

*Welcome to the October  
Edition of;  
'On the Grapevine'  
The Myrtleford Lodge  
Residents & Representatives  
Newsletter*



Don't forget to turn clocks forward one hour  
as Daylight Savings Time commences  
Sunday October 6th.

## Activities at Myrtleford Lodge

The Myrtleford Lodge family has welcomed with much love and excitement some new additions over the past months.

Pictured are three of our new arrivals, Astrid Garcia with her mother Arneliza, Darragh Dimagiba with his mother Aubrey and the newest addition, Kiryanne Quintana with her mother Kristel.

They are just beautiful and we are delighted that they will come to visit us and we can watch them grow and develop their little personalities.



### Getting to know you

Hi, my name is Pat Hogg and the Lodge has been my home for nearly six years. I was born the third child of Hugh Lennon and Ethel M Watkins. My father served in the first world war and my mother was English. Dad met my mother in England after he was wounded and sent to England to recuperate.

They married and sailed to Australia on Christmas Eve 1919 where they settled for a time on the family farm after which they applied for a Soldier Returned block and was given no grant only the right to try it, after three years of drought and using all of the money they had left, Dad joined the railways and we shifted all over Victoria, my siblings, Maureen and Ted were older than myself, Ted joined the St John of God order and Maureen was a school teacher.

After primary school I became a boarder at Vaucluse School in Richmond Victoria so that my schooling was more consistent. I met my husband in Mildura whilst I was working in the Commonwealth Bank and we lived at Meribein in the Sunraysia area. Work was only seasonal so with our first son Gary we came to Myrtleford in 1953 for a holiday and stayed, Lyell worked as a carpenter and together we welcomed five more sons and a daughter, so my life was kept very busy raising seven children also working as a librarian at Marian College for seventeen years.



Of course I now have a very large family, fourteen grandchildren, fifteen great grandchildren and three great great grandchildren.

I read a great deal and play with my computer and walk so my days are kept very busy.

We are very lucky to have a home like Myrtleford Lodge where I am quite content.

Each month one of the Residents will share their own “ story so far” with us all. Thankyou to Pat Hogg who wrote her own story for us to read this month.

The new Aged Care Quality Standards are contained in the Quality of Care Amendment Principles 2018. Assessment and monitoring against these new Standards has commenced from 1 July 2019.

Each standard says what you, the consumer, can expect.

Your aged care provider has to meet an “outcome” for you and they have to demonstrate how they are meeting that outcome.

There are eight standards, and each one is about an aspect of care that contributes to your safety, health and well being.

We will provide details of 2 standards each month so you have a full understanding of the changes.

The graphic shows which part of your care these standards relate to, or you can see the list below:

1. Consumer dignity and choice
2. Ongoing assessment and planning with consumers
3. Personal care and clinical care
4. Services and supports for daily living
5. Organisation’s service environment
6. Feedback and complaints
7. Human resources
8. Organisational governance



## Standard 6: Human Resources:

### Consumer outcome:


I get quality care and services when I need them from people who are knowledgeable, capable and caring.

### Organisation statement:

The organisation has a workforce that is sufficient, and is skilled and qualified, to provide safe, respectful and quality care and services.

### Requirements:

The organisation demonstrates the following:

1. The workforce is planned to enable, and the number and mix of members of the workforce deployed enables, the management of and services.  workforce delivery and safe and quality care
2. Workforce consumers are respectful of each consumer's identity, culture and diversity; interactions with kind, caring and
3. The workforce is competent and the members of the workforce have the qualifications and knowledge to effectively perform their roles;
4. The workforce is recruited, trained, equipped and supported to deliver the outcomes required by these standards;

5. Regular assessment, monitoring and review of the performance of each member of the workforce.

## Standard 8 – Organisational governance

### Consumer outcome:

I am confident the organisation is well run. I can partner in improving the delivery of care and services.

### Organisation statement:

The organisation's governing body is accountable for the delivery of safe and quality care and services.

