

Welcome to the July Edition of  
On the Grapevine  
The Myrtleford Lodge  
Residents & Representatives Monthly  
Newsletter





## Special Events Calendar



9th July ~ Residents/Representatives Meeting

10th July ~ Birthday Breakfast

~ Country Drive



12th ~ Happy Hour

19th ~ Friends of the Library



22nd July ~ Entertainment by Elysium



23rd July ~ P-12 College Year 10 classes

26th July ~ Hosting Hawthorn Village Residents

Indoor Bowls challenge



Daily activities including, bingo, board games, football tipping, exercise program, social gatherings, craft groups, movies and much more are listed on the monthly calendar and whiteboards throughout the facility.

Residents are encouraged to attend any of the activities, should you have any ideas for additional activities, please either speak to one of the Diversional Therapy Staff or bring your ideas to the next Residents & Representatives Meeting held on the second Tuesday of each month.

Next Meeting: Tuesday 9th July

All Welcome

July Birthdays



1st July~ Beryl Croxford

3rd July ~ Antoinetta Costanzo

3rd July ~ Moira Mead

4th July ~ Liselotte Seyffer

6th July ~ Anne Crippin

10th July ~ Fay Fear

13th July ~ Beth Walpole

19th July ~ Denis Garoni

29th July ~ Shirley Brady



Myrtleford Lodge Staff and Residents wish you all a very Happy Birthday, may you enjoy your special day with your family and friends.



Antonio Baldori, Beryl Croxford & Marg Oakley have all enjoyed birthdays recently.

The new Aged Care Quality Standards are contained in the Quality of Care Amendment Principles 2018. Assessment and monitoring against these new Standards will commence from 1 July 2019.

The new standards will replace the 44 expected outcomes across the four standards.

Each standard says what you, the consumer, can expect. Your aged care provider has to meet an “outcome” for you and they have to demonstrate how they are meeting that outcome.

There are eight standards, and each one is about an aspect of care that contributes to your safety, health and well being.

We will provide details of 2 standards each month so you have a full understanding of the changes.

The graphic shows which part of your care these standards relate to, or you can see the list below:

1. Consumer dignity and choice
2. Ongoing assessment and planning with consumers
3. Personal care and clinical care
4. Services and supports for daily living
5. Organisation’s service environment
6. Feedback and complaints
7. Human resources
8. Organisational governance



## Standard 1: Consumer dignity and choice:

### Consumer outcome:

I am treated with dignity and respect, and can maintain my identity. I can make informed choices about my care and services, and live the life I choose.

### Organisation statement:

The organisation:

- (a) Has a culture of inclusion and respect for consumers;
- (b) Supports consumers to exercise choice and independence; and
- (c) Respects consumers' privacy.

### Requirements:

The organisation demonstrates the following:

- (a) Each consumer is treated with dignity and respect, with their identity, culture and diversity valued.
- (b) Care and services are culturally safe.
- (c) Each consumer is supported to exercise choice and independence, including to:
  - i) Make decisions about their own care and the way care and services are delivered; and
  - ii) Make decisions about when family, friends, carers or others should be involved in their care; and
  - iii) Communicate their decisions; and
  - iv) Make connections with others and maintain relationships of choice, including intimate relationships.





(d) Each consumer is supported to take risks to enable them to live the best life they can.

(e) Information provided to each consumer is current, accurate and timely, and communicated in a way that is clear, easy to understand and enables them to exercise choice.

(f) Each consumer's privacy is respected and personal information kept confidential.

## **Standard 2 - Ongoing assessment and planning with consumers**

### **Customer care:**

I am a partner in ongoing assessment and planning that helps me get the care and services I need for my health and well being.

### **Organisation statement:**

The organisation undertakes initial and ongoing assessment and planning for care and services in partnership with the consumer. Assessment and planning has a focus on optimizing health and well being in accordance with the consumer's needs, goals and preferences.

