# Welcome to the May Edition of; " On the Grapevine " The Muntleford Lodge Acad Con

# The Myrtleford Lodge Aged Care Resident Newsletter.

During May each year, Mothers Day is celebrated around the world on the second Sunday of the month, 11th May 2014

At Myrtleford Lodge ,we wish all of our Mothers, Grandmothers and Great Grandmothers a wonderful "Mothers Day".

We also take a moment to celebrate the love of our mothers who are sadly no longer with us.

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Mother," You filled my days with rainbow lights, Fairytales and sweet dream nights, A kiss to wipe away my tears, Gingerbread to ease my fears, You gave the gift of life to me, And then in love, you set me free, I thank you for your tender care, For deep warm hugs and being there, I hope that when you think of me, A part of you, you will always see." Each month we are profiling some of the expected outcomes of the Accreditation Standards. This month we focus on Expected Outcome:

#### 1.6 Human Resource Management

#### Human Resource Management requires that:

There is appropriately skilled and qualified staff sufficient to ensure the services with the standards.

Myrtleford Lodge ensures that appropriate numbers of skilled staff are available to provide quality care and services to residents by analysing:

Current and projected occupancy rates

**Resident ACFI classification** 

Residents' specialised care needs

Hospitality service needs

Maintenance service needs

A staffing plan is developed according to ACFI care levels and occupancy which determines effective full time positions, appropriate number and skills mix required to provide care and service for current residents, and to meet the strategic and operational plans.

Human resources management also identifies opportunities to improve through:

Human resources audits

Review of professional guidelines and best practice

Care and service audit outcomes

Incidents

Complaints

Observation of practice

Feedback

Surveys

Exit questionnaires

The home is staffed by a Registered Nurse at all times .



#### 1.6 Human Resource Management cont.....

The comprehensive education program includes a wide variety of opportunities for skill development and enhancement. Staff appraisal are completed with a senior staff member at 6 months since commencement and then annually. Management is committed to supporting staff who wish to progress through the organisation. The performance appraisal process allows staff to identify strengths, opportunities for improvement and plans for professional development. Management utilizes this process to provide performance feedback, encouragement and support and to discuss individual plans for future skill development and direction.

The staff survey conducted in 2013 included questionnaires related to support and leadership;

communication; participation and decision-making; work environment and customers and quality improvement. 90% of responses fell under always and usually in all questions.

We are always overwhelmed by the positive feedback received from residents and families with regards to the care and services that are provided by the staff. However if you have a concern about a staff members performance or an issue that you would like clarified or discussed confidentially please do not hesitate to contact me. This enables residents to feel assured that issues are identified with the aim of improving. If we do not know we cannot do anything about your concern.

If at any time you have any questions please do not hesitate to contact me at any time.

Marita Seamer, Director of Nursing



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Easter Celebrations.

Residents were thrilled to have received a visit from Easter Bunny himself on Tuesday 15th April. He made himself comfortable on the Easter display as well as in the laps of Edna Semmens and Grace McKie. Thank you

to Sharon Paull who it seems has special ties with the popular bunny and assisted him to drop by.





Raffle Winners

A very big thank you to all of our friends, families, residents and Staff who purchased tickets in our easter raffle. Prizes were drawn during the afternoon tea service on 16th April as Residents enjoyed Hot Cross Buns.

1st Prize ~ Leah Armstrong 2nd Prize ~ Maria Roso
3rd Prize ~ Judith Murray 4th Prize ~ Marilyn Miller
5th Prize ~ Flavio Faggion 6th Prize ~ Gwen Wood

A total of \$265.00 was raised from the raffle with the Residents to discuss at the next Residents Meeting how they would like to see the funds spent.



## Easter Celebrations

Wednesday 16th April at Myrtleford Lodge in the A Wing kitchenette, the cooking group along with Mandy and Julie our volunteer baked the most delicious Hot Cross Buns. They were baked and eaten warm, straight from the oven complete with a



good smattering of butter for afternoon tea.

The ladies are such excellent cooks, they were asked to share the recipe with staff who were lucky enough to indulge themselves as well. Yum!

Pictured with the hot cross buns ready for the oven is Mary Zamperoni and Jean Murphy. Grace Maguire is pictured looking on







#### Disappointment for the laughter Therapy Group.

Kym Goodman our Laughter Therapy trained volunteer was approached by the Today Show, ahead of World Laughter Day on Sunday 4th May. The Today Show was initially to attend and film the session ran by Kym on Thursday 1st of May, at Myrtleford Lodge.

Many plans were put into motion, we polished and dusted, had our hair done and even made a welcome banner for the occasion.

Unfortunately at the eleventh hour they cancelled, leaving very



disappointed Residents and an even more disappointed Kym Goodman. Showing great resilience the Laughter group went ahead without the cameras and a really well attended and fun time was enjoyed by all .

### Country and Western Theme Day Planned

Some news to put the smile back on our faces.

The activities staff are busily putting the final touches to a planned Country and Western them day to take place on a date to be confirmed in May.