### Requirements:

The organisation demonstrates the following:

1. consumers are engaged in the development, delivery and evaluation of care and services and are supported in that engagement;
2. The organisation's governing body promotes a culture of safe, inclusive and quality care and services and is accountable for their delivery;

Effective organisation wide governance systems relating to the following:

- (i) information management;
- (ii) continuous improvement;

(iii) financial governance;

(iv) workforce governance, including the assignment of clear responsibilities and accountabilities;

(v) regulatory compliance;

(vi) feedback and complaints;



Effective risk management systems and practices, including but not limited to the following:

(i) managing high impact or high prevalence risks associated with the care of consumers;

(ii) identifying and responding to abuse and neglect of consumers;

(iii) supporting consumers to live the best life they can;

Where clinical care is provided—a clinical governance framework, including but not limited to the following:

(i) antimicrobial stewardship;

(ii) minimising the use of restraint;

(iii) open disclosure.

Marita Seamer - Director of Nursing

## Activities at Myrtleford Lodge



Myrtleford Lodge Residents have been enjoying the beautiful spring sunshine. With the assistance of the Alpine Institute overseas nurses who recently completed their Aged Care component of the course Residents were able to get out and about daily. We thank

the students for assisting Residents daily not only with their care, also assisting our daily living activities program.

As the spring days become warmer, our activities program has commenced more outdoor activities, daily walks, bus drives, gardening, bbq's and afternoon teas under the gazebo and the D Wing courtyard have all been included on the daily calendar.





### Activities at Myrtleford Lodge

Pictured are some of the many Residents who spent the afternoon outside either under the gazebo enjoying afternoon tea or by the fire pit toasting marshmallows.



Our craft group are pictured below with the display of just some of the crafts they have been working on during the last few months, there is also another display in the dining room.



## Activities at Myrtleford Lodge

Myrtleford Lodge Residents thoroughly enjoyed a visit from some beautifully restored cars as part of a get together organized by the Bright Hot Rod , Bright Preservation Society and the Custom Car club of



Myrtleford. David Draper, Bill & Gwen Naughton, Lilo Seyffer and Shirley Brady with carer Jackie were all captured enjoying the car display.



## Activities at Myrtleford Lodge



The car clubs enjoyed a BBQ lunch at Myrtleford Lodge together with the Residents.

Pat Waite, Fay Fear, Brian Hays and Peter Robertson also enjoyed the visit and a ride.

We thank the clubs for putting on such a lovely day, providing a day of friendship and enjoyment



## Out and About on your Mobility Scooter

### Know your area:

Get familiar with the most navigable routes in your neighbourhood. Be aware of the locations of curbs that do not have curb cuts or streets that do not have sidewalks so you can avoid these routes if possible by planning ahead.

### Be visible:

Be aware that when you are travelling by scooter you are at a height disadvantage to the other users of the road and sidewalk. Make sure you and your scooter have the following safety features:

- Brightly coloured and/or reflective clothing.
- Reflective strips on front, sides and back of scooter
- Light on front and back of scooter
- Florescent orange bike flag attached to the back seat of the scooter.



People using motorised mobility devices need to follow the same rules as pedestrians. This means:

- Travelling on the footpath unless impractical to do so.
- If you need to travel on the road you must travel facing oncoming traffic
- Crossing roads at the shortest possible route

