



LEST WE FORGET

They shall not grow old
As we who are left grow old
Age shall not weary them
Nor the years condemn
At the going down of the sun
We will remember them.

Special Events this Month.

Tuesday 1st ~ Melbourne Cup Day.

Wednesday 2nd ~ Sadie Fashions Display

Thursday 3rd ~ Fashions on the field & special afternoon tea.



Sunday 6th ~ Musical Afternoon with Gwen Mathews and friends.

Tuesday 8th ~ Residents & Representatives Meeting.

Wednesday 9th ~ Musical Entertainment by Ray Murtagh.

Friday 11th ~ Remembrance Day.

Happy Hour @ 3.30pm.

Tuesday 15th ~ Afternoon Drive

Wednesday 16th ~ Special Breakfast.

Thursday 17th ~ Lunch outing to Beechworth.

Friday 18th ~ Friends of the Library & Musical Entertainment by Tony Houseman.

Wednesday 23rd ~ Italian Luncheon.

Friday 25th ~ Happy Hour @ 3.30pm.

Bus drives, morning & afternoon teas in the gazebo, cards, puzzles, movies, and much more.



Each month we profile some of the expected outcomes of the Accreditation Standards. This month we focus on Expected Outcome:

2.7 Medication management

The expected outcome of 2.7: Medication management requires that:

Residents' medication is managed safely and correctly

The focus of this expected outcome is 'results for residents' and may be as follows:

- *Management demonstrates residents' medication is managed safely and correctly.*
- *Management can demonstrate staff compliance with the medication management system.*
- *Management can demonstrate the medication management system is safe, according to relevant legislation, regulatory requirements, professional standards and guidelines.*
- *Residents/representatives confirm they are satisfied that medication managed safely and correctly.*



Some of the areas we consider when managing your medication is ensure the policies and procedures are in

accordance with the Drugs and Poisons Act, to ensure safe administration of medications to you.

In consultation with the GP, pharmacist, staff and other health professionals we are striving to provide you with medications that improve your health outcomes, manage your condition as well as minimizing the number of medications administered daily to avoid unnecessary side effects.




All staff administering medication completes a comprehensive medication clinical competency which involves three clinical assessments to ensure only competently trained staff administer your medications. The Registered Nurses are responsible to ensure this education is continuous and they monitor staff practices and competency.

Audits and surveys are undertaken on a regular basis to determine areas of non compliance and any medication errors that occur are fully investigated to prevent from occurring again.

Myrtleford Lodge staff consults with your local GP and the Pharmacist on a regular basis to ensure the medications administered to you are monitored and any side effects reported, to minimise complications for you.

We understand you have preferences for different medications, herbal treatments and therapies as well as allergies to medications, therefore we encourage you to communicate these preferences and concerns to the staff to ensure we can maximise your health by providing you with correct medications.

Pain management is a big focus of medication management and we also look at alternatives to medications such as the Hotteeze pads,  massage and warm showers to reduce the need for medications. However if you are experiencing pain please ensure you communicate this to the staff caring for you at the time so it can be managed effectively.

Some Residents are able to self administer their medications and we encourage this to occur to promote independence. For self administration to occur an assessment is undertaken monthly to ensure you are safe to administer your own medication. This ensures if you become unwell or unable to continue with self medication, you are not expected to continue and the staff would commence administering medication. If you would like to discuss the option of self medication please speak to a Registered Nurse to discuss the option.

Unfortunately with all the checks and balances in place, the ongoing education and competency assessments, medication errors still occur on an irregular basis. At Myrtleford Lodge we ensure all medication errors are reported on an incident report, fully investigated and actions taken according to the type of incident. You can be guaranteed all medication incidents are taken seriously with steps in place to minimise the affects of such incidents.

If you would like to know any information about the medication administered to you, alternatives, side effects, pain management strategies and any other information related to Medication Management please do not hesitate to contact your local GP, Pharmacist or the Registered Nurse.



Marita Seamer

Residents / Representatives Meeting

The next Residents & Representatives meeting is scheduled for Tuesday 8th November 2016 @ 3.30pm

Everyone is welcome to attend.



Our Living Christmas Tree

On Thursday 20th October 2016 we planted our living Christmas Tree, Picea Abies Norway Spruce which is described as very hardy tall conical tree, with deep glossy green needle-like leaves, excellent specimen tree, admirably suited for decoration as the traditional "Christmas tree" for which it was the original species used.

This idea was first floated when our Men's group disbanded and our lovely Jack Larkin who ran the group wished to hand over to all of the Residents a donation from the group.