### **Requirements:**

The organisation demonstrates the following:

- (a) assessment and planning, including consideration of risks to the consumer's health and well being, informs the delivery of safe and effective care and services;

(b) assessment and planning identifies and addresses the consumer's current needs, goals and preferences, including advance care planning and end of life planning if the consumer wishes;



(c) assessment and planning:

(i) is based on ongoing partnership with the consumer and others that the consumer wishes to involve in assessment, planning and review of the consumer's care and services; and

(ii) includes other organisations, and individuals and providers of other care and services, that are involved in the care of the consumer;

(d) the outcomes of assessment and planning are effectively communicated to the consumer and documented in a care and services plan that is readily available to the consumer, and where care and services are provided;

(e) care and services are reviewed regularly for effectiveness, and when circumstances change or when incidents impact on the needs, goals or preferences of the consumer.

If you have any questions with regards to the new standards please speak to staff for clarification.

Myrtleford Lodge will continue to strive to meet residents/ consumers needs whilst transitioning to the new standards

Marita Seamer

Director of Nursing

## Activities at Myrtleford Lodge

With the weather outdoors wet and cold, our Tuesday craft group were enjoying the warmth of the indoors and the friendships of others.

Thank you to Judith Neumann one of our volunteers who provides not only some guidance and friendship to the group, the craft ideas are beautiful.

I did hear a whisper that the group commenced the craft afternoon with some Bollywood dancing to set the mood.



Photo by Lilo Seyffer

Judith is more than happy for anyone that would like to join the group to just come along for an afternoon of friendship and craft.



### Activities at Myrtleford Lodge



Gwen Naughton is pictured with her completed wall tapestry that she made during the craft gatherings. The craft being completed by the ladies is absolutely gorgeous.



Students from the P-12 College continue to visit Myrtleford Lodge weekly.



Residents enjoyed the company of the Foundations students who read stories during their recent visit.

Exercises continue each morning from 9.30am, everyone is welcome to attend.



## Activities at Myrtleford Lodge

The Myrtleford Scouts under the guidance of their leader, Bernadette Hays came in to meet and engage with the residents.

Many of the residents were fortunate to enjoy being able to assist the young scouts with their reading skills.



Myrtleford Lodge were recently donated this beautiful grandfather clock by the Pigdon family in memory of their late parents, Betty and Kevin who resided at Myrtleford Lodge until their passing.

This timepiece is gifted to  
the Myrtleford Lodge Aged Care Facility  
in gratitude for the care and compassion offered  
by all staff to our parents, Kevin & Betty Pigdon  
while in residence at the lodge  
Sincerely appreciated. Clive and Glenn Pigdon  
May 2019

We thank the family most sincerely.



## Activities at Myrtleford Lodge

A group of ladies gathered at Alpine Gate Cafe recently to enjoy an afternoon tea outing together. The cafe is a meeting place for many locals and the group of ladies also caught up with many friends also passing through who stopped for a chat.



Elysium

once again performed for us along with Diversional Therapist Lorraine Hughes on the ukulele.



## Activities at Myrtleford Lodge

Myrtleford Lodge were again treated to the beautiful soprano voice of entertainer Tony Houseman from *Magical Musical Memories* who performed for us his English Concert.



Richard Richter was enjoying the songs so much that he was invited to join Tony in front of the audience much to the delight of everyone in attendance, Rich certainly has a lovely voice, also we hear he is also good on the harmonica — we look forward to hearing a tune or two!



## Activities at Myrtleford Lodge



Eva Meier and Polly Cleeland also enjoyed the concert along with Shirley Brady pictured below.

Tony will be back by popular demand to perform again for us.





## *A note from the Administration Desk*

### Surveys:

Thankyou to all of our Representatives who contributed to our Annual Representatives Survey, your feedback as always is welcomed. Results will be presented to all Representatives once collated.

Reminder to all of our Residents; The Annual Residents survey has also been distributed, we ask that these be completed prior to July 12th, should you require some assistance please don't hesitate ask a staff member to assist you or your representative.

### Charter of Aged Care Rights:

Thankyou also to the many Residents & Representatives who have completed the Charter of Rights and returned them signed for our files.

Further copies will be placed at Reception should anyone require a further copy.

### Monthly Newsletters:

When producing the monthly newsletter, it's lovely to look back on the past month and the many activities that have been enjoyed, we welcome many visitors on a day to day basis, we enjoy having visitors to the facility and hope that you always feel welcome.

Should you wish to receive the Monthly Newsletter by email, please don't hesitate to either leave your details with Administration staff or send an email to;

[admin@myrtlefordlodge.com.au](mailto:admin@myrtlefordlodge.com.au)