

*“ ON THE GRAPEVINE “*  
*MYRTLEFORD LODGE NEWSLETTER, MARCH 2014*

*Welcome to the March  
edition of  
“ On the Grapevine “*

*“Autumn is a second  
spring when every leaf  
becomes a flower.”*



Each month we are profiling some of the expected outcomes of the Accreditation Standards. This month we focus on Expected Outcome.

### STANDARD 3.7 LEISURE INTERESTS AND ACTIVITIES:

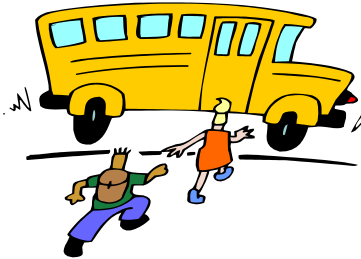
This expected outcome requires that:

***Residents are encouraged and supported to participate in a wide range of interests and activities of interest to them***

***This is some of the ways we actively seek to comply with this standard:***



The home is committed to enhancing residents' lifestyle through the implementation of an interesting and varied activities program. Residents are encouraged to identify personal interests and activities on entry to the home and to provide ongoing feedback through care plan review, improvement forms, the residents meeting, surveys and discussions.



Lifestyle care plans are personalized according to individual goals, preferences and challenges.

The program includes large group, small group and one-on-one activities as well as community visitors and community outings. Days of personal, cultural and spiritual

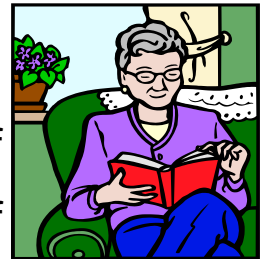
significance are acknowledged and celebrated. There is an active volunteer program coordinated by lifestyle staff that includes, one-on-one support, therapy support, walking programs, outing supervision and communication networks.



Lifestyle staff focus on the integration of residents with dementia into mainstream activities whenever possible. This is achieved by modifying activities to suit individual needs, redirecting attention, positioning residents with friends to facilitate participation, providing verbal encouragement and physically assisting residents to get started or continue with physical activities

Lifestyle staff encourage residents to attend and participate by ensuring the activities program is on display with a current update of daily activities on the white board. Staff assist residents with cognitive and mobility issues to attend. Where residents are noticed to be absent from sessions they generally enjoy, lifestyle staff seek advice from care staff and/or the resident. One-on-one sessions are offered to residents who prefer to remain in their rooms or have some time-out.

Evaluation of the lifestyle program occurs through monitoring of attendance, review of personal participation records, evidence of resident satisfaction and wellbeing, discussions with residents,



surveys and complaints. The program is responsive to feedback and aims to meet the requests of residents whenever possible. There is a monthly calendar distributed so all residents know what is on and is attached to the back



of the newsletter.

If any resident or representative has a suggestion on activities that should be conducted please see the activity staff to arrange for these to be added to the program. The activity program is always changing to meet individual needs and resident recommendations.

Marita Seamer, Director of Nursing

## Improvements / Complaints / Suggestions / Compliments

Management and staff are committed to providing the best care and service to the residents.

To assist us to ensure our systems are working well residents and visitors are encouraged to complete an Improvement Form when they identify an area in which we can improve.

An Improvement form is included with this newsletter with further copies at reception and care stations.

Improvement forms can be used for suggestions, compliments or complaints.

Completed Improvement Forms can be posted to the manager or placed in the suggestion box located at Front Reception, or in the main lounge room.

The Director of Nursing is available during office hours if you wish to discuss any concerns.

If residents/representatives would prefer to speak to someone independent of the facility the following services are available. Brochures about these services are available at front reception.

