

*“ ON THE GRAPEVINE “*  
*MYRTLEFORD LODGE NEWSLETTER, APRIL 2014*

*They shall grow not old*  
*As we who are left grow old*  
*Age shall not weary them*  
*Nor the years condemn*



Myrtleford RSL members will be holding an ANZAC Service at Myrtleford Lodge Aged Care for Residents, Staff, Family & Friends on;

Thursday 24th April.

RSL Members have asked that we all gather at 10.45am so that they may commence the service at 11.00am.

Please join with us as we remember our fallen.

Each month we are profiling some of the expected outcomes of the Accreditation Standards. This month we focus on Expected Outcome.

### **3.6 Privacy and Dignity**

**The expected outcome of 3.6 is that each resident's privacy, dignity and confidentiality is recognized and respected.**

Privacy refers to a personal right to keep others from gathering or using information about you in unpermitted ways. It may include confidential information, but more generally includes the right to be "left alone".

Confidentiality refers to the act of keeping documents or objects safely tucked from the hands and eyes of those who are not meant to see or hear them.

Therefore in summary privacy relates to security of information whilst confidentiality refers to only sharing information with others on a need to know basis.

Myrtleford Lodge ensures that each resident's right to privacy, dignity and confidentiality is respected. This is achieved by the following:

- Privacy policies and procedures in place to ensure compliance with the Privacy Act
- All residents have their own room that is lockable and residents may carry a personal key.
- All rooms contain lockable drawers.
- Personal presentation, hygiene, continence management routines and mealtime assistance are managed to preserve the dignity of the resident at all times.
- Staff knock and request permission before entering a resident's room.
- Staff ensure that all personal care is conducted with respect to the resident's privacy and dignity.



- Staff ensure that any discussions of a confidential nature are held in a private area

- All residents documentation is securely stored and confidential documentation that is no longer required is shredded.

- Archived documents are securely stored in a dedicated, locked archive room.

- New archive room built in September to ensure all files securely locked with access by key personnel only

- Electronic documentation is password protected with restricted levels of access and there is an automatic back-up process

- Small lounge areas and external courtyards are available for small groups

- Consent for the use and display of personal information and photographs

- The residents' information booklet, staff handbook, volunteers handbook and suppliers handbook includes expectations related to ensuring residents' privacy and confidentiality

- Signed service agreements with external providers include a privacy and confidentiality clause

Effectiveness is evaluated through resident surveys, observation of practice, resident meetings, audits, complaints and discussions.

If you have any concerns that your personal information is not protected please speak to Marita or Amanda as soon as possible as it is essential your information is kept confidential at all times.

Marita Seamer / Director of Nursing.

## Clutter in Rooms

Myrtleford Lodge staff have an obligation to ensure Residents are provided with a safe living environment in accordance with the Occupational Health and Safety Legislation. In addition a safe working environment for staff must also be provided under the legislation.

Risk assessments are currently being completed on Residents rooms identifying many rooms that are very cluttered, therefore posing a risk to both Residents and Staff.

We understand that Residents would like to keep as many items as possible with them however we ask, please when visiting, assist your loved one to remove any clutter to ensure should in the event of an emergency situation we are able to gain access easily.



## Food Safety & Residents fridges

Unfortunately staff have also noticed that a number of our Residents who have small fridges in their rooms are not able to comply with the Food Safety Legislation .

Should the Resident not be able to comply with the Food Safety Guidelines in regards to the Fridge contents, eg; correct labeling, use by dates etc, as well as maintaining the cleanliness of the fridge, then it is not ideal for the fridge to remain in the room.

Please check when next visiting and perhaps discuss removing the fridge.

## Easter Facts & Traditions

- The name Easter owes its origin from Eastre, the Anglo Saxon goddess who symbolizes hare and egg.
- From the very early times, egg has been considered the most important symbol of rebirth.
- The initial baskets of Easter were given the appearance of bird's nests.
- Each year witnesses the making of nearly 90 million chocolate bunnies. Over 76% of people eat the ears first.
- The date of Passover is variable as it is dependant on the phases of the moon, and thus Easter is a moveable feast.

## Easter Raffle.

To be drawn on Wednesday 18th April at 2.30pm during the Afternoon Tea service. \$1.00 per ticket.

Pictured with the raffle, is Mary Zamperoni and Jean Murphy who assisted staff with the decorating of the prizes on display in the front foyer.



Nora Lyons and Mary Cleeland assisted with cooking pancakes, the tradition enjoyed on Shrove Tuesday.

## Visitors to Myrtleford Lodge



Pictured is three week old Lexie Piazza who was a very cute visitor recently . Lexie is pictured with Gwen Wood, Nora Lyons, her mother Rebecca, her very proud grandmother Mandy ( staff member ) and Mary Zamperoni.



Gwen Wood is pictured with her daughter Michelle who is visiting Gwen from her home in England. They are enjoying some very special Mother and daughter time together.

Another visitor to Myrtleford Lodge was a former staff members little puppy., Betty.

Tony Bonato enjoyed the company of "Betty", who was happy to share the couch with Tony for a snooze and a pat.



## Visitors to Myrtleford Lodge

Friday 7th March, Myrtleford Lodge Residents again hosted the Princesses and their partners as part of the Myrtleford “ We plant, we grow, we harvest” festival. Each year we are fortunate to have the young men and women presented to our residents as part of the official program. This year,



Del Miller and Elsie Gaylard were given the honor of presenting the Princesses with a lace handkerchief as a keepsake of the occasion.



This year, Georgia Zamperoni was crowned Festival Queen with two of her proud great aunties Residents of Myrtleford Lodge and therefore able to see Georgia in her gown, and wish her well.

