

April 2018

Resident and Representative Newsletter



Myrtleford Lodge wish everyone a very
Happy Easter.

May you enjoy this special time with
your family and friends.

Activities at Myrtleford Lodge



High Tea;
Residents enjoyed High Tea in D Wing during March. Pictured is Eva Meier and Norma Schafer together with Polly Cleeland wearing crowns as part of the fun.

Waiting for the delicious spread of cakes, slices and fruit to arrive were Anna Dagoli, Beryl Croxford and Beryl Morgan.



Activities at Myrtleford Lodge

Don't the pizzas look delicious;
These lovely ladies spent the
afternoon preparing and cooking
home made pizza's for dinner on
Wednesday 7th March much to
the delight of everyone.

Thankyou to, Betty Pigdon, Rose
Maggs, Mary Zamperoni, Virginia
Broz, Paola Castagna, Teresina



Nero together with staff
members Mandy Shepherd and
Clare Southern. By all accounts
the pizza was very much
enjoyed .

Bellissimo!

Activities at Myrtleford Lodge



On what can only be described as a perfect autumn weather of late, it is lovely to see families enjoying the gazebo.

Anna Dagoli enjoyed the afternoon with her son, and Perry Howell enjoyed afternoon tea with her family and her beloved dog

Who was settled at her feet.



Lunch Outing; Some of our residents enjoying the meal shared at _____

Activities at Myrtleford Lodge



Floral arranging was an activity enjoyed by the ladies and it may be the last flush of flowers and greenery before the arrival of autumn.

The flower displays looked beautiful centred on the dining tables for all to enjoy!



Activities at Myrtleford Lodge



Pictured is Gwyneth Millar who was chosen to greet and present a small gift on behalf of the residents.

The Princesses and their partners parade in front of the residents for all to appreciate the efforts

they went to for the festivities.



Thank you for making the effort to attend Myrtleford Lodge for the residents to enjoy.

Myrtleford Lions Club Princess ball is held every year as part of the Myrtleford festival celebrations.

The Princesses and their partners are presented to the Residents at the lodge as their first public appearance.

By coming to the lodge first—it provides the Princesses the chance to calm their nerves and an opportunity to mingle with the residents. The residents enjoy this so much!

Each month we are profiling some of the expected outcomes of the Accreditation Standards. This month we focus on Expected Outcome:

3.9 Choice and Decision Making

Each resident (or his or her representative) participates in decisions about the services the resident receives and is enabled to exercise choice and control over his or her lifestyle while not infringing on the rights or other people.

The focus of this expected outcome is 'results for residents' Results:

Management demonstrates that residents' decisions and choices to have control over their lifestyle have been recognised and respected.

Residents / representatives confirm their participation in decisions about services they receive and that they are able to exercise choice and control appropriate to their needs and preferences.



Resident's individual choices and decisions are actively encouraged and supported by management and staff. Below are some examples of how this is achieved:

One on one discussions, resident /representative forums



and monthly 'Resident of the Day' care plan reviews are in place to ensure Myrtleford Lodge provides residents and representatives with information to

make decisions and have input into the resident's care and treatment. The evaluation is made to see if any changes to the care plan are required. The evaluation and any changes are made in consultation with the resident and/or their representative.

Access to improvement forms and staff to report any concerns or suggestions

Choice of medical and allied health services where possible however due to the location sometimes choices are limited. Residents have access to forums and surveys to discuss care provision, menu planning and lifestyle activities as well as all aspects of their care and service provision.

Resident / family meetings are conducted on the

2nd Tuesday every month at 3.15pm.

All residents and their family members and representatives

are welcome to attend this meeting.

The purpose of this meeting is to provide an opportunity for residents and their family members / representatives to comment on matters relating to the facility and be involved in decision making about the operation of the facility.

Management and staff are committed to providing the best care options and service to the residents.

To assist us to ensure our systems are working well residents and visitors are encouraged to complete an Improvement



Form when they identify an area in which we can improve. An Improvement form is located in the low care lounge room and high care, care station as well as can be obtained from reception.

Improvement forms can be used for suggestions, compliments or complaints.

The Director of Nursing and Deputy Director of Nursing are available during office hours if you wish to discuss any concerns or would like to make a suggestion or report a complaint.

Marita Seamer



The Line dancing ladies are always a treat at Myrtleford Lodge as part of the entertainment program.

A number of residents comment on the amazement of how they remember all the steps to each dance!

The line dancers say it is a great way to stay fit and keeps them on their toes!



A lovely donation from a staff member—Tenille Alty of knitted rugs that is certainly enjoyed by the Residents pictured. A welcomed addition given the weather is changing and the cooler months are ahead

RESIDNET AND STAFF SAFETY:

Myrtleford Lodge Aged Care is our resident's home and as such each resident has the right to live within the home and continue to engage in relationships of their choice

This is also the workplace for our staff and as such they have the right to work in a workplace that provides them with a safe working environment.

Therefore to all of our valued visitors, please be advised that the following behaviour will not be tolerated within Myrtleford Lodge Aged Care.

- Verbal abuse of any resident, staff member and/or visitor
- Threats either verbal or physical in nature
- The use of any profanities irrespective of the circumstances
- The entry by visitors into any staff work areas where such entry is clearly prohibited.

If any of the above behaviours should occur, management reserves the right to take any of the following action:

- To request any individual (other than a resident) to leave the facility immediately
- To contact police and request that the offender be removed from the facility
- To deny access to the facility to any individual exhibiting any or all of the above behaviours.

If you have any questions regarding this please speak to Management.

Residents / Resident Representatives Meetings

Myrtleford Lodge Residents/Representatives

Meetings have been very well attended in recent months which is providing a wonderful forum for discussing a large array of issues, suggestions and ideas for improvement.

We are most fortunate to have Rita Sguario, one of our lovely volunteers translate the meeting minutes in Italian at the very popular Wednesday morning gathering, this ensures that all Residents understand the discussions had at the meeting as

well as providing an opportunity to give some feedback to be included on the Agenda for the following meeting.



April Birthdays

 Dawn Arbuthnot—8th

 Mary 'Polly' Cleeland—10th

 Ivan Jelinic—13th

 Peter Ross—15th

 Tess Novak—19th


 From all of the Residents and staff, we wish you
Happy Birthday, enjoy your special day!


ANZAC Day April 25th

In Flanders' fields the poppies blow
Between the crosses, row on row
That mark our place, and in the sky
The larks still bravely singing, fly
Scarce heard amid the guns below.

We are the dead, short days ago
We lived, felt dawn, saw sunset glow.
Loved, and were loved, and now we lie
In Flanders' fields.

Take up our quarrel with the foe,
To you from failing hands we throw
The Torch: be yours to hold it high!

If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders' fields.



LEST WE
FORGET