### **The Aged Care Complaints Scheme**

Department of Health and Ageing

Toll free: 1800 550 552

Website online complaints form: [www.health.gov.au/internet/main/publishing.nsf/content/ageing-complaints-form.htm](http://www.health.gov.au/internet/main/publishing.nsf/content/ageing-complaints-form.htm)

### **The Office of the Aged Care Commissioner**

Tollfree: 1800500294

Email: [info@agedcarecommissioner.net.au](mailto:info@agedcarecommissioner.net.au)

### **Aged Care Assessment Team (ACAT)**

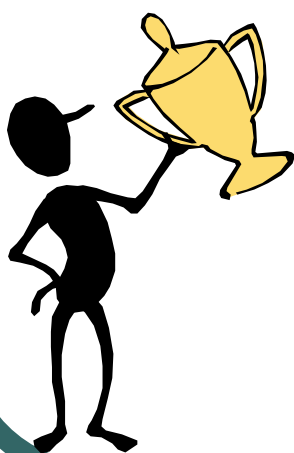
Telephone: (03) 58236 000

## Bowls Challenge

Myrtleford Lodge played host to Hawthorn Village, Bright in the return bowls challenge match. Bowlers from both sides participated in good sportsmanship, scores were tight throughout the competition with Myrtleford Lodge the victors of the day on this occasion, scores are now one all.



As you can see from the photo the lounge room at the lodge was turned into an indoor bowling green for the game after both teams enjoyed a beautiful lunch together. Following the games, Residents from both Myrtleford Lodge and Hawthorn Village enjoyed afternoon tea before the bus headed back to Bright with both teams looking forward to the return game next month.



### Ray Murtagh & Paul Carney

Residents were once again entertained by Ray & Paul, these two gentlemen are our most popular entertainers to the facility, they put on a concert for the Resident monthly, just because they enjoy coming in. As it was valentines day they brought with them roses, which they presented to all of the ladies, no wonder that they are so popular. Ray & Paul will return to Myrtleford Lodge on the 14th March.



### Visitors to Myrtleford Lodge.

Myrtleford Lodge always welcomes visitors to the Lodge, we do ask you to please remember to sign in and out using the Visitor Sign In book located on the entrance table at front reception,



just so we know who is in the building at all times. Your cooperation with this is much appreciated, thank you. Pictured are some of our visitors, Polly with her dear friend of many years, Audrey, and Gwen with the new arrivals, twin girls for the Kneebone family to love and spoil.

### **Farewell**

**Eduardo Maccioni**

**29/12/1916 ~ 11/02/2014**

**&**

**Patricia Walker**

**03/06/1928 ~ 25/02/2014**

**“Our deepest sympathies are extended to the families and their friends at this sad time.**

**R.I.P.**

### This is your Life



Erna Weller was born in the Myrtleford Hospital in Smith Street to Helen & George Smith. Erna's mother was to sadly lose her life and her baby's during childbirth when she was only three years old leaving her father, Erna & her sister Ora. Erna's father was to remarry some years later and the family lived a very happy life in Prince Street Myrtleford running the towns Newsagency. One of her early memories was of all the children in Prince Street, they played Hare & Hounds together which was a game played similar to hide & seek, the children were allowed to run and play as far up as the butter factory as long as they were at home by 9.00pm. Erna was to marry her sweetheart, Kevin Weller with the happy couple building on the land next door to her family home which her father gave to them. Together they had three children, three girls whom she describes as " the best you can get, their wonderful". Erna is now a grandmother to five as well as a great grandmother and great great grandmother. Erna and her husband were very much respected in the Myrtleford Community for their tireless work with many organizations, the council, Masonic lodge and the bowls club, with the family helping to establish the existing bowling greens. Erna was also a very good sportswoman going on to win the Victorian Country Championship in bowls with her partner, Gladys Eames. Erna also lays claim to "a hole in one" at the local golf course.



## Going dotty at Myrtleford Lodge



Every year as part of the Myrtleford Festival, " We grow, we plant, we harvest " Myrtleford Lodge together with the towns businesses join in the celebrations with decorating our windows with the now familiar, yellow, green and orange dots. This years Dotty display theme for the Myrtleford Festival has been announced and it is " It is cricket, old sport" The theme has been used extensively throughout the facility with the Residents spending many hours cutting the dots and decorating, it looks great, well done to everyone.

