

A close-up photograph of several pink roses with vibrant green leaves. The background is a soft, out-of-focus mix of pink and white, creating a gentle, celebratory atmosphere. The text is overlaid on the upper and middle portions of the image.

*Happy Mother's Day to all of our
beautiful mother's and
Grandmothers.*

*While we honour all our mothers
with words of love and praise.
While we tell about their goodness
and their kind and loving ways.
We should also think of Grandma,
for she's a mother too, you see.....
For she mothered my dear mother,
as my mother mother's me.*

Welcome to the May Edition of;
" On the Grapevine "
The Myrtleford Lodge Residents/
Representatives monthly Newsletter.

We hope that you find the Monthly Newsletter both an informative and interesting read, should you wish to obtain a copy, please ask Administration Staff.
As always we welcome your feedback at any time.



All of our Myrtleford Lodge ladies are invited to a special High Tea to celebrate Mothers Day; Friday 12th May at 2.30pm.

Expected outcome 1.3 Education and staff development

This expected outcome requires that:

Management and staff have appropriate knowledge and skills to perform their roles effectively.

The focus of this expected outcome is 'results'.

Management demonstrates management and staff have the knowledge and skills required for effective performance in relation to the Accreditation Standards, and in particular, in relation to management systems, staffing and organisational development.

To ensure Myrtleford Lodge meets this standard this is some of the actions completed:

The Deputy Director of Nursing is the Education Coordinator and arranges a wide range of education sessions each year that covers clinical and non clinical topics for all staff. The education calendar is posted in the staff room and all staff are encouraged to attend at least 20 hours of training each year.

Staff complete the following training sessions every year which are mandatory for every staff member.

- Manual handling
- Infection control
- Occupational Health and safety
- Bullying and Harassment
- Elder abuse
- Fire safety and evacuation.



All staff complete assessments of core clinical and non clinical competencies such as infection control, hand washing, wound management, medication administration and many others to ensure they have the knowledge and skills to carry out their roles.

Training conducted at Myrtleford Lodge in 2017 thus far:

Fire training
Staff orientation
Manual handling
Modified diets
PICC lines
Ezy-as applicator
Dishwasher training
Bowel management
Food safety
RACF communiqué
Hearing aids
Dementia and behaviour management
Infection control
Gastroenteritis
Chemical management
Continence management



There are many more topics planned for the remainder of the year which will ensure the staff that provide care to the residents are well skilled to ensure best practice outcomes are achieved for all.

Many of our staff undertakes external training, including Certificate III and IV in Aged Care, Diploma of Nursing, Bachelor of Nursing, Certificate III in commercial cookery, management and administration training as well as clinical management and skills for the Registered Nurses.

Myrtleford Lodge understands the importance of education which has the following benefits:

- Staff acquires new skills, increasing their contribution to the business and building their self-esteem.
- The training staff complete can take them into other positions within the organisation – positions with better prospects.
- The staff are up skilled to do new and different tasks, which keeps them motivated and fresh.



We understand training our staff results in better customer service, better work safety practices which has a direct benefit to staff and residents.

We also understand that as a business we should never stand still and so nor should the development of our staff, who are the key asset in driving our business forward and achieving great outcomes.

Regular staff training is essential in helping this ongoing skill development and this will always be a consideration at Myrtleford Lodge worth investing in. We hope you all enjoy the benefits of having well educated and skilled staff caring for your every day clinical and care needs.

Marita Seamer
Director of Nursing

Residents / Representatives Meeting

Residents/Representatives meetings are held on the second Tuesday of every month at 3.0ppm.

Next Meeting; Tuesday 9th May.

Everyone is encouraged and invited to attend including family members and Resident Representatives.

This is a great forum to discuss any ideas or issues that you may wish to raise.



Happy Hour at Myrtleford Lodge

Happy Hour at Myrtleford Lodge recently turned into a Mad Hatters Happy Hour with all Residents attending asked to wear a silly hat. This caused much laughter amongst the crowd of attendees.

Pictured enjoying themselves are Heather Cowie with Olga Feltrin, Lorna Wills, Kath Evans and Faye Fear were also captured having a laugh.



Polly Cleeland, Pat Morgan and John Debruyne are waiting for the fun to commence and wearing a spider themed hat is Mary Zamperoni.

Entertainment at Myrtleford Lodge

Gwen Matthews and friends are regular volunteers at Myrtleford Lodge putting on concerts involving many local young children from various groups.

These concerts are always a highlight on the calendar, full of such fun and laughter and we very much appreciate the time taken by all.



Pictured is Gwen singing to a very captive audience and below are some of the many children who participated in singing along to the ukulele .



Picnic Lunch in the Gazebo

On what was a beautiful Autumn Day, Residents were treated to a picnic style lunch under the shade of our beautiful gazebo.



Music, gourmet sandwiches, cake and tea were served to this group of very appreciative ladies,

(I am told there were a few gentlemen as well).



*In Loving Memory of;
Marion Jones*

12/07/1934 ~ 13/04/2017

*Our sincere sympathy is extended to Marion's
family and friends*

May she rest in eternal peace.

An afternoon of Pampering

Our ladies were lucky enough to have enjoyed an afternoon of pampering by Emily, a representative from the Body Shop, Emily was assisted by staff member Charmaine Kohler on the day to indulge the ladies with hand care, facials and foot spas.