Time to dust off those cowboy boots and get your yodeling voices ready for a fun filled day of entertainment.

Flyers will be posted and Residents, family and friends advised of the details once finalized. Yeehah.



## Happy Couple

Congratulations to Ruby and Ron Cherry who recently celebrated 55 years of Marriage. Ron was thrilled to show off his family to us all who came in to surprise him with a special lunch outing on the day.

Congratulations to both Ron and Ruby, you are both such beautiful people, we congratulate you both and hope that you enjoy many more years of Marriage.



The Myrtleford La Fiera festival is on this month. 20–25 May. This Myrtleford festival is a special celebration of Italian culture and heritage. Promoted as "Fun the Italian way".

The program of events brochure lists many activities including a display at the Old School Museum showcasing Italians in local Industry, a family gala evening, Food and wine Fiesta, Italian Art Exhibition, Tastes of Italy, Assagi Formaggi, Soccer, Bocce and lots more. Ask Administration for a brochure.

Divertimento per tutti



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#### Myrtleford Football Netball Club

Myrtleford Lodge Aged Care have again this year become sponsors of the Myrtleford Football Netball Club.

As sponsors we have Membership tickets available from the Administration Office for any Resident or family member wishing to attend home games, enabling free entry to Macnamara Reserve.

#### Vases for mothers day flowers.

Do you have any surplus vases that are no longer wanted, we would love them if you do.

Mother's Day is fast approaching and we love that the lodge becomes a sea of beautiful flowers for all of our mothers and grandmothers. Such a special day.

### Privacy

As the Care Stations are at times a very busy environment with staff and residents, we remind Residents and Family members should they wish to discuss any matters privately please just ask the staff who will be more than happy to find a more private environment.

### **Clothing Labels**

We remind Residents and Resident Representatives that all clothing requires labeling. At times the Laundry Staff have a high volume of lost property due to the items not being labeled. Should new items of clothing be purchased, could we ask that you please have staff place the items in a bag to be sent to the laundry to be labeled prior to wearing.





### A work in Progress

Wow!, look at the progress that's been made on " The Chair". Our very dedicated group of ladies have been busy indeed this



past month. Wes our maintenance man has now given "The Chair" a seat which I am told will also be decorated and covered as well.

This project has captured the imaginations of many of the Residents as well as generating a few of our visitors to assist in the planning.

Great team work, I think it's looking spectacular to say

the least. I have also heard the ladies as they gather to knit, discuss possible names for the chair. "Marilyn, as in Marilyn



Monroe, because her skirt billows", was one suggestion.



### ANZAC Day Service

This year we again extend our appreciation to the local RSL, Mr Kevin Pitts and Mr Bryan Meehan who organized a service for our Residents at Myrtleford Lodge Aged Care on 24th April 2014.

As several of our Residents are returned men and women and are unable to attend the services held on ANZAC day we very much appreciate the time taken by the two gentlemen enabling our Residents to reflect and remember our fallen.

Pictured to the right are some of our returned men and women along with RSL

Members



Kevin Pitts and Ron Cherry pictured together following the service



#### **ON THE GRAPEVINE**

#### A grandmothers Love



Chiara Comito pictured with her new little grandson, Nico. Born to Chiara's son Marco and his wife Cara.

Congratulations to all, we know that he will bring much joy and happiness.

# In Loving memory of; Frances " Erna " Weller 22/05/1917 ~ 24/04/2014

Myrtleford Lodge Aged Care Residents & Staff extend their sincere condolences to the family on the sad passing of "Erna ".

Erna was very much loved and respected by the local community having represented many community organizations. Her love of music and her happy nature will be fondly remembered.

R.I.P.



# Now Showing At the Myrtleford Lodge Theatre Room

# Tuesday 6th May at 3.00pm "The Black Stallion"

" An enticingly beautiful movie".

# Thursday 8th May at 3.00pm **\*The Greatest Wildlife**\*

Narrated by David Attenborough

# Thursday 22nd May at 3.00pm. \*\*The Bright Pine Mill\*\*

....a vital chapter in the history of the region.

## Tuesday 27th May at 3.00pm

## <sup>••</sup> Frozen<sup>•</sup>

A new release film gaining rave reviews.

This month we thank Ron Cherry for bringing in the film featuring the Bright Pine Mill.

#### On the Grapevine

Newsletters and monthly calendars are available by visiting our website., www.bentleywoodpl.com.au Alternatively if you would like to have the newsletters emailed directly to you, please provide the Administration Office with your email address or alternatively send an email to admin@myrtlefordlodge.com.au and I will very happily send a copy to you.

#### **Building Extension update**

April 8th saw the weather set in with works on the extension ceasing for several days whilst the site

dried out. Builders returned to the site on the 14th of April and are now moving ahead very quickly.

Works are progressing on time with the setting out of the plumbing and the sub floor (pictured ),





nearing completion in readiness of the next stage of concreting the floor.

Photos were taken, April 8th & April 30th.