



*Welcome to the
October edition of
“On the Grapevine”
The Myrtleford
Lodge Aged Care
Residents &
Representatives
monthly newsletter.*

Daylight savings Commences.



Daylight savings commences on Sunday 2nd October 2016. Residents are reminded to turn clocks forward one hour before retiring to bed on Saturday evening, 1st October.

Special events this month.

5th October 2016 ~ Entertainment by Ray Murtagh.

10th October to 16th October ~ Comedy week
(Includes, Movies, Mad hair day, Laughter therapy, jokes, etc)



14th October ~ Happy Hour



21st October ~ Blumes Fashions.



25th October ~ Lunch outing.



26th October ~ Italian luncheon.

28th October ~ Happy hour.

31st October ~ Melbourne cup sweeps drawn.

Opportunity to Improve and Complaints

Management and staff are committed to providing the best care and service to the residents. To assist us to ensure our systems are working well residents and visitors are encouraged to complete an Improvement Form when they identify an area in which we can improve.

An Improvement form is included in this booklet with further copies at reception. Improvement forms can be used for suggestions, compliments or complaints. Completed Improvement Forms can be posted to the manager or placed in the suggestion box located in lounge room and reception area

The Director of Nursing is available during office hours if you wish to discuss any concerns.

If residents/representatives would prefer to speak to someone independent of the facility there are services available.

Brochures about these services are available at front reception.



The Aged Care Complaints Commissioner

This is a free service for anyone to raise a concern about the quality of Australian Government funded aged care services

Toll free: 1800 550 552

Address: GPO Box 9848

(Your capital city and state/territory)

Online complaints form:

<https://www.agedcarecomplaints.gov.au/raising-a-complaint/lodge-a-complaint>

Elder Rights Advocacy (Victoria)

This is a free and confidential service promoting the rights of people receiving aged care services

Telephone: (03) 9602 3066

Toll free: 1800 700 600

Email: era@era.asn.au

This month we will continue on the same theme as last month by providing you with more information on one of the Accreditation Standards Myrtleford Lodge is always striving to continually improve.

Occupational Health and Safety 4.5 is one of the 44 Accreditation Standards assessed by the Accreditation Agency. The expected outcome of 4.5 OH&S requires that:

Management is actively working to provide a safe working environment that meets regulatory requirements.

Management needs to demonstrate it is working to provide a safe working environment that meets regulatory requirements.



Management can demonstrate that its practices and actions to provide a safe working environment are effective.

Staff are made aware of and can demonstrate they observe safe practices.

Staff are made aware of, and have input into the homes occupational health and safety system.

Real risks faced by workers in aged care facilities every day.

So what are the obligations and responsibilities at Myrtleford Lodge.

The OHS Act in each State and Territory places what is called a general duty of care on any employer and their employees.

Employers are responsible not only for the safety of their employees, but also for the safety of other people in the work-place.

In an aged care facility, this would include residents, visitors, medical professionals, and contractors who spend time on the worksite. Codes of Practice provide practical guidance for the handling of issues. There are a varied number of codes of practice in each State and territory covering things like injury management, hazardous substances and manual handling.

Accreditation Standards expressly relate to OHS and require compliance with all relevant legislation. Service providers have obligations under the Aged Care Act 1997 as approved providers. Where they do not comply with the accreditation Standards, sanctions can be applied by Commonwealth authorities.

Some of the ways we ensure Myrtleford Lodge is a safe environment is as listed:

- Regular Occupational Health and Safety meeting with staff consultation.
- Risk assessments conducted regularly to identify and minimise risk.
- Occupational Health and Safety Training scheduled on education calendar
- Regular inspection check-lists conducted. To identify potential and actual hazards related to the physical environment .



- Occupational Health and Safety training is included in the staff orientation program and annual compulsory training.
- Mandatory training for all staff includes:
 - Fire & Emergency procedures
 - Occupational Health & Safety / Incident reporting
 - Elder abuse
 - Infection control
 - Manual handling
 - Bullying and Harassment
 - Basic life support
- All incidents and injuries are reported using the incident reporting process. All incidents are logged onto a database for analysis.
- Comprehensive Preventative and essential services maintenance program in place.

A comprehensive range of Occupational Health and Safety policies and procedures in place to guide staff.

This assists in the home maintaining a safe working environment for staff and meets all relevant regulatory requirements.

Myrtleford Lodge has a minimal lift policy in place specialised transfer equipment is available.

Risk assessments for all residents who smoke at facility.



Training is provided to staff by the supplier or physiotherapist and new staff are trained

Chemicals are safely and securely stored. MSDS are located in chemical storage areas and training is provided.

There are appropriate waste management process in place, including sharps and infectious waste disposal.

Performance is evaluated through the annual occupational health and safety audit, spot checks, observation of practice, incident reports and staff feedback.

Outcomes are reported through the Quality/OH&S committee and feed in to the plan for continuous improvement. If you have any concerns or would like to report a hazard you have identified please see a staff member to discuss.

Marita Seamer

Director of Nursing.

Residents Meeting

Residents / Representatives meetings are held on the second Tuesday of every month at 3.30pm.

The October meeting is scheduled for Tuesday 11th October .

You would be made most welcome should you wish to join us.

Activities at Myrtleford Lodge.



Myrtleford Lodge Residents enjoyed the " Spring Dance" on Wednesday 14th of September. Music from a bygone era was played and enjoyed followed by refreshments and a lovely supper of finger food provided by the Catering Staff.

