

**Welcome to the June edition of,  
“ On the Grapevine”  
The Myrtleford Lodge Aged Care  
Residents / Representatives Newsletter**

“Winter”

The sun behind the clouds have shied and disappeared  
The blue skies have been painted grey,  
It is winters day.

Winter is a magical time of the year, when  
nature sheds it's tears filling us with emotions,  
Bringing water to the land and lakes.  
Just a reason we thank the winter rainy day.

Hello again and I thought this month I would continue on the same theme as last month by providing you with more information on one of the Accreditation Standards Myrtleford Lodge is always striving to continually improve.

Clinical Care is expected outcome 2.4 of the 44 Accreditation standards assessed by the Accreditation Agency and one which is a major focus that requires a consultative approach from Residents/representatives and staff.

**The expected outcome of 2.4 - Clinical Care requires that:**

*Residents receive appropriate clinical care.*

***What does this mean?***

**What we are aiming to achieve is:**

**Management and staff demonstrate that Residents receive the care that is appropriate to their needs and preferences.**



**Residents/representatives confirm the appropriateness of the care they receive according to their needs and preferences.**

**Myrtleford Lodge aims to meet this outcome by completing the following:**

**Undertaking an initial assessment and planning in relation to care and lifestyle, including all the following areas: specialised nursing care needs; pain management; palliative care needs; skin care management; continence management; behavioral management; mobility and dexterity needs; sensory losses and sleep management, as well as lifestyle choices.**

**This initial assessment conducted for all Residents forms the basis of care provided. As we know residents needs change frequently and staff must be aware of these changes through clinical assessments,**

**Review of care plan, Resident of the Day reviews and communication with Residents, their Representatives and Staff.**

**You may wonder some times why we continue to ask questions about your care needs, preferences, dislikes, and how you are managing with all aspects of your care. The reason is to ensure we provide clinical care that best matches your needs and preferences.**

**The types of documentation we use to formulate your individualised care plan is as follows:**

- Assessments**
- Care plans**
- Progress notes**
- Observation charts**
- Incident forms / Improvement forms**
- Monthly resident of the day reviews in which all aspects of your care is reviewed and updated. Staff telephone the resident and / or representative to discuss the care provided and raise any concerns that are then actioned.**
- Consultation with Residents and/or Representatives.**
- Doctor / Allied health assessments and correspondence.**

From all this documentation and communication with you we are striving to ensure you are satisfied with the level and manner in which care and services are provided across all areas of health and personal care, as well as your lifestyle choices.

By communicating with staff regularly, 'Have your say' at the Resident/Representatives meetings and using the Suggestions, Complaints and Compliments box (located at front reception), we can ensure Myrtleford Lodge delivers care and services that suit you as an individual.

If you have any concerns or would like to discuss your care and clinical care needs please ensure you speak to the RN in charge or care staff.

Keep communicating!  
Marita Seamer

Residents / Representatives meetings are held, every second Tuesday of the month at 1.30pm.

Our next meeting is scheduled for the  
10th June at 1.30pm,  
everyone is most welcome to attend.





## A work in Progress

**Look at our beautiful lady now !**

What a transformation.



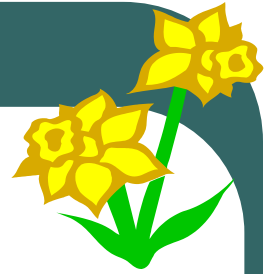
The craft group at Myrtleford Lodge have indeed been very busy with the click clicking of needles.

The chair or " Marilyn" as she is so affectionately called is looking fantastic. I hear " on the grapevine ", that this group of very talented ladies are now discussing ideas for a matching footstool, and wait for it, time permitting ( the local show is in October ), also a knitted life size lady

to grace her, grand plans indeed.

As part of the Biggest Morning Tea, her ladyship was unveiled to the public by June Lockwood and Jean Murphy with the local paparazzi in attendance. Looks like our grand lady will make headlines in the local newspaper during the coming week. I think we would all agree that you are all to be congratulated by turning an old chair into a piece of art.



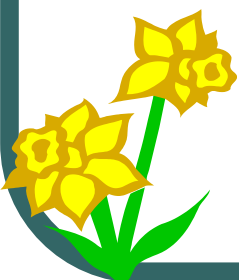


## Australia's Biggest Morning Tea

Thursday 29th May 2014, Myrtleford Lodge Aged Care again played host to friends and family as part of the Australia wide campaign to raise vital funds for the Cancer Council of Australia . Attendance levels this year were just fantastic and we hope that you all enjoyed catching up over a cuppa, with some lucky enough to have won one of the many raffle items so kindly donated by staff and visitors.



Pictured above is a section of the large crowd that gathered to enjoy a morning of fun and friendship.







Congratulations to all involved in the planning of the morning tea, far too many to mention individually, staff, Residents, Volunteers, families and friends all became involved in the planning, we would however like to especially thank

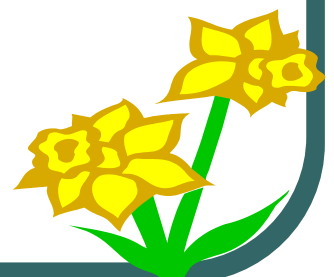


Barb Rayner who is very affectionately known to be our personal florist. I am sure that you will agree that the arrangements looked spectacular. All proceeds from the morning were raised for the Cancer Council of Australia. The final total will be posted on

the display board and included in the next edition of "On the Grapevine".



Congratulations and well done to all, a lovely morning shared with friends.



## Recognizing our Volunteers

The week of May 12th to 18th was :

### **“National Volunteer Week”**

National Volunteer week gave us the opportunity to say a very big Thank You to our wonderful volunteers who give so much of their time each week enhancing our Diversional Therapy program.