Pictured are some of the Residents who participated in the activity together with Activities staff member, Susan O'Neill.

Myrtleford Lodge will again host the festival Queens together with their partners, on the evening of the Festival Ball prior to them being presented to the judges and the wider community at the Shire Offices. This is always a very much enjoyed visit with the Residents being able to see the beautiful gowns being worn and listen to the girls and their partners speak on behalf of their business sponsors.

The festival is held on the Labour day weekend and offers a variety of events and displays that our Residents together with their families and friends are encouraged to attend in addition to the planned activities.



**Now Showing**  
**At the Myrtleford Lodge**  
**Theatre Room**

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**Wednesday 12th March at 3.00pm**

**“On Golden Pond”**

**Featuring; Katherine Hepburn, Henry & Jane Fonda.**

**“ Family tensions explode for a loving couple”.**

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**Friday 21st March at 3.00pm**

**“Father of the Bride”**

**Featuring; Steve Martin, Diane Keaton & Martin Short .**

**“ The feel good, smash hit comedy of a father preparing for his daughters wedding “.**

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**Wednesday 26th March at 3.00pm.**

**“The Notebook”**

**Featuring; Ryan Gosling, James Garner, Rachel McAdams, Gena Rowlands)**

**“ Behind every great love is a great story”**

## Birthday Celebrations



## Birthday Breakfasts at the Lodge.

Each month Myrtleford Lodge Residents enjoy a Birthday Breakfast together with each of the Residents who have a birthday during that month.



The Catering Staff together with the Activities Staff send invitations to attend, set the table in grand style and cook up a breakfast fit for a King or Queen. Pictured enjoying breakfast together is Alfa

Dwyer and Edna Shephard. Pictured above are some of the Birthday Celebrations enjoyed recently. Family are always welcome to join us.



### March Birthdays

- Mary Leita ~ 6th March
- John Larkin ~ 17th March
- June Lockwood ~ 19th March
- Polly Green ~ 30th March



From all of the Residents and staff at Myrtleford Lodge, we wish you all a very Happy Birthday, may you enjoy your special day.



### Special Events on the March calendar

4th March ~ Birthday Breakfast



4th March ~ Shrove Tuesday. Residents will be

Cooking pancakes for Afternoon tea.



7th March ~ Festival Princesses & Partners presented to the Residents at 3.30pm.

12th March ~ Entertainment by Peter Robbers at 1.30pm.

14th March ~ Ray Murtagh & Friends to entertain at 1.30pm.

17th March: St Patrick's Day.



Lots of entertainment has been planned for St Patrick's Day. Residents and staff are asked to wear a touch of green on the day.



“To be sure ,to be sure.”



## A work in progress



Residents together with our Activities staff have commenced working together on a craft project of mammoth proportions indeed.

As you can see, they have a very old chair that is in disrepair surrounded by many sets of needles and wool. Amongst the click clicking of the needles were many discussions regarding the chair. I am told that all will be revealed come Myrtleford Show time in October. Can't wait to see the finished product.



**Myrtleford Lodge Newsletter is available to  
view on our Website**

**[www.bentleywoodptyltd.com.au](http://www.bentleywoodptyltd.com.au)**

**Building works set to commence**

Dear residents, relatives & representatives

Myrtleford Lodge is now ready for building works to commence on the 3rd March 2014.

The extension will provide an additional 20 residential aged care places.

Rykis & Moylan are the appointed builders and expect to be on site for about 5 - 6 months.

The eastern side of Myrtleford Lodge will be fenced off from the end of the carpark through to Lawrence St.

All building workers will enter through Lawrence St. This should ensure minimal disruption to your daily activities.

We will keep you updated as works progress.

Should you have any questions, please don't hesitate to contact the undersigned.

Brian Fitzpatrick

Director / BentleyWood PTY LTD