Ideas were discussed at the Residents meetings and we settled on the fantastic idea from Many Shepherd to purchase a living Christmas Tree for everyone to enjoy.

In the years to come as it grows we will adorn it with Christmas Lights that not only we will enjoy but the community at large will enjoy as they pass by.



Jack is pictured viewing the newly planted tree.



Activities at Myrtleford Lodge

Christmas Cake:

Myrtleford Lodge is always a hive of activity, Residents are starting the Christmas preparations early this year with our



Christmas Cake made to Lorna Wills very special recipe already baked.

Pictured are Lorna Wills and Dulcie Taylor checking to ensure it's cooked to perfection.

New Shed:

Myrtleford Lodge have taken delivery of a new shed which our gardeners are enjoying, they can house all of their bits and bobs safely out of the weather.

Pictured is Ted Fenn who is enjoying being able to tinker away during this beautiful spring sunshine.



Activities at Myrtleford Lodge

Residents always enjoy bus outings, on this occasion Residents boarded the bus for a trip to Wandiligong in what was to be a very enjoyable outing with stops to purchase ice-creams and to take in the sights along the way.

Pictured at the historic Wandiligong Hotel are Fay Fear and Nicole Bursill.



Also pictured enjoying the trip is Joan Stephens, Pat Hogg, Colin Rose, Kath Evans and Joan Brown.

Activities at Myrtleford Lodge

Spring sunshine has brought us all outdoors. Residents have been enjoying gathering in the sunshine for all sorts of activities, morning and afternoon teas will continue to be served out in the garden weather permitting as well as our fortnightly Happy Hour.

Also spotted out in the gardens are our visitors who we encourage to continue to use our lovely sitting areas at Myrtleford Lodge.



Should you wish to go walking with your family please don't hesitate to ask our friendly staff for the use of a wheelchair if required.

Birthdays at Myrtleford Lodge

Many birthdays were celebrated at Myrtleford Lodge during October with celebrations enjoyed with family and friends.

Gwen Naughton enjoyed her 90th Birthday surrounded by her beautiful family.



Gwen has been spoilt with a Birthday that has continued all week, with birthday cakes at craft group and friends of the library.

Beverley Allan enjoyed her birthday with her granddaughter Wendy Norris, and Nola McGeehan enjoyed lunch with her family and then a cake with all of the Residents.



November birthdays at Myrtleford Lodge.

Elvira England ~ 13th November

Rosa Riella ~ 23rd November

Giovanna Tollardo ~ 28th November

Residents & Staff wish you all a very Happy Birthday, may you enjoy your special day with family and friends.

Hip Hip Hooray

Activities at Myrtleford Lodge



Polly Green and Jack Larkin enjoyed lunch outside under the shade umbrella on a very warm spring day.

Residents and family members enjoy a relaxing drink at Happy Hour.



In loving memory of;
James “Jim “ Shanks ~ 14th October 2016

Arthur “Frank” Kennedy ~ 20th October 2016

Ruth Welsh ~ 26th October 2016

Myrtleford Lodge Residents and Staff extend sincere condolences to family and friends.

May they rest in eternal peace.

Activities at Myrtleford Lodge

Residents enjoyed silk flower arranging making some beautiful arrangements that were then placed around the facility.



Shirley Drinkwater, Luigina Bosustow and Trish Henson all enjoyed the activity assisted by one of our Diversional therapy staff members, Mary Pedder.

A note from the Administration Desk.

Residents Shopping;

If residents require shopping - please see activity staff to find out when the next shopping outing is scheduled, or you could contact the shops yourself and have the items delivered. The Kiosk is also available and you can request activity staff to stock the items you would like to purchase.

Staff are not permitted to purchase items for any resident or go shopping for any resident.

Please use the available services to access shopping.

Drop off / Pick up Area;

Resident Representatives are reminded that the Front Entrance portico is to be utilized as a quick pick up and drop off area only, we ask that vehicles are not parked for a length of time. On occasions we have had emergency vehicles, the local taxi and our BentleyWood Bus being unable to use the portico.

Blumes Fashions;

Blumes fashions showcased their new season range at Myrtleford Lodge on the 21st October. As a thankyou gift, we received a \$15.00 voucher and two lovely silk scarves that we will use as lucky door prizes when they are next in the area.

Newsletters & Calendars;

Should you wish to receive the monthly newsletter and calendar of events, please advise administration of your email address or send an email to;

admin@myrtlefordlodge.com.au

Till next month, take care.