter and chatter and see new friendships formed.

Spring Dance



Our Spring Dance took on a new format this year due to current circumstances however it was a huge success with feedback from the Residents suggesting that they had a wonderful evening together, enjoying dancing to the music by David Draper

followed by a beautiful light supper.



Special Events Calendar

2nd November ~ Melbourne cup sweeps

3rd November ~ Melbourne Cup

5th November ~ Oaks Day Celebrations

6th November ~ Happy Hour

~ Smoothie Cafe is open

9th & 10th November ~ Christmas Portraits.

10th November ~ Residents Meeting

11th November ~ Remembrance Day

Lest we forget

11th November ~ Birthday Breakfast

11th November ~ Country Drive

13th November ~ Happy Hour

25th November ~ Country Drive

Additional activities are listed on the monthly calendar and daily noticeboards, everyone is always most welcome to attend. Should you have any ideas for activities, please don't hesitate to speak to one of the Diversional Therapy team or come along to the Residents/Representatives Meetings scheduled for the second Tuesday of each month.

Christmas Party

Residents Christmas Party ~ Tuesday 1st December

An afternoon of celebration, further details to follow.

Unfortunately due to COVID-19 restrictions, the Christmas Party will this year be held for Residents only.



November Birthdays



Judith Johnson ~ 13th November

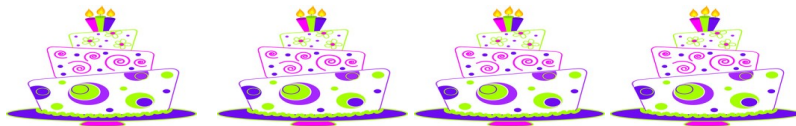
Maria Degrazia ~ 16th November

George Croft ~ 19th November

Judith Liccione ~ 26th November



Myrtleford Lodge Residents and Staff wish you all a very Happy Birthday, may you enjoy your special day.



Many Birthdays were celebrated at Myrtleford Lodge this past month, pictured are Shirley Brady, Laurel and Arthur Quonoey and Rosemary Capocasa.



A note from the Administration Desk

Residents Wheelchairs, scooters and Walking Frames:

The maintenance of Residents wheelchairs, scooters and walking frames remains the responsibility of the Resident / Representative. Staff at Myrtleford Lodge are able to provide contact numbers of suppliers for repairs if required.

Suggestions, Complaints, Improvement forms:

Residents /Resident Representatives are reminded that we welcome your thoughts and feedback. Improvement forms are available from the front entrance area, please ask Administration Staff for assistance should you require it.

Resident / Representatives Newsletters:

The Resident / Representative Newsletter is compiled and distributed monthly with copies made available to Residents on the large notice boards within the facility and from front reception.

Many of our families receive an emailed copy, should you wish to be included in our contacts to receive a copy please let administration staff know your email address ,or alternatively send an email to; admin@myrtlefordlodge.com.au

Alternatively Newsletter can be viewed on our Website;

www.bentleywoodpl.com.au

Till next month Take Care