Captured enjoying a dance together is Dulcie and Len Wheeler.

Wangaratta School Choir

Residents were fortunate to have received a surprise visit from one of the Wangaratta schools choir who were entertaining guests at Lupos cafe, they stopped off on the way to also perform for us which we thoroughly enjoyed.



Activities at Myrtleford Lodge.

On the last Wednesday of every month, Myrtleford Lodge Residents are treated to an authentic Italian pasta luncheon cooked by one of our volunteers, Frank Iaria.

An Italian inspired morning tea with singing and chatter is on

the calendar each Wednesday morning with volunteer, Rita Squario who on these occasions then assists Frank with the set up and service of the meal.



Residents are pictured enjoying the special luncheon with volunteer Rita Squario.

Leon Shields is also pictured enjoying the pasta luncheon with his wife Maree.



Activities at Myrtleford Lodge.

Myrtleford Lodge Residents were kept entertained by Peter Robbers one of our local entertainers who come in to perform for us. Peter is always popular with the residents, singing a variety of songs that take us on a trip down memory lane.

Thursday 29th October was to be no exception with not only

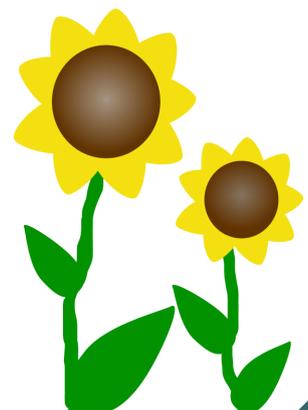


Residents joining in, on this occasion Will Laing our activities staff member joined Peter and even took requests. A fun afternoon was had by all.

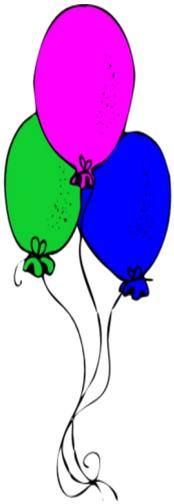
Residents Garden Shed



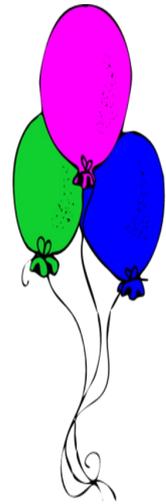
Myrtleford Lodge have recently purchased a garden shed that will be erected for our Residents to enjoy some tinkering and also to house gardening equipment. Our gardening group have already planted sunflowers in late September and on the calendar, tomatoes will be planted late October.



October Birthdays at Myrtleford Lodge.



Jean Murphy ~ 4th October
 Speranza Morussut ~ 13th October
 Elizabeth "Anne" Luke ~ 19th October
 Beverley Allan ~ 21st October
 Gwen Naughton ~ 24th October
 Nola McGeehan ~ 26th October



From Staff, Management and Residents of Myrtleford Lodge we wish you all a very Happy Birthday, may you enjoy your special day surrounded by family and friends.

Pictured below are just a few of our September birthday celebrations at Myrtleford Lodge. Residents enjoy afternoon tea in their honour.



Happy Birthday

Activities at Myrtleford Lodge

Myrtleford Lodge cooking group gather together to make all sorts of delicious nibbles to enjoy at our fortnightly Happy Hour gathering.



On this occasion, the ladies made an assortment of dry biscuits with all sorts of delicious toppings.

Pictured below are Residents enjoying happy hour together.

All Residents are welcome to come along to our Happy Hour gatherings scheduled on this months calendar for October 14th and 28th from 3.30pm.





In loving memory of:

Cornelius Leita ~ 1st September 2016

Favio Faggion ~ 1st September 2016

Gweneth Wood ~ 4th September 2016

John Newth ~ 12th September 2016.

Myrtleford Lodge Staff, Management & Residents are saddened by the passing of, Con, Flavio, Gwen & John.

Our sincere sympathy is extended to all families and friends during this sad time, they will be missed by all at Myrtleford Lodge.

May they rest in eternal peace.

A note from the Administration Desk.

Tips for families and friends

Have you read a copy of the BentleyWood Health & Aged Care group brochure

“ Tips for families and Friends”,

The brochure includes some important information.

Please remember:

- To sign in and out using the Visitor Sign In book at the front entrance so that we know who is in the building at all times.
- The health of our Residents is very important to us so we ask that you utilize the hand sanitizer gel that is provided at the visitor sign in / out book when you arrive and leave.
- If you feel unwell and not sure if you should visit, please call the facility and check with our staff or postpone your visit until you feel better.
- If you plan to bring food when you visit, please check with staff about the residents dietary and medical requirements.
- Treat staff and residents in a respectful manner.
- Most importantly, we want you to feel welcome and relaxed when you visit. If you are unsure about anything, please ask one of our friendly staff members to assist you.

A note from the Administration Desk.



Consent forms;

Thank you to the families that have returned the Consent to take residents from the facility form, we remind those yet to do so to please either return them to Administration or ask the Administration Staff for another form.

Newsletters & Calendars;

As we have a number of new Residents to Myrtleford Lodge Aged Care, should your family like to receive a copy of the monthly newsletter and calendar of events, please either let us know your email address or alternatively send us an email asking to be added to our contact list;

admin@myrtlefordlodge.com.au

Property Lists;

Myrtleford Lodge completes a property list for each Resident on admission, we remind Residents and Resident Representatives to please advise us should additional items be brought in to the facility so that these items may be added to the list ensuring that they remain up to date.

Till next month, take care.