## Special Friends

Polly Cleeland is recovering in Hospital at present and missing her friends at Myrtleford Lodge. Some of her friends have



been visiting her however this week she received a very special visitor who cheered her up no end. By all accounts Chance hopped up on to her lap and did not move until she was very reluctantly given over for the staff to return her home to the lodge. We hope Polly has a speedy recovery

and returns home to all of her friends including Chance soon.

### *Farewell*

*Joseph "Joe" Driscoll*

*Born; 19th February 1920*

*Passed Away; 3rd March 2014*

*Myrtleford Lodge, Residents and staff  
extend their sincere condolences to  
Joe's family and friends.*

*R.I.P.*



## This is your Life

Jack Larkin was the Resident in the spotlight this month, this story just a very small snapshot of Jack's life so far.

Jack was born to parents Cosette & John Larkin in Coburg, Melbourne in 1925.

Jack's father worked in advertising and travelled at one time to America to work

with the Coca Cola Company., Jack's father tells the story that he got on the ship to return to Melbourne with Millionaires and when they got off in Hawaii they were broke, the markets had crashed, his father returning to advertising. Jack enjoyed a happy childhood with his parents and sister Joan, he started work in 1941 with Coles & Garard , a company that made glass eyes where he polished lenses, he later worked for Melbourne Optical, and later on went to work in the Hosiery business.

Jack met Nellie his future bride at a party in East St Kilda and they married in 1957. Jack & Nellie moved to Myrtleford on 1st January 1990 after retiring to be closer to Nellie's family.

Nellie was to pass away at Myrtleford Lodge in 2009, the couple having shared a wonderful happy life devoted to each other.



## Working together

Seems that Jacquie Boyle was lucky enough to have received some help with her paperwork recently from Tony Bonato.

## Laughter Therapy

Laughter therapy at Myrtleford Lodge continues to be one of the most looked forward to activity on the weekly calendar.

Every Thursday at 9.30am Kym Goodman, pictured, one of our very dedicated volunteers, puts the residents through a routine that she has developed especially for the residents.



March 20th was

“ World Happiness Day”, which happened to coincide with our Thursday morning group.

Did you know that Myrtleford Lodge can boast the title of the first Aged Care Facility to run a

Registered Laughter Therapy Group. This is thanks to Kym who is a registered Laughter Therapist. Laughter is certainly in the air on a Thursday morning.



**Now Showing**  
**At the Myrtleford Lodge Theatre**  
**Room**

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**Tuesday 8th April at 3.00pm**

**“Napoleon”**

**“ He’s a hero who will capture your heart”.**

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**Tuesday 15th April at 3.00pm**

**“Matilda”**

**Featuring; Danny DeVito & Rhea Perlman**

**“ The comedy of the year for all ages “.**

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**Tuesday 22nd April at 3.00pm.**

**“Babe”**

**Featuring; James Cromwell & Magda Szubanski**

**“ A little pig goes a long way”**

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**Tuesday 29th April at 3.00pm**

**“ The King and I “**

**Featuring; Yul Brynner and Deborah Kerr**

**“ One of the most memorable musicals of all time “**

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**Thank you to Nancy Bevan for donating this month’s movies**

### Birthday Celebrations



June Lockwood celebrated her birthday at the lodge recently. Don't worry a beautiful large cake was made and shared by all with this special little cup cake made especially for June.

Jack Larkin celebrated his birthday on St Patricks Day pictured with Susie O'Neill, they both dressed up for the occasion and enjoyed the fun and games of the day.



### Bowls Champions

Following many rounds of bowls, pictured are our bowls champions for this month, Ron Cherry and Tibby Ruaro. Congratulations gentlemen.





## April Birthdays

Mary Cleeland ~ 10th April

Veselka Antunov ~ 13th April

Ivan Jelinic ~ 13th April

Luigi Bon ~ 24th April



From all of the Residents and staff at Myrtleford Lodge, we wish each of you a very Happy Birthday, may you enjoy your special day.



## Special Dates on the April Calendar

7th April ~ Inaugural Cards afternoon. 1.30pm

All card players welcome.

10th April ~ Blumes Fashion Display & Sales 2.00pm.

15th April ~ Residents Meeting ~ 1.30pm

16th April ~ Birthday Breakfast 08.00 am A Wing

Lounge. April Birthdays.

17th April ~ Entertainment by Ray Murtagh

24th April ~ Myrtleford Lodge ANZAC Service

11.00am. RSL members in attendance.



### A work in progress



Work is progressing on the famous chair during each weeks craft afternoon at the Lodge.

Many discussions take place regarding the chair and how it will be looking on completion.

Many of the ladies are busily knitting and braiding wool whilst

many of our gentlemen have a quiet snigger to themselves, wink and say 'It's a work in progress". The craft group hope that they will capture the first prize at the Myrtleford Show come October.

### Out and About

Pictured returning from a walk in the beautiful sunshine



is Jean Lacy seated, Dorothy McNeill and staff member Heather Cowie.

Residents always enjoy getting out and about in the sunshine. If you would like to enjoy a walk with your loved one when visiting and require the use of a wheelchair, please let us know.

**The Myrtleford Lodge Newsletter is available  
to view on our Website**

[www.bentleywoodpl.com.au](http://www.bentleywoodpl.com.au)

### **Building commences.**

Whilst works commenced on the extensions to Myrtleford Lodge Aged Care some weeks ago, on Thursday 20th March, the building contractor was on site with equipment and erected a fence around the site so that visually we can all see that works are most certainly under way.

Builders will be entering and exiting from the Lawrence Street end of the facility so that our Residents, Staff and visitors will experience minimal disruption initially.

Brian Fitzpatrick will provide monthly updates through the Residents Newsletter as well as at the monthly Residents Meetings.

