



Welcome to the July Edition of;
“ On the Grapevine”

The Myrtleford Lodge Residents and
Representatives Monthly Newsletter

*Hello
July!*

Hello again and I thought this month I would continue on the same theme as last month by providing you with more information on one of the Accreditation Standards Myrtleford Lodge is always striving to continually improve.

Clinical Care is expected outcome 2.4 of the 44 Accreditation standards assessed by the Accreditation Agency and one which is a major focus that requires a consultative approach from residents and or representatives and staff.

The expected outcome of 2.4 – Clinical Care requires:

Residents receive appropriate clinical care.

What does this mean?

What we are aiming to achieve is:

- Management and staff demonstrate that residents receive the care that is appropriate to their needs and preferences.
- Residents/representatives confirm the appropriateness of the care they receive according to their needs and preferences.



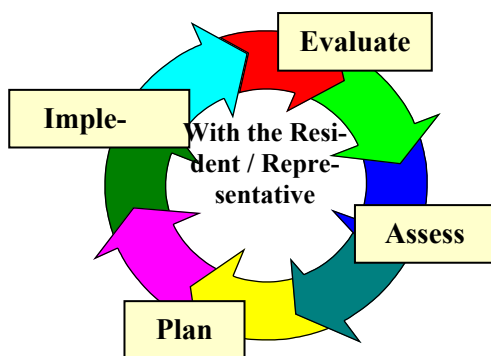
Myrtleford Lodge aims to meet this outcome by completing the following:

Undertaking an initial assessment and planning in relation to care and lifestyle, including but not limited to the following areas: clinical care, specialised nursing care; pain management; palliative care if required; skin care management; continence management; behavioural management; mobility and dexterity needs; sensory losses and sleep management; as well as lifestyle choices, including cultural preferences.

This initial assessment conducted for all residents forms the basis of a care plan and dictates the care required. As we know our needs change frequently and staff must be aware of these changes through clinical assessments, review of care plan, and resident of the day (ROD) reviews, as well as communication with residents, representatives and staff.

The ROD is completed monthly in which every aspect of your care needs are reviewed, changed if necessary and actioned accordingly by a number of staff and other health professionals.

A holistic, multi-disciplinary approach is taken to providing contemporary care in partnership with each resident or representative. An individual plan of care that promotes health and well being is formulated for each resident based on a comprehensive assessment. The plan is implemented and evaluated monthly or more frequently in response to the resident's changing health status.



The care plan identifies; individual resident needs/problems, a goal for each need/problem and strategies / interventions to meet the goals.

Goals should be realistic and wherever possible the resident should be involved in setting goals.

Strategies and interventions are implemented according to evidence based practice by staff with appropriate knowledge and skills; and according to their scope of practice and legislative requirements.

Residents have their needs and where possible preferences met by the most appropriate health professional such as, qualified nursing staff, doctor, dentist, dental technician, physiotherapist, speech pathologist, dietitian, occupational therapist, palliative care team, pharmacist, PGAT/DBMAS, geriatrician. The residents' right to access complimentary therapies is respected and supported within the legislative framework.

The types of documentation we use to formulate your individualised care plan are as follows:

- Assessments
- Care plans
- Progress notes
- Observation charts
- Incident forms / Improvement forms
- Consultation with residents and/or representatives
- Doctor / allied health assessments and
- Any other relevant correspondence or communications.

From all this documentation and communication with you we are striving to ensure you are satisfied with the level and manner in which care and services are provided across all areas of health and personal care, as well as your lifestyle choices.

THINK
about what **MATTERS**
most to **YOU.**

By communicating with staff regularly, have your say at the resident/representatives meetings held monthly and using the suggestions, complaints and compliments box (located at front reception), we can ensure Myrtleford Lodge delivers care and services that suit you as an individual

If you would like to discuss anything about your clinical care provision please speak to a Registered Nurse who can assist with any questions you have.

Marita Seamer
Director of Nursing



Attention Residents and Representatives:

We require your assistance to help de-clutter residents rooms.

Some of our residents (not all) have excessive amounts of items in their rooms, and far too many clothing items cluttering up their wardrobes.

Whilst we understand that condensing a family home into one small room is an emotional and challenging task, we also have the safety of residents and staff as our priority at all times.

Excessive clutter can be a trip hazard for both the resident; who most likely is already unsteady on their feet and the staff members who attend to the residents needs.

Clutter also makes it difficult for our environmental services staff to clean the rooms adequately.

Another consideration for family members to keep in mind is that a clutter free environment can make things easier for residents who have memory impairment.

July is “no clutter month” and family help with this would be very much appreciated.

Activities at Myrtleford Lodge



The Myrtleford Community has recently welcomed Richard Pennington to the Anglican Parish.

Minister Pennington will hold a service at Myrtleford Lodge twice monthly, please refer to the monthly calendar for dates and times.

All denominations are welcome to attend.