Pictured relaxing with a magazine whilst enjoying a foot spa is Lorna Fallon, Nan Moore and Mary Zamperoni.

Activities at Myrtleford Lodge

On Friday 21st April, Residents from Hawthorn Village were accompanied by staff member Rosie Spicer to Myrtleford Lodge to enjoy a day fun and laughter.

The ladies enjoyed craft, lunch and bowls together.



Celebrating our wonderful volunteers

National Volunteer Week (NVW) is an annual Australia wide celebration to acknowledge the generous contribution of our nation's volunteers. 8th to 14th May.

At Myrtleford Lodge we are so thankful to our wonderful band of volunteers both new to us and those that have been assisting us for many years who attend regularly to assist us to enhance the daily living activities of our Residents.



Our lovely volunteer Lynn Smith often comes in to the lodge for a sing - along with the Residents.

Lynn is a very accomplished musician, either playing the organ or her guitar for us and

as you can see from the crowd of attendees, we always enjoy and appreciate the generous time that Lynn shares with us all at Myrtleford Lodge.



Celebrating our wonderful volunteers

Rita Squario is an amazing local lady who volunteers not only weekly at Myrtleford Lodge but also with many other community organizations. Rita's Wednesday morning gatherings are such a special occasion for many of our Residents of Italian descent, they gather for morning tea and sing beautiful songs of their homeland.



Julie Carter has been volunteering

her time at Myrtleford Lodge for a number of years now, more recently Julie has been assisting with the monthly lunch outings

enabling two buses of Residents to attend, her bright happy nature ensures that everyone has a wonderful time.

Kym Goodman has been running Laughter Therapy also for a number of years at Myrtleford Lodge and after taking a short break has returned much to the delight of everyone.



David Hogg has recently commenced as a volunteer, David has a special interest in Vintage cars and motor racing which many of our Residents have enjoyed chatting to him about along with assisting in the garden and with bowls, David will also assist with our planned bus outings. We sincerely thank you all.

Easter at Myrtleford Lodge

Easter at Myrtleford Lodge as always was a busy time, the weather was just perfect for outings with family and friends and we were fortunate to have received many visitors making our Easter one to remember.

As we know, the Good Friday Appeal is now part of the Easter tradition. Pictured is Pat Hogg handing over to a representative of the appeal the Myrtleford Lodge collection tin, Pat has been instrumental in this annual fundraiser.



Thankyou to everyone who contributes.

Pictured also are employees of niceline, one of our neighbouring businesses who dropped in with a basket of easter chocolates for Residents to enjoy.



Special events on the Calendar

3rd May ~ Sadie Michael fashion display



10th May ~ Craft Ladies Afternoon tea and display



12th May ~ High Tea to celebrate Mothers Day

Sunday 14th May ~ Mothers Day

16th May to 21st May ~ La Fiera Festival in Myrtleford

" Lets have fun the Italian Way "



17th May ~ Lunch outing.

20th May ~ Wangaratta school student choir,

Entertainment as part of La Fiera



25th May ~ Australia's Biggest Afternoon Tea.

(we're putting the kettle on so invite your friends & family)

Many, many more activities are planned, laughter therapy, walks, bus drives, cooking, daily exercises, movies, please refer to the daily program.

Everyone is welcome to join in.

May Birthdays at Myrtleford Lodge

Hip Hip Hooray

*birthday**
HAPPY

Kath Evans ~ 2nd May

Gwyneth Millar ~ 10th May

Sheila Jarvis ~ 13th May

Dorothy McNeill ~ 25th May

Margaret Oakley ~ 31st May



*Gwyneth Millar will be turning 100 years young on
10th May.*

*May you enjoy your very special day surrounded
by your family and friends.*



A note from the Administration Desk

Cars entering the facility: Could we please remind all of our visitors to slow to a speed no more than 5 klm as per the sign near the entrance gates, on many occasions it has been observed that cars are moving far too quickly.

This is a shared area with a crossing for our Residents, their families and friends to cross from the front entrance to the gazebo , this is also an area where many residents are riding scooters or just going for a daily stroll, please assist us to ensure that this area is kept safe for all.

Please slow down.

Unwanted vases: With mothers day not far away, if you have any unwanted vases, we would love to take them off your hands. On many occasions such as mothers day and special birthdays we seem to not have enough.

Thankyou: A very big thankyou to our wonderful families for your kindness and understanding during our recent outbreak of Gastroenteritis. Our families as always supported and assisted us and we are very thankful to you all.

As part of our precautions as you know the facility was locked down for a number of days to ensure that we were able to manage the outbreak as quickly as possible , with our Residents care first and foremost as always.

We remind our visitors to please use the hand hygiene gel made available at the front entrance when entering and exiting the facility, should you not be feeling well, please leave your visit until your feeling better.

Thank you.



Australia's
**BIGGEST
MORNING
TEA**



Cancer
Council

An invitation to join us

Myrtleford Lodge will again be
hosting an;
Australia's Biggest Afternoon Tea
event.

When: Thursday May 25th

Where: Myrtleford Lodge Aged Care

Time: 2.30pm (Afternoon tea)

Cost: Gold coin donation

(raffles, lucky door prizes as well as scrumptious
cakes and slices to enjoy with tea or coffee.)

RSVP: Essential prior to 22nd May please.

All proceeds raised on the day will go directly to
the Cancer Council of Australia..



McDowd