## Out and About on your Mobility Scooter

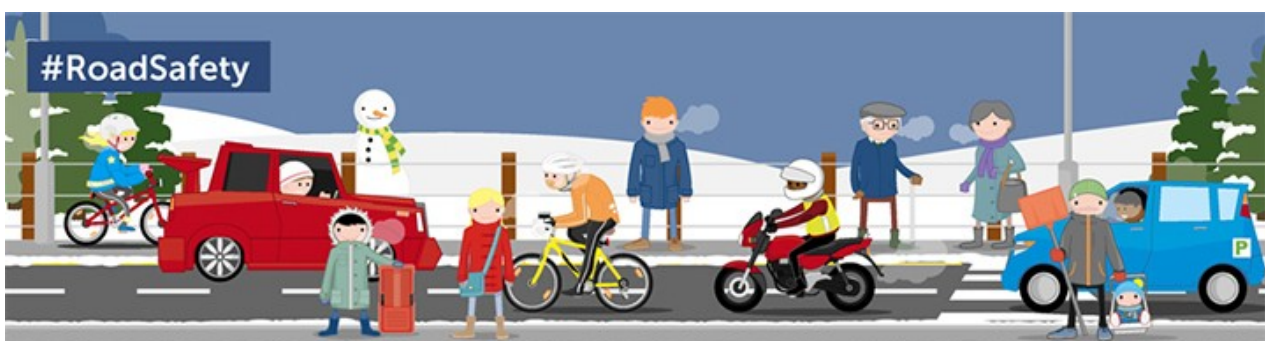
- Giving way to cars entering or exiting a roundabout
- Giving way to bicycle riders when crossing a bicycle path
- Not obstructing the path of a driver or another pedestrian
- Not parking in an area that blocks the path of other pedestrians

### RACV's top 5 safety tips for mobility devices:

- Avoid headphones and using a mobile phone while riding
- Travel at a speed that allows you to stop quickly and easily
- Where possible, keep to areas with pedestrian access and footpaths.
- On footpaths, be cautious around other pedestrians as you are likely to be travelling faster than them.

### Other pedestrians are not required to give way to mobility scooters.

- Try to make eye contact with drivers and riders before crossing a road.



### Special Events Calendar

5th October ~ Entertainment by Lynn Smith



Susie & David Draper's Wedding Day  
Congratulations ,may you enjoy much  
love and happiness together.



6th October ~ Daylight Savings commences

9th October ~ Birthday Breakfast

17th October ~ Blooms Fashions; Summer collection

18th October ~ Happy Hour

20th October ~ Friends of the Library

21st October ~ Entertainment by Elysium

23rd October ~ Lunch Outing.

26th October ~ Myrtleford Show



### Birthdays at Myrtleford Lodge

6th October ~ Laurel Quonoey

10th October ~ Arthur Quonoey

20th October ~ Rosemary Capocasa

21st October ~ Beverley Allan

24th October ~ Gwenneth Naughton

26th October ~ Patricia Waite

27th October ~ Shirley Mitchell



Myrtleford Lodge Residents and Staff wish you all a very Happy  
Birthday.

## Activities at Myrtleford Lodge

The Myrtleford Lodge Football Tipping group enjoyed an end of season BBQ on the eve of the Grand Final with Marg Oakley declared the winner receiving the trophy.



We have all enjoyed the banter and fun of the season, no more so than our Maintenance

man Wes who is an avid Richmond supporter, for the rest of us we have high hopes of next year.

## ON THE GRAPEVINE

### Thankyou:

A very big Thank you to Bronwyn Perry who has lovingly knitted some beautiful knee blankets and fiddle rugs for Myrtleford Lodge Residents.

### Infection Control: Visiting Pets requirements.

Whilst Myrtleford Lodge Residents welcome and enjoy the company of visiting pets, as part of our guidelines as an Aged Care Provider, Myrtleford Lodge requests the owners of regular visiting pets to please provide confirmation that the visiting pet/s have regular health checks, vaccination and worm and flea treatment prior to them spending time at the facility.

### Lost Item:

Administration have a beautiful ladies brooch with a mother of pearl stone with the inscription "Mother", this has been found in the facility, we would love to return it as it looks to be a very sentimental piece. Please see Administration Staff.

### Newsletter:

When producing the monthly newsletter, it's lovely to look back on the past month and the many activities that have been enjoyed, we welcome many visitors on a day to day basis, we enjoy having visitors to the facility and hope that you always feel welcome.

Should you wish to gain a copy of the Newsletter, please let Administration Staff know your email address or send an email to; [admin@myrtlefordlodge.com.au](mailto:admin@myrtlefordlodge.com.au)

to be included in our contacts list.