A morning tea was held with the Residents and presentation of Volunteer badges and thank you certificates were presented to our volunteers by Amanda Graham, Deputy Director of Nursing.



Pictured is Rita Sguario ( holding the now famous Spanish thank you certificate), Gwen Matthews and Isobel Fulton.

Rita Sguario volunteers each Thursday morning, gathering a group of our Residents ,many of whom have an Italian background, they sing beautiful songs of home, enjoy traditional Italian treats and generally

enjoy a morning of chatter and laughter together.

Gwen Matthews is just a treasure, Gwen not only volunteers her time to Myrtleford Lodge, she volunteers her time to the community at large. Gwen has for many years gathered groups together to put on the most brilliantly funny entertainment that never fails to put smiles on our faces.

Isobel Fulton volunteers each Tuesday morning assisting the residents with bingo. Bingo is a very popular activity on our program. Isobel also very often meets some of the residents on lunch outings to enjoy a meal and chat together.

*Thank You*



## Recognizing our Volunteers

Julie Carter moved to Myrtleford and commenced volunteering at Myrtleford Lodge as a way of getting to know the community. Julie volunteers her time, every Wednesday with what ever is happening on the day. Cooking, lunch outings, walking in the sunshine, whatever is happening, Julie is happy to assist. That beautiful smile of hers is what we are greeted with very week.



These two local gentlemen are just fantastic. Most of us would not even know that Ian McGuffie and Tony Menz come in to the lodge every Thursday evening to enjoy an ale and a yarn with the fella's, they just quietly come and go, we love them.

Kym Goodman comes in like a ray of sunshine each Thursday morning and takes a large group of Residents through her Laughter Therapy Session that she is trained in. Much laughter is heard throughout the facility which flows on to us all.

Faye Delany also volunteers weekly, assisting with the weekly Bingo. Faye was unable to attend our morning tea however we were able to present her certificate during one of her bingo sessions and thank her for her valuable contribution.

Barbara Rayner, whilst not an official volunteer, as a friend of the lodge, Barb provides us with the most magnificent floral displays most of which our visitors

think we have sourced a florist to provide.





## June Birthdays

Happy Birthday to,  
 Elsie Gaylard ~ 6th June  
 Tiburzio Ruaro ~ 11th June  
 Antonio Baldori ~ 13th June  
 James Shanks ~ 18th June  
 Patricia Henson ~ 21st June  
 Arthur Kennedy ~ 22nd June



From your friends and Staff at  
 Myrtleford Lodge we wish you all a very happy Birthday.  
 Enjoy your special day.

## Good Friends

Recently Sheila Jarvis celebrated her birthday surrounded by a very special group of her friends. The ladies came in with a picnic hamper full



of cheese & nibbles, and together with Sheila enjoyed a nip of sherry to celebrate the occasion.



## Country & Western Afternoon

The date has been set for our Country & Western afternoon.



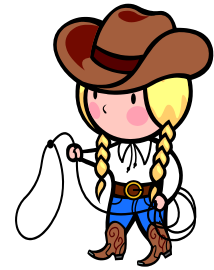
Wednesday June 4th

Myrtleford Lodge will host

"The Bootscooters "

at 2.00pm for a line dancing demon-

stration, so get your best boots and hat ready for a whip cracking afternoon. Yeehah!



## New Arrival

Pictured is Edna Semmens with baby Cooper, her great grandson born recently. Looks like Edna hasn't lost any of her touch, baby Cooper slept very peacefully in her arms.

Congratulations

## Friends

Pictured enjoying each others company are, Nellie McCormack and Dorothy McNeill.





**Now Showing**  
**At the Myrtleford Lodge Theatre**  
**Room**

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**Tuesday 3rd June at 3.00pm**

**The Bright Pine Mill**

**“A vital chapter in the history of the region”**

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**Monday 9th June at 3.00pm**

**Daniel O'Donnell**

**“A musical tour of Ireland”**

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**Tuesday 17th June at 3.00pm.**

**The Black Stallion**

**“ An enticingly beautiful movie”**

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**Tuesday 24th June at 3.00pm**

**Teachers Pet**

**“Movie Legends Clark Gable and Doris Day headline  
a comedy with class! “**

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## Residents valuables

### From the Resident Handbook.

#### *Valuables / Spending Money*

Residents are discouraged from leaving valuables or large amounts of cash in the facility. Myrtleford Lodge Aged Care will not take responsibility for the loss of valuables or money despite all endeavors to maintain and promote a secure environment. Myrtleford Lodge encourages all residents to take out their own insurance policy to cover valuables. Residents and or their family members who insist on leaving valuables in the facility may do so after exonerating the facility from any responsibility.

Residents often require some spending money (petty cash) for the purchase of small items or services such as hairdressing and outings.

A petty cash system for small amounts of money for residents who require such a service is available for these items at reception.



In Loving Memory of:  
Ellane Sorrell  
&  
Grace McKie



Myrtleford Lodge Residents & Staff were saddened to farewell Ellane and Grace, they were two of the most beautiful ladies, kind and thoughtful, always smiling. Our love and prayers are extended to their families.

R.I.P.

## *On the Grapevine. June 2014*

**If you would like to receive a copy of the Newsletter please send your email address to; [admin@myrtlefordlodge.com.au](mailto:admin@myrtlefordlodge.com.au)**

### Extension Update:



The building extension is moving along as per the timeline for completion. Photos show the progress of the framing of the roof and the internal walls, with the last photo showing the joining of the roof of the old and new. June will see the completion of the roof and guttering, the windows and internal doors installed as well as the commencement of the brickwork.