Parish News

Fr Pompeyo will be on leave after Mass on the 17th June and returning for Mass on the 4th August. Fr Malcolm Hewitt from Wodonga will be celebrating Weekend Mass only during this time.

Sadie Michael fashions showcased their latest winter range to the Residents, they proved to be very popular with many purchases made on the day.



Activities at Myrtleford Lodge



Silk flower arranging is a very popular activity at Myrtleford Lodge, pictured are Beryl Croxford, Gwenneth Millar and Edna Shephard busily making displays for the facility.

Activities staff members Mandy and Clare made the most delicious corn fritters for a special afternoon treat. By all accounts they were just as delicious as they smelled.



Activities at Myrtleford Lodge



Myrtleford P-12 College students continue to visit Myrtleford Lodge on Tuesday's and Friday's during the school terms. The students are always most welcome.

Two of our Birthday girls

Residents birthdays are always celebrated with a Birthday cake for afternoon tea to share with residents and family members. Pat Hogg and Zena Atkinson were just two of the Residents who celebrated birthdays in June.



Myrtleford Lodge Staff



Registered Nurse handover at Myrtleford Lodge is held at the change over of each shift, three times during each day, 7am, 3pm and 10pm. We ask residents, families and visitors to please direct all enquiries to other staff members during these times.

Myrtleford Lodge Staff uniforms

Registered Nurse

Enrolled Nurse/Personal Care Attendant

Diversional Therapy

Environmental/Catering

As we have welcomed many new residents and families to Myrtleford Lodge of late, whilst all staff are always happy to assist you in any way, we hope that the uniform chart will be of further assistance so that you may easily identify staff working within the facility and their roles.

Activities at Myrtleford Lodge

Chinese checkers seemed to be the game of choice for this group of Residents on a cold winters morning. Myrtleford Lodge have many puzzles and games available for use, please feel free to borrow them from the activities area.



Movies

If you would like to watch a movie at any time, please don't hesitate to ask the Staff to put one on for you in the Theatre Room.

Myrtleford Lodge also have an extensive collection of CD's available for Residents to enjoy, on most evenings a group of ladies gather to enjoy some music prior to the evening meal.

Pictured is Thelma Jones and Marg Jenkins sharing a blanket as they listen to songs from a bygone era.



Activities at Myrtleford Lodge

On Tuesday 5th June, Myrtleford Lodge hosted 16 guests from Woods Point Aged Care in Yarrawonga.

A lovely day of fun, friendship and laughter was enjoyed by all.

Mary Zamperoni was reacquainted with an old friend she hadn't seen since primary school, we were just astounded that they each recognized each other after so many years.



Our knitting group have been enjoying gathering around the fireplace to enjoy an afternoon of friendship and laughter as well as a little bit of knitting.



July Birthdays at Myrtleford Lodge



1st July ~ Beryl Croxford

3rd July ~ Antoinetta Costanzo

3rd July ~ Moira Mead

14th July ~ Liselotte Seyffer

18th July ~ Marjorie Jenkins



*Wishing you a day
as special as you are...
Happy Birthday!*

9th July ~ Luigina Bosustow

10th July ~ Fay Fear

14th July ~ Mafalda Gigliotti

17th July ~ Maria Rosa

29th July !~ Shirley Brady



Special events on the July Calendar

3rd July ~ Wildlife talk and Display with Toby.

6th July ~ Happy Hour

8th—14th July—Diabetes awareness week

14th July ~ Sing-a-long with Lynn

20th July ~ Happy Hour

30th July ~ International day of Friendship



P12 College students visit ~ Tuesdays & Fridays

Knitting group ~ Every Tuesday @ 2pm

Bingo ~ Every Tuesday and Friday

Anglican Service ~ 10th & 24th July

Italian social gathering ~ Wednesday mornings.

Movies ~ On request

Bus drives, walking groups, cooking, musical entertainment, games, puzzles, shopping, library and many more activities are listed on the calendar.



A note from the Administration Desk

Electrical Tagging;

Maintenance have been very busy conducting the annual electrical tagging of all electrical appliances throughout the facility ensuring that all Residents electrical appliances have been checked for safe working order. Should you purchase or receive any new items please ask administration staff to notify maintenance so that they may also be checked.

Valuables / Spending Money;

Residents are discouraged from leaving valuables or large amounts of cash in the facility. Myrtleford Lodge Aged Care will not take responsibility for the loss of valuables or money despite all endeavours to maintain and promote a secure environment. Myrtleford Lodge encourages all residents to take out their own insurance policy to cover valuables. Residents and/or their family members who insist on leaving valuables in the facility may do so after exonerating the facility from any responsibility.

Residents often require some spending money (petty cash) for the purchase of small items or services such as hairdressing and outings. A petty cash system for small amounts of money for residents who require such a service is available for these items at reception.

Newsletters and Calendars;

Should you wish to receive a copy of the monthly Newsletter and calendar of events, please either let administration staff know your email address or send an email to;

admin@myrtlefordlodge.